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Portugal's *National* Newspaper in English

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in the search
for Madeleine
see poster
on p. 37

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PJ as efficient as Scotland Yard

While they enjoy completely different resources, the success rates of Portugal's *Policia Judiciária* (PJ) and Britain's Scotland Yard are identical, figures published by the weekly *Expresso* have shown. (See Page 3)

Five thousand want to be Portuguese

More than five thousand foreigners have expressed the intention of acquiring Portuguese nationality since new immigration laws came into force last December. (See Page 5)

Four more towers for Portimão

Praia da Rocha residents are in an uproar after Portimão Town Hall released plans to build four new 18-storey tower blocks in the Castelo da Rocha (Três Castelos) area. Presently being reviewed, the project is said to contradict current laws that stipulate a five-storey maximum building restriction. (See Page 8)

Mobile roaming charges set to fall

Holidaymakers and residents in Portugal will soon see drastic reductions in the cost of making and receiving mobile phone calls to and from other EU member states, the EC announced Monday. (See Page 10)

Algarve ready for summer

Dr. António Pina runs the Algarve for a living, although he would never admit as much. Here, in an exclusive interview with *The Portugal News*, Civil Governor Pina talks about his career, summer in the Algarve, and spoiling his grandchildren. (See Page 14)

FC Porto crowned champions

FC Porto have successfully defended their Portuguese league title by beating relegated Desportivo das Aves in Oporto on the final day of the season. (See Page 72)

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Growing awareness of missing children as the world finally starts taking notice of the 'disappeared'

FORGET ME NOT

International Missing Children's Day, commemorated this Friday, has gained new significance since the disappearance of Madeleine McCann more than three weeks ago. While there has been extensive criticism of the coverage awarded to the McCanns, they have ensured that at least this day, unlike previous years' near non-existent commemorations, people will not only remember Madeleine McCann, but also the countless other children who have been separated from their parents.

Madeleine, see p. 12



Gerry and Kate McCann at the Fátima shrine in central Portugal, where they prayed for their four-year-old daughter Madeleine on Wednesday. (Photo: Lusa / Paulo Cunha)

How Madeleine is changing Portugal

Arriving two hours late for his international press debut address did not help his cause with the increasingly restless British media. And when questions and answers in Portuguese dominated the conference, insult was added to injury and his popularity rating was never going to be high.

Television cameramen almost came to blows on a couple of occasions as the chaos persisted at Portimão Town Hall, the improvised setting of the initial press conferences.

Moving the venue of the conferences to the newly built and more spacious Portimão Arena was a stroke of genius and in hindsight probably averted what could have resulted in an embarrassing skirmish between reporters.

Tabloids were silently being applauded by their broadsheet counterparts by saying what they could not when using headlines such as "Clueless" and "Not a clue" to describe the progress and manner in which Portuguese police investigations were being conducted.

All the while, local police still seemed intent on irritating the British press by launching what many have since indicated was a deliberate campaign to misinform. Whether this lack of co-operation was orchestrated in an attempt to "play it safe" or whether it was based on the fact that important information had to be withheld due to existing laws, the outcome has left a question mark over Portugal's ability to act in an emergency, combined with the preference for the status quo to avoid change.

But British reporters were not alone in their need to verify information from "police sources", judging by some of the inaccurate reporting and endless speculation in the Portuguese press.

Meanwhile, the police's handling of the affair grabbed interest and raised concerns at the highest level. The Prime Minister reportedly called in his very best spin doctors to assist in giving local police a crash course in

The disappearance of Madeleine McCann is set to go down in history as a groundbreaking event in Portugal. Chief Inspector Olegário Sousa and his counterparts at the Polícia Judiciária have come on in leaps and bounds since the initial chaotic press conferences given in the first days after Madeleine went missing.



A Benfica fan holds a portrait of British missing toddler Madeleine McCann during the Portuguese first league soccer match between Benfica and Académica in Luz Stadium, Lisbon on Sunday. (Photo: Lusa / Manuel de Almeida)

press relations.

This appears to have resulted in a hurried and belated revision of police modus operandi when dealing with the foreign press.

Mr Sousa (or Dr Sousa, as he is addressed by Portuguese media) has since climbed the popularity ratings to an extent that some British reporters are contemplating staging a dinner in his honour, once the dust has settled in the reporting of this case.

The fact that the UK media have enforced changes here in Portugal is undeniable, the real question is whether these changes will be permanent among the 1,300 detectives that are presently in the service of

the Polícia Judiciária.

The Portuguese press, sceptical by nature, generally appear resigned to the fact that the iron curtain has been lifted only momentarily, and it will come crashing down once Britain and the world move their gaze away from Portugal.

But there are those who have sworn to knock harder at the police's door in the future, taking advantage of the dents caused by the UK media's persistent haggling for information and leads.

Consensus is, while this has been a story that has stirred emotions the world over, it has admittedly been enjoyable to report.

Ian Woods of Sky News explained that his efforts and those of his colleagues have been consistently praised by the McCann family, those close to them and viewers in general, and commented that "it has been a good experience".

Sky News by general accord set the trend in this case, with its

reports peaking, as had been widely anticipated, the day Madeleine McCann turned four.

Ian Woods was joined by Jeremy Thompson, Kay Burley, Ana Botting and Amanda Walker, as the village of Luz became the hub of activity on May 12th.

A pullout *en mass* was in motion the following Monday, when the biggest media frenzy to date was to take place and keep Portugal in the headlines.

A villa fewer than 100 hundred yards from the crime scene belonging to Robert Murat, the sole suspect in the case so far, was cordoned off as it emerged police had strong evidence pointing to his involvement in Madeleine's disappearance.

But the biggest event of the coverage in this case was ironically missed by all that had been summoned to the Algarve. At least half-a-dozen top journalists had touched down in the UK that day, after agreeing with their

bosses that the case could be covered from a distance due to the lack of progress by police, accompanied by the communication drought to keep the story on the early pages.

Most organisations, perhaps fearful of missing another 'Murat event' have decided to keep minimal required resources on the ground so long as the McCanns are in the Algarve, though this position will probably be reassessed at the end of the month.

Commenting as an outsider, one facet of the British media that stood out was their camaraderie and factual reporting, which seem to have been greatly assisted by their rapid adaptation to a strikingly different atmosphere than they would have been accustomed to back in Britain.

From day one, the journalists, be they from the *The Sun* or *The Times*, would compare notes to ensure the stories they were filing for the next day were as accurate as possible.

Having worked closely with 'Fleet Street's Finest' for well over a fortnight, it will be much easier to encourage aspiring reporters to seek employment in the media business.

It was with great suspicion that these reporters were received upon arriving in the Algarve at the beginning of May.

While most of Portugal (and many in Britain, who will share the critical views of Simon Jenkins at *The Guardian* - May 18) will still need convincing and find this statement peculiar, it remains nonetheless true to describe the group of journalists deployed to Luz village as honest, humane and excellent ambassadors for their profession and country.

Brendan de Beer

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Girl snatched in Spain recovered in Portugal

An 11-year old girl has been reunited with her parents after she had been kidnapped in the southern Spanish city of Málaga over the weekend.

Despite not having been alerted by Spanish authorities of the girl's abduction, Portuguese police acted swiftly shortly after "a suspicious" vehicle that had crossed the border into Portugal, attracted the attention of a patrol.

They managed to confirm that the car, with French licence plates, had been stolen in Spain.

The girl was abducted at around 02h30 (Portuguese time) on Saturday morning while she was listening to music in her parents' car, who at the time, were at a party.

Seven hours later, in the town

of Vila Real de Santo António, Portuguese police started tracking the vehicle in which she was travelling.

The driver, realising he was being tailed, tried to flee, but was cornered only a few kilometres away as a high-speed chase culminated at the nearby town of Castro Marim.

Police sources say the man is around 20-years-old and is from an eastern European country, as is his alleged victim.

Unconfirmed reports say the two are both Romanian nationals.

The girl was handed over to Portuguese social services who dealt with the formalities in having her reunited with her parents.

The alleged kidnapper will be held at a Portuguese jail while he awaits trial.

Spanish child abuse fugitives detained in Faro

Portuguese police have arrested a couple who had escaped a 17-year jail term handed out in Spain after they were convicted of sexually abusing their own daughters.

According to police sources, the couple, he 44 and she 36, participated in the sexual abuse of their daughters aged five and six.

The mother did not participate in the abuse, but was handed a similar jail term for standing by while the father molested the girls.

The couple are reported to

have been living in Faro, though it is unclear for how long. The mother had found employment at a city cemetery and the father unemployed.

Spanish authorities were refusing to indicate when the couple had been convicted and when they were officially regarded as fugitives.



A man offers flowers to Gerry and Kate McCann at the Fátima shrine where they went to pray for their four-year-old daughter Madeleine on Wednesday 23 May 2007. (Photo: Lusa / Paulo Cunha)

PJ as efficient as Scotland Yard

While they enjoy completely different resources, the success rates of Portugal's *Policia Judiciária* (PJ) and Britain's Scotland Yard are identical, figures published by the

weekly *Expresso* have shown. In its March report, Scotland Yard says it solves 90 percent of murder cases, while gun crimes (20 percent) and car theft (seven percent) have

much lower success rates, but which are identical to PJ figures supplied to *Expresso*.

Scotland Yard has approximately 30,000 workers on its

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The PJ has a force of 1,378 with a ratio of one detective for every 7,256 Portuguese citizens.

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Luso-Brazil offshore oil drilling venture given green light

Galp Energia of Portugal and Brazil's state-controlled Petrobras have signed an accord with the Lisbon government to explore for oil and gas off the Portuguese coast in a venture involving investment of 400 million euros, the Lusa News Agency reports. The consortium will spend four years prospecting and gathering seismic data from four deepwater blocs in up to 5,000 meters of water, situated about 60 kilometres west of the fishing port of Peniche, north of Lisbon.

Up to 2.2 billion euros could subsequently be invested on oil production if commercially viable reserves are discovered.

Petrobras has a 50 percent stake in the venture to the 30 percent shareholding of Galp. Partex Oil and Gas, owned by the Calouste Gulbenkian Foundation, controls the rest of the venture. The Portuguese state will receive seven per cent of the barrel price of any oil sold and 25 percent of profits through corporate tax.

Speaking after the signing of the

agreement, Petrobras CEO Sergio Gabrielli said although the venture involved "risk", initial geological surveys were "optimistic".

Portuguese Energy Minister Manuel Pinho, who signed the contract with the three-company consortium, said the Atlantic hydrocarbon exploration project would have important consequences for his country if oil is found. Portugal, currently without commercial oil or gas production, imports around 85 percent of its energy. This cost the country about six billion euros in 2006, added the minister.

In a related story, the Algarve still awaits news of prospective offshore drilling ventures. The project has been on ice since last February, and authorities in the Algarve had grown increasingly optimistic that plans of building oil platforms off the region's coast would remain on paper and not be transformed into reality. But regional officials invited to a parliamentary meeting in Lisbon in March heard that adverse-effects oil drilling could have on tourism

were not a concern of the government.

Lisbon's view was verbalised by the Energy Director General, Miguel Barreto, who said that oil exploration in the Algarve has not commenced yet solely due to difficulties in "reconciling the agendas of Spain's Repsol and Germany's RWE" to sign Portuguese government contracts.

Meanwhile, Miguel Barreto, minimising tourism concerns, said an environmental impact study would nonetheless be commissioned in order to ascertain the immediate dangers of oil drilling off the Algarve's beaches. Economy Minister, Manuel Pinho, and unlike his predecessor, Carlos Tavares, is a firm backer of oil exploration in the Algarve, and believes the majority of Portuguese share his view. "I am convinced most Portuguese would like having oil along the coastline", simultaneously denying tourism in the region would be adversely affected. The areas in question, which cover more than six thousand square kilometres, known as

Block 13 and Block 14, lie between Quarteira and Vila Real Santo António. Drilling will take place at a depth of 200 metres, with the area off the protected Ria Formosa detected with promising indications that oil could in fact exist not too far from the coastline.

The initial period for exploration is over a period of eight years; with a clause existing for future extension should both signatories believe the project to remain a viable one. It is estimated that in the event of an oil discovery, the state will receive 25 cents a barrel in Block 13 and 10 cents in Block 14. The two blocks have been named Lagosta and Lagostim.

Upon an eventual oil discovery, the companies will immediately be entitled to a 30-year exploration period in the Algarve, which could be extended to up to 55 years. This particular area of the Algarve has already been subject to searches for oil in the past. In 1974, Chevron and Challenger were awarded short-term contracts and Esso back in 1980. However, the two companies currently in question, while seeing fit to spend the money to obtain the drilling rights, were the sole applicants in a tender launched in July 2003.

Scientists have regularly expressed the opinion that Portugal contains all the necessary ingredients to be an oil producer, but drilling from Oporto in the north and Leiria further south, has to date only resulted in the extraction of 1,600 barrels of oil.

US assures Portugal over air passenger data controls

The head of the United States Department of Homeland Security assured Portuguese and Spanish members of the European Parliament Monday that data collected on airline passengers travelling from Iberia to the US is being kept as private as possible.

Speaking in Brussels, Michael Chertoff said he wanted to allay fears that airline passenger data fed to the US authorities could be misused, saying it was helping to prevent terrorist attacks.

"We are not merely collecting this for the idle purpose of having a large data base of personal data," he told the MEPs. "We are collecting it because, time and again, it is proving to us that it enables us to keep dangerous people outside the United States," he said, noting that nearly four million people fly via Portugal and Spain to the US each year.

The EU and the US are currently working on a new passenger name record (PNR) agreement which provides US law enforcement agencies access to information about travellers from abroad.

Currently, 34 pieces of data, including credit card and passport details, e-mail addresses and travel itinerary, can be withdrawn by the US Department of Homeland Security and shared with certain agencies under strict con-

ditions.

The arrangement has sparked increasing privacy concerns not only in Portugal but elsewhere in the EU.

But Chertoff said: "It's basic information, it's nothing that is particularly confidential by its very nature. We take this information and run it against lists of known and suspected terrorists. We use it to analyse links that may arise".

He pointed out to the MEPs that data supplied on a traveller from the Middle East in June 2003 helped to identify him as the same individual who carried out a suicide bomb attack in Iraq two years later.

Chertoff claimed that if such information had been available prior to the September 11th, 2001 attacks, US authorities would have been able to identify 11 of the 19 suicide hijackers before they struck.

"It is difficult to abandon a tool which at minimal cost to civil liberty, has the tremendous potential to save lives," Chertoff concluded.

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Five thousand want to be Portuguese



More than five thousand foreigners have expressed the intention of acquiring Portuguese nationality since new immigration laws came into force last December.

Prime Minister José Sócrates, in a ceremony where he personally welcomed 324 new Portuguese nationals, said: "We want them to be Portuguese and that they assume the best Portugal can give to the world".

Mr Sócrates stressed that new immigration laws, especially the law of nationality, is a clear break away "from a tradition of reservations and mistrust" in relation to foreigners.

The prime minister added that the country "is assuming a progressive and inclusive vision" which is transforming Portugal "into a country that is fairer to those who have been here for more than five years".

At a ceremony in Lisbon on Monday, Mr Sócrates handed a certificate of nationality, a flag and a copy of the Portuguese constitution to 324 new citizens, with 284 of these being 13 years old or younger.

The youngest being Eustácio Urdea, who was born in Portugal three years ago of Moldovan parents who have been living here since 1999.

Between December 15 and April 30, a total of 796 national-

ity acquisition procedures were dealt with by central administrative services.

Currently, it takes around 30 to 36 months to receive approval to obtain Portuguese nationality, but Mr Sócrates remains adamant that the Home Office is prepared and equipped to deal with an increasing number of nationality requests.

Only last week, Portuguese lawmakers voted to approve a new immigration law aimed to streamline applications for residency permits and work visas and legalise some visa-less foreigners living in the country.

Under Portugal's new immigration legislation, family members of foreigners already living and working in the country, including children over 18 years, will be allowed to join their kin.

Foreign nationals resident in Portugal for 15 years, those who have lived there since the age of 10 and children who were born there and attending state schools will also be legalised under the new laws.

Additionally, foreigners who applied for residency status under an "immigration amnesty" from 2003 to 2004 and still in irregular conditions will be fully

legalised.

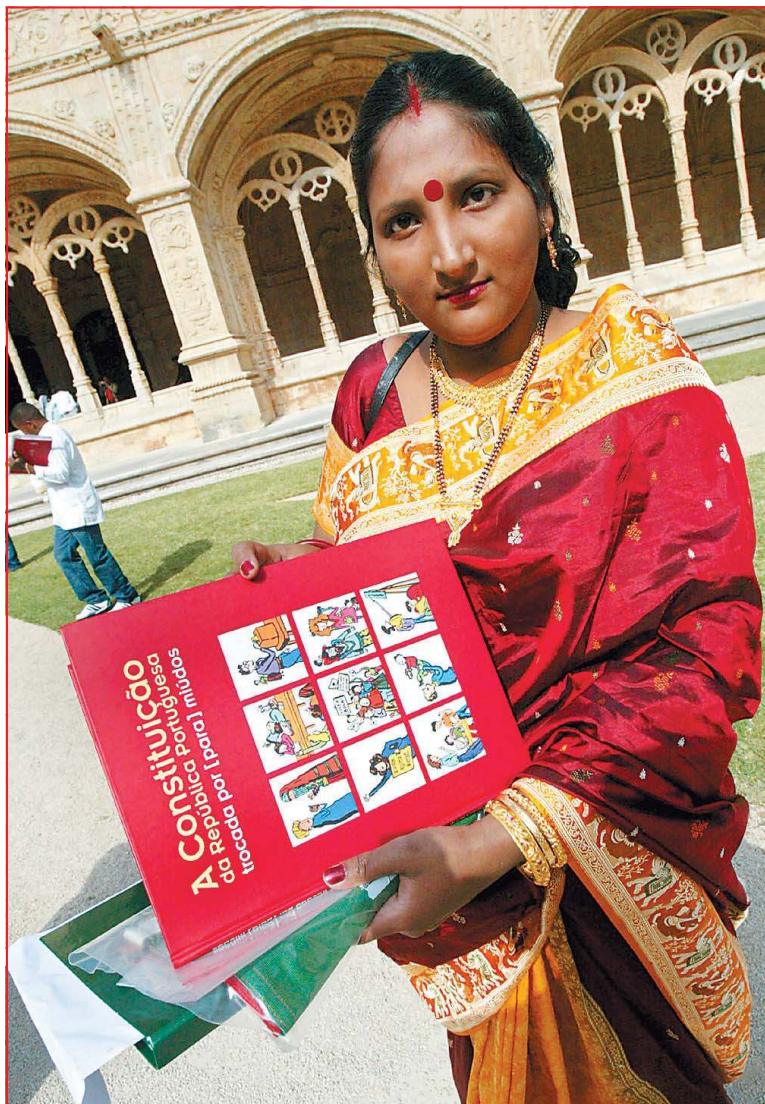
But the new immigration legislation has come under fire from immigrants' rights groups in Portugal, who say the measures "defraud the expectations" of thousands of immigrants while only benefiting a small minority.

In comments to Lusa, Timoteo Macedo, spokesman for a platform of Portugal's immigrant minorities, said the legislation only applied to a small minority of all the foreign nationals living and working in Portugal.

Immigrants continue without right of appeal against deportation orders that are solely made by Portugal's SEF border and immigration police and Lisbon's Internal Administration ministry, noted Mr Macedo.

Paulo Portas, leader of the CDS-PP, said his party opposed the new legislation by stating that it will facilitate human trafficking networks.

He argued that Article 59 of the new law, which stipulates that "immigrants become legal as soon as they have a declaration from a prospective employer", which he says is a gaping loophole that will be taken advantage of by networks exploring immigrants in Portugal.



A new Portuguese citizen displays the Portuguese constitution after a ceremony for immigrants receiving Portuguese nationality in Lisbon on Sunday. (Photo: EPA/António Cotrim)

Call for foreign residents to vote in all elections



The High Commissioner for Migration and Ethnic Minorities (ACIME) has demanded that all foreigners residing legally in Portugal be given the same voting rights as Portuguese, that is, to vote in the legislative, presidential and municipal elections.

The high commission for Migration and Ethnic Minorities chairman Rui Marques, speaking at a seminar entitled "Intercultural Dialogue and Migrations" said immigrants "should participate in democratic life and be held jointly responsible for the future".

Currently, around 50 per-

cent of all immigrants vote in municipal elections and about 30 percent vote in European elections.

However, Mr Marques has called for the abolition of "reciprocity agreements" in voting, saying it is unfair to say Ukrainians cannot vote in Portugal because Portuguese do not vote in

Ukraine, as only a handful of citizens reside in the former Soviet Republic.

He concluded by arguing that immigrants who have been residing in Portugal for more than five years, who pay taxes and abide by the country's laws, have earned the right to vote in elections.

NHS recruiting Eastern Bloc doctors

The Portuguese Health Service has admitted to filling the shortfall of qualified doctors by hiring citizens from former Eastern Bloc states who are residing in Portugal, but who are working in areas completely unrelated to the professions they were trained to execute.

The Health Ministry has confirmed it is looking to hire 150 foreign doctors, much in the same manner as it did in 2005 when it

hired 120 foreign doctors based in Portugal.

The 150 doctors targeted by the NHS will undergo addi-

tional training given at the Gulbenkian Foundation and which will be paid for by the Health Ministry.



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The tea clipper that once belonged to Portugal



As the smoke settled this week and police and investigators surveyed the damage and causes of a fire, which swept through the famous 19th Century ship Cutty Sark, comes news that it spent its prime years in the service of Portugal, where it was called the Ferreira and later the Maria do Amparo.

At the end of the 19th Century, as steamships started to become the norm, the Cutty Sark was becoming increasingly less profitable and her owners decided to sell her.

It was after the ship returned to the UK from Brisbane, Australia in 1895, that Jock Willis sold her to a Portuguese firm, J. Ferreira & Co. for £2,100, who still believed the Cutty Sark had many nautical miles left in her.

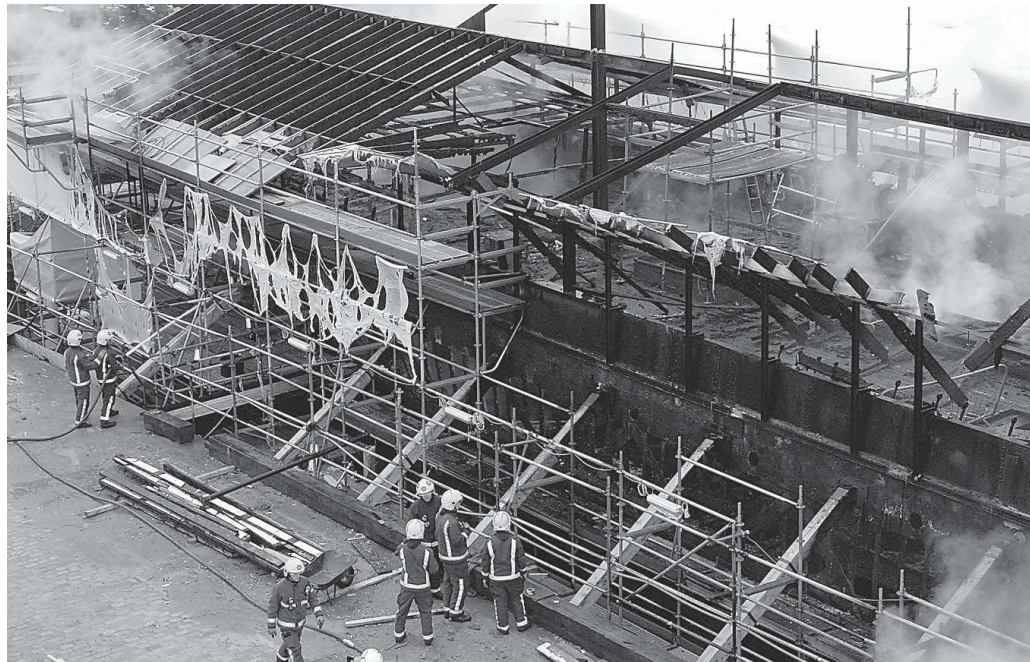
With the sale the Cutty Sark to its Portuguese entrepreneurs, it was renamed the Ferreira.

On the official website (www.cuttysark.org.uk) of the

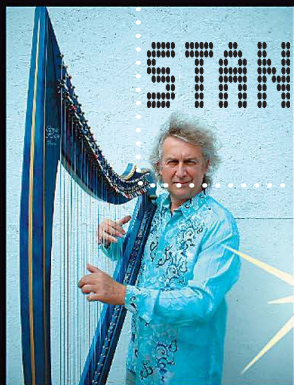
Cutty Sark it explains how the Ferreira tramped various cargoes, mainly between Portugal and her empire, and was a regular visitor to Rio de Janeiro, New Orleans, Mozambique, Angola and the UK.

In the twentieth century she traded regularly between Oporto, Rio de Janeiro, New Orleans and Lisbon, and her crew claimed she was still capable of doing sixteen knots.

In October 1915 Portugal declared war on Germany, which meant that the ship was in constant danger of being sunk by enemy naval activity. She sur-



Firemen work on the Naval Clipper, The Cutty Sark after it suffered from a serious fire in London on Monday. One of Britain's maritime treasures, the 19th-Century ship was engulfed in flames at dawn as firefighters rushed to the scene. The world's last remaining tea clipper was seriously damaged by a blaze which police are treating as suspicious. (Photo: EPA/The London Fire Brigade)



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vived unscathed until May 1916, when the rolling of the ship in bad weather led to the dismantling of the main mast and everything above the fore lowermast and the mizzen top-masts.

Badly damaged, Ferreira was towed into port, arriving at Table Bay in Cape Town, South Africa.

The cost and rarity of adequate masts and yards, due to the war, meant that she was converted into a barquentine (fore and aft rig) over an eighteen-month period at Cape Town.

By January 1922 Ferreira ran

into a Channel gale, and the captain put into Falmouth harbour to repair the damage. Wilfred Dowman, a retired windjammer skipper and owner of the training ship Lady of Avenel, saw the ship and set out to buy her.

However, she returned to Lisbon without further mishap and was sold to a new Portuguese owner who changed her name to Maria do Amparo.

But Dowman still wanted the ship, and at a price of £3,750 (more than she was worth even in 1895) she was brought back to Falmouth.

In December 1954 the Cutty Sark was towed into a specially constructed dry dock at Greenwich.

Three years of painstaking restoration work followed, taking the ship back to her tea clipper appearance. She has remained in Greenwich, in her drydock, to this day.

Since her official opening in 1957 by the Queen, Cutty Sark has been visited by over 15 million people from all over the world. Visitors to the ship may have noticed the word 'escudos' carved into the woodwork.

Portugal set to lose control of its military R&D programmes

Under proposals announced last week by the European Commission, Portugal will no longer have direct control over its research and development programmes concerning new military equipment such as air and sea defence systems.

At a meeting of European Union foreign ministers in Brussels it was agreed that EU countries must make a move to pool their defence resources by adopting a common strategy to manage the business aspects of EU defence policies and bring an end to the current "patchwork approach" employed across the 27-nation bloc.

The Defence Technological and Industrial Base (DTIB) strategy is aimed at establishing a common EU defence future in areas such as research and development whereby Portugal, together with the other member states, would pool

their defence budgets concerning the production of future military hardware.

The strategy commits Portugal's government to clarify its defence industry priorities and to help identify future key military technologies. The DTIB programme would also make it easier and more profitable for EU member states to club together as one unit to tender for overseas military equipment contracts rather than on an individual basis, as is presently the case.

"We can no longer decide on the equipment we need on a purely national basis, and then pursue separate national research and development programmes," said EU foreign policy chief Javier Solana.

"This approach is no longer economically sustainable and, in a world of multinational operations, it is operationally unacceptable too," he added.

The strategy, according to Solana, would not mean the crea-

tion of "a fortress Europe, excluding imports from, or cooperation with, overseas defence industries".

A spokesman for the European Commission told the AFP News Agency that given the difficulties EU member states are experiencing in coordinating their defence markets, it is "only natural and necessary for Europeans to cooperate more closely to ensure the future of their own military technological and industrial base".

According to the European Commission, the DTIB would allow the EU to operate more independently of the United States in defence matters.

Since the turn of the century France has been leading efforts to establish a strong European defence identity more distinct from the joint EU-US North Atlantic Treaty Organisation. The emergence of the DTIB would suggest that this is now becoming a reality.

Portugal looks to protect its pension schemes

In the wake of the collapse of several pension schemes across Europe in the past 15 years that have left thousands of retirees facing financial ruin, Portugal last week signed up to a new set of guidelines designed to protect the rights of pensioners.

The 42 countries belonging to the Organisation for Economic Cooperation and Development (OECD), of which Portugal is a member, agreed last week new guidelines for governments and regulators designed to improve how certain types of pension funds are run with a view to making employees' pensions more secure.

The OECD guidelines on Funding and Benefit Security in Occupational Pensions contain a series of recommendations concerning regulation of the funding of occupational pension schemes.

Such schemes are fairly common in Portugal and also popular in Canada, Germany, Japan, the Netherlands, Britain and the United States, though many are closed to new employees.

"People are living longer and need to be sure that their pensions are safe," OECD Secretary General Angel Gurría told the AFP news agency.

Issues covered by the guidelines include the funding and valuation of pension plans and protection

of employees' interests in company schemes in the event of their employer or the company that manages their plan going bankrupt.

Under the guidelines, Portugal's tax authorities will be called upon to consider raising maximum funding levels in order to allow pension funds to build up reserves that will protect them against a downturn in asset values.

Government regulators in Portugal will also be responsible for guarding against the impact of corporate bankruptcy by promoting funding levels high enough to ensure that a fund's assets can meet its potential liabilities.

Portugal's pension funds will be encouraged to estimate more accurately their liabilities, for example by allowing for increasing life expectancy and for the adjustment of benefits in line with the cost of living indexation.

Regulators will also set a reasonable maximum timeframe, such as seven years, for the reduction of any funding gap and put in place rules that determine to what extent the employer is responsible for filling any funding gap if a pension plan is forced to close down.

The OECD's proposals build on a body of research carried out over the past six years involving trade unions, the pensions industry and businesses.



Leader of the CDS/PP, Paulo Portas talks to a resident of the S. Francisco retirement home in Lisbon during a visit on Sunday. (Photo: Lusa / André Koster)

Pensions to fall 20% in 23 years

A report published this week has predicted that following government reforms last year to the social security system the average pension received by retired Portuguese workers in 2030 will have dropped by 20 percent in real

terms.

According to a study on the sustainability of the social security system by the Bank of Portugal, the average pension in 23 years would have been the equivalent to 144 percent of the minimum wage had the govern-

ment not implemented its unpopular reforms in 2006.

In 2005, the average pension was 118.8 percent of the national minimum salary.

The study further predicts that should no additional reforms be made to the social security

system, pensions will start falling in 2010.

It says that in three years time, average pensions will have been cut by 3.1 percent, while in 2080 reductions will have already reached 41 percent in comparative terms.

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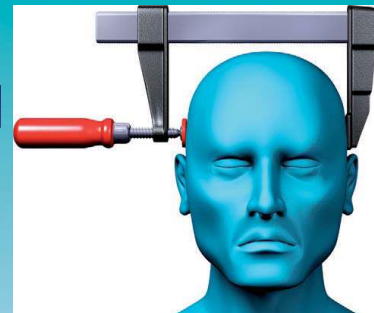
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New buildings for Portimão contradict existing laws



Praia da Rocha residents are in an uproar after Portimão Town Hall released plans to build four new 18-storey tower blocks in the Castelo da Rocha (Três Castelos) area. Presently being reviewed, the project is said to contradict current laws that stipulate a five-storey maximum building restriction.

In force since 1991, the Municipal Directory Plan (PDM) prohibits the construction of buildings higher than five storeys in certain areas throughout the municipality and which reportedly include Castelo da Rocha.

Despite this, it is possible that the go-ahead will be given as the initial project and respective licensing (*alvará*) was passed in 1986, when regulations permitted the 18-storey height.

Now the debate lies as to whether present construction should obey the current PDM, or follow laws from when the original project was passed.

Portimão Planning Councillor José Francisco Sobral, told *The Portugal News* that when the 1991 PDM was instigated, "existing and previously approved *alvarás* were taken into account and can be considered exceptions to the present law", therefore meaning the building's construction could progress unaffected.

It is also predicted that, should the four new towers reach completion, it will entail a population of 1,350 residents in the space of 18,000 square metres, surpassing the maximum of 200 homes per hectare presently stipulated by the current PDM.

Population density will therefore be nearly four times higher than that dictated by the 1991 law.

New EU law for Portuguese driving abroad

New rules signed off last week by the European Parliament will simplify legal procedures concerning car drivers involved in car crashes in European Union member states other than their own.

For instance, a Portuguese driver involved in a crash with a German driver in Italy will face civil legal action under Italian law. According to a European Commission spokesman, the new law will simplify existing legislation, which to say the least, he said, is open to many interpretations and practically impossible to apply.

The new law also stipulates that if the Portuguese and German drivers involved in the car crash in Italy both live in France, then French law will apply.

The rules, as well as simplifying the present system, are also designed to avoid so-called "forum shopping" whereby claimants seek to have their case heard under what they consider to be the most favourable legislation.

The rules could also apply in the case of defective products bought by EU citizens in member states other than their own and also in the case of environmental damage.

In the event of an environmental accident the jurisdiction will lie where the damage has been caused. For example, if a factory in Portugal pollutes a town in Spain, the case will be held according to Spanish law.

"Following lengthy negotiations, we have succeeded in attaining a compromise which will bring significantly more legal certainty and clarity to the citizens of Europe" involved in car crashes, according to a statement issued by the European Commission.

The deal, known as Rome II, comes after almost four years of negotiations between member states and the European Parliament. It is expected to come into force at the start of 2009.

Traffic accidents represent the majority of cross-border disputes involving Portuguese citizens.

British MEP Diana Wallis, who piloted the legislation through the European Parliament, described the deal as "historic".

"It is the first time parliament has dealt with such an instrument in co-decision. The first but not the last," she added.

EU SNIPPETS

Malta Moves Closer to Adopting Euro

The European Commission recommended last week that Malta joins Europe's common euro currency at the start of next year. A draft Commission report states that "Malta has sufficiently converged towards EU levels and the criteria set in the EU Treaty to adopt the euro on January 1st, 2008". The report goes on to say: "We are really impressed with the way the Maltese government has handled the process. The Maltese economy and its public financial situation has made remarkable progress in the last three years". Malta's inflation level is under control and expected to slow further. The country was the smallest member to join the EU in May, 2004. It joined the Exchange Rate Mechanism II in April, 2005, and the exchange rate at the time was set at one euro to 0.42930 Maltese lira.

EU Backs University Holocaust Ban

A spokesman for the European Commission said Monday that Brussels gave its full support to the banning by an Italian university of a planned lecture by a controversial French professor on Holocaust denial. Professor Robert Faurisson, who has been convicted five times in France for denying crimes against humanity, was due to speak at the University of Teramo in central Italy as part of a Masters course in Middle East studies. The University's Professor Moffa, who organised the lecture, told the Italian newspaper *La Stampa* that if the EU was "convinced of the truth why don't they come and pull Faurisson to pieces". The Simon Wiesenthal Centre issued a statement saying that the invitation to Faurisson was a piece of "perverse propaganda to initiate a new generation of anti-Semitism". EU interior ministers agreed last month to make it an offence to question or greatly trivialise crimes of genocide.

EU Seeks Changes to Swiss Corporate Tax Rules

The European Commission has again asked Switzerland to change its corporate tax rules, objecting that some Swiss regions offer unfair tax advantages to companies' profits made in the EU. The Commission considers that such tax regimes amount to state aid for some Swiss-based firms, which goes against the grain of a 1972 EU-Swiss accord. The EU's executive arm had already asked Switzerland in February to change its corporate tax rules. The Commission has received the full backing of all EU member states to find a mutually acceptable solution to the problem with the Swiss government. The question of corporate tax breaks is a very sensitive issue among Swiss voters and it is more than likely that any negotiations between Bern and Brussels will be delayed until after Switzerland's federal elections in October.

Lisbon to Speed Up Croatia's EU Membership

Portuguese Foreign Minister Luis Amado said last week that Lisbon would try to speed up the integration of Croatia and other Balkan nations into the European Union when it takes over the bloc's presidency in July. "We are very much concerned with the situation in the region and we want to accelerate its access to the European Union," Amado told journalists in Zagreb. During its six-month presidency of the EU starting July 1st, Portugal will work to create conditions for sustainable development in the Balkans, he said. Croatia opened membership talks with the EU in 2005 and is hoping to become the bloc's 28th member by the end of the decade.

Financial Shocks in Store for EU

Financial shocks "may be coming" that would hit European economies but the eurozone is "fully equipped" to deal with any contingency, European Central Bank governing council member Christian Noyer said Tuesday. Despite some signs of cooling, "imbalances are still building up, especially in the housing sector, fuelled by a dynamic expansion of credit," Noyer told an Indian business audience in New Delhi. However, the situation was in "no way comparable" to those in some other developed countries, he said - an apparent reference to the United States where a rapid cooling of a once sizzling housing market has been key to the US economic slowdown. "Shocks may be coming, which would impact negatively on European economies. But I have the strong conviction that we are fully equipped to deal with any contingency," Noyer added. During a question and answer session he declined to speculate about whether the euro might one day supplant the US dollar as the world's main reserve currency.

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Countdown to Lisbon by-election starts

Portugal backing Serb effort to join EU



Portugal will throw its "total support" behind Serbia's hopes to join the European Union during Lisbon's upcoming EU presidency, Foreign Minister Luís Amado said last Thursday in Belgrade, the last leg of a three-country Balkan tour.

"We want Serbia in the European family", Amado said after talks with his Serbian counterpart, Vuk Jeremic.

Lisbon, Amado said, was "very engaged in giving a new impulse in relations between the EU and the Balkan region" and this was "the principal message" he took with him on his visit to Slovenia, Croatia and Serbia.

Jeremic thanked Portugal for its support and Amado for his "great comprehension" of Serbia's problems, an understanding he said was shown by few in the EU.

He said he had agreed with Amado to maintain "close contact" in coming months and to take "concrete steps" for Serbia's integration into Europe as "quickly as possible".

Portugal assumes the six-month rotating EU presidency on July 1.

The EU suspended talks with Belgrade one year ago for a pre-accession stability and association accord due to Serbia's lack of cooperation in turning over officials wanted for crimes against humanity by the International Criminal Court at The Hague. *Lusa*

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António Costa, Socialist Party candidate for the Lisbon by-elections, is accompanied by António Mega Ferreira, on his arrival at the Palace of Justice on Monday (Photo: Lusa / Inácio Rosa)



When Lisbon casts its vote on July 15 to elect a new mayor and city council, much will be at stake for Portugal's leading political parties. The vote was triggered by outgoing Mayor António Carmona Rodrigues' apparent implication in a real estate scandal. Carmona Rodrigues, an independent elected on a Social Democratic slate in 2005, has denied any wrongdoing, though he has confirmed he will not be standing for re-election.

In December 2001, when the Socialists lost the Lisbon mayoral seat, the then Prime Minister António Guterres took it as a motion of no-confidence and opted to resign.

Within two months, the government had changed.

While it is unlikely that a similar scenario will be repeated, largely due to the fact that the Social Democrats hold power in the City Hall, it will be seen as a reflection of what Portuguese think of Prime Minister José Sócrates and his government.

The importance of this election is such that Mr Sócrates has 'sacrificed' his second-in-charge, former Home Affairs Minister António Costa, to en-

sure Socialists rule in Lisbon.

In the meantime, Constitutional Court Justice Rui Pereira took office as Mr Costa's replacement.

President Cavaco Silva presided over the swearing-in ceremony last Thursday, which also included changes of five junior state secretaries.

Mr Costa, wished his successor "good luck", saying he had "every condition to do good work".

He said the reforms of Portugal's security forces he had initiated would continue under Mr Pereira.

In the meantime, polls show the Socialist mayoral candidate holds a comfortable advantage in the countdown to Lisbon's

by-election, but falls short of gaining a majority in the Portuguese capital's city hall. The Marktest poll, conducted for daily *Diário de Notícias* and TSF radio, showed Mr Costa, taking a 25 percent share of ballots. Fernando Negrão, the candidate of the Social Democratic party on whose slate outgoing Mayor Carmona Rodrigues was elected in 2005, was placed a distant fourth in the poll with 9.5 percent, behind independent Socialist Helena Roseta with 13.5 percent. The government has appointed a caretaker administrative commission, under Social Democratic councillor Marina Ferreira, to head Lisbon City Hall until the election.

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Mobile roaming charges set to fall in Portugal



Holidaymakers and residents in Portugal will soon see drastic reductions in the cost of making and receiving mobile phone calls to and from other European Union member states, the European Commission announced Monday.

Member states and the European Parliament have agreed to force mobile telephone operators to slash prices for calls made abroad.

After three weeks of tough talks, the parliament and EU governments struck an agreement paving the way for caps on how much operators can charge customers – known as roaming charges – for calls made and received while in other EU countries.

Under the agreement, rates for calls made from Portugal to other EU countries will be capped in the first year of application at 49 euro centimes a minute before tax, while receiving calls from other member states will cost no more than 24 centimes a minute.

The ceiling for roaming services will come down even lower

in the second year, falling to 46 and 22 centimes and then 43 and 19 centimes in the third year.

The European Commission drew up plans last year to regulate roaming charges after it found evidence of huge variations between operators' prices, with some roaming calls costing up to six times those of local mobile calls.

The package has the industry up in arms, as it argues that fierce competition has already driven down prices, and it has been lobbying hard to get the plans watered down.

Even though the new deal will bring considerably cheaper roaming rates, the BEUC European consumer association has been left unimpressed.

"For us the roaming rates remain high," spokesman

Dominique Forrest told the AFP news agency, adding: "It's a first step, but as it is on the table, it's not enough".

The French consumer association UFC-Que Choisir has been even more critical of the deal, saying that it still allows operators to make huge profits on the back of mobile phone users.

"The deal gives in to the current excuse for a market which allows operators to have huge margins on calls received or made while abroad even though the actual cost is close to that for national calls," UFC said in a statement.

Although the new regulations could go into effect as early as mid-July, mobile phone users will probably not be able to benefit from the new rules until after the end of summer.

Petition to keep hypermarkets open on Sunday afternoons

A petition calling for hypermarkets to remain open throughout Sundays is to be extended until the end of the month.

Launched by the Portuguese Association of Distribution Companies (APED) the petition is reported to already have much more than the minimum number

of signatures required (four thousand) to have it tabled for discussion in parliament.

APED says that by extending the signing of the petition it will give it a new dimension, with several thousand signatures set to make lawmakers sit up and take notice.

Meanwhile, APED's attempt to keep all shops open until 22h00 on Sundays is being undermined by the Left Bloc party's proposal to have all stores shut on Sundays, a proposal which is set to be discussed in parliament long before APED have formalised their law decree reform proposal.

EC says Portuguese tax amnesty contrary to EU Law

The European Commission said last week that the 2005 Portuguese tax amnesty did not respect the free movement of capital, since it provided for regularisation at a preferential penalty rate of 2.5 percent for investments in Portuguese government bonds (instead of five percent in any other assets).

Therefore, the Commission has sent a reasoned opinion requesting Portugal to eliminate this violation of the EU law by applying the same fiscal treatment to all regularizations made in 2005.

If Portugal does not take the necessary steps to comply with the EU law, the Commission may decide to take that Member State to the Court of Justice.

"The rules of the Internal Market forbid any discrimination of investments made by individuals in other Member States", said EU Taxation and Customs Commissioner

László Kovács. "Investment held in other member states should be taxed in the same way as investments held in the member state of residence, even on the occasion of tax amnesties".

The law called "Tax amnesty for undeclared funds held abroad (RERT)" approved by the Portuguese Parliament in 2005 constituted a restriction on the free movement of capital guaranteed by the EC Treaty. The amnesty law allowed disclosure and regularization of undeclared funds held abroad by filing a confidential statement before 16 December 2005. It required resident individuals to pay a penalty equal to five percent of the

value of the relevant investments; however, a reduced tax rate of 2.5 percent applied to regularised Portuguese government bonds as well as to any amount of other investments reinvested in Portuguese government bonds at the occasion of the regularization procedure.

Persons making use of the amnesty were thus dissuaded from keeping their regularised assets in other forms than Portuguese government bonds.

Such a difference in treatment constituted a restriction on the free movement of capital, guaranteed by Article 56 of the EC Treaty.

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The fees of the Office for Harmonization in the Internal Market (Trade Marks and Designs) in Alicante, Spain (OHIM) are going to be reduced. This decision was adopted by member state ministers at a Monday meeting of the EU Competitiveness Council in Brussels, which was chaired by Federal Minister of Justice Brigitte Zypries.

"This fee reduction strengthens Europe as an economic location. In the future, it will be possible to register trademarks and designs through OHIM at significantly lower cost", said Ms Zypries, adding, "The Community trade mark system in Europe is a ten-year success story. In the past year alone, 77,500 trade marks were registered in Alicante. Thus the use of the system has

far exceeded expectations, which has led to a substantial revenue surplus. We will now distribute this surplus to users of the system".

Trademarks and designs for goods and services may be registered through OHIM, thereby guaranteeing owners that their goods and services will be protected throughout the entire European Community. In addition,

protection remains available under national legal systems.

The European Commission will now work out the details of the fee reduction, in particular the exact amount of future fees. In addition, the Competitiveness Council decided to commission a study on the further development of the Community trademark system.

Shot in the arm for Portugal's wine growers

News from Brussels last week rekindled hope for Portugal's wine growers who during the past five years have seen export levels drying up as New World countries gain an increasing percentage of the world's wine market.

European Agriculture Commissioner Mariann Fischer Boel announced in Brussels plans for a massive global campaign to promote European wine, in the hope of boosting a sector suffering from overproduction and rising competition from Australia, California, Chile and even China.

"In the project of wine sector reform, which I will present to European Union member states on July 4th, I will introduce propositions to launch a large-scale promotional campaign," Fischer Boel told the AFP news agency.

She described how countries such as Portugal, France, Spain and Italy will benefit from "very significant figures for promotion outside Europe".

The campaign will help Portuguese exports at a time when the world market is increasing steadily.

"EU wine is excellent, top quality but I think we can do better on exports," Fischer Boel said.

The sales promotion programme will coincide with a public health campaign, also launched by Brussels, calling for alcohol to be drunk in moderation.

New World wines have exploded onto world markets in recent years, soaring from 1.7 per cent of world exports in the early 1980s to over 20 per cent now.

Between them, Portugal, France, Italy and Spain produce some 65 million hectolitres annually, according to the International Organisation of Vine and Wine. This is quadruple the amount produced by the United States. But, according to Fischer Boel, the issue is not production capacity, it is securing markets for the wine via competitive pricing and sales promotion campaigns, in which

she said the US and Australia were ahead of Europe.

The European Commission said last Saturday that it believes deep reforms of Europe's wine sector are needed urgently. Without changes the EU could face lakes of surplus wine akin to butter mountains and other areas of overproduction seen in the past.

Last year Brussels allocated 450 million euros to Europe's struggling wine producers to help them restructure or relocate their vineyards to tackle the wine glut.

Under Fischer Boel's proposals, the emphasis will be on professional advertising campaigns, competitive wine prices and creating an awareness among EU wine growers that times are changing, and that New World wines are more than challenging the long-held view that Europe's wines are the best in the world.



Norway's prime minister Jens Stoltenberg holding a dried codfish during his visit to a traditional codfish shop in Lisbon on Monday. Portugal is the leading codfish importer from Norway. (Photo: Lusa / Manuel de Almeida)



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EU warns Portugal over its public deficit



In what many financial analysts are describing as an about turn, European Union Monetary Affairs Commissioner Joaquin Almunia warned Portugal last week that it faced substantial fines if it fails to bring its public deficit more in line with EU limits by the end of this year.

Only last March, Spanish Almunia was singing Portugal's praises over the country's efforts to reduce its public deficit to 3.9 per cent of gross domestic product (GDP) from 4.6 per cent in 2005.

Analysts are saying that much of Portugal's problem has been brought about by the recent successes of other EU member states, in getting their public deficits below the three per cent level set by the EU's Stability and Growth Pact (SGP).

In light of Germany, Greece and Malta's recent performance in getting their deficits below the SGP limit, Portugal now appears to be somewhat far off the mark, which has prompted Almunia to issue a warning that could have serious financial repercussions for Lisbon, in the

shape of what he described last week as "hefty fines".

The European Commission proposed Monday dropping legal action against Germany, Greece and Malta over their public deficits, which Brussels said had been brought down to "acceptable levels".

Finding that the three countries had met the three per cent limit, the Commission called on EU finance ministers to close the case at their next meeting in early June in Luxembourg.

After breaching the limit for four years running, Germany finally wrestled its deficit below three per cent last year, cutting its fiscal shortfall to 1.7 per cent in 2006 from 3.2 per cent in 2005.

"Germany's correction of its deficit is very important for the

credibility of the SGP," Commissioner Almunia told journalists in Brussels.

Referring to Portugal's struggle to keep up with Germany's progress, he added that the challenge now facing Lisbon calls for more belt tightening in the public spending domain, and an even greater concentration on combating tax evasion. This, Almunia pointed out, would "make for good economic recovery and help progress further towards a balanced budget".

Portugal also drew criticism for failing to make the most of the strongest economic growth in the EU since the turn of the decade, which had helped many EU countries last year to bring down their deficits faster than expected thanks to surging tax revenues.

Madeleine, from p.1.

In the past week, the only noteworthy police development in the case of missing Madeleine McCann has been the re-interviewing of two witnesses. Nonetheless, news coverage was mostly centred on the McCanns' emotional trip to Fátima.

This particular trip to Portugal's holiest religious site also coincided with the questioning of two witnesses who had been interviewed by police on May 14th, the same day Robert Murat was declared a suspect in the case.

Since Madeleine McCann's disappearance on May 3rd, more than eight hundred children have been reported missing in Britain, figures by the National Missing Persons Helpline indicate.

This UK charity, that works with young runaways, missing and unidentified people, says it directly finds 10 missing people each week.

Paul Tuohy, Chief Executive of the charity said: "Everyone hopes that Madeleine's disappearance will have a swift and happy ending. However, in the meantime we believe the awareness raised has helped to educate the public that 'missing' is a social issue that could affect every one of us."

But it has taken the disappearance of Madeleine McCann for shocking statistics such as these to be made public.

In the Algarve, police investigations have been scaled down and they are now farther away from the public eye than ever.

Sources close to police say that new investigators have been brought in to look at evidence with 'new eyes', but beside the re-interviewing of two witnesses, there have been few developments.



Gerry and Kate McCann light a candle at the Fátima shrine in central Portugal, where they prayed for their four-year-old daughter Madeleine on Wednesday. (Photo: Lusa / Paulo Cunha)

One of the witnesses is Luis António, who cleaned the pool at the villa of the sole suspect Robert Murat and also works at the Ocean Club.

Mr António's wife and business associate of Mr Murat,

Michaela Wulczach, was also brought in for further questioning by police on Wednesday afternoon.

Chief Inspector Olegário Sousa said of the repeat visits of these witnesses: "This is quite normal in a police investigation".

Meanwhile, and arguably as a result of waning speculation and an apparent lack of progress, no press conferences have been deemed necessary since last

Thursday.

Perhaps it was due to the current impasse in investigations, that Kate and Gerry McCann made a pilgrimage to Fátima on Wednesday to pray for a miracle.

On May 13th, the day after Madeleine McCann turned four, the Fátima Sanctuary welcomed an estimated 500,000 pilgrims for the 90th anniversary of the vision of the Virgin Mary to shepherd children in 1917, making

their visit all the more pertinent.

While the McCanns were praying at a private chapel on Wednesday, they would have heard the Rector of the Sanctuary telling a congregation: "We ask Francisco and Jacinto (two of the shepherd children to whom the Virgin Mary appeared), who were beloved and respected children, to be with all those who have been kidnapped, particu-

larly little Madeleine and that Our Lady protect them".

Luciano Guerra further called on governments and businesses to "let parents have time to be with their children, as men and women are stressed and do not have time for their children."

Meanwhile, reports that laboratory tests had been made public this week have been refuted by the National Institute of Legal Medicine (INML).

INML President Duarte Nuno Vieira said on Wednesday that "Tests are still being conducted and there are still a number of samples that need to be analysed".

Regarding reports that initial findings demonstrated that evidence had been contaminated and that chief suspect Robert Murat would therefore be cleared, he said: "Our findings will only be released to the entity that requested them which, in this case, is the *Policia Judiciária*", adding that police had not yet been handed any conclusive laboratory results.

In the meantime a website, www.madeleine.ceopupload.com, has been launched to receive digital photographs from holidaymakers who were at the resort in the weeks leading up to Madeleine McCann's disappearance.

Detectives will use a biometric facial recognition programme to compare the faces of strangers against a database of known paedophiles and other criminals.

The pictures will be run through a face recognition programme that can trawl 1,000 photographs an hour for matches with known paedophiles' mugshots.

The software can also identify potential suspects unknown to the police if they appear repeatedly.

Human remains for sale over internet

American company Corcoran Laboratories has set up an on-line Internet business selling whole human bodies and individual organs, and has assured that, while selling human remains in Portugal is illegal, the company says it will post orders to anywhere in the world, including here.

The bodies, which are treated by a special preservation process to remain intact 'forever', can be seen on the company's website striking poses, imitating famous Grecian athletes and philosophers, riding bikes, or even playing basketball.

Using polymerization to conserve the body, the same process that is used to preserve specimens on display in the controversial 'Bodies Exhibition', the organs and remains can be seen in the same exact state as at the time of death.

According to website www.cor-labs.com, lungs, feet, foetuses, intestines and full-length slices of bodies can all be purchased by a simple click of a mouse. According to a company spokesperson, orders are in fact sent to Europe on a daily basis. However, time of deliv-

ery may vary, depending whether a corpse is immediately available or not.

The same source explained that all corpses are obtained in a legal manner, as the bodies have been donated to 'science'.

Corcoran Laboratories also offer another unique service, which is 'Eternal Preservation', describing the service as "an opportunity for those who want the latest in funerals and burials".

For 100,000 dollars, a body from anywhere on the planet will be taken to the USA, where it will be submitted to this process that will allow the person to be preserved forever as they looked at the time of death.

The company also guarantees the re-delivery of the body to its country of origin after the process has been completed.

Mortgages until the age of 80

Within days of the Bank of Portugal saying that home owners are now more than two billion euros behind in their home loan repayments, comes news that banks are now encouraging first-time home buyers or those in their 20s to pay off their mortgages over 60 years in order to compensate for spiralling interest rates.

State owned *Caixa Geral de Depósitos* (CGD) says it is aim-

ing to have customers paying it four billion euros a month in mort-

gage repayments by the end of the year.

In order to achieve this ambition, CGD had launched a product known as T-fixo, whereby customers, so long as they are under 30, will be able to repay their loans until the year 2057.

Available to all ages, this means a 60-year old can take out a loan for 20 years, while a 20-year old could apply for one over 60 years, ensuring that repayments stay fixed for the duration of the contract in order to safeguard customers against future interest rate hikes.

Meanwhile, figures released this week indicate that the average Portuguese, once savings are subtracted from loans and debts, has a positive balance of 17,000 euros.

Strike set for Wednesday

Portugal's largest trade union has called a general strike for next Wednesday, May 30 to protest against the Socialist government's austerity and reform policies.

The leader of the Communist-orientated General Confederation of Portuguese Workers (CGTP), Manuel Carvalho da Silva, had announced the day-long action at a meeting of member unions in Lisbon earlier this month, where the initiative was approved.

Carvalho da Silva said the general strike, the first since December 2002, was needed to "show the government that it should change its economic and social policies" and employers, that they should give up on trying to liberalise labour laws.

Algarve 5-stars to double in 5 years

The Minister of Economy affirmed earlier this week that, over the next five years, it is the Government's intention to double the number of five star hotels in the region by ten.

During a visit to Vilamoura, the minister confirmed that, before the month of August, a further five luxury resorts would be inaugurated.

During the presentation of the new Hilton Vilamoura, which will be officially opened in July, Minister Manuel Pinho underlined the government's interest in helping projects of "very high quality", and confirmed that in August construction of the first of a five further five-star hotels will commence.

Minister Pinho also addressed the need for more professional training for employees working in these areas.

Lisbon City Hall going bankrupt?



According to a financial audit referring to the first quarter of the year, undertaken by the city hall and reported by *Radio Club Português*, Lisbon City Hall is reportedly in debt to its suppliers by an estimated 832 million euros, a situation that may point to financial bankruptcy. Already it has taken out a loan for 30 million euros to pay salaries.

By March 31st, 2007, the city hall's debt to short-term suppliers was 316 million euros, while medium and long-term suppliers were owed a staggering 516 million euros.

In total, the 832 million euros debt represents 90 per

cent of the city hall's 2006 takings, a percentage that, according to the survey, "evidently shows the seriousness of the financial situation".

Another sign of the city hall's bleak scenario is that three "very large" develop-

ments, in Alfama, Mouraria and São Bento, have been put on hold due to insufficient funds.

Furthermore, it has been reported that Marquês Tunnel has an outstanding payment of €3.5 million to the contractors.

Plummeting platform injures three

A 15-metre high suspended platform used for ongoing road-works on the North-South stretch of the Alameda das Linhas de Torres road, collapsed earlier

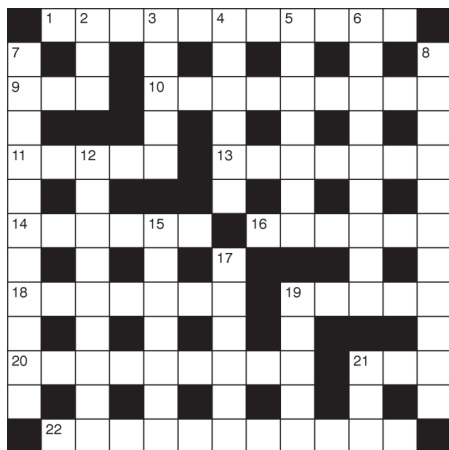
this week, taking down three workers with it.

A spokesperson for the INEM emergency medical response unit that was called to the scene con-

firmed that all three workers were left unconscious and rushed to the São José Hospital, though one of the three, a 46-year-old, was in a more serious condition and had to be attached to a ventilator.

Three ambulances also assisted the accident, the cause of which remains unknown.

The Portugal News Crossword No. 143



ACROSS

1. Barrenness (11)
9. Doze (3)
10. Height (9)
11. Unsuitable (5)
13. Plunder (7)
14. Interior (6)
16. Complete (6)
18. Copy (7)
19. Should (5)
20. Of one mind (9)
21. Beverage (3)
22. Reinstatement (11)

DOWN

2. Pinch (3)
3. Build (5)
4. Tramples (6)
5. Intrigue (7)
6. Garment-making (9)
7. Unwise (11)
8. Weighty (11)
12. Enchant (9)
15. Chronicle (7)
17. Pious (6)
19. Attack (5)
21. Also (3)

QUICK CROSSWORD SOLUTIONS No.142

Across: 1 Sort; 3 Splinter; 9 Revenue; 10 Panic; 11 Conventional; 13 Employ; 15 Tinder; 17 Nevertheless; 20 Reach; 21 Acclaim; 22 Greeting; 23 Mend.
Down: 1 Stricken; 2 Raven; 4 Pretty; 5 Improvidence; 6 Tankard; 7 Rich; 8 Under one's hat; 12 Presumed; 14 Prelate; 16 Strain; 18 Evade; 19 Drag.

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Ex-president of Lisbon council, Carmona Rodrigues, during his press conference announcing he will be running for the presidency again. See full story on page 9. (Photo: Inacio Rosa / Lusa)

Seaside walkway to be extended

As part of a five million euro investment, the walkway that presently connects São Julião de Barra to São João das Maias, will be extended to Paço d' Arcos, Oeiras Town Hall revealed this week.

Carried out by construction company Tecnovia, the project has been approved though remains without a starting date. It is hoped to be complete within a year and a half.

When complete, the walkway, which runs along the Torre beach to the São João das Maias fort, will be extended by 850 metres, therefore measuring 3.25 kilometres in total.

Lisbon tourism makes bigger contribution

It is estimated that this year revenue from Lisbon tourism will represent nine per cent of the region's overall Gross Domestic Product (GDP), which corresponds to a total of 5.4 billion euros. The figures were revealed by Lisbon's Tourism Association (ATL), which last Monday signed a new protocol of cooperation with the Ministry of Public works regarding the new airport, cruise ship terminal, and high speed train line. According to the ATL, the figures are the result of 139,000 jobs, of which 780-million euros was paid in taxes.

Mário Machado, president of the ATL, confirmed: "Lisbon tourism is responsible for at least 79,000 jobs directly relating to the tourism trade, in sectors such as hotels, attractions, the airport and airlines, etc. and for around 140,000 jobs in total". If current trends are anything to go by, they indicate that in 2017 tourism in Lisbon could be responsible for up to 190,000 jobs, and generate anything up to 10 billion euros of GDP.

Car plunges down subway stairwell

A passenger vehicle that spun out of control while circulating on the Avenida da República ended up inside the Lisbon underground.

The incident occurred at approximately 06h00 on Monday morning at the Entrecampos subway entrance, where the car became lodged before being removed

by PSP police.

Prior to crashing down the subway stairs, the car had crashed into two other passenger vehicles, causing injuries to another driver.

Even though no great damage was caused to the vehicle, both drivers were taken to the Santa Maria Hospital for observation.



Ségolène Royal, the pretty face of the Socialist Party in France, but the distinct loser in the presidential election on May 6, prophesized riots on the streets of Paris if Nicolas Sarkozy won. She most likely foresaw her own doom and sought to spoil the fun the night before she lost to Sarkozy's 53% majority. True, some cars burned near Bastille on election night and scattered clashes broke out throughout the country once the results were announced, but not many.

I arrived in Paris two days after the historic election.

"Did you see campaign posters all over Paris?" Maria, my Portuguese friend, asked when I returned home to Portugal.

"None," I said. "Only front pages from *Le Figaro*, *Le Monde*, and *Paris Match* with

Sarkozy's beaming face and the words "Le Président" underneath. Paris seemed to be breathing easier with the election over. During pre-election time, the tension was escalating as immigrants prophesized doom if Sarkozy won, and several of my Socialist friends feared they'd lose their cushy job benefits. But last week in Paris, I heard fewer doubts and more optimism than ever before. The streets seemed cleaner, except for dog poops that still litter even The Champs-Élysées, and people seemed ready for a new era of French politics.

"We're just glad it's over," said the owner of the newspaper stand near where I stay in the 7th arrondissement, only steps from the National Assembly. On a previous trip the owner told me she was going to vote for "La Femme" (the woman). "I changed my mind in the end," she said. "We need Sarkozy in France. We have to move on."

"We have to move on in Portugal, too," Maria told me when I related the details of my Paris trip. I asked her if there was a Sarkozy-type or an Angela Merkel-type in Portugal's political cache.

"No. Well, maybe Sócrates," she said. "But not really."

"Same old, same old," said my Portuguese colleague Marcos. "Sócrates is just as spoiled as the others." He continued, "Politics rarely change here. The wealthy hold the offices, reap the spoils from EU funding and graduate (or pretend to) from the nation's top schools." As I look at the number of vacant shops in Cascais and the numerous apartments for rent, I wonder how this country will begin to pull itself out of its economic lethargy. The café owner next door to where I live tells me, "The Portuguese don't want to change. They like the status quo. They're afraid of moving on."

I wonder how people can be afraid of change in a country with some of the lowest wages in the EU, some of the highest inflation, the highest IVA, soaring gas prices and EDP bills rivaling those in northern Europe. I also wonder how Cascais Shopping stays so busy (true, most people are eating, not buying); and who is driving all the Mercedes and BMW's that tear up and down the *autoestrada*; and how people here can afford to talk on their costly mobiles as frequently

Westheimer

as they talk to each other on the street, maybe even more.

Would a Sarkozy be able to help Portugal the way that he will be able to help France? Would he trim the excess of government employees, stimulate the economy with incentives for hard work and innovation, modernize the education system?

What makes a country ready for change? And specifically, what would make this country ready for a change? Most of the time I doubt it will happen here, that a Sarkozy-type would be voted in. But I for one, sure wouldn't mind if Sarkozy sent his double here to help pull this lovely country out of its chronic malaise. Otherwise, the younger generation better learn to speak Spanish before they learn Portuguese as the country seems to be slipping into their neighbor's fields and hands. Or else we'll have a country with the "best and the brightest" working elsewhere and returning to sunny Portugal only for sun and fun.

patwestheimer@gmail.com

Algarve is ready for summer 2007, says Civil Governor



Dr. António Pina



Dr. António Pina runs the Algarve for a living, although he would never admit as much. Recent reports suggest he may soon be swapping posts, changing his role as Civil Governor for that of President of the Algarve Tourist Board (RTA). Here, in an exclusive interview with **The Portugal News**, Civil Governor Pina talks about his career, summer in the Algarve, and spoiling his grandchildren.

An Algarvean through and through, António Francisco Ventura Pina was born into a "modest" family, the son of an accountant father, a descendant of Lagoa country folk, and a stay-at-home mother, whose family were Olhão fishermen. From an early age he felt that his vocation was to teach, to "dialogue with people".

Dr Pina went through all the motions of teaching - gaining work experience, being a poorly paid substitute teacher, until finally working his way up to become an inspector for the Ministry of Education.

This was a job he did for more than a decade, before moving on to be vice-president of an Algarvean municipality. In due course this was followed by a six-year stretch as Head of Regional Education, before Governor Pina took early retirement, convinced it was "a brilliant idea".

"I would wake up in the morning and think to myself 'what have I got to do today?' And then I would remember, 'I'm retired! I haven't got anything to do'. It was fun for about a year", he says wryly.

So after deciding he was "too young to retire", he founded the Olhão Rotary Club, which through its funds purchased a purpose-made van for the handicapped.

In 2004 he was approached with the proposition of becoming Civil Governor of the Algarve, which he turned down.

After being re-approached in January 2005, Dr. Pina once again declined the proposition and left to go on vacation to Brazil.

Upon his return the offer was repeated for a third time, and finally accepted. And so Dr António Pina initiated his role as Civil Governor on April 5th 2005.

In a nutshell, as civil governor, it is Dr. Pina's responsibility to ensure the safety and well being of all inhabitants and visitors in the Algarve.

Collaborating alongside other regional officials and authorities, civil protection plans are developed not only for cases of emergency, but also for everyday scenarios, including social welfare, education, and tourism.

Such plans were put to the test earlier this year in two separate incidents when aircraft had to make emergency landings at Faro airport.

In the event of a 'worst-case scenario', which is standard procedure, all emergency response units (which include GNR,

INEM, Firebrigades, PSP, and other authorities) were activated and on standby within minutes, covering land and sea. Despite being standard procedure, the units follow a finely tuned model that is constantly being revised and improved.

"During the first incident we discovered that there was a lack of communication that delayed the process by less than a minute. It is nothing serious, but even so, we cannot afford any delays or setbacks. The procedure was revised and in the second incident the model proved flawless".

A series of simulations, which may include a train crash or a large-scale road accident, are planned during the course of the year to keep testing the model.

Governor Pina further revealed that, in 2008, a study regarding tsunamis and the impact one would have on the Algarve is also to be released.

Since becoming Civil Governor, Dr. Pina has used his role to benefit various needy sectors. Gathering other prominent authorities he shaped the region's first ever specially adapted sports programme for the handicapped, as well as creating the 'PARES' programme for charitable institutions.

"The Algarve still needs more old people's homes and kindergartens", he says, but it is the poor, the unemployed, underprivileged families and the handicapped that are amongst his main concerns.

He discredits theories that spiralling immigration has anything to do with the all-time-high unemployment rates.

"In the same sense that the Portuguese emigrate to work in other countries throughout Europe, we have to allow others to come and work in Portugal. As long as people come with good intentions, to work, to settle, and to bring and care for their families, then I can't see a problem. We have always been known as an open people".

However, at present, finalising plans for the upcoming summer season is what occupies most of the governor's hectic agenda.

Summer fires are always a worry, though over the past few years, fire-caused devastation appears to have lessened. Every Wednesday the governor meets with a number of authorities to devise new measures to ensure that the fires continue to be controlled.

"The fires that were combated in recent years weren't fewer

than before, they were caught in time, and there is the difference. We know how to extinguish fires, vigilance is improving, we are mobilised, we are organised and we will do our best".

According to governor Pina and contrary to common belief, the worst fires are not ignited through arson, but by negligence; therefore raising awareness is a priority.

General public safety measures for the summer season are also currently being elaborated.

As happens every summer, police patrolling will be increased from the end of next month throughout the busy summer season until September. Besides making visitors feel safer, it also aims to prevent or at least deter various crimes that may rise during what is the busiest season in Portugal's most prominent tourist destination.

More GNR and PSP officers will be requested by the Ministry of Internal Administration, whose official figures will be released to the public next month during a conference, which was initially planned to be held in Lagos, but may now change venue "due to certain circumstances".

Presuming this referred to the disappearance of Madeleine McCann, we asked the governor his opinion on the toddler's disappearance; how he thought it would affect the region, and whether changes may occur in the Portuguese legal system.

"The Algarve is a safe tourist destination, and what happened in Lagos was a great exception", he answered.

"It could have happened anywhere in the world, but we cannot allow what happened to create a feeling of insecurity, because the Algarve isn't unsafe. No one lives in Paradise. Only Adam and Eve ever lived in Paradise and I don't think they really liked it. They made a quick getaway. However, it is one thing to live in Paradise, and another to live in hell, and the Algarve is far from

that."

So does Governor Pina think the case will affect the Portuguese legal system regarding child welfare?

"I don't know. Our cultural tendency is not to penalise, but rather to raise awareness. Ultimately it is the parent's decision".

Regarding the way the case is being handled, what is Governor Pina's overview?

"I think we need to take a more global view of how things are being handled and not discriminate how things are done in one particular country or another. In Portugal we may appear to be slightly paranoid about secrecy laws, but this is about the secrecy of an investigation. It doesn't seem to me to be such a good idea to put all of the cards on the table at this point. Especially concerning such a delicate matter. Sometimes secrecy is the key to successful business".

So what is the key to the Governor's success?

"I am very close to my family. They are my shelter. I try not to take my problems home, but sometimes I just can't switch off. It is a 24/7 job and my phone is switched on 365 days a year, even when I'm on vacation".

Even so, Governor Pina has his own ways of unwinding.

"I love to read, to go fishing and to travel", he says. "I am very fortunate because I have travelled extensively".

Prague, his favourite destination is Paris, but it is in his grandchildren that the governor finds his greatest escape.

"Like all grandfathers, I am a very proud grandfather. I think it is better than being a father. I am a father of two and have two grandchildren. As a grandparent, we don't have the worry or the responsibility of educating the children. Grandparents can 'un-educate' their grandchildren. We can be their 'partners in crime' in all the little wrongdoings they get up to. It's delightful!"

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	4						1	
8				2				7
3			2		1			9
		8				3		
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	8		3		7			6

Last weeks solution:

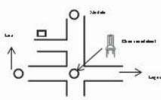
5	8	7	9	6	1	4	3	2
9	2	4	7	8	3	1	6	5
3	1	6	5	2	4	8	7	9
7	5	8	3	4	9	2	1	6
1	9	2	8	5	6	7	4	3
4	6	3	2	1	7	5	9	8
8	7	9	1	3	2	6	5	4
6	3	5	4	7	8	9	2	1
2	4	1	6	9	5	3	8	7

For **tips** on how to solve Sudoku puzzles, browse the **forums**, go to www.sudoku.com

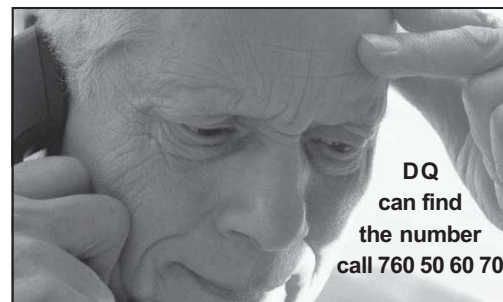
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MTV scours Portugal for new presenter



Trendy music channel MTV Portugal has in recent weeks been travelling the length and breadth of Portugal to find a new presenter. Its latest stop in Portimão, on Friday 18th May in the municipal arena, culminated with a mega party that went on until the early hours of the morning.

Following Ponta Delgada (Azores), Évora and Oporto, it was the Algarve's turn to shine, where some thirty hopefuls from all over the region turned up for their audition. The final stop was held in Lisbon's São Jorge cinema on May 25th.

It appeared to be a nerve-

wracking experience as the young men and women waited around for their turn in front of the cameras, which was witnessed by current video jockey (VJ) and jury member Diogo Dias.

Bruno Patrão, MTV Portugal's marketing and external relations manager explained, "We are looking for someone who is dynamic, enthusiastic, has a sense of humour and is a little irreverent". Bruno also confirmed that

MTV Portugal would also be hosting a series of exciting national musical festivals, as well as covering live the upcoming MTV European music awards 2007, this year being held in Munich, Germany.

Described as the 'best job in the world', the lucky winner will be joining Diogo in presenting shows, covering international events, and interviewing A-list celebrities.

Million-euro makeover for Portimão

Despite summer being just around the corner, Praia da Rocha, Portimão busiest tourist area, is to see more road works being carried out as part of a million-euro investment that aims to upgrade the face of Portimão.

Hoped to be complete by the end of the month, the works will include redirecting vehicle traffic around Praia da Rocha, redefining parking, resurfacing roads, and improving walkways and pedestrian accesses.

Bus stops have been relocated, and all roads and walkways down the main strip are being repaved with traditional Portuguese *calçada* cobblestone.

The tourist office is to move to a more central position, besides the Katedral disco, while its old premises, directly in front of the Jupiter hotel, will become a PSP police station.

Meanwhile, along the main strip and the V3 dual carriage-way, a video surveillance system is to be installed, which will be monitored by Portimão PSP.

According to the police, all footage will be destroyed after 30 days to "protect people's privacy".

Portimão's water network is to be replaced in its entirety, a joint project involving the City Hall, municipal water company EMARP, and waste treatment company ETAR. It aims to ensure that no more domestic waste is flushed into the Arade River, thereby eliminating the stench that has marred the entry to the city from the east via the EN125.

First 'Clean Party' in the Algarve



DeRose parties – otherwise known as 'clean parties' – are a concept that is presently sweeping the nation, devised by followers of the DeRose yoga method they aim to teach party-goers that drugs and alcohol are not necessary to have a good time.

The latest DeRose party, which bans all alcohol, smoking and drugs, was held last weekend in a bar in Faro and was attended by more than 200 youths.

Soft lighting, comfortable sofas and dance music, made up the 'clean' atmosphere, where those present could also nibble on sushi and enjoy alcohol-free drinks, such as Mango *Caipirinhas*, strawberry *Daikiris*.

The first 'Clean Party' in Portugal was held in Oporto's Casa da Música, in February.

Clean Parties follow the beliefs of DeRose yoga devotees, promoting the philosophy of clean, healthy living.

Organised by the University of Yoga, the gatherings aim to 'show people that it is possible to have a good time without vices, as well as showing that yoga followers are normal people, who enjoy going out at night and having a good time without needing drugs'.

Daniela Sousa, one of the event's organisers and a DeRose teacher explained: "We aim to

raise awareness amongst the general population that people who practice yoga are not alienated from the rest of the world and that it is possible to have fun without vices".

There are presently 14 DeRose yoga schools in Portugal, which have been established for more than 25 years and have over 3,000 pupils.

DeRose Yoga claims to be the purest form of Yoga and the truest to its origins.

Man presumed murdered found by wife

A 26-year-old man, resident in the Vila Paraíso urbanisation, Portimão, has been found dead by his wife, in their home, and is believed to have been murdered.

According to police sources, evidence is being analysed that



MTV Portugal's Marketing director Bruno Patrão.

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The Fog of War: Lebanon and Iraq

The fighting that began in northern Lebanon last Sunday (20 May) may drag the country back into a civil war, or it may not. It may be the result of a Syrian plot, or it may not. As a rule, if you claim to understand what is going on in Lebanon, you simply reveal the depths of your ignorance. And yet people do claim to understand it.



Palestinian refugees leaving the besieged camp of Nahr al-Bared in north Lebanon, wait in line as Lebanese soldiers check their identity papers, before they head for the adjacent refugee camp of Bedawi, 23 May 2007. A fragile truce that went into effect Tuesday afternoon after three days of violent clashes between the Sunni Muslim group Fatah al-Islam and the Lebanese army ignited a massive exodus of Palestinians from the refugee camp. (Photo: EPA/Nabil Mounzer)

White House spokesperson Tony Snow claimed to understand it on Tuesday. "We believe those behind the attack have two clear goals: to disrupt Lebanon's security and to distract international attention from the efforts to establish a special tribunal for Lebanon. We will not tolerate attempts by Syria, terrorist groups or any others to delay or derail Lebanon's efforts to solidify its sovereignty or to seek justice in the Hariri case." In other words, it is a Syrian plot.

The timing of the clashes is certainly suspicious. The Syrian government is deeply unhappy about the creation of a United Nations tribunal to investigate the assassination two years ago of former Lebanese prime minister Rafiq al-Hariri, because it assumes (quite rightly) that the tribunal will blame Damascus. So maybe it told its proxies to start a little war in northern Lebanon, to remind the Lebanese that they are playing with fire. But that's just one possibility.

Fatah al-Islam, the group that carried out a bank raid in Tripoli on 19 May and then got involved in a huge fire-fight with the Lebanese army the following day, is one of dozens of little bands of Islamist revolutionaries that have proliferated across the Arab world in recent years, taking al-Qaeda as their model. It probably has a couple of hundred members, and it is based in Nahr el-Bared, the Palestinian refugee camp just north of Tripoli.

But "refugee," in this context, is a misleading word. Sixty years after the creation of Israel, most

of the 40,000 people in Nahr el-Bared were born there, the children and grand-children of the original refugees.

They are lost souls living on fantasies of one day "liberating" Palestine, prey to any extremist ideology that comes along. Fatah al-Islam claims to have Lebanese and even Syrian and Saudi members as well, but the bulk of its membership is certainly Palestinians from the camp—and you don't need any foreign intervention at all to explain why some of the camp's young men might go crazy.

Maybe Syrian intelligence spotted them and decided they would be useful, and maybe not. But they are perfectly capable of creating this mess on their own. The Middle East is full of plots, but it is also full of freelance extremists with nothing to lose.

Which brings us to Iraq, where the United States has launched a major exercise in blame-shifting. Over recent days, American officials in Baghdad and in Washington have waxed eloquent (on a not-for-attribution basis) about Iran's key role in the troubles facing the US occupation forces. "Iran is fighting a proxy war in Iraq and it's a very dangerous course for them to be following," a senior US official in Iraq told Simon Tisdall of "The Guardian."

"They are behind a lot of high-profile attacks meant to undermine US will and British will, such as the rocket attacks on Basra palace and the Green Zone," the official continued. "The attacks are directed by the

Revolutionary Guard, who are connected right to the top (of the Iranian government)." Then he went on to say that Iran was not only supporting its traditional Shia allies in Iraq, but also "Syrian-backed Sunni Arab groups and al-Qaeda."

Meanwhile, back in Washington, a "senior administration official" let it be known that "Iran is perpetuating the cycle of sectarian violence (in Iraq) through support for extra-judicial killing and murder cells. They bring Iraqi militia members and insurgent

groups into Iran for training and then help infiltrate them back into the country." And the very heavens will fall if the wicked Iranians succeed in their nefarious scheme to drive US forces out of Iraq "prematurely."

It would be a "colossal humanitarian disaster." It would be likely to trigger a regional war that would draw in the Sunni Arab Gulf states, Syria and Turkey. Indeed, it might awaken Godzilla from his long sleep and unleash him on the unsuspecting peoples of the Middle East.

I made up the last bit, actually. But I didn't make up the rest, and yet there is no particular reason to believe that any of it is true. We are offered no evidence for all of these accusations and predictions, some of which seem highly improbable, like the allegation that Iran is getting cozy with al-Qaeda.

Other bits might be true, but then again, as in the Lebanese case, they might not be. And there are strong grounds for suspicion, since this whole story-line about Iranian intervention so obvi-

ously serves the purposes of the Bush administration.

The big question is whether it is just another attempt to explain away the US failure in Iraq, or whether it is part of a campaign to prepare the American public and international opinion for a US attack on Iran. We will find out in due course.

Gwynne Dyer is a London-based independent journalist whose articles are published in 45 countries.

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Quilting Camp and a Success Story



The directions I had were: go past the restaurant "A Ponte", go straight to the first roundabout, go right around like going back toward "A Ponte", and I will immediately see a gravel patch on the right, park there and go down the ramp located behind a white fence.

I was not so sure what kind of antique dungeon I was going into, especially on such a nice and warm sunny day, April 27th, day 2 of the 3 days quilting camp. When I walked through the doorway, my face must have dropped a mile, and I remained speechless for several minutes, the world above undoubtedly unaware of all this activity underground.

The place looked like a very well established and orchestrated command post. Nobody could have guessed that it was a temporary set-up. It is true that the space normally is used for activities by the Riverside Church, not for sewing. Here we had many machines including 5 very sophisticated Berninas (sewing machines in case guys are reading the article) kindly provided by Mário Felizardo the Bernina dealer of Casa Felizardo in Caldas

da Rainha, ironing boards, irons and cutting equipment. The adjacent room was organized to provide breakfast, lunch and supper (brilliantly coordinated by Trudi Woolston). Two different projects were taught and participants could choose one or both of them. Alternatively, they could work on something brought from home.

Quilting is virtually unknown in Portugal. This particular IWP group (IWP: International Women in Portugal) started with only 5 people back in September 2004 shortly after Angela Whiston moved here. Initially it branched out of the IWP craft group held at St-Paul's church in Estoril. The group more than doubled in size shortly after the 2006 IWP activity fair, and it has been growing ever since. It has now 24 regulars meeting weekly



Some of the quilting group with samples of their work

at Angela's house.

The quilting camp idea started to take place when Vicki Miles arrived, as she had experienced

this very popular activity in the United States. With the well known dynamism of Angela, this new idea from Vicki, her connection with the Riverside church, the contributions of Casa Felizardo, The Cotton Patch in the UK, Parque dos Tecidos in Cascais, Arco-Iris a Metro in

Almada, and of Colgate and JCB all made it possible.

In fact the event has been such a success that they are planning to do another in the fall. This bright location will also possibly become the permanent home of the quilting group. Because of its growth, it is getting increasingly

difficult to manage this kind of activity in a private home.

Congratulations to Angela, Trudi and Vicky for their initiative!

Don't miss the IWP Car Boot Sale, May 26th, St-Julian's school parking lot, from 12.00h to 15.00h.

Algarveans hold AGM

Several interesting things were agreed on May 14th at the Annual General Meeting of the Algarveans Experimental Theatre Group, held in Portimão.

All the members were delighted to see their President Sue Bickerdike back on her (albeit still wobbly) feet after a prolonged and serious illness - once again able to express her pleasure at being amongst her fellow thespians and again doing the job she loves to do.

Her annual speech was full of praise for all the hard work the members have done and for achieving not only a well received evening of drama in the Autumn of 2006 with 'Dish of the Day' involving a large number of new and younger members but of course also achieving yet another successful Pantomime in February of this year. 'Scheherazade's Greatest Hits' was the most glamorous and well costumed

pantomime the Algarveans have achieved to date.

As the financial state of the group is still a healthy one it was decided to continue donating funds to charity but an amendment was passed which will allow funds to be spread over a broader spectrum. For the last two years money has been provided to further the arts. In the first year musical instruments including an accordion, were given to the 'Lar Bom Samaritano' so that their young people could form a band. This was a huge success and brought much joy to many. Last year the donation went toward the mentally and physically impaired of the 'Santa Casa de Misericórdia' in Albufeira where musical instruments of a more simple and very noisy nature likewise brought enormous pleasure to a group of people who rarely receive much joy in their lives. A karaoke machine with CD's was

also bought for the teenagers in the home and should give them plenty of fun.

This year's amendment to the Algarveans constitution will broaden the charity aspect of the group so they are no longer limited to 'furthering the arts.' It was voted and approved that from this year donations can be made to registered charities that help the local community. Several are under consideration by the direction committee and the name or names of the recipient(s) will be announced shortly.

The final happy note of the evening was the awarding of the annual award for outstanding services to the Algarveans - which this year went to backstage doer of all things Mr Gordon Ackerman.

Anyone wanting to join the Algarveans should contact membership secretary Jackie Major on 282 687 410

And the winner is...

Held by the All Saints Anglican Church, a prize draw for a BA flight to the UK was a main attraction at the International Algarve Fair, which hundreds of hopefuls kept their fingers crossed for.

And the lucky winner was Wendy Webb, of Loulé, whose name was drawn on a sunny Sunday afternoon and who will soon be enjoying a free flight with BA, from Faro to Gatwick. Bon voyage!



BA flight winner Wendy Webb receives her prize from Natasha Luckman of Standing Ovation at the International Algarve Fair.

Come and join us for

Pentecost raise

An Evening of
Praise & Worship

with contributions from
Churches Together in the Algarve

led by Rev'd Eric Britt
with All Saints Music Group

7.00 pm
Saturday 26th May

at the
International Evangelical Church
in Vale Judeu
(along the EN125 near Vilamoura)

Kanu, blissful body care



For the first time ever in Portugal, Polish beauty product company Kanu have introduced their unique range of products based on 100 per cent natural ingredients at the International Algarve Fair. Looking and smelling good enough to eat, the range aims to allow everyone to feel fresh, young, and beautiful.

Made by vegetarians, using exclusively natural ingredients, the products are not tested on animals and contain no synthetic preservatives or toxic chemicals whatsoever.

They are stunning to look at and smell good enough to eat.

Natural lemongrass or clove soap, rose, Siberian fir, or Monoi of Tahiti bath oils, orange, chocolate and coffee, grapefruit and cranberry, mango and marigold, or mint and eucalyptus peeling treatments, and fizzy vanilla bath powders are but a few of the tantalising concoctions that can be used in your daily beauty regime.



L-R: Júlio Soares with wife Margaret, and Kanu founder Matthew Prezebierala.

Each product has a specific purpose, whether revitalising, invigorating, or relaxing, and is aimed at a specific skin type.

Polish entrepreneur Matthew Prezebierala founded Kanu, a result of his extensive travels. Establishing his own business and manufacturing his own products has long been one of Matthew's life goals, so he incorporated a

range of exotic ingredients he discovered on his voyages to produce unique, sumptuous, handmade products.

Operating since 2000, Kanu is brand new to the Algarve market and is being exclusively distributed in Portugal by Loulé based couple Júlio and Margaret Soares.

For more information, contact: (+351) 933 136 665, or see website: www.kanu.com.pl.



Perfect Living – a complete lifestyle concept



Opened just last week in Lagoa's Industrial Park, Perfect Concept offers an interior design consultation and retail service that is second to none. If it is a perfect home interior you are looking for, then visit Perfect Living.

Established by friendly Dutch couple Wim and Trudie, the spacious Perfect Living showroom is packed with beautiful and unusual furniture, all of which is imported from Holland and Sweden.

Prices are kept as affordable as possible, all furniture is guaranteed, and up to 50 per cent of all items that are on display are also kept in stock and readily available.

The couple moved to the Algarve six months ago after holidaying in the area for a number of years. With over 30 years experience in interior design and furnishing, they decided that there was still a niche for quality furniture at affordable prices. And so Perfect Living was born.

Inside the showroom visitors can see complete life-size models of living areas, carefully styled with furniture, soft furnishings and accessories.

Vases, cushions, throws, coffee tables, boxes, and hundreds of other decorative items pack out the showroom, whilst large pieces of furniture include beds, sofas, dining tables, wardrobes, shelving units, and desks.

Perfect Living offer complete packages for bedrooms, dining rooms, living areas, studies, and other home interiors, in all styles, including contemporary, country, and warm, classic fashions, amongst others, to make your home individually elegant and welcoming.

Expert advice and décor consultations are offered, either in the showroom or clients' homes. Furthermore Perfect Living work in close collaboration with soft furnishings, so tailor-made curtains and other customised textiles can also be provided.

For more information, contact Perfect Living on: (+351)

282 342 266, fax: 282 342 264, or you can e-mail them at: info@perfectliving.pt.

Alternatively, see website: www.perfectliving.pt, or visit the showroom in the Lagoa Industrial Park (opposite Sofa VIP, visible from the EN125), open Monday – Friday, 10h00 – 19h00, and Saturday 10h00 – 13h00.



Perfect Living's Trudie (left) and Wim.

Regarding last week's editorial on 'Inspirina', the correct mobile phone number is: (+351) 916176002.

We apologise for any inconvenience this may have caused.

Jazzy feet and fabulous footwear



Shoes & Cards 4U has long been setting the pace for children's footwear. As one of the Algarve's first kiddie-shoe specialists, as well as offering expert measurements and practical shoes for school, the store now stocks a range of leading names, many of which can be seen gracing the feet of celebrity children.

Long gone are the days when patent leather shoes were considered smart.

If you read glossy magazines, at one point or another you may have come across the name 'Lelli Kelly' – currently the 'in' label of choice for young fashionistas. Made from materials like leather and canvas, the shoes have innovative breathing holes and 'Dryz' in-socks to keep feet dry and healthy during summer.

Sporting incredibly beautiful designs, the gorgeous shoes are embellished with diamantes, sequins, flower motifs, etc, available in any number of colours and materials, whilst the range comprises both closed and open toe shoes, as well as sandals.

Other trendy labels include Fiorucci, Pom D'Api, M Kids, and, of course, Start Rite, the only company to make shoes in whole and half sizes, and in up to six width fittings.

With impeccable fit, stylish good looks and superb quality, Start Rite shoes cater for feet from newborns to early teens, for both boys and girls, and offer a superb range of school footwear.

Also included in the beautiful new Spring/Summer collection are a range of boys' sandals custom-designed by Pia Cross, owner of Shoes & Cards 4U, as well as pumps, plimsolls, groovy zip-up boots, trendy trainers, and slippers.

The shop is now packed to bursting point with more than 1,000 pairs of shoes, all of excellent quality and purpose made for growing feet.

It also stocks hundreds of lovely, unusual gift ideas for children, from wrapping paper to party invitations, party accessories, key rings, pencil cases, sparkly purses and shoulder bags for little princesses.

Cards for all occasions complete the stock (don't forget it is Father's Day in the UK on June 17th).

Pia Cross can expertly measure and fit your child's feet in length and width, and has recently seen her shop's collection grace catwalks throughout the Algarve, after participating in fashion shows at the International Algarve Fair earlier this month, with children's clothes designers Pretty Chicks and Ticketyboo, as well as at the A Colina Hotel in Almancil's Ludo valley. For more information, contact Shoes & Cards 4U on: (+351) 289 358 014, mobile: 933 326 471, or visit the shop in Almancil, open Monday – Friday, 10h15 – 13h00, and 14h00 – 17h30.



Exeter Friendly Society – creating more friends in Portugal



The term 'Friendly Society' may seem a little old fashioned these days, but Exeter Friendly Society has harnessed all the benefits that this brings and applied modern business management processes and highly technical back office support systems to deliver an affordable range of products to meet the needs of customers both here and in over 100 countries across the world and still continue to maintain the all-important personal touch - their telephones are answered by people during office hours!

Specialising in individual private medical insurance since 1927, long before the National Health Service was introduced, Exeter Friendly Society has become renowned for its expertise and quality of service.

They are constantly receiving accolades and recommendations from satisfied customers and in fact, a third of all their new members join as a result of recommendations from friends and colleagues.

That is why they strive to maintain and consistently improve their very high standards of service, which aim:

- to respond to applications for policies, or to amend cover within 5 working days
- to process properly presented, eligible claims within 10 working days
- to respond to correspondence and any other policy queries within 5 working days.

The Society has a range of plans to suit the needs and well-being of their members all over the world. For those living in Spain and Portugal,



the Interplan Euro and Interplan Worldwide are probably most relevant. They are 'Age on Entry' plans, meaning the age you join is the age you stay. Premiums will not increase as a direct result of increasing age, even though the likelihood of requiring treatment will be higher as members get older.

Interplan Euro
A plan designed primarily for persons living in Spain or Portugal

and also for those who reside in more than one EEA country, where all benefits and premiums are payable in Euros.

Interplan Worldwide
An affordable plan that provides a choice of benefit levels relevant to the country of residence.

For more information about Exeter Friendly Society and the various types of medical cover, contact Freephone 800 2 46 8 10.

PROPERTY

An 11 page weekly guide to the latest and the best properties on the market in Portugal • The *Portugal News* • 26 May 2007

PROPERTY OF THE WEEK

Enchanting Espinhal



Located in a charming woodland setting near the village of Espinhal, near Coimbra, central Portugal, where peaceful tranquillity and stunning mountain views prevail, future owners of this unique property will be able to escape the hustle and bustle of daily life, to a retreat where chaos and concerns fade into oblivion.

Large patios and pretty gardens including a jacuzzi of modern design make up the 250 square metres that surround the expansive cottage.

The front door opens into a baronial hall and dining area. High ceilings are immediately striking, as are the bright, airy

rooms and terracotta-tiled floors that contribute to the feeling of space.

To the left of the hall is the first of four bedrooms – an ensuite master bedroom – a beautiful room with a focal marble fireplace and patio doors leading onto a balcony that boasts

suberb southern views.

A pine staircase from the hall leads down to two further double bedrooms and a door to the garden.

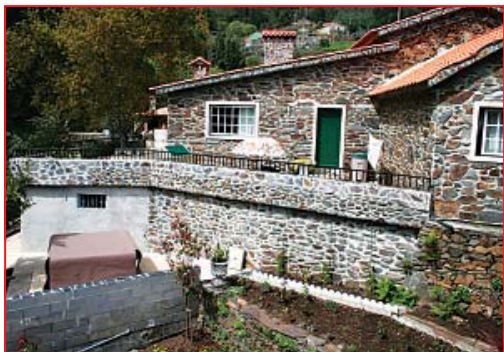
Also from the hall is the large family bathroom with his and hers wash basins set in a marble surround.

Off to the right is the sitting room with a marble fireplace and a wood burning stove.

A decorative feature stone



This beautiful stone cottage boasts a large area of ground that saunters towards a small stream.



Large patios and pretty gardens including a jacuzzi of modern design make up the 250 square metres that surround the expansive cottage.



ground below the house that saunters towards a small stream.

For more information, contact Elly Van Hulst Real Estate

on: (+351) 289 842 992, fax: 289 842 986, or e-mail: ellyvanhulst@mail.telepac.pt.

Alternatively, see website: www.property-runner.com.



The traditional stone is a beautiful feature throughout the house.



Peaceful tranquillity and stunning mountain views surround this unique property, where the hustle and bustle of daily life fades into oblivion.

staircase leads to a beamed double bedroom, again en-suite, and also has a door to the outside and a marble fireplace.

The spacious farmhouse-style kitchen with an inglenook fireplace and wood-burning stove is separated from the sitting room by a distinctive stone arch, natural stone being a traditional feature throughout the house.

Two kitchen doors lead out onto a vast wrap-around patio that has a barbeque, a high, curved stonewall and a pair of double gates to the outside. Steps lead down to another large patio and the garden.

The property benefits from its own well that never runs dry, a very useful tool room, and a playroom/storage room that are accessed from the lower patio.

There is also a large area of



The front door opens into a baronial hall and dining area.



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Vilamoura

Apartment situated near all facilities composed of 2 bedrooms, bathroom, lounge, equipped kitchen, storage and large terraces. Construction area - 93 square metres.

Ref: A1180 Price: € 150,000



Vilamoura

Spacious 3 bedroom apartment composed of 2 bathrooms, lounge, kitchen, storage and terrace with sea and garden views. Parking space in the basement. Furnished and equipped. Construction area - 119 square metres.

Ref: A1098 Price: € 250,000



Vilamoura

Beautiful semi detached villa composed of 2 bedrooms, 3 bathrooms, lounge w/ fireplace, dining room, kitchen, basement and 4 terraces. Barbecue, swimming pool and garden. Furnished and equipped. Golf view. Plot: 200sqm. Constr. area: 160sqm.

Ref: V12482 Price: € 390,000



Loulé

Country villa composed of 3 bedrooms, 2 bathrooms, lounge w/ fireplace, dining room, kitchen, storage and various terraces. Carport and warehouse with 20 sq.m. Furnished and equipped. Plot area - 1.050 sq.m. Construction area - 197 sq.m.

Ref: V12490 Price: € 400,000



Vilamoura

Situated in a quiet area, villa composed of 4 bedrooms, 2 bathrooms, lounge and dining area with fireplace, kitchen, 2 storages and terraces. Basement and carport. Swimming pool and garden. Plot area: 740 sqm. Constr. area: Approx. 120 sqm.

Ref: V12485 Price: € 775,000



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Fuzeta

Renewed 1 bedroom village house, w/ possibility to build on the 1st floor... W/ huge terrace... Close to all amenities, walking distance to the water... Fantastic price! Great opportunity!

Price: €150,000,00 / Ref.: MG-VIV-0082 Call: 917 787 582



Olhão

3 bedroom townhouse with private carport, front and backyard, BBQ and terrace. Great location! Excellent price!!!

Price: € 180,000,00
Ref.: MG-VIV-0083
Call: 917 787 582



Fuzeta

2 bedroom village house, with patio/parking and roof terrace. Close to all amenities, walking distance to the water... Fantastic price!!! Great opportunity!!!

Price: € 195,000,00
Ref.: MG-VIV-0081
Call: 917 787 582



Armonia Island

A unique opportunity to own a unique property!!! A 2 bedroom house located on Armonia Island... Totally renewed!!! Fantastic sea views...first line!!

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Call: 917 787 582



Fuzeta

2 bedroom townhouse with 1 bedroom apartment...very well located, with yard and roof terrace. Sea Views!! Excellent business opportunity!!

Price: € 235,000,00 Euros
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East Algarve - Selected Properties in Tavira and Olhão



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8125-479 Vilamoura



Vilamoura

An attractive, well maintained detached 4 Bedroom villa only 2 mins walk to the "Old Village". The house has the benefit of double glazing, heating, air conditioning and garage. The pool is set in a beautiful terrace area with BBQ. Perfect for outdoor living.

Price: €595,000 / £410,000



Vilamoura

Ground floor 2 bedroom apartment located near the Tennis Centre & within 15 minutes walk of the Marina and all amenities. The complex is well maintained with its own snack bar. The apartment comes fully furnished with air conditioning.

Price: €185,000 / £127,000



Vilamoura

Luxury 3/4 Bedroom luxury villas next to the "Old Course". The villas are luxurious & offer highest quality of finishing's & fixtures. Large garage & basement area suitable for a further 4th Bedroom or Games Room. Property also has a large communal swimming pool.

Price: €590,000



Vilamoura

Beautiful 3 Bedroom / 2 Bathroom detached villa with magnificent golf views. The villa has a private swimming pool in landscaped gardens and is situated in a peaceful location within walking distance of the "Old Village" and its amenities.

Price: €690,000 / £475,000



Vilamoura

4/5 Bedroom detached villa with landscaped gardens, private BBQ courtyard, sun terrace and swimming pool. Located in a quiet residential area, this villa offers the perfect holiday home or permanent residence.

Price: €695,000 / £479,000

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São Brás de Alportel

- Attractive cottage
- Garden with orange trees
- 2 bedrooms, 1 bathroom
- Large garage & storeroom
- House 150m², plot 4500m²
- Cisterna - convert to pool

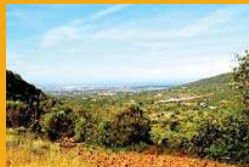
Ref. C418
Price: € 265,000



Loulé

- Spacious new villa
- Lovely views
- 4 bedrooms, 4 bathrooms
- Villa 222m², plot 2400m²
- Basement / garage 153m²
- Pool & terrace

Ref. V851
Price: € 680,000



- Central / East Algarve
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- To over € 2.000.000

See:

www.property-runner.com



São Brás de Alportel

- Attractive villa
- Spectacular views to sea
- 3 bedrooms, 2 bathrooms
- Pool 10m x 5m + terrace
- Villa 220m², plot 4595m²
- Furniture included

Ref. V761
Price: € 425,000



São Brás de Alportel

- Bright traditional cottage
- 3 bedrooms, 1 bathroom
- Many original features
- Country views
- House 105m², plot 700m²
- Walled garden with ruin

Ref. C903
Price: € 140,000



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VILAMOURA - GOLF

REF: EA61661

Brand new two-bedroom apartments in a private complex with indoor & outdoor pools, garden, gym, kids play-ground, tennis court, parking and storage. Near several golf courses. Sold fully furnished and equipped. Excellent letting potential.

Prices from: € 241.400



VILAMOURA - GOLF

REF: A71823

Ground floor 2 bedroom apartment excellently located inside the Millennium/Laguna Golf Course in Vilamoura. The complex comprises of just 12 apartments with communal garden and swimming pool. Furnished and equipped. Excellent investment.

Price: € 287.000



VILAMOURA

REF: A61613

2 bedroom converted into three bedroom apartment located near the Marina & beach. Excellent location, within walking distance to marina & Falesia beach, approx. 10 mins walk. Communal garden with swimming pool. Large South facing sun terrace.

Price: € 275.000



VILAMOURA

REF: A61680

Ample 2 bedroom apartment excellently located in private complex within 10 minutes walk to the Marina and the beach. Complex with large landscaped gardens and communal swimming pool. Furnished and equipped. Private garage. Investment opportunity.

Price: € 260.000



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Vale Formoso

Fabulous four bedroom villa with magnificent sea views, w/ 4 bathrooms, cloakroom, living room w/ fireplace, further sitting room, dining room, fitted kitchen, tastefully furnished, alarm, A/C, pool, garage, extensive garden. Built area: 580m²
Ref. VF1 Price: £ 1.300.000



Albufeira

Countryside farm house w/ 5 bedrooms, 4 baths, sauna, living/dining w/ fireplace, BBQ, open plan kitchen, central heating, wine cellar, wooden oven, alarm system, landscaped garden, 12x6m pool, Jacuzzi, Stunning mountain and sea views. Plot: 13.700m²
Ref. PA1 Price: € 990.000



Carvoeiro

3 bedroom luxury villa at Clube Atlântico w/ 3 bathrooms en suite, cloakroom, living room w/ fireplace, dining room, TV room w/ fireplace, fully furnished, equipped kitchen, laundry, A/C, heated pool, BBQ in roof terrace, store rooms, garage, landscaped garden. Plot: 1380m²
Ref. CARV19 Price: € 1.250.000



Salinas Country Club

2 Bedroom terraced villa located in a quiet area of Quinta do Lago, with entrance hall, 2 en suite bathrooms, cloakroom, fitted kitchen, living/dining room, tastefully furnished, A/C. Small landscaped garden, roof terrace w/ partial views of the Ria Formosa.
Ref. SCC4 Price: € 515.000



Salinas Country Club

2 Bedroom terraced villa located in a quiet area of Quinta do Lago, with entrance hall, 2 en suite bathrooms, cloakroom, fitted kitchen, living/dining room, A/C, small landscaped garden.
Ref. SCC2 Price: € 475.000



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Urbanização Marlin (Tavira)

Beautiful 2 levels Villa w/ 215m² building area implanted in a 300m² corner plot. Ground floor: Double living room, kitchen w/ storeroom, WC & garage. 1st floor: 2 suites, wardrobes, air conditioning & spacious terraces w/ nice sight over town & sea.
Ref: 1596 Price: €295.000



Foupana (Olhão)

Housing located in calm and agricultural zone. It has 7 bedrooms, 2 living rooms, 3 kitchens and 4 bathrooms, separated in 2 independent houses. In the garden there are some typical fruit trees, BBQ, a laser area and 2 swimming pools.
Ref 1644 Price: €575.000



Quinta do Brejo (Olhão)

V4 housing composed of 2 floors. Ground floor: bedroom, living room with fireplace & aquarium inlaid in the wall, bathroom and kitchen. 1st floor: 3 bedrooms and a suite. In the garden it has a garage & green spaces with a lake.
Ref: 1647 Price: €297.500



Brançanes (Olhão)

3 bedroom villa w/aprox 200sqm building area & 500m² plot in residential area. Hall, office, semi equipped kitchen, living room w/ fireplace, bedroom & bathroom in gr. floor. 1st floor: En suite bedroom w/ large terrace & 2nd bedroom w/ terrace, bathroom, access to roof terrace. Garage, BBQ area.
Ref: 1665 Price: €275.000



Maragota (Olhão)

Luxury Villa which possesses 2 enviable particularities: Splendid view over the sea and excellent localization: In front of a golf complex.
Ref: 1669 Price: € 1045.000



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Apartment - Cabanas

High quality 2 bedroom apartment on top floor (2nd) w/ 40m² terrace + 31m² roof terrace w/ lovely sea-view in new urbanization. 4 swim.pools, walking distance to Cabanas w/ its beautiful lagoon, shops, bars & restaurants. 1km from Benamor golf course.
Ref: EA 001 Price: € 225,000



Neighbourhood Luz de Tavira

Very attractive and comfortable 3 bedroom, 2 bathroom villa, on ground and first floor, with pretty garden of 585 m², built 6 years ago, situated in the neighbourhood of Luz de Tavira, 5 kms from Tavira in a pretty green area.
Ref: EA 002 Price: € 330,000



Neighbourhood of Altura

Semi-detached 3 bedroom villa with converted loft and garage on a plot of 308,25 m² with liner swimming pool, built in 1992 situated approx. 2 kms from the beach, 1 km from Altura and 5 kms from various golf-courses.
REF: EA 003 Price: € 330,000



Villas - Manta Rota

2 bedroom villas nearing completion consisting of ground, first and second floor, with pre-installation for air conditioning, back patio with BBQ, garage and access to swimming pool (10 x 6 m), within walking distance to the beach and village.
Ref: EA 004 Price: € 235,000



Neighbourhood Altura

High quality 3 bedroom villa with 2 bathrooms (one with sauna), prepared for air conditioning, with salt system swimming pool, surrounded by 450 m², situated within an urbanization, 2 kms from the sea and 1 km from Altura.
Ref: EA 005 Price: € 370,000



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Tastefully decorated modern villa w/ 4 large bedrooms, 3 bathrooms. Beautiful and mature gardens w/ swimming pool. Property is located in a sought-after residential area, marvelous views. Constr. approx. 250m², plot 5000m².
Ref: LHV-930 Price € 875.000



Tavira

Bright 2 bedroom / 2 bathroom townhouse on elevated position offering stunning views over Tavira and ocean. Communal pool and gardens. Loft can be converted into 3rd bedroom with bathroom.
Ref: LHT-824 Price: €267.000

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Ref: LHV-910 Price: € 380.000



Cabanas de Tavira

Well presented 3 bedroom / 2 bathroom Townhouse with communal swimming pool close to all amenities and beach. Lovely location and in excellent condition. Very good price. Covered area approx. 112m², built in 1997.
Ref: LHT-798 Price: € 285.000



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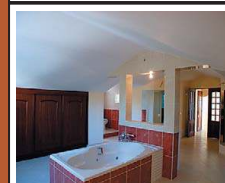


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Carvoeiro

Townhouse in quiet area, close to village centre & Centianes beach. Spacious 2 bedrooms w/ own balcony, 2 bathrooms, lounge/dining room, equipped kitchen, storage area, roof terrace. Space for 3rd bedroom. Covered carport. Communal swimming pool.

Ref. A-207

Price: € 235,000



Pestana Golf & Resort

Luxurious townhouse in peaceful location. 2 bedrooms, 2 bathrooms (1 en suite), lounge/dining room, equipped kitchen. Communal sw.pool. 24-hour security. Central heating. Sat-TV. Close to beaches & Carvoeiro centre. Golfing rights. Furnished.

Ref. V-327

Price: € 299,000



Carvoeiro

Villa on a small plot, good location with easy access to the village. 3 bedrooms, 2 bathrooms, equipped kitchen, lounge, dining area, garage. Space for swimming pool with permission to build. Realistic price.

Ref. V-345

Price: € 365,000



Carvoeiro

Spacious luxury villa close to the village centre. Excellent rental return. Easy to maintain, low running cost. Tastefully furnished. 3 bedrooms, 3 bathrooms, lounge/dining room, spacious kitchen, swimming pool. BBQ area.

Ref. V-344

Price: € 405,000



Porches

Rustic villa in secluded location set in plot of 25,000m2. 4 bedrooms, 5 bathrooms, lounge/dining room, equipped kitchen, garage, swimming pool. Large variety of trees. Bore hole, cistern, 3 apart. 600ltr solar heated.

Ref. V-330

Price: € 1,090,000

An opportunity to acquire a large property set in 10,000 m2 of garden, some parts of which are over 120 years old. Mostly refurbished to a very high standard, this house will make an excellent family home with the added advantage of superb office facilities for anyone wishing to work from home and also have an additional income from the on-site holiday cottage.

The property boasts two large entertainment terraces, a Chef's dream of a kitchen with granite worktops throughout, a large relaxing dining room, a fully air conditioned lounge with satellite TV, a superb air conditioned four room master bedroom suite also with satellite TV, several

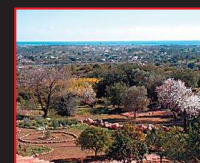
other bedrooms, a library, sewing room, laundry room, study, workshop, garden room, store-room etc. In total nearly 600 square metres of covered area. The office suite is air conditioned and fully wired with separate telephone, fax and ADSL broadband all networked to the adjoining office reception area. The holiday cottage offers a lounge/diner/kitchen and a double bedroom with en suite shower and toilet, a sun terrace and pool located outside the cottage door. The garden contains numerous fruit trees including oranges, lemons, grapefruit, apricots, figs, olives, almonds and carobs with an irrigation system covering most of the grounds.

This is a very comfortable property ready to move into, but still with enough scope left to put your own mark on it and all for only €895,000.

For a more detailed colour brochure or to arrange to view please contact either Trevor on 917 010189 or Frances on 916 859898



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Monte Judeu, Algarve

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Loulé, Algarve

Restored country house in secluded location North of Loulé, with 3 bedr., office, living room (f/place), equip. kitchen, pool, c/heating, air-cond., double glazing, SAT TV, etc. Sizes: 3,760 m² & 250 m². Ref.: 1001-309



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BOLIQUEIME

Well situate 2 bedroom villa in a central, but calm zone. Excellent opportunity with the furniture. Excellent for investment or as permanent residence. PRICE: €215,000.

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Montechoro - townhouse 100m², fully furnished, TV, SAT, new renovated with double glass windows, air-con., heating, 2 bedr., 2 bathr., garden, BBQ, shared pool. Ref.: 120561054-62



Canais-Ferreiras, Albufeira. Country house plus apartment. 4 bedrooms, 4 bathrooms, pool, BBQ, garage, excellently situated. Sizes 792m² - 238m². Ref.: 120561056-2



Montechoro - Albufeira. Perfectly situated 1 bedroom apartment (condominium) with pool and generous garden, 68m². Ref.: 120561056-21



Algoz - Silves. Attached corner-house, 2 bedrooms, 2 bathrooms, living room with fireplace, fully equip. kitchen, storage, garden and terrace - 100m². Ref.: 120561056-7

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VILAMOURA: 2 bedroom apt1 en-suite, 2 baths, totally furnished and kitchen fully equipped. Private garden with 30m w/ direct access to the condominium garden and swimming pools. 1 car garage. Quiet area with the Millennium golf on your backyard. South-facing. Feels like you're in a villa. Price: €225,000.



VILAMOURA: 2 bedroom duplex apartment, furnished, equipped kitchen, air conditioning, wooden floors. Private 40m² garden facing the Millennium Golf Course. Swimming pool. Garage and storage-room. Price: €245,000.



VILAMOURA: Large 2 bedroom duplex apartment with equipped kitchen, air conditioning, living-room with fireplace, close to the Millennium golf course. Condominium with nice garden area, swimming pool, garage for two cars and storage. Price: €244,000.

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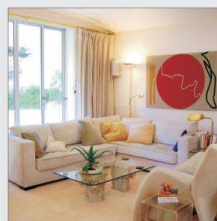
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Finest Real Estate Cascais - Algarve



Cascais (centre): Small oasis in the centre. 3 bedrooms, 2 bathrooms, condominium with swimming pool, livingroom with 50 sqm, suite with 29 sqm, lots of light, view to the park and green surroundings. ID-No.: 1107365 . € 480.000 . AMI 7278



Loulé (Goldra de Baixo): Lovely country house on a big estate with pool, garage and tennis court. 3 bedrooms, 3 bathrooms, several storage rooms, approximately 283 m² of living area and 13.224 m² plot. ID-No.: 1094749 . € 870.000 . AMI 7431



Albufeira (Branqueira): Rustic furnished Villa in quiet area, pool, sea views, 2 bdr, 1 en-suite + dress-room, more 2 shower units. Near Beach M^o Luisa and Albufeira centre. Potential to build more divisions. ID-No.: 1113601 . € 475.000 . AMI 7090

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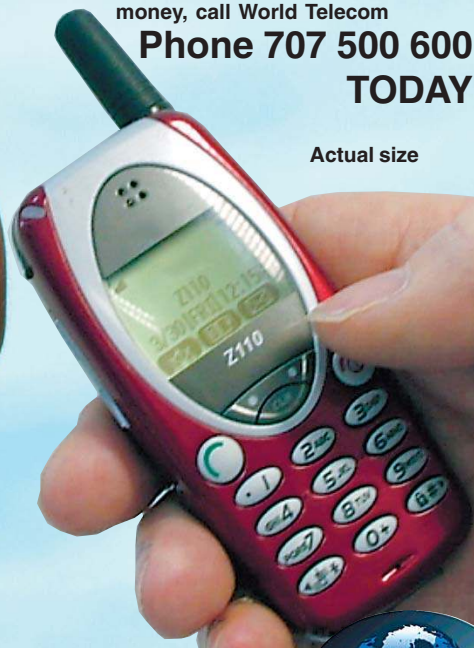
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A hive of activity at Chelsea



The buzz word at this year's Chelsea Flower Show in London is bees, with many exhibitors featuring planting which is attractive to these important insects.

Studies show that bumblebees, which rely on certain plants for their survival, are declining in the UK due to habitat alterations, climate change and industrial farming. Three species of the insect have become extinct in Britain, while another nine are endangered. This year's show hopes to inspire gardeners with planting ideas to ensure that their garden is a real honey pot for all kinds of bees.

The honey bee theme can be found in several show gardens, including the Fortnum & Mason Garden, which incorporates four Fortnum beehives (minus the bees for insurance purposes) as ornamental features and functional items. The garden has rich, sumptuous planting, which is predominately red, purple, pink and pale yellow.

The Laurent-Perrier Garden also includes planting that is attractive to bees. The garden's designer, Jinny Blom, says;

"Umbellifers are an important nectar source for many insects and astrantia is very much favoured by bees. The astrantias and other plants in the Laurent-Perrier Garden will create the right flower mix which will subtly attract bees."

In the Great Pavilion, the British Beekeepers' Association Urban Beekeeping exhibition will demonstrate to visitors how they can safely keep their own honey bees in an urban environment. The exhibit shows how bees can thrive in an urban environment as they have a massive range of trees and garden plants on their doorstep. Bees can find nectar everywhere in the city, from street trees to railway embankments.

The Children's Society Chic Garden takes inspiration from the song Lust for Life by Iggy Pop and features plants including eryngiums (to encourage birds) and salvias (to encourage bees).

As bees like warm, sunny weather the warmer climates are to their liking. However, warm winters cause young bumblebee queens to fail to go into normal hibernation in autumn or to wake up prematurely and try to start establishing their colonies in winter. These nests often cannot sur-

vive during prolonged cold spells. Gardeners can help bees that do start emerging earlier in late winter/early spring by providing the right flowers - good plants to try include crocus, and grape hyacinth (muscaria) as well as pulmonaria, Clematis cirrhosa, Erica carnea and spring-flowering mahonias.

Old-fashioned varieties of cottage garden plants are full of nectar and a good food source for all insects, not just bees. If you bring bees into the garden you're bringing in pollinators and you will also attract hoverflies which prey on aphids, so with the right kind of plants you can attract a lot of beneficial insects.

Make sure the garden is sheltered as you'll have much more insect activity if it's less windy. Put fruit in early on then go on to the annuals and herbaceous plants and you should be able to provide a source of nectar for bees right through the year.

Other good plantings include Leopard's bane, Doronicum, a group of yellow daisy-flowered perennials which are clump forming, hardy, will grow in most soils and take shade. To attract bees later in the season, try Sedum spectabile, the ice plant, and Calamintha nepeta, a herbaceous perennial whose small flowers last a long time. Alternative winners for bees include the giant scabious, Cephalaria gigantea, which can reach 8ft and produces big yellow scabious flowers in summer.

Hannah Stephenson

Three ways to...

Minimise slug and snail damage

1. Take a torch out in the evening, particularly after rain, and pick them off by hand. It may be labour intensive but it is still the best way to zap them.
2. Place a ring of gritty sand and eggshells around susceptible plants such as hostas.
3. Consider placing vulnerable, leafy plants in containers away from walls (which slugs and snails can climb) and on a metal stand, which is difficult for them to get a hold on.

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What's in store

We have mentioned many of the more common plants to be found in garden centres, but some of us are looking for more unusual plants and several are available, so ask and you may be shown some of these gems.

» **Plumeria** commonly known as **Frangipani** is a delightful rather slow growing deciduous tree with very thick stems and clusters of fragrant flowers. Related to Oleanders the flowers are of similar colours ranging through the creams and whites to pink and red. A native of South America it needs a good rich soil mixture and to be grown in full sun during the growing period but only plant in the garden if you are in a frost-free zone. They, like so many plants benefit from an application of liquid fertiliser during the active growing and flowering season. Our 12-year old plants that grow in 54cm pots are now just over one metre high and flower profusely annually, but as they must be protected in winter, not only from frost but excessive rain we move them under the terrace during the winter months when they are dormant. If the growing tips become frosted you will have lost all chance of flowers during the following summer.

» Another magnificent plant, **Passiflora violacea** is a very strong growing climber and as its name suggests has purplish, blue flowers throughout many of the summer months. It can grow to a length of four or more metres. It needs a well drained but moist, fertile compost in full sun or partial shade away from cold winds. Give water on a regular basis during the active growing period. This climber should be kept in temperatures above 5°C although 0°C is acceptable as long as the plant has been well ripened during the summer months, but it certainly will not tolerate frost.

» One of the most beautiful shrubs at present is a green leaved **Cotinus coggygria - Smoke Tree** - that is completely covered with smoky flame coloured plumes that are dazzling in the sunlight. These plumes mellow with age but are attractive for many months. It is hardy and needs to be planted in a well drained soil in sun or partial shade. It can be pruned in early spring to retain a compact shape.

Madge and John Measures

From plot to plate

Chives (*Allium schoenoprasum*)

Their mild onion-flavoured leaves are perfect chopped up in salad or added to sour cream to make a great accompaniment to jacket potatoes or barbecued meats. But the balls of purple flowers which chives produce also provide some welcome colour to the herb garden or the front of the border.

They can be grown indoors all year round on a windowsill, or outdoors in March and April. Seeds should be sprinkled evenly over the surface of compost in small pots or trays and covered thinly. The soil needs to be kept moist.

Whole potfuls can be planted out in borders or containers when all danger of frost has passed. Keep them well watered in sun or partial shade and cut



leaves as required.

They are perennial evergreens and their bulbs multiply quickly, so clumps will need dividing in a few years' time in March or October, carefully separating them into individual bulbs and replanting with the tips of the bulbs level with the soil surface.

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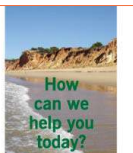


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How to cut slabs for a patio

First things first: safety. Wear metal-capped boots, heavy-duty gloves and goggles when cutting paving slabs as they're heavy and can splinter.

Start by marking your cutting line with a pencil on both sides of the slab.

Now put two slabs on a bed of sand and put the slab that you're going to cut against them at an angle, with the pencil line

on the top slab's edge.

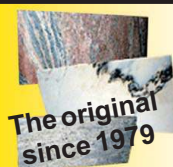
Taking a hammer and bolster chisel, chisel out a groove along the cutting line, then do the same on the other side of the slab. Keep doing this until the slab splits in two.

If you need to do a lot of cut-

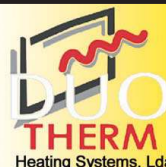
ting, it's easier to hire or buy an angle grinder, though these usually take a while to get the hang of before you can achieve a neat cut.

Ensure you take the same safety precautions when using one of these as, quite literally, sparks are likely to fly.

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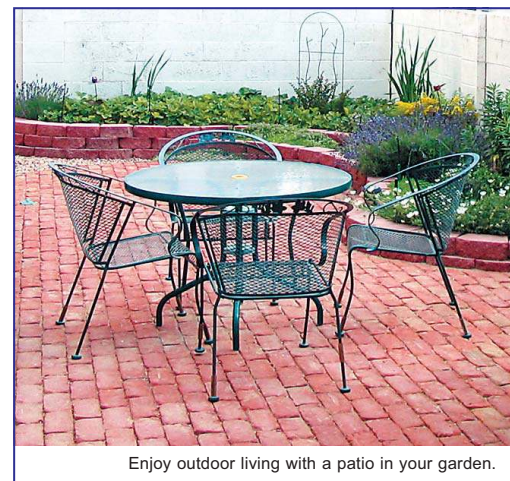
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BBC1

6.00 Breakfast. (T) 10.00 Saturday Kitchen. (T) 11.30 Great British Menu. (R) (T) 12.00 BBC News; Weather. (T) 12.10 Football Focus. (T) 1.00 Live Golf: PGA Championship. The third day's play on the West Course at Wentworth. (T)

5.25 BBC News; Regional News; Weather. (T) 5.45 The Best of Just for Laughs. A bride is caught in the bushes, a man tries on stilettos and a busker's guitar is given the rock 'n' roll treatment. Last in series, featuring high-lights of the show. (T)

6.15 The People's Quiz. Jamie Theakston hosts as 10 players compete in the studio, with the strongest contestant battling it out with one of the remaining nine for a place in the grand final. (T)

7.10 Doctor Who. Part one of two. A teacher who works in an English public school in 1913 dreams of travelling through time and space in a mysterious blue box. It isn't long before sinister events begin to unfold and his maid Martha tries to convince him only he can save the world. Guest starring Spaced and The Royle Family actress Jessica Hynes (formerly Stevenson), with David Tennant and Freema Agyeman. (T)

7.55 The National Lottery Draws. Ainsley Harriott sets the balls rolling as the results of the Thunderball, Dream Number and Lotto draws are revealed. (T)

8.05 Any Dream Will Do? Graham Norton presides over the search for a new Joseph. The competition heats up as the remaining five would-be stars have just two more weeks to prove they are capable of taking the prestigious West End role. Once again, they attempt to impress Andrew Lloyd Webber and judges John Barrowman, Bill Kenwright, Zoe Tyler and Denise Van Outen. Viewers are invited to vote for the performer that has impressed them the most. Results at 9.55pm. (T)

9.05 Casualty. Dixie is upset when Cyd confronts her about recommending Greg for a transfer and considers resigning herself. Nathan's attempts to talk Selena out of having an abortion are thwarted by a leaking sluice pipe and his day takes a turn for the worse when he makes a shocking discovery about Stitch. Jane Hazlegrove and Ben Price star. (T)

9.55 Any Dream Will Do? Graham Norton and Andrew Lloyd Webber return to reveal who will be the eighth contestant to depart as the hopefuls are whittled down to four. (T)

10.25 BBC News; Weather; (T) National Lottery Update.

10.45 FILM: Training Day (2001). Thriller, starring Denzel Washington. (T)

12.40 Friday Night with Jonathan Ross. (R) (T) 1.40 FILM: The Satanic Rites of Dracula (1973). Hammer horror, starring Christopher Lee; (T) Weatherview. 3.10 BBC News 24. (T)



BBC2

6.00 CBeebies: Teletubbies. (R) (T) 6.30 Balamory; (R) (T) CBeebies Birthdays. (T) 6.50 Step Inside. (R) (T) 7.00 CBBC: Batfink. (R) (T) 7.10 Arthur. (R) (T) 7.35 Watch My Chops. (R) (T) 8.00 Mona the Vampire; (R) (T) Bernard. (R) (T) 8.30 The Story of Tracy Beaker. (R) (T) 9.00 Hider in the House. (T) 10.00 Beat the Boss. (R) (T) 10.30 Totally Doctor Who. (R) (T) 11.00 The Story of Tracy Beaker. (R) (T) 11.25 What's New Scooby-Doo? (R) (T) 11.45 Sportsround. (T) 12.00 See Hear. (T) 12.30 Coast. (T) 12.40 Animal Park. (T) 1.25 FILM: The Horse Soldiers (1959). Western, starring John Wayne and William Holden. (T) 3.20 FILM: True Grit (1969). John Wayne Western. (T) 5.25 Rugby Sevens. The opening day's play from Twickenham. (T) 6.25 Natural World. (R) (T) 7.15 The Culture Show. Mark Kermode previews releases at the Cannes Film Festival and interviews the Coen brothers, who directed cult movie The Big Lebowski. Scissor Sisters provide the music. (T) 8.05 RHS Chelsea Flower Show 2007. Highlights of the event. Last in series. (T) 9.05 Seven Ages of Rock. Narrator Julian Rhind-Tutt explores the links between art and rock, recalling Andy Warhol's management of Velvet Underground. Plus, footage of David Bowie and Pink Floyd. (T) 10.05 Have I Got a Bit More News for You. (T) 10.50 Balderdash & Piffle. (R) (T) 11.20 FILM: The Station Agent (2003). Premiere. Award-winning comedy drama, starring Peter Dinklage. (T) 12.45 The Culture Show. (R) 1.35 FILM: When Brendan Met Trudy (2000). Romantic comedy, starring Peter McDonald. (T) 3.10 Close.

Pick of the Day

Doctor Who (BBC1, 7.10pm)

A couple of familiar faces crop up in this week's edition of the addictive time-travelling saga. Jessica Stevenson, best known for her work in The Royle Family, Spaced and Shaun of the Dead, stars with Thomas Sangster. In case the latter leaves you wondering: who?, then think of Liam Neeson's adopted son in Love Actually and all may become clear. The latest offering takes place in England, 1913, where John Smith, an ordinary schoolteacher, dreams of adventures in time and space and an enigmatic blue box. However, when strange lights in the sky mark the arrival of something weird and terrible, Smith's servant, Martha, has to persuade him that he alone can save the planet. As usual, David Tennant plays the gallivanting Gallifreyan and Freema Agyeman portrays his long-suffering companion, Martha Jones. If you have the means, don't miss Doctor Who Confidential, which follows on BBC Three, when narrator Anthony Head reveals how this week's episode was put together. Sunday's repeat on BBC Three is also well worth another look, especially as there's the chance to hear additional commentary from the show's creative wizards.

C4

6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Goalissimo. (R) (T) 8.00 The Morning Line. (T) 8.55 T4: Friends. (R) (T) 9.25 T4: Popworld. (T) 10.15 T4: Friends. (R) (T) 10.45 T4: Big Brother: After They Were Housemates. (T) 11.50 T4: Pirates of the Caribbean 3: T4 Movie Special. (T) 12.20 T4: Shipwrecked 2007: The Hutcam Diaries. (R) (T) 12.50 T4: Shipwrecked 2007: Battle of the Islands. (R) (T) 2.00 Channel 4 Racing from Newmarket, Haydock Park and Beverley. Including the 3.35 tatesport.com Silver Bowl (H'cap) (1m). (T) 4.00 Red Bull Air Race. (T) 5.00 Deal or No Deal Classic. (R) 5.45 Monarchy by David Starkey. (R) (T) 6.50 Channel 4 News. (T) 7.20 FILM: Porridge (1979). (T) 9.05 50 Films to See Before You Die. The programme goes behind the scenes to offer insights into the production process and appeal of these iconic works, with each entry representing a particular style or genre of movie. With contributions by Quentin Tarantino, Mike Leigh, Ben Kingsley, Steven Spielberg, Liza Minnelli, Michael York, Samuel L. Jackson and Jonathan Pryce. (R) (T) 12.20 FILM: Apocalypse Now (1979). Acclaimed Vietnam War epic, starring Martin Sheen. (T) 3.00 3 Minute Wonder: War Torn. (R) (T) 3.10 3 Minute Wonder: Ball Run II (1983). Car race comedy, starring Burt Reynolds. (T) 5.15 Grudge Match. Two go-karting enthusiasts battle it out. (R) (T) 5.25 Countdown. (R) (T)

FIVE

6.00 Sunrise. 6.55 Milkshake!: The Milkshake! Show. (R) (T) 7.25 Mist: Sheepdog Tales. (T) 7.40 Rupert Bear. (T) 7.55 Make Way for Noddy. (R) (T) 8.05 Say It with Noddy. 8.10 Harry and His Bucket Full of Dinosaurs. (R) (T) 8.25 The Book of Pooh. (R) (T) 9.00 Ebb and Flo. (R) (T) 9.05 Peppa Pig. (R) (T) 9.15 Fifi and the Flowerfots. (R) (T) 9.30 Jane and the Dragon. (R) (T) 10.00 Fifth Gear. (R) (T) 11.00 Australia's Giant Lizard: Austin Stevens Adventures. (R) (T) 12.00 FILM: Columbo: Murder Under Glass (1978). Crime drama, starring Peter Falk. (T) 1.35 FILM: Columbo: The Most Crucial Game (1972). Crime drama, starring Peter Falk. (T) 3.10 FILM: My Stepmother Is an Alien (1988). Cosmic comedy, with Kim Basinger. (T) 5.05 FILM: Cutthroat Island (1995). Swashbuckling adventure, starring Geena Davis. (T) 7.15 Cricket on five. England v West Indies. Mark Nicholas is joined by Geoffrey Boycott, Simon Hughes and Ian Bishop to present highlights from the second day of the Second Test at Headingley. (T) 8.00 five news and sport. (T) 8.10 NCIS. A woman claims to have witnessed a sailor's murder, but a lack of physical evidence causes McGee to question what actually took place. (R) (T) 9.05 CSI: NY. An ex-con is found dead and lying in a pile of money. (T) 10.05 Law & Order. (T) 11.05 Angela's Eyes. New series. Pilot episode of the drama, starring Abigail Spencer. (T) 12.05 Quiz Call. 5.35 Wildlife SOS. (R) (T)

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. 9.25 CITV: Horrid Henry. (T) 9.35 Grizzly Tales for Gruesome Kids. (R) (T) 9.50 Jungle Run. (R) (T) 10.20 King Arthur's Disasters. (R) (T) 10.50 My Parents Are Aliens. (R) 11.20 American Idol: The Finale. (T) 12.20 ITV News and Weather. (T) 12.25 London Today; Weather. (T) 12.30 F1: Monaco Grand Prix Qualifying. Live coverage of the qualifying session in Monte Carlo. (T) 2.30 FILM: Apollo 13 (1995). Fact-based drama, starring Tom Hanks. (T)

5.05 Creature Comforts. Cats and dogs go head to head. (R) (T)

5.20 London Tonight; Weather. (T)

5.35 ITV News and Sport; Weather. (T)

5.50 You've Been Framed! Comedian Harry Hill trawls the archives to present a selection of camcorder calamities involving the funniest members of the animal kingdom to feature in the programme's history. (R) (T)

6.50 Vernon Kay's Gameshow Marathon. Michael Le Vell and Graeme Le Saux battle it out for the winner's crown in an updated version of Play Your Cards Right as the competition reaches its grand final. Last in series. (T)

7.55 Grease Is the Word: Live. Zoe Ball presents the search to find a couple to play Danny and Sandy in a new West End production of Grease. The remaining couples take the stage once again, each hoping their routine will earn them the support of viewers. The two least popular couples will face a sing-off at the end of the programme - and with their sights set firmly on the final, they'll be hoping to secure a generous measure of approval from judges David Ian, Brian Friedman, David Gest and Sinitta. However, the dream will come to an end for one pair when the public's decision is revealed. (T)

9.25 Who Wants to Be a Millionaire? Another group of contestants line up for the chance to take the hotseat and answer 15 questions in the hope of winning #1million. Presenter Chris Tarrant invites the hopefuls to take advantage of lifelines Ask the Audience, Phone a Friend and 50-50 if they get stuck. (T)

10.25Big Fight Live. Matt Skelton v Michael Spott. (T)

11.40ITV News and Weather; Weather. (T)12.00 Make Your Play; ITV News Headlines. 3.50 Don't Move, Improve. (R) (T) 4.30 Don't Move, Improve. (R) (T) 5.00 ITV Nightscreen.

LOCAL

RTP1
0700 Brinca Comigo
0900 Ecoman 1000 O
Ultimo Leopardo 1100
Descobrir Portugal 1200
A Minha Sogra é um
Buxa 1230 Destinos.Pt
1300 News 1415 Top+
2100 A Voz do Cidadão
2115 Dança Comigo 2315
The Juror, film 0130
NHA Fala, film

RTP2
0645 Weather 0700
Euronews 0730 Africa 7
Days 0800 News 0900
University 1200 Vida po
Vida 1230 Câmara Clara
1330 Bombordo 1400
Parlament 1500 Sport
1900 Couto & Coutadas
1930 Geração Cientista
2000 Hi Hi Puffy Ami
Yumi 2030 Kultto 2100
Vidas 2150 Loto Draw
2200 News

SIC
0700 Children TV 0900
Disney Kids 1100 Uma
Aventura 1200 Our
World 1300 News 1400
Extase 1500 Ugly Betty
1700 Film TBA 2000
News 2130
Desorevebudis 2215
Página da Vida 0000
Film TBA

TVI
0700 Children TV 1000
O Banho Dos Quatro
1130 DeLuxo 1300 News
1400 Heroes 1600 Film
TBA 1800 Film TBA 2000
News 0045 Witness, film

Best of the Rest

BBC3
7.00 TV Gaffes Galore 7.25 The Real Hustle 7.55 Doctor Who Confidential 8.40 Top Gear 9.45 Film: Signs 12 (2002) 11.25 Gavin and Stacey 11.55 Two Pints of Lager and a Packet of Crisps 12.25 Two Pints of Lager and a Packet of Crisps 12.50 Coming of Age 1.20 Rob Brydon's Annually Retentive 1.50 The Real Hustle 2.20 Gavin and Stacey 2.50 Two Pints of Lager and a Packet of Crisps 3.20 Two Pints of Lager and a Packet of Crisps 3.50 Close

BBC4
7.00 Children of Guernica 7.40 Goodbye Children Everywhere: Timeshift 8.40 Mark Lawson Meets the Teletubbies 9.05 The Kids' Verdict 10.05 Film: Ziggy Stardust and the Spiders from Mars PG (1973) 11.35 Cracked Actor: David Bowie 12.30 The Kids' Verdict 1.30 Goodbye Children Everywhere: Timeshift 2.30 Children of Guernica 3.10 The Kids' Verdict 4.10 Close

ITV2
1.55 Holiday Showdown 3.00 Holidays Undercover 4.00 Holiday Airport 5.00 The Planet's Funniest Animals 5.30 Who Wants to Be a Millionaire? 6.30 Smallville 7.30 Nanny 9.11 8.25 Honeymoons from Hell 9.25 Greased Lightnin' Results 10.25 Film: The Flintstones U (1994) 12.05 Grease Is the Word: Live 1.40 Make Your Play: ITV Play 2.40 Emmerdale 6.00 Close

Sky One
1.00 Star Trek: The Next Generation 2.00 Star Trek: The Next Generation 3.00 Relic Hunter

4.00 Futurama 4.30 Futurama 5.00 Malcolm in the Middle 5.30 Malcolm in the Middle 6.00 Brainiac: Science Abuse 7.00 Futurama 7.30 Futurama 8.00 Cold Case 9.00 Bones 10.00 Road Wars 11.00 Football Years 12.00 24 1.00 Brainiac: Science Abuse 1.50 Born to Kill? 2.40 Born to Kill? 3.30 Star Trek: The Next Generation 4.20 Star Trek: The Next Generation 5.10 World's Craziest Videos 5.35 America's Dumbest Criminals

UKTV Gold
1.25 My Family 2.05 My Family 2.45 Doctor Who 4.20 Star Trek: The Next Generation 5.10 World's Craziest Videos 5.35 America's Dumbest Criminals

TCM
1.05 Dodge City PG (1939) 3.00 The Last Time I Saw Paris PG (1954) 5.10 Elvis: That's the Way It Is PG (1970) 7.00 Three Godfathers U (1948) 9.00 Lenny B (1974) 11.00 Friday the 13th B (1980) 12.45 Shoot the Moon 15 (1982) 2.55 Teleshopping 3.15 Stand By For Action PG (1942)

The Disney Channel
Kids' programmes from 7am, except: 4.00 Film: Cadet Kelly U (2002) Comedy, starring Hilary Duff.

MOVIES

Sky Movies Drama

6.00 Wilder Days PG (2003) 7.40 Shergar PG (1999) 9.20 Driven to Succeed PG (2004) 11.00 Marilyn and Me PG (1991) With Susan Griffiths. 12.40 Wilder Days PG (2003) With Peter Falk. 2.20 Shergar PG (1999) With Ian Holm. 4.00 Marilyn and Me PG (1991) With Susan Griffiths. 5.40 Brokeback Mountain 15 (2005) With Heath Ledger. 8.00 Separate Lies 15 (2005) With Emily Watson. 9.30 Drama Close Up 10.00 Brokeback Mountain 15 (2005) With Heath Ledger. 12.20 Mickeybo and Me 15 (2004) With John Joe McNeill. 2.00 A Separate Peace 12 (2004) With J. Barton. 3.35 Racing with the Moon 15 (1984) 5.30 Driven to Succeed PG (2004)

Sky Movies Comedy
6.30 Max Rules: Adventures of a Superspy U (2005) 8.00 Comedy Close Up 8.30 Teen Wolf PG (1985) 10.15 Vice Versa PG (1988) 12.15 Max Rules: Adventures of a Superspy U (2005) With William B. Davis. 1.50 Pirates of the Caribbean 3 - Making Of 2.10 Outrageous Fortune 15 (1987) With Bette Midler. 4.10 Teen Wolf PG (1985) With Michael J. Fox. 6.00 Vice Versa PG (1988) With Judge Reinhold. 8.00 Kingpin 12 (1995) With Woody Harrelson. 10.00 Outrageous Fortune 15 (1987) With Bette Midler. 11.50 Wag the Dog 15

(1997) With Dustin Hoffman. 1.30 Kingpin 12 (1995) With Woody Harrelson. 3.30 Surviving Christmas 12 (2004) 5.05 Max Rules: Adventures of a Superspy U (2005)

Sky Movies Action/Thriller

6.20 Hood Rat 15 (2001) 8.00 Elektra 12 (2005) 9.50 The Peacemaker 15 (1997) 12.00 Deep Impact PG (1998) With Robert Duvall. 2.10 The Transporter 2 15 (2005) With Jason Statham. 3.50 The Peacemaker 15 (1997) With George Clooney. 5.55 Deep Impact PG (1998) With Robert Duvall. 8.00 The Transporter 2 15 (2005) With Jason Statham. 9.40 Pirates of the Caribbean 3 - Making Of 10.00 Kiss the Girls 18 (1997) With Morgan Freeman. 12.00 Starship Troopers 15 (1997) With Casper Van Dien. 2.10 Bulletproof 18 (1996) With Adam Sandler. 3.40 Elektra 12 (2005) 5.30 Action & Thriller Close Up

(R) - repeat programme;
(T) - programme with teletext subtitles;
(S) - programme broadcast in stereo;
(bw) - black and white.

SPORT

Sky Sports 1

6.00 Live Test Cricket. Bangladesh v India. Coverage continues on Sky Sports Xtra. 9.00 Cricket AM 10.30 Live Test Cricket. England v West Indies. 7.00 Live Spanish Football. Barcelona v Getafe (Kick-off 7.00pm) and Real Madrid v Deportivo La Coruna (Kick-off 9.00pm). 11.00 Scottish Cup Final 12.00 Football League 12.30 International Football 2.30 Spanish Football 4.30 Football League 5.00 Live Test Cricket. Bangladesh v India.

Sky Sports 2

6.00 Test Cricket 8.00 NBA Basketball 10.00 Champions League Weekly 10.30 Live Rugby Union. Australia v Wales (Kick-off 11.00am). 1.00 Live Rugby Union. South Africa v England (Kick-off 2.00pm). 4.30 Karting 5.00 WWE: Smackdown 7.00 Rugby Union 9.00 Live International Football. Republic of Ireland v Bolivia (Kick-off 9.00pm). 11.00 World Sport 11.30 Test Cricket 1.30 Golf Night 4.30 Super League

Sky Sports 3

6.00 Sports Unlimited 7.00 Super League 9.00 Racing News 10.00 WWE: Smackdown 12.00 WWE: Bottom Line 1.00 Max Power 2.00 Rally World 2.30 Live Football League. Coverage of the League Two play-off final at Wembley Stadium (Kick-off 3.00pm). 5.30 Moto

Plus 6.00 Live Super League. Wigan Warriors v Hull FC (Kick-off 6.00pm). 8.00 Live Golf Night. The Senior PGA Championship. 11.00 Extreme Championship Wrestling 12.00 WWE: Late Night - Smackdown 2.00 WWE: Late Night - Bottom Line 3.00 Speedway 5.00 Close

British Eurosport

7.30 Cycling 8.00 French Open Legends 9.00 Live Table Tennis. The World Championship from Zagreb. 12.00 Cycling 1.00 Live Table Tennis. The World Championship women's singles final. 2.00 Live Cycling. Coverage of the 14th stage of the Giro d'Italia. 4.30 Cycling 5.00 Cycling 5.30 Tennis: Road to Roland Garros 5.45 Eurosport Buzz 6.15 World Superbikes 7.05 GP2 Racing 8.05 French Open Tennis 9.00 Cycling 10.00 Cycling 10.30 World Superbikes 11.20 MotoGP 12.15 Table Tennis 1.15 Close

Sky Sports Xtra

6.00 America's Cup Sailing 7.00 International Football 8.30 Champions League Weekly 9.00 Live Test Cricket. Bangladesh v India. 12.00 Rally World 12.30 International Football 2.00 Live Scottish Cup Final. Celtic v Dunfermline Athletic (Kick-off 3.00pm). 5.30 World Sport 6.00 Live Speedway. The Sweden Grand Prix. 9.00 Test Cricket 11.00 NBA Basketball 1.00 Super League 2.30 Rugby Union 4.30 Max Power 5.30 Ocean

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BBC1

6.00 Breakfast. (T) 9.00 Sunday AM; (T) BBC News. (T) 10.00 Pentecost 2007. (T) 11.00 Countryfile. (T) 12.00 BBC News. (T) 12.05 'Allo 'Allo! (R) (T) 12.35 Keeping Up Appearances. (R) (T) 1.05 Cash in the Attic. (R) (T) 2.05 Murder, She Wrote. (R) (T) 2.50 EastEnders. (T) 4.45 Shaun the Sheep. (R) (T) 4.55 Points of View. (T)

5.10 Songs of Praise. Service for Pentecost, from Coventry Cathedral. (T)
5.45 Star Portraits with Rolf Harris. Bill Oddie is captured on canvas. Last in series. (T)

6.15 Castaway. The public's favourite islander is announced. Last in series. (T)
6.50 Antiques Roadshow. At Woburn Abbey in Bedfordshire, the team value a rare washing bowl for beards, a portrait of a cat and a Victorian bracelet that imitates a snake. (R) (T)

7.35 BBC News; Regional News; Weather. (T)
8.00 Lusitania: The public's favourite islander is announced. Last in series. (T)
8.00 A German submarine fired a single torpedo at British liner the Lusitania, killing more than 1,000 crew and passengers en route from New York to Liverpool. The sinking of the ship provoked outrage on an unprecedented scale and marked a pivotal moment in history. The programme brings to life events on board both vessels, and goes inside the cramped hull of the U-boat that fired the fateful torpedo. (T)

9.30 The Vicar of Dibley. Local election fever hits the village and Geraldine finds she is a more popular candidate with the voters than overconfident parish chairman David. Richard Curtis's comedy, starring Dawn French and Gary Walthorn. (R) (T)

10.00 BBC News; Weather. (T)
10.20 Medium. Part two of two. Allison comes closer to interpreting her recurring dreams and relates them to a series of shootings. The purpose of Clay's stay eventually becomes clear. Devalos's health is evaluated during a rushed hospital visit and Scanlon's relationship with Lynn hits a rocky patch. Patricia Arquette stars. (T)

11.00 Seven Ages of Rock. Narrator Julian Rhind-Tutt explores the links between art and rock, recalling Andy Warhol's management of Velvet Underground. Plus, footage of David Bowie and Pink Floyd. (R) (T)

12.00 FILM: Girl from Rio (2001). Comedy, starring Hugh Laurie; (T) Weatherview. 1.40 Sign Zone: Holly City. (R) (T) 2.40 Sign Zone: Antiques Roadshow. (R) (T) 3.40 Sign Zone: Missing. (R) (T) 4.15 BBC News 24. (T)



BBC2

6.00 CBeebies: Teletubbies. (R) (T)
6.30 Balamory; (R) (T) CBeebies Birthdays. (T) 6.50 Step Inside. (R) (T)
7.00 CBBC: Batfink. Double bill. A criminal steals Batfink's voice. (R) (T) 7.10 Legend of the Dragon. (R) (T) 7.30 Smile. Fun-packed magazine, with Barney Harwood. (T) 10.00 Something for the Weekend. (T) 11.30 Inside Sport. (T) 12.15 Animal Park. (T) 1.00 Live Golf: PGA Championship. The fourth and final day on the West Course at Wentworth. (T) 5.30 Rugby Sevens. The final of the Twickenham Sevens. (T) 7.30 Big Cat Diary Family Histories. The lives of Bella the leopard and her cubs. (R) (T) 8.00 Best of Top Gear. Contentious and humorous snippets from the motoring magazine. With Jeremy Clarkson, Richard Hammond and James May. (T) 9.00 Tribe. Bruce Parry encounters Ethiopia's Hamar people and observes their initiation rituals, in which men run over the backs of cattle and women allow themselves to be whipped. (R) (T) 10.00 Graham Norton Unwind. With Miriam Margolyes. (T) 10.45 Radio 1's Big Weekend. Highlights of the music festival from Preston's Moor Park, which featured Scissor Sisters, Stereophonics, Razorlight, Natasha Bedingfield, Kaiser Chiefs, Bloc Party and Dizzee Rascal. (T) 11.45 FILM: The Glass Shield (1995). Fact-based crime drama, starring Michael Boatman. (T) 1.30 FILM: Psychomania (1972). Bizarre supernatural thriller, starring Beryl Reid. (T) 3.00 Close.

Pick of the Day

Bring Back Dallas (C4, 9pm)

In 1978, a slick American soap opera called Dallas was launched on an unsuspecting world. Its producers naturally hoped it would do well, but had no idea it would become one of the most popular shows in TV history. The first storylines revolved around young, rich Texan Bobby Ewing and his bride Pam. She came from the rival Barnes clan and upset the status quo from episode one. That Romeo and Juliet-style idea faded into the background when it became clear oil baron JR Ewing was the real star of the show. Seasoned film and TV veteran Larry Hagman relished his role as the womanising, manipulative JR, while Man From Atlantis star Patrick Duffy and former model Victoria Principal played the star-cross'd lovers. The rest of the cast, including Miss Ellie, Cliff Barnes, Lucy and JR's boozey wife Sue Ellen became household names, especially on this side of the pond, thanks to Terry Wogan's Radio 2 breakfast show. Justin Lee Collins was still a little lad when the series launched in the UK, but it left an indelible mark on the young Bristolian. Now, following his meetings with The A-Team and Grange Hill crew, he has just 10 days to reunite as many of the surviving Dallas cast as possible. JLC wants them to attend his own Oil Barons' Ball in Los Angeles, but soon discovers it's easier said than done. Sue Ellen, Bobby, JR, Cliff, Lucy, Donna Krebs and Kristin Shepherd are his dream attendees, and during his quest, he manages to trespass, galecrash and stakeout assorted locations while braving 12-foot gates and guard dogs. Will this Sunday night project turn into a mission impossible for the shaggy maned comic?

C4

6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Transworld Sport. (T) 7.55 British F3 International Series. 8.25 New Shoots: Films from Disabled Directors. (T) 8.55 T4: Popworld. (R) (T) 9.45 T4: Hollyoaks. (T) 12.20 T4: Shipwrecked 2007: The Hutcam Diaries. (T) 12.55 T4: Big Brother: According to Russell Brand. (T) 2.00 T4: Pussycat Dolls Present: The Search for the Next Doll. (T) 3.00 T4: Ugly Betty. (R) (T) 4.00 T4: Ugly Betty. (R) (T) 5.00 Deal or No Deal. (T) 5.45 Shipwrecked 2007: Battle of the Islands. (T) 7.45 Channel 4 News. (T) 8.00 Wife Swap. A salon manager from Las Vegas, who demands her children match her high standards, trades places with a laid-back wife from Texas whose boys rule their messy roost. Last in series. (T) 9.00 Bring Back Dallas. Comedian Justin Lee Collins embarks on a mission to track down the cast of TV soap Dallas and reunite the stars at his own Oil Barons' Ball in Los Angeles. (T) 10.30 Big Brother: After They Were Housemates. (R) (T) 11.35 Big Brother: According to Russell Brand. (R) (T) 12.40 Corinne Bailey Rae: Live in New York. (R) (T) 1.25 4Play: Jack Savoretti. (R) (T) 1.40 Get Your Act Together with Harvey Goldsmith. (R) (T) 2.40 Silver Surfers. (R) (T) 3.40 How to Cope with Death. (R) (T) 3.45 Dancing Under the Duvet. (R) (T) 4.00 Dispatches: Bin Wars. (R) (T) 4.55 Unreported World. (R) (T) 5.20 3 Minute Wonder: Made in India. (R) (T) 5.25 Countdown. (R) (T)

FIVE

Su6.00 Milkshake! The Save-Ums! (R) (T) 6.10 Fifi and the Flowerbots. (R) (T) 6.20 Franny's Feet. (R) (T) 6.35 Bird Bath. (R) (T) 6.45 The Milkshake! Show. (R) (T) 7.15 Mist: Sheepdog Tales. (R) (T) 7.25 Rupert Bear. (T) 7.40 Make Way for Noddy. (R) (T) 7.50 Say It with Noddy. (R) (T) 8.00 Harry and His Bucket Full of Dinosaurs. (R) (T) 8.15 Harry and His Bucket Full of Dinosaurs. (R) (T) 8.30 The Book of Pooh. (R) (T) 9.00 Ebb and Flo. (R) (T) 9.05 Peppa Pig. (R) (T) 9.15 Fifi and the Flowerbots. (R) (T) 9.30 Jane and the Dragon. (R) (T) 10.00 Getting on the Property Ladder. (R) (T) 11.00 Build a New Life in the Country. (R) (T) 12.00 Ann Maurice: Interior Rivalry. (R) (T) 1.00 Nice House, Shame about the Garden. (R) 1.30 FILM: Captain Horatio Hornblower RN (1951). Swashbuckling adventure, starring Gregory Peck. (T) 3.40 Pirates of the Caribbean: The Making of At World's End. (T) 4.10 FILM: Muppet Treasure Island (1996). Family comedy, with Tim Curry. (T) 6.00 Everybody Hates Chris. (T) 6.30 Everybody Hates Chris. (T) 6.55 five news and sport. (T) 7.15 Cricket on five. England v West Indies. Mark Nicholas presents highlights from the third day of the Second Test at Headingley. (T) 8.00 Pirate Ship - Live! A dive on the wreck of the Whydah in Cape Cod. (T) 10.00 FILM: Red Water (2003). Premiere. A freshwater shark rears its ugly head in a Louisiana river, spelling trouble for a nearby group of people. Horror, starring Lou Diamond Phillips. Includes five news update at 10.55. (T) 12.00 Formula One Stock Car Racing. 12.50 Major League Baseball. 4.20 Boxing: Fight of the Week. 5.10 Major League Soccer.

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 CITV: Art Attack. (T) 9.50 American Idol: The Finale. (T) 11.50 ITV News and Weather. (T) 11.55 London Today; Weather. (T) 12.00 F1: Monaco Grand Prix Live. The fifth round of the season in Monte Carlo (Start-time 1.00pm). (T) 3.30 FILM: Mission: Impossible (1996). Action thriller, starring Tom Cruise. (T)

5.30 The Unforgettable Les Dawson. Tribute to the comedian. (R) (T)
6.00 The Way We Were. Traditional clay flow-erpot makers. (T)

6.25 London Tonight; Weather. (T)
6.40 ITV News and Weather. (T)
7.00 Emmerdale. Marc and Lady Tara are unimpressed by Pearl's drunken antics as they return for Len's funeral. Donna announces her career plans, while Jo is hurt to learn Andy went behind her back. (T)
7.30 Coronation Street. Kirk is excited when Fiz asks to see him and arrives at her flat with flowers and wine - but ends up drowning his sorrows when she tells him she's seeing someone else. Derek invites Liz to his brother-in-law's flat for another afternoon of passion, only to discover his wife is on her way round to drop off some groceries, and Carla is still trying to convince Leanne to go into partnership. (T)

8.00 Heartbeat. Suspicion falls on Gina's new cellar man Len Carter when a valuable pendant is stolen from Emily Forster, a guest at the Aidsfield Arms. A search into the barman's past reveals a history of crime, but Emily appears more disturbed by the presence of pub comedian Tommy Tanner. Meanwhile, Peggy secures a good deal on a new vehicle and Geoff's need for speed gets the better of him. (T)

9.00 Kingdom. Polish concentration camp survivor John Narbutowicz (Joss Ackland) seeks Peter's help when the council insist on entering his home to clear it of rubbish. Beatrice hopes to bond with Gloria and ropes her in on a girls' day out. Meanwhile, Snell has a dream that sets him off on an adventure, and Mrs Thing is persuaded to leave her money to the church. Rory Bremner guests as the local vicar. Last in series. (T)

10.00 ITV News and Weather; Weather. (T)
10.15 This Is David Gest. David cements his success in the UK by taking up permanent residence, preaches to the congregation of an Irish church and thanks his minder Imam in an unusual way. Last in series. (T)

11.00 F1: Monaco Grand Prix. The fifth round of the season in Monte Carlo. (T)
12.05 Motorsport UK. (T) 12.40 Gitterball; ITV News Headlines. 4.05 The Jeremy Kyle Show. (R) (T) 5.00 ITV Nightscreen.

LOCAL

RTP1
0700 Brincar Brincar 0900 O Homen das Leões 0930 Extreme Jobs 1000 Eucaristia Dominical 1100 Ciar um Uro Negro Bebé 1200 A Minha Sogra é uma Bruxa 1230 Contra-Informação 1300 News 1415 Só Visto 1515 Prison Break 1600 1615 Rush Hour 2 1800 Greys Anatomy 2000 Mews 2130 Gato Fedorento 2330 Dreamcatcher, film

RTP2
0645 Meteorology 0700 Euronews 0830 Afric@global 0900 Caminhos 0930 70x7 1000 Nós 1100 Da Terra Ao Mar 1130 Consigo 1230 Olhar o Mundo 1300 Discovery Hour 1345 Vidas 1445 A Voz do Cidadão 1500 Sport 1900 A Revolta dos Pastéis de Nata 2000 Teen Titans 2030 Futurama 2100 Bombordo 2130 A Alma e a Gente 2200 News 2230 Diga lá Excelência 2315 Britcom 0000 Onda 0115 Christmas Concert from Bethlehem 0215 Desporto 0615 Euronews

SI
0645 Sic Kids 0830 Floribela 1000 Fátima 1300 News 1400 Film TBA 1645 Film TBA 1900 CSI Las Vegas 2000 News 2115 Film TBA 2345 Hora H 0030 CSI Miami 0130 Film TBA 2345 Hora H 0030 CSI Miami 0130 Desperate Measures 0330 O Bairro da Fonte **TVI**
0645 Children's TV 0900 Disney Kids 1100 Uma Aventura Perigosa 1200 BBC Wild Life 1300 News 1345 Film TBA 1530 Film TBA 1830 Film TBA 1830 News 2115 Bela e o Monstro 0130 The Maldonado Miracle, film

Best of the Rest

BBC3
7.00 Castaway Exposed 7.30 Dog Borsal Unleashed 8.00 Doctor Who 8.45 Doctor Who Confidential 9.00 Gavin and Stacey 9.30 Little Britain Abroad 10.00 Filthy Rich and Homeless 11.00 Two Pints of Lager and a Packet of Crisps 11.30 Two Pints of Lager and a Packet of Crisps 12.00 Gavin and Stacey 12.30 Filthy Rich and Homeless 1.25 Two Pints of Lager and a Packet of Crisps 1.55 Two Pints of Lager and a Packet of Crisps 2.25 Is It Cos I Is Black? 3.25 Dog Borsal Unleashed 3.55 Close

BBC4
7.00 In Concert: The Eagles 7.35 Animation Nation 8.35 Did You See? The Biddy Baxter Story 9.00 Children's TV on Trial 10.00 Hotel California: From the Byrds to the Eagles 11.30 California Comes to the Whistle Test 12.30 Children's TV on Trial 1.30 Hotel California: From the Byrds to the Eagles 3.00 Children's TV on Trial 4.00 Close

ITV2
1.00 Film: The Flintstones U (1994) 2.45 Coronation Street 4.50 Vernon Kay's Gameshow Marathon 6.00 American Idol: The Finale 7.00 American Idol: The Finale 9.00 Supernatural 10.00 Generation Xcess 11.00 Film: Spun 18 (2003) 1.05 Coronation Street 1.35 Gitterball: ITV Play 4.00 Teleshopping 6.00 Close

Sky One
1.00 Star Trek: The Next Generation 2.00 Star Trek: The

Next Generation 3.00 So You Think You're Royal? 4.00 Project Runway 5.00 Malcolm in the Middle 5.30 Malcolm in the Middle 6.00 The Simpsons 6.30 The Simpsons 7.00 The Simpsons 7.30 The Simpsons 8.00 Dream Team 9.00 24 10.00 Lost 11.00 Lost 12.00 Badger or Bust 1.00 Deadwood 2.05 Star Trek: The Next Generation 2.55 Star Trek: The Next Generation 3.45 Relic Hunter 4.40 Footballers' Pads 5.10 Star Trek: Voyager

UKTV Gold
1.25 Only Fools and Horses 2.35 One Foot in the Grave 3.15 The Thin Blue Line 3.55 Open All Hours 4.35 Porridge 5.15 The Thin Blue Line 5.55 The Thin Blue Line 6.35 Only Fools and Horses 7.40 One Foot in the Grave 8.20 The Vicar of Dibley 9.00 Daziel & Pascoe 10.55 Jack Dee's Happy Hour 11.35 Men Behaving Badly 12.15 Silent Witness 2.30 Charlie's Angels 3.20 Charlie's Angels 4.10 Charlie's Angels 5.00 Yes Minister 5.35 Neighbours

TCM
1.05 The Wizard of Oz PG (1939) 3.00 Some Came Running PG (1959) 5.30 Murder, She Said U (1961) 7.10 Soylent Green PG (1973) 9.00 Absolute Power 15 (1997) 11.15 The Exorcist 18 (1973) 1.30 Tarzan the Ape Man U (1932) 3.15 Teleshopping 3.35 The Sheepman U (1958) **The Disney Channel**
Kids' programmes from 7am, except 4.00 Film: Jump In! U (2007) Drama, starring Corbin Bleu.

MOVIES

Sky Movies Drama

7.00 The Simple Life of Noah Dearborn PG (1999) 8.45 Little Man Tate PG (1991) 10.45 A Good Woman PG (2004) 12.30 The Simple Life of Noah Dearborn PG (1999) With Sidney Poitier. 2.15 Little Man Tate PG (1991) With Jodie Foster. 4.05 A Good Woman PG (2004) With Helen Hunt. 5.55 Emma U (1996) With Gwyneth Paltrow. 8.00 Sliding Doors 15 (1998) With Gwyneth Paltrow. 10.00 Emma U (1996) With Gwyneth Paltrow. 12.05 Stay 18 (2005) With Ewan McGregor. 1.50 Obsessed 12 (2002) With Jenna Elfman. 3.35 Stolen Youth 12 (1996) 5.15 Little Man Tate PG (1991)

Sky Movies Comedy
6.30 The Honeymooners PG (2005) 8.05 A Young Connecticut Yankee in King Arthur's Court PG (1994) 9.50 The Wedding Singer PG (1998) 11.50 American Pie Presents: Band Camp 15 (2005) With Eugene Levy. 1.40 Hitch 12 (2005) With Will Smith. 3.50 The Wedding Singer PG (1998) With Adam Sandler. 5. 5. 0 Comedy Close Up 6.20 The Honeymooners PG (2005) W i t h Cedric the Entertainer. 8.00 Hitch 12 (2005)

With Will Smith. 10.00 American Pie Presents: Band Camp 15 (2005) With Eugene Levy. 11.35 Team America: World Police 15 (2004) With Trey Parker. 1.20 The Silence of the Hams 15 (1993) With Billy Zane. 2.45 Milk 15 (1998) With James Fleet. 4.25 A Young Connecticut Yankee in King Arthur's Court PG (1994)

Sky Movies Action

6.00 Down 'n Dirty 15 (2000) 7.50 The Presidio 15 (1988) 9.40 Paparazzi 15 (2005) 11.10 Force of Impact PG (2005) With Antonio Sabato Jr. 12.45 Kingdom of Heaven 15 (2005) With Orlando Bloom. 3.10 The Presidio 15 (1988) With Sean Connery. 4.55 Paparazzi 15 (2005) With Cole Hauser. 6.25 Force of Impact PG (2005) With Antonio Sabato Jr. 8.00 Kingdom of Heaven 15 (2005) With Orlando Bloom. 10.25 Sin City 18 (2005) With Mickey Rourke. 12.30 Erotic Retreat 18 (2005) With Beverly Lynne. 2.00 Inferno 18 (1999) With Jean-Claude Van Damme. 3.40 Down 'n Dirty 15 (2000) 5.40 Action & Thriller Close Up

(R) - repeat programme;
(T) - programme with teletext subtitles;
(S) - programme broadcast in stereo;
(bw) - black and white.

SPORT

Sky Sports 1

6.00 Live Test Cricket. Bangladesh v India. Coverage continues on Sky Sports Xtra. 9.30 Cricket Writers on TV 10.30 Live Test Cricket. England v West Indies. 7.00 Football League 8.00 Live Golf Night. The Senior PGA Championship. 11.00 Football League 12.00 Spanish Football 2.00 Football League 3.00 Test Cricket 5.00 Moto Plus 5.30 World Sport

Sky Sports 2

6.00 Test Cricket 8.00 International Football 10.00 Scottish Cup Final 11.00 Football League 11.30 Racing News 12.00 Spanish Football 2.00 Champions League Weekly 2.30 Live Football League. The League One play-off final (Kick-off 3.00pm). 5.30 World Sport 6.00 Live Spanish Football. Valencia v Villarreal (Kick-off 6.00pm) and Sevilla v Real Zaragoza (Kick-off 8.00pm). 10.00 Champions League Weekly 10.30 Test Cricket 12.30 Golf Night 3.30 Spanish Football 5.30 Champions League Weekly

Sky Sports 3

6.00 Watersports World 7.00 Rugby Union 9.00 WWE: Afterburn 10.00 WWE: Heat 11.00 World Sport 11.30 Speedway 2.30 US Superbikes 4.30 WWE: Experience 5.30 Live Motor

Racing. The Indianapolis 500. 10.00 WWE: Late Night - Afterburn 11.00 WWE: Heat 12.00 Watersports World 1.00 Motor Racing 3.30 Watersports World 4.30 Rally World 5.00 Live Test Cricket. Bangladesh v India.

British Eurosport

7.30 Eurosport Buzz 8.00 GP2 Racing 9.00 Live Motor Racing. The third round of the Porsche Super Cup season. 9.45 Tennis: Road to Roland Garros 10.00 Live French Open Tennis. The opening day at Roland Garros. 2.00 Live Cycling. Coverage of the 15th stage of the Giro d'Italia. 4.30 Live French Open Tennis. The opening day at Roland Garros. 8.00 French Open Today 8.15 World Superbikes 9.15 Motorsports Weekend 9.45 French Open Tennis 10.45 Cycling 11.15 Beach Volleyball 11.45 Beach Volleyball 12.15 Table Tennis 1.15 Close

Sky Sports Xtra

6.00 Aerobics Oz Style 6.30 Speedway 9.30 Live Test Cricket. Bangladesh v India. 12.00 Wild Spirits 12.30 Ocean 1.00 Super League 2.30 Ocean 3.00 Watersports World 4.00 Max Power 5.00 Mountain Biking 6.00 US Superbikes 8.00 Test Cricket 10.00 US Superbikes 12.00 Mountain Biking 1.00 Live NBA Basketball. A play-off encounter from the NBA. 3.30 US Superbikes 5.30 Ocean

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BBC1

6.00 Breakfast. (T) 9.00 Animal Park. (T) 9.45 Homes Under the Hammer. (R) (T) BBC News: Weather. (T) 10.45 To Buy or Not to Buy. (R) (T) 11.10 Cash in the Attic. (R) (T) 11.55 Bargain Hunt. (R) (T) 12.40 BBC News: Weather. (T) 12.55 Regional News: Weather. (T) 1.05 'Allo 'Allo! (R) (T) 1.35 Keeping Up Appearances. (R) (T) 2.05 Murder, She Wrote. (R) (T) 2.50 FILM: The Parent Trap. (1998). Comedy, starring Dennis Quaid. (T) 4.50 FILM: Father of the Bride 2 (1995). Comedy sequel, starring Steve Martin. (T)

6.30 BBC News: Weather. (T)
6.50 Regional News Programmes: Weather. (T)
7.00 Celebrity MasterChef. New series. Former Olympic gold medalist Sally Gunnell, ex-Coronation Street actor Martin Hancock and TV presenter Emma Forbes take to the kitchen in a cookery contest where they hope to gain a place in Friday's quarter-final. The would-be chefs are challenged to whip up dishes for judges John Torode and Gregg Wallace, and paying customers at London's Quaglin's restaurant. (T)

7.30 Open All Hours. Arkwright invents a saint's day as a pretext for checking a suspected shoplifter's pockets. Comedy, starring Ronnie Barker and David Jason. (R) (T)

8.00 EastEnders. Stacey is furious to discover Max has taken Tanya on holiday and Denise and Kevin return from honeymoon to find they have a problem to deal with. (T)

8.30 Panorama. Manchester-born Ann Hathaway explains how she became involved with the Sicilian Mafia when she married Antonio Rinzi, head of one of the biggest Cosa Nostra families. With her husband in jail for murder, extortion and drugs trafficking, cameras follow Ann as she is released from Italian prison and returns to the town where the illegal business empire was based. John Ware reports. (T)
9.00 New Tricks. Sandra loses her trust in the team when she discovers they have withheld a secret about her father, but tries to set her feelings aside to investigate the death of a circus ringmaster. Last in series. (T)

10.00 BBC News at Ten O'Clock. (T)
10.30 Regional News: Weather. (T)

10.35 Not Going Out. Lee has trouble bonding with his new lodger - but Tim has no such problem and discovers they have a lot in common. Meanwhile, Kate tries to persuade a dog to become a vegetarian. (R) (T)

11.05 Inside Sport. Weekly show presented by Gabby Logan, with guest journalists Steve Bunce and Tony Livesey, featuring interviews and reaction to all the latest headlines. Plus, reports from James Pearce, Matthew Pinsent and a news round-up from Mhir Bose. (T)
11.45 FILM: Arthur's Dyke (2001). Comedy drama, starring Pauline Quirke. (T)

1.35 Sign Zone: Superstorm. (R) (T) 2.35 Sign Zone: It's Not Easy Being Green. (R) (T) 3.05 Sign Zone: Demolition. (R) (T) 3.35 Sign Zone: Missing. (R) (T) 4.20 BBC News 24. (T)



BBC2

6.00 CBeebies: Fables. (R) (T) 6.20 The Story Makers: (R) (T) 6.35 Balamory. (R) (T) 7.00 Postman Pat. (R) (T) 7.15 Come Outside. (R) (T) 7.30 CBeebies Springwatch. (T) 8.00 CBBC: Springwatch Trackers. (T) 8.30 What's New Scooby-Doo? (R) (T) 8.50 Smart. (R) (T) 9.15 Mona the Vampire. (R) (T) 9.40 Watch My Chops. (R) (T) 10.05 Best of Friends. (R) (T) 10.35 Even Stevens. (R) (T) 11.00 FILM: High School Musical (2006). Teenage drama, starring Zac Efron. (T) 12.35 FILM: The Comancheros (1961). Western, starring John Wayne. (T) 2.15 Living in the Sun. (R) (T) 3.15 Escape to the Country. (T) 4.00 Flog It! Ten of the Best. (T) 4.45 Eggheads. (R) (T) 5.15 Weakest Link. (R) (T) 6.00 The People's Quiz - Wildcard. (T) 6.30 Let Me Entertain You. (T) 7.00 Facing the Truth. People involved in Northern Ireland's Troubles. (R) (T) 8.00 Springwatch. New series. Bill Oddie and Kate Humble return to Devon, where they use mini-cameras to observe wildlife. Simon King spends three weeks observing creatures on the Hebridean island ofIslay. (T) 9.00 The Great Granny Chart Invasion: Power to the People. A group of pensioners try to enter the pop charts. Last in series. (T) 10.00 FILM: The Pledge (2000). An American cop on the verge of retiring becomes obsessed with helping a distraught woman track down her daughter's killer. Dark, offbeat thriller, starring Jack Nicholson. (T) 12.00 Springwatch Nightshift. (T) 2.00 BBC Learning Zone. (T)

Pick of the Day

Let Me Entertain You (BBC2, 6.30pm)

While other talent shows get reams of publicity and prime-time Saturday night slots, the first series of Let Me Entertain You snuck into the afternoon schedules last year with relatively little fanfare. Luckily, it soon picked up a cult following among people who enjoy watching an entertaining mix of genuinely gifted performers and great British eccentrics, while also proving the general public are much harsher critics than the likes of Simon Cowell - especially when they can deliver their verdicts anonymously. For anyone who hasn't seen it before, it's presented by Brian Conley and Christine Bleakley, and gives hopefuls the chance to take to the stage. However, they can only stay there for as long as the studio audience wants them - when they have seen enough, the spectators can vote for the act to stop, and once 50 per cent have pressed the button, the wannabes have to call it quits. Anyone who lasts three minutes gets £1,000 and the opportunity to appear in the weekly final. In this edition, the first in a new run, Brian and Christine introduce Lee, a 13-year-old singer from Leeds, the Diablo dance company, guitarist Ben, and classically trained diva Julia. Plus, one unsuspecting audience member will discover they're not just there to watch, but will be expected to get up and entertain - but they will get a bit of celebrity coaching first.

C4

6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Everybody Loves Raymond. (R) (T) 7.30 Everybody Loves Raymond. (R) (T) 8.00 Just Shoot Me. (R) (T) 8.30 Just Shoot Me. (R) (T) 8.55 Frasier. (R) (T) 9.20 FILM: Mighty Morphin Power Rangers: The Movie (1995). Adventure, starring Paul Freeman. 11.00 Friends. (R) (T) 11.30 Friends. (R) (T) 12.00 Pirates of the Caribbean 3: T4 Movie Special. (R) (T) 12.25 A Place Down Under. (R) (T) 12.55 A Place Down Under. (R) (T) 1.25 FILM: Alaska (1996). Family adventure, with Thora Birch. (T) 3.30 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 The New Paul O'Grady Show. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.05 FILM: Star Trek: Nemesis (2002). Premiere. The crew of the Enterprise are pitted against the evil intentions of Captain Picard's malevolent clone. Sci-fi adventure, starring Patrick Stewart, Brent Spiner and Tom Hardy. (T) 9.00 Brits Get Rich in China. Film-makers Alistair Cook and Rob Davis follow three British entrepreneurs as they try to make a fortune by opening businesses in China's booming economy despite the financial risks involved. (T) 10.15 ER. (T) 11.20 Sport's Dirty Secrets. (T) 12.20 Garbage: Video Exclusive. (T) 12.25 Sex and the City. (R) (T) 1.00 Sex and the City. (R) (T) 1.35 Six Feet Under. (R) (T) 2.40 Transmission. (R) 3.40 Garbage: Video Exclusive. (R) (T) 3.45 Hallo Panda. (R) 4.20 FILM: Highly Dangerous (1950). Comedy thriller, starring Margaret Lockwood. (T) (bw) 5.55 In Your Dreams. (R)

FIVE

6.00 Milkshake!: The Save-Ums! (R) (T) 6.10 Fifi and the Flowerots. (R) (T) 6.25 Franny's Feet. (R) (T) 6.35 Bird Bath. (R) (T) 6.45 Hi-5. (R) (T) 7.20 Roary the Racing Car. (R) (T) 7.30 Rupert Bear. (R) (T) 7.45 Make Way for Noddy. (R) (T) 8.00 Say It with Noddy. (R) (T) 8.05 Fifi and the Flowerots. (R) (T) 8.20 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 Miss Spider's Sunny Patch Friends. (R) (T) 8.55 Sandy and Mr Flapper. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 five news. (T) 12.00 House Doctor. (R) (T) 12.30 House. (R) (T) 1.30 The Madness Within. (T) 3.30 FILM: Perry Mason: The Case of the Lost Love (1987). Whodunit, starring Raymond Burr. (T) 5.30 five news; Weather. (T) 5.40 FILM: Airplane! (1980). Disaster spoof, starring Robert Hays. (T) 7.10 five news. (T) 7.15 Cricket on five. England v West Indies. Mark Nicholas is joined by Geoffrey Boycott, Simon Hughes and Ian Bishop to present highlights from the fourth day of the Second Test at Headingley; (T) 7.15 five news update. (T) 8.00 Fifth Gear. Darren Gough races on an off-road track; (T) 8.00 five news at 9.00 Paul Merton in China. The comedian visits a Shaolin temple. (T) 10.00 Prison Break. Michael and Lincoln escape to Panama. (T) 11.00 FILM: Anaconda (1997). Adventure, starring Jon Voight. (T) 12.35 NASCAR. 1.40 US PGA Golf. 2.15 NBA Basketball. 5.10 A1 Grand Prix. A review of the second season of the self-proclaimed World Cup of Motorsport.

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 60 Minute Makeover. (R) (T) 11.30 60 Minute Makeover. (R) (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 Inspector Morse. (R) 3.00 For the Rest of Your Life. (T) 3.59 London Weather. (T) 4.00 FILM: Sparkling Cyanide (1983). Agatha Christie mystery, starring Anthony Andrews. (T)

6.00 You've Been Framed! Featuring a flying dog and a comical crash. (R) (T)
6.25 London Tonight: Weather. (T)

6.40 ITV Evening News: Weather. (T)

7.00 Emmerdale. The villagers gather to pay their last respects to Len, only for Pearl and Edna to end up arguing at his graveside. Billy returns to take up a job at the garage, much to Daz's delight and Jack's chagrin, while Rodney's increasing role in Sharon's wedding irritates Val. (T)

7.30 Coronation Street. The police investigation into the fire takes them to the scene of the crime, where they quiz Ashley about the time Claire was sectioned - and when his wife returns home, she ends up being taken in for questioning. Leanne desperately needs to find her 20,000 pounds share of the restaurant venture, prompting her to go back to escorting, and Derek drops a bombshell on Liz. (T)

8.00 Airline. Colleagues give Emma Ellwood a hair-raising send-off when she moves from passenger services to cabin crew duties. A businessman in Bristol who is 18 hours late for his flight to London expects to be put on the next plane free, and a passenger is furious to find the check-in closed after driving 200 miles to get there. Meanwhile, feathers are ruffled at Belfast as a lively hen party is delayed. (R) (T)

8.30 Coronation Street. Claire is questioned about the fire, and becomes so frustrated she suggests the police just lock her up now and throw away the key. Paul is dismayed to learn the identity of Carla's new business partner, while a comment from Vernon makes Liz wonder whether he suspects her affair with Derek. (T)

9.00 FILM: Ocean's Eleven (2001). George Clooney stars as an ex-con determined to pull off a tricky casino heist, aided and abetted by a host of famous faces. Slick and stylish crime comedy, co-starring Brad Pitt. (T)
11.05 ITV News: Weather. (T)
11.20 The Championship. Derby County v West Bromwich Albion. Matt Smith presents highlights of the Championship play-off final at the new Wembley Stadium. Plus, action from the League One and League Two play-off finals. (T)

12.20 Champions League Weekly. (T) 12.45 Glitterball; (T) ITV News Headlines. 4.05 Everything Must Go! (R) (T) 5.00 ITV Nightscreen.

LOCAL

RTP1

0630 Bom Dia Portugal
1000 Praça da Alegria
1300 News 1410 Los Ricos Tambien Lloran
1505 Portugal no Coração
1715 Lingo 1800 Portugal em Directo 1915 O Preço Certo 1955 Direito de Antena 2000 News 2100 Notas Solistas 2130 Um Contra Todos 0115 Bonnie and Clyde, film

RTP2

0730 Zig Zag, cartoons
1330 The OC 1545 Fire Within 1645 A Minha Família e Outros Animais 1800 Pica 1830 A Fé dos Homens 1945 Zig Zag 2015 Pica 2045 Sim Amor 2115 A Alma e a gente 2145 A Hora da Sorte 2200 News 2230 Perto de Casa 2300 Mundos

SIC

0645 Sic Kids 0230 Filiribella 1000 Fátima 1300 News 1415 O Profeta 1515 Contacto 1715 Filiribella 1915 Pé Na Jaca 2000 News 2115 Páginas da Vida 2315 Jura 0015 Conspiracy, film 0300 Bang Bang 0345 Olhar de Serpente

TVI

0700 Diário da Manhã 1000 Você na TV 1300 News 1400 Tu e Eu 1515 Doce Fugitiva 1630 Quem Quer Ganhar 1745 Morangos com Açúcar 2000 News 2215 Tempo de Viver 0015 Another Meltdown, film

Best of the Rest

BBC3

7.00 The Scam Squad 7.30 Freaky Eaters 8.30 Dog Borsal Unleashed 9.00 Little Britain 9.30 The Scum Also Rises 10.00 EastEnders 10.30 Rob Brydon's Annually Retentive 11.00 Two Pints of Lager and a Packet of Crisps 11.30 Two Pints of Lager and a Packet of Crisps 12.00 The Scum Also Rises 12.30 Garry and Stacey 1.00 Rob Brydon's Annually Retentive 1.30 Two Pints of Lager and a Packet of Crisps 2.00 Two Pints of Lager and a Packet of Crisps 2.30 Dog Borsal Unleashed 3.00 Is It Cos I's Black? 4.00 Close

BBC4

7.00 It Started with Swap Shop 8.50 The Clangers 9.00 Children's TV on Trial 10.00 Ivor the Engine and the Story of Smallfilms 10.25 The Clangers 10.35 Blue Peter: John Noakes, 1000 Programmes Later 11.05 Indian School 11.35 Are We Having Fun Yet? 12.35 Children's TV on Trial 1.35 Indian School 2.05 Are We Having Fun Yet? 3.05 Children's TV on Trial 4.05 Close

ITV2

1.00 Emmerdale 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.40 Film: The Menace Strikes Again U (1998) 5.25 Airline USA 5.55 Judge Judy 7.10 The Planet's Funniest Animals 7.25 Grease Is the Word: Live 9.00 Teen Boob Jobs: Too Much Too Young 9.30 Teen Sex: Too Much Too Young 10.00 Film: Spun 18 (2003) 12.05 Coronation Street 12.35 Coronation Street 1.05 Film: Bridget Jones: The Edge of Reason 15 (2004) 3.05 Glitterball: ITV Play 4.00 Teleshopping 6.00 Close

Sky One

1.00 Buffy the Vampire Slayer 2.00

Bones 3.00 Bones 4.00 Stargate SG-1 5.00 Stargate SG-1 6.00 Malcolm in the Middle 6.30 Malcolm in the Middle 7.00 The Simpsons 7.30 The Simpsons 8.00 The Simpsons 8.30 The Simpsons 9.00 Project Runway 10.00 So You Think You're Royal? 11.00 Film: Alien Resurrection 18 (1997) 1.00 Bones 1.50 Law & Order 2.40 Buffy the Vampire Slayer 3.30 Star Trek: Voyager 4.20 Mile High 5.10 Star Trek: Voyager

UKTV Gold

1.00 Wallace & Gromit: A Grand Day Out 1.30 Wallace & Gromit: The Wrong Trousers 2.10 Wallace & Gromit: A Close Shave 2.50 The Vicar of Dibley 3.30 Film: Carry On Henry PG (1971) 5.20 Porridge 6.00 Film: Roxanne PG (1987) 8.10 The Vicar of Dibley 9.00 The Worst Week of My Life 9.40 Only Fools and Horses 10.45 The Vicar of Dibley 11.35 One Foot in the Grave 12.15 Only Fools and Horses 1.25 Porridge 2.05 The Worst Week of My Life 2.35 One Foot in the Grave 3.15 Merseybeat 4.10 Waiting for God 4.40 Close Up 4.50 Some Mothers Do 'Ave 'Em 5.25 Close Up 5.35 Neighbours

TCM

1.05 Hearts of the West PG (1975) 3.00 Seems Like Old Times PG (1980) 5.00 One, Two, Three U (1961) 7.00 There's a Girl in My Soup 15 (1970) 9.00 Arthur 15 (1981) 10.50 Wise Guys 15 (1986) 12.30 Cool Breeze 15 (1972) 2.15 Teleshopping 2.35 The Comedians PG (1967)

The Disney Channel

Kids' programmes from 7am, except: 8.00 Film: Cheetah Girls U (2003) Family comedy.

Sky Movies Drama

7.00 The Story of an African Farm PG (2004) 8.50 Hockey Mom PG (2003) 10.40 A Walk in the Clouds PG (1995) 12.25 The Story of an African Farm PG (2004) With Richard E Grant. 2.10 Casanova 12 (2005) With Heath Ledger. 4.05 A Walk in the Clouds PG (1995) With Keanu Reeves. 5.50 Pride and Prejudice U (2005) With Keira Knightley. 8.00 Casanova 12 (2005) With Heath Ledger. 10.00 Pride and Prejudice U (2005) With Keira Knightley. 12.10 The Edge 15 (1997) With Anthony Hopkins. 2.15 The Alamo 12 (2004) With Dennis Quaid. 4.40 The Story of an African Farm PG (2004)

Sky Movies Comedy

6.05 Two Much PG (1996) 8.10 I'm Gonna Git You Sucka 15 (1988) 10.00 Dear God PG (1996) 12.00 Monster-in-Law 12 (2005) With Jennifer Lopez. 2.00 Keeping Mum 15 (2005) With Rowan Atkinson. 4.00 Drop Dead Fred 15 (1991) With Rik Mayall. 6.00 Guess Who 12 (2005) With Ashton Kutcher. 8.00 Monster-in-Law 12 (2005) With Jennifer Lopez. 10.00 Keeping Mum 15 (2005) With Rowan Atkinson. 11.45 Guess Who 12 (2005) With Ashton Kutcher. 1.35 Drop Dead Fred 15 (1991) With Rik Mayall. 3.20 I'm Gonna Git You Sucka 15 (1988) 5.00 Two Much PG

(1996)

Sky Movies Action

6.10 SS Doomtrooper (2006) 7.45 Bad Company 15 (1972) 9.20 Path of Destruction PG (2005) 10.55 Mr & Mrs Smith 15 (2005) 1.00 Four Brothers 15 (2005) With Mark Wahlberg. 2.50 SS Doomtrooper (2006) With Corin Nemec. 4.20 Mr & Mrs Smith 15 (2005) With Brad Pitt. 6.25 Path of Destruction PG (2005) With Danica McKellar. 8.00 Four Brothers 15 (2005) With Mark Wahlberg. 10.00 Payback 18 (1999) With Mel Gibson. 11.45 Pirates of the Caribbean 3 - Making Of 12.05 The Young Americans 18 (1993) With Harvey Keitel. 2.00 Back in Business 18 (1997) With Brian Bosworth. 3.50 Captive 15 (1998) 5.50 Action & Thriller Close Up

(R) - repeat programme;

(T) - programme with teletext

subtitles;

(S) - programme broadcast in

stereo;

(bw) - black and white.

SPORT

Sky Sports 1

6.00 Football League 7.00 Spanish Football 9.00 Football League 10.00 Morning Report 11.00 Morning Report 12.00 Live Super League. Warrington Wolves v St Helens (Kick-off 12.05pm). 2.00 Live Football League. Derby County v West Bromwich Albion (Kick-off 3.00pm). 5.30 Champions League Weekly 6.00 Live Premier League Darts. Finals night at the Brighton Centre. 12.00 Test Cricket 2.00 Super League 4.00 Close

Sky Sports 2

6.00 Test Cricket 8.00 Motor Racing 10.30 Live Test Cricket. England v West Indies. 7.00 Ocean Test Cricket 10.00 Rugby Union 12.30 Football League 2.30 World Motor Sports 5.00 Close

Sky Sports 3

6.00 Live Test Cricket. Bangladesh v India. 12.00 Ocean 12.30 NBA Basketball 2.30 Live Rugby Union. England Saxons v Scotland A (Kick-off 3.00pm). 5.00 Live Rugby Union. Coverage of the County Final at Twickenham. 7.30 Football League 9.30 Wild Spirits 10.00 WWE: Late Night - Bottom Line 11.00

WWE: Late Night - Afterburn 12.00 Extreme Championship Wrestling 1.00 WWE: Heat 2.00 Live WWE: Late Night - Raw. Wrestling action from the States. 4.15 Sky Sports Classics 4.30 Wild Spirits 5.00 Live Test Cricket. Bangladesh v India.

British Eurosport

7.15 Game, Set and Mats 7.30 Cycling 8.00 World Superbikes 9.00 French Open Tennis 10.00 French Open Tennis. The second day's play at Roland Garros. 7.30 French Open Today 7.45 Eurogoals 8.15 World Superbikes 9.45 French Open Tennis 10.45 Eurogoals 11.15 Motorsports Weekend 11.45 Eurosport Buzz 12.15 Game, Set and Mats 12.30 Close

Sky Sports Xtra

6.00 Golf Night 9.00 Premiership Years 11.00 Aerobics Oz Style 11.30 Racing News 12.00 Masters Football 2.55 U Can Do It 3.00 Premiership Years 5.00 WWE: Raw 7.00 Super League 9.00 World Motor Sport 11.30 British Rally Championship 12.30 Masters Football 3.25 U Can Do It 3.30 Wild Spirits 4.00 Ocean 4.30 Close

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Eight page **Back to School** Supplement with plenty of useful information for you to **PULL OUT** and **KEEP**



Back to new school rules

Francis Gilbert, author of *The New School Rules*, spills the beans on how to get your child into a good school, how to get them settled, ways to get the most out of your child's teacher, and how to improve their exam performance.

It's one of the most important choices a parent can make - which school will be best for their child?

Unfortunately, of course, parents are not the only ones involved in the choice that could have such a monumental impact on their child's life. The school and/or the local education authority makes the final decision, and all too often it's not the one the parents were hoping for.

But in many cases they could have got the school of their choice - if they'd just played the system right.

So says the author of a new book that aims to help parents and children get what they want and need from the education system - from winning a place at

the best school, to helping children settle in, get the most from their teachers, and even deal with bullying.

The book, *The New School Rules*, tackles the most fundamental problem first: how to get your child into the best school.

Author and English teacher Francis Gilbert says: "It can be very difficult for parents, particularly if they live in areas where the schools are oversubscribed.

"I've spoken to a lot of parents who've moved so they can get their child into a good school, and many who've started going to church even though they're atheist, just so they can get their child in a church school. It's absurd."



Research has shown that parents don't know what to expect from a school, and they feel lost when they send their child there. (Photo: Press Association)

FRANCIS GILBERT
Author of *I'm a Teacher, Get Me Out of Here!*

THE NEW SCHOOL RULES

The parents' guide to getting the best education for your child

The New School Rules by Francis Gilbert, published by Portrait Books,

Gilbert stresses that often a parent's problem with school admissions stems from the fact that they simply haven't filled the forms in properly, or mentioned special educational needs.

"A special need could be that a child isn't very good at reading, for example, yet some parents don't think to mention that because they're a bit embarrassed about it.

"And another special need that parents would be wise to mention is if their child is brighter than other children of their age.

"Mentioning these things will

help kids meet the criteria for the school they want."

But getting your child into a good school is only the first rung of the education ladder, and Gilbert's book goes on to tackle issues including how to get the best out of the teachers, helping children with exams, and even how to avoid cyber-bullying.

"Research has shown that parents don't know what to expect from a school, and they feel lost when they send their child there," Gilbert says.

In the book there's a checklist of questions parents should be asking, from what the toilet ar-

rangements are, to getting a map of the school.

And then there's advice on what to do about various problems, such as when a child doesn't settle in at school, or doesn't like a teacher.

Gilbert warns that the education system is a potential minefield that parents need guiding through, although he does stress: "If you motivate your child, it doesn't matter what school they go to."

∴ *The New School Rules*, by Francis Gilbert, is published by Portrait Books.

Lisa Salmon



National Day Nurseries Association chief executive Purnima Tanuku

Baby scorecards



The English government now says it may encourage child-carers to single out the brightest four-year-olds for extra tuition. We ask the experts if such monitoring and assessment is a good thing for pre-school children, or is it too much too soon?

Many adults who reminisce about early childhood believe the freedom to play and lack of pressure was the most wonderful thing about it.

But now new measures are being introduced which some believe may threaten that unfettered early development through monitoring and assessment, and creaming off the brightest pupils, from a very young age.

The first of the measures, the Early Years Foundation Stage (EYFS), is a framework that sets the standards for the development, learning and care of children from birth to five.

From September 2008, all registered early years providers like childminders and nurseries will have to use the EYFS, which features targets such as babies being able to show they can communicate by "crying, gurgling, babbling and squealing".

The programme is expected to be grouped into six areas including, communication, language and literacy, problem-solving, reasoning and numeracy, and knowledge and understanding of the world.

Carers will have to prepare toddlers for the 3R's, with early preparation for writing involving "playing with fingers and toes and focusing on objects around them", while in numeracy babies should "develop an awareness of shape, form and texture".

The carers will have to monitor children's progress, and face checks by Ofsted inspectors.

The scheme has been welcomed by the National Day Nurseries Association (NDNA),

although its chief executive Purnima Tanuku warns that good support is key to its success.

"This framework will help ensure that nurseries can truly make sure a child gets the best start in life.

"We especially welcome how its key principles promote the importance of ensuring that children are cared for in a loving and secure environment where they can enjoy developing at their own pace."

Inspectors and local authorities should get the right training, she says, stressing that the NDNA is concerned about staff-children ratios for the over-threes.

"We question how private and voluntary nurseries can support the cost of improvement without raising fees for parents."

But not everyone welcomes the changes. Margaret Morrissey of the National Confederation of Parent Teachers says the emphasis at such a young age should be on love, not learning.

"My concern is that carers are going to spend too much time teaching very young children to read and write instead of giving them the love and care they need. The people that care for them can't do both,

"We want them to learn and develop, but having a regimented curriculum is asking too much of such young children."

A second measure proposed by the government is that gifted children are singled out by teachers from the age of four-and-a-half so they

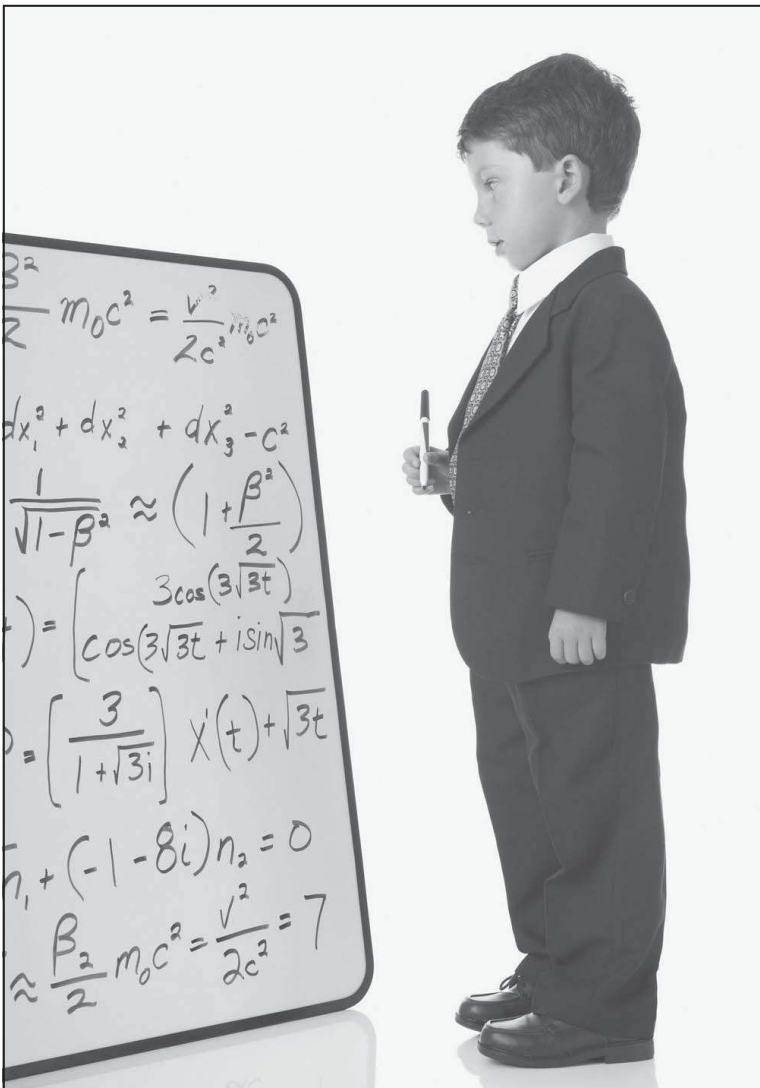
can be offered extra classes at university summer schools, or Saturday morning tuition.

But Morrissey stresses that such young children can probably learn just as much at home with their parents, adding: "More formal teaching and learning can put pressure on young children. Let them develop through the system we've already got."

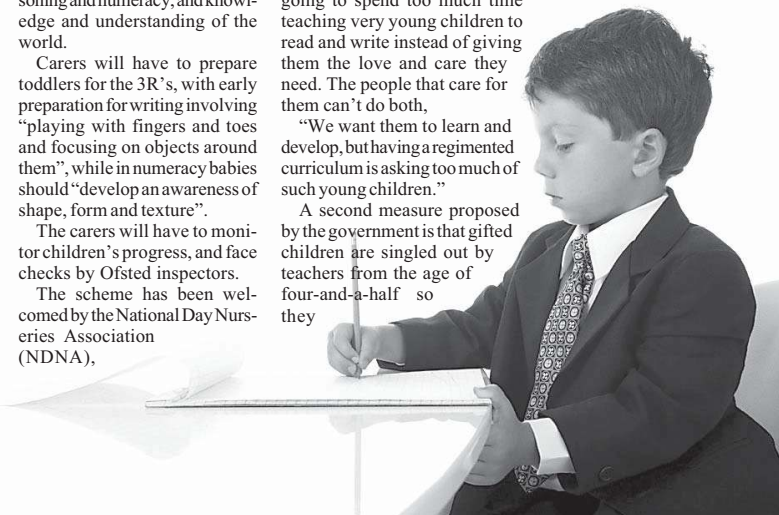
Peter Price, chair of the National Primary Heads Association, stresses that learning through play is the best way for very young children to progress. He adds: "If children are selected for their own improvement and according to their needs, it has to be to their advantage, but if it's to fast-track children and put pressure on them before they're ready, it would be unfair."

"If it's done with the willingness of the child, I can't see a problem - although a young child can learn at home with the family as well."

Lisa Salmon



New measures are being introduced which some believe may threaten that unfettered early development through monitoring and assessment, and creaming off the brightest pupils, from a very young age. (Photo: Press Association)



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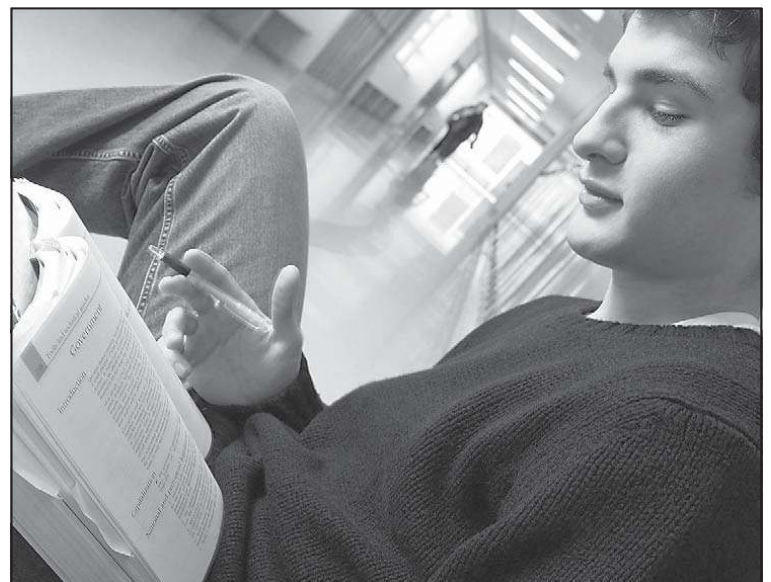
Embarking on your route to a successful career or making a change to enhance your life is daunting, and you may need help. Whether you are just starting out on your path towards a future career or beginning to relax into retirement or anything in between, you can seek advice and guidance from a professional and supportive consultant!

Modern life offers so many choices that it can often be confusing and intimidating, but with an expert listening and advising you, it can be easy to understand all of the different routes available so you can choose the best path. Although life is not ideal and jobs cannot be manufactured, a helpful pointer in the right direction will help you to optimise the chances that are around you, - just by opening your eyes to what is available.

Seeking guidance can help to optimise your future.

For more information, contact Gwenda Daud on 918 376 657, e-

[mail mдаud@mail.telepac.pt](mailto:mдаud@mail.telepac.pt) or visit www.afuturecareer.com.



Vale Verde International School



VVIS is situated on the edge of the village of Burgau, an attractive location near Luz on the coast of Western Algarve. It is an International Secondary School following the British curriculum through to IGCSE and A level, with a bilingual Primary section opening in 2008.

One of the strengths of the school is its friendly atmosphere and the way each new student quickly settles in to become part of the extended family.

New subjects such as Music, Food Technology and Chemistry were added this year to an already varied and balanced curriculum. Classes are small which allows students to receive a high degree of individual attention and recognition. Whilst much is demanded of our students, support is given through the provision of extra time on the curriculum in key subject areas for those undertaking IGCSE and A levels.

Educational outings are organised to places of interest both locally and abroad. The teachers are all experienced and highly qualified practitioners. The school has a thriving Parents' Association which organises social and fundraising events.

Extra-curricular activities include Yoga, Musical activities, Drama Production, Film Club, Academic clubs consisting of Portuguese, English and Mathematics, and Sporting clubs. One big feature this year has been the development of a girls' football squad, sponsored and trained by one of the parents. Vale Verde

students play an active role in supporting local and international charities on an ongoing basis.

The school welcomes visitors throughout the year and potential parents are always impressed by the warm and welcoming atmosphere that prevails both in the classroom and in its environs. If you would like to visit us, please telephone Carla Paralta, the Administrative Officer on 282 697205 to make an appointment. Do also visit our site at www.vvis.org and the PA site at www.vvispa.com.



Spreading joy via the 'shoebox' fund.

Vilamoura International School

Vilamoura International School - Colégio Internacional Vilamoura - was founded as an international education institution, serving students from the Vilamoura area. Thanks to its mission statement and educational philosophy, our school has drawn many students from other Portuguese areas and more and more from other countries. Now, besides Portuguese stu-

dents, who want to continue their studies in an international educational system, the student body comprises 42 nationalities, of different cultural and linguistic expressions.

One of its most interesting characteristics is its curriculum. Students and families are guided through their primary studies according to their linguistic background and the need to acquire, at

an early age, skills in other linguistic expressions. Levels of study: from the age of three to 12th year (Portuguese studies) or nursery to class 13 in the English studies.

The idea of education promoted in the scope of an international school is not far from the so-called cognitive-developmental philosophies, which are associated with the international education principles. There are known

ways in which students and teachers can develop projects that are relevant to today's world and to its problems: from humanitarian projects, helping the neediest, to the early learning of languages, to the promotion of different cultures (especially those that are least known). Learning experiences will always be focused on something specific, such as linguistics and intra and interpersonal competencies. Call 289 303 280 for more information.



Enjoying a cookery lesson.

Vilamoura International School

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The Educational Philosophy of Vilamoura International School promotes the idea that a school is a place for continuous learning and discovery and international education.

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Directions from Lagos: Follow A22, take Lagos/V.Bispo turn-off, turn right at round-about in Lagos. Turn left at 2nd turning to Luz, keep right at round-about. The school is about 3.8 km further.

School holidays - avoiding holidays from hell

While most children are counting down to the start of the summer holidays, it's a fair bet their parents won't be quite as excited. The experts explain how to ensure your family survive the summer holidays without getting bored or

going broke.

When you're a child, there's no greater feeling than having several blissful weeks of summer holidays stretch out before you. No school, no homework, no problems.

But for parents, those same weeks can seem an endless ordeal juggling childcare and trying to organise time off, not to mention being seen as a bottomless source of money and entertainment.

The key to surviving holiday time is to relax and enjoy it, says Parentline Plus deputy chief executive Gil Loughran.

"It's quite important for parents and children to enjoy themselves. Don't get too anxious and worried about what you're going to do - it's nice just to chill out together. See it as a good opportunity to spend time with your children."

But Loughran admits holidays can be hard work, particularly for families in conflict.

"Parents bringing up their children alone and separated families in disagreement over where children will spend their time, can also find the holidays stressful and depressing, underlining the fact that the family has changed," she says.

Whatever your situation, Loughran says the secret of successfully surviving the school holidays is aiming for a balance of planning and spontaneity.

"I think it's best to have a mixture of planning and taking it day by day. Planning ahead is particularly good for parents who are separated or divorced. When there are issues about children spending time with both parents - it's worth sorting that out in advance. Children

shouldn't feel like their parents are arguing about them," she advises.

Psychotherapist Jill Curtis agrees, saying separated parents should try to avoid turning the school holidays into a tug of war.

"It is hard when a freshly blended family or stepfamily is disrupted because one child has to be off with the 'other' parent. Yet, for some separated mothers and fathers it is the only period they have to spend extra time with their children.

For most parents though, the major challenge is dealing with children who moan that they're 'bored' the day after school finishes.

Again, Loughran advises taking a relaxed approach.

"Parents do get worried about it, and overcompensate by filling every minute of every day. But it's

good for kids to get bored - sometimes they're quite happy just sitting around. Parents should realise they don't need to over-stimulate their children."

Nor does entertaining your kids over the holidays necessarily mean spending lots of money, she says.

"Parents get terribly worried it will be expensive. But quite often

children are happy to spend time with friends, or having their friends around to play."

Remembering the point of the holiday period will save a lot of stress, Loughran adds.

"It's quite good to feel that you can wake up and think, 'What are we going to do today? It's sunny, let's go to the park, or it's raining, let's go to the pictures'. That's what holidays are all about."

Lucy Corry



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Founded in 1972, the International School of the Algarve is the largest and most established Private School in the South of Portugal. A safe and healthy environment provides your children with the best education has to offer.

The School has two sections, one National, offering the Portuguese curriculum, and one International, offering English National Curriculum, modified to suit an international clientele. The two sections of the School are integrated for sport and many other activities.

In the International Section, there is a Primary School (4 to 10 years) and a Secondary School (11 to 18 years). Pupils prepare for IGCSE at age 16 and for academic and applied A levels at ages 17 and 18. The teaching staff are fully qualified and experienced.

The pupils are from about 26 different nationalities. There is support, when needed, from our English as a Foreign Language Department, as well as from a School Psychologist and a Special Educational Needs Department.

The School occupies a nine hectare site on the main East West coast road in the central Algarve, approximately 30 minutes from Faro International Airport. The School Bus Service serves a wide area: Luz and Lagos, Messines and Silves, Albufeira and Vilamoura, Portimão and Alvor, Alcantaral and Loulé and Faro are all covered.

The School has been purpose built and, as well as spacious facilities for football, athletics and basketball, includes two self-contained Kindergarten units, 37 classrooms, a Gymnasium/Assembly Hall, four Art rooms, two Music rooms, three Science Laboratories, two Computer rooms, a Design Technology Workshop, the largest library in Southern Portugal, Kitchens and Dining rooms.

In the International Section, Portuguese as a foreign language

is taught throughout, each class being divided between two teachers to allow different levels of experience in the language. All secondary age classes are also split into ability sets for Mathematics. There is a rich option scheme in the GCSE years, allowing pupils to choose between the more academic subjects like Physics, Chemistry, French and German and more practical subjects like Drama, Design Technology and Art. In the Sixth Form (Years 12 and 13) Advanced Level Subjects, leading to university entrance, currently on offer are Mathematics, Physics, Chemistry, Biology, Business Studies, German, Portuguese, French, Art, Design Technology, Physical Education, Information Technology and Travel and Tourism.

As well as covering all academic curriculum areas, a great deal of energy and enthusiasm go into school plays, musical concerts and art projects. The School also organizes many educational visits and an after-school club provides a wide range of sporting, adventure and academic support activities.

Team sport is well-developed at the School, giving pupils the opportunity to compete on a regular basis against teams from Portuguese Schools in the Algarve, as well as those from other International Schools in Portugal.

There is an active Parent Teacher Association which works to support the pupils through fund-raising and social activities.

The School Year runs from September to June, with breaks of two weeks at Christmas and Easter, plus Portuguese national Holidays.

If you would like a prospectus to be posted or e-mailed to you, or for any further information, please contact the School Office between 8am and 7pm on Tel: +351 282 342 547, email: geral@eialgarve.com.



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Community, family and achievement



EISL is a school looking towards the future. We have a new Board of Governors, a new PTA and a new Head Teacher designate. Terry McGuire will be joining the school officially in September, but has already made several visits to meet with governors, staff, pupils and parents. He is currently Assistant Principal at Doha College in Qatar.

He will be joining a team which is proud to have created a school with a friendly atmosphere as well as academically high standards; all graduates from the school have gained places at their first choice university or college.

It is not only academic work which is important at EISL. The school stresses the value of social responsibility, and students and staff alike take part in numerous community outreach programmes and fund-raising efforts. The new PTA meanwhile means that parents can become more actively involved in school activities and events and formalizes the help they traditionally provide for school productions, fairs and other events.

EISL offers an impressive range of subjects at IGCSE and AS/A Level and this will be further enhanced by Mr. McGuire's own subject of Economics, which he intends to teach next year. He is keen to be very much a teaching Head. He will also be

leading and encouraging the participation of staff members in a wide range of training courses, as part of the focus on continued professional development. He has, himself, recently completed the National Qualification for Head Teachers, now a requirement for all new Heads in the UK.

This year, while stressing that we are a non-selective school and encourage all our students to enter for external examinations, we are again optimistic that results will be even better than last year. Though how to improve on 100% pass rate at A Level (2006) is another question.

For more information, contact the Escola Internacional São Lourenço on (+351) 289 398 328 or fax (+351) 289 398 298, address Caixa Postal 445N, Sítio da Rabona, 8135 Almancil. E-mail at eisl@mail.telepac.pt or visit www.eisl-pt.org.

*Mrs Sam Durham
Acting Head Teacher*



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The importance of reading



A love of reading is an important part of childhood, and the best way to encourage it is for parents to read to their children.

The benefits of reading aloud include giving young children the chance to experience things beyond their world, and giving them access to new words and phrases, which will improve their spoken and written vocabulary, and it doesn't just benefit children - it's great for parents too.

"I know parents have very busy lives, and sometimes reading to your child at night is the last thing you want to do. But it's a lovely time, and a great way to wind down.

It's a simple, cosy thing to do that doesn't cost any money - you can get books from the library."

Lots of different noises and funny faces are great when reading to children, but parents who aren't particularly good at it shouldn't worry.

"Children don't really mind if you read without too much expression - they're happy to sit back and let the world of the story wash over them."

Julia Strong, director of the

National Literacy Trust's National Reading Campaign, says: "It's long been understood that reading aloud to children is the single best way of getting them to read themselves. It's great that parents interested in it like this."

She adds: "We all enjoy hearing a good story and once the child can read, they can share the reading aloud with their parents."

Here is our selection of books parents may be interested in reading:

Your Clever Baby

Your Clever Baby shows how parents can maximise their child's potential cleverness right from conception - but its author, Dr Carol Cooper, stresses that being clever is not just about doing well in IQ tests. Clever babies are alert, Cooper says, and interested in the world around them. As well as encouraging children to use all their senses, parents can boost cleverness through nourishment, particularly by giving children the recom-

mended five portions of fruit and vegetables a day, plus fish oils.

Overcoming Your Child's Fears

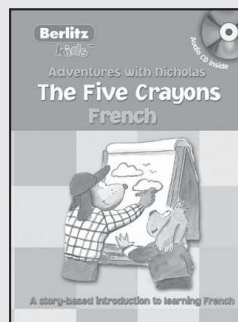
Is your child worried about going back to school? Overcoming Your Child's Fears And Worries, by Cathy Creswell and Lucy Willetts may be the book for you. Published by Robinson.

CATHY CRESWELL & LUCY WILLETTTS
OVERCOMING YOUR CHILD'S FEARS & WORRIES
A self-help guide using Cognitive Behavioral Techniques

'An invaluable resource for parents and those working with children who wish to help children overcome their difficulties.'
Professor Peter J. Cooper

The Five Crayons

According to experts, kids should learn rhymes and songs in foreign languages. Parents should also think about buying their favourite books, cartoons, computer games and DVDs in another language, so they can relate foreign words to familiar pictures. A good book would be French Adventures The Five Crayons to get them learning French.



Lots of different noises and funny faces are great when reading to children. (Photo: Press Association)

The Eastern Algarve International School

EAST, a school where students are happy and relish learning in a stimulating and safe, natural environment, taught by dedicated teachers through a balanced, broad and rich 21st century curriculum; a school where the individual counts.

Last year, EAST - the Eastern Algarve International School at Tavira - began its activities in one of the region's most picturesque and relaxed areas. The school started in temporary buildings, in a small rural tourism hotel, set in five hectares in the Assêca Valley, off the road to Chachopo, five minutes from Tavira. Currently for students aged 4 to 11, the school aims to develop a full age range of up to 18 years.

By September 2009, the School hopes to move to its permanent location.

EAST is the result of the hard work and persistence of Terry Payne, the school's Director, whose impressive qualifications and experience made him the ideal candidate to bring the venture to fruition. His previous two academic years were spent at St. Julian's School in Lisbon, but having visited Tavira often over the last 20 years, his passion and understanding of the locality drove him to fulfil a much-needed re-

quirement.

Terry Payne's ambition for the school is simple: "EAST aims to be one of the best schools in Portugal".

"A principal factor is that it is staffed by first-rate people", he says, "From highly talented teachers to highly experienced support staff - all are fully qualified and committed." The school's students agree and helped select the staff through lessons given to them by candidates on interview.

EAST is jointly owned by parents, staff, and the community, and has a Members' Council to manage it on behalf of the EAST Association.

The school has received the full support of the Câmara Municipal de Tavira (the local council), and Macário Correia, the Mayor of Tavira, has pledged his support of the school's construction when it moves into its permanent building.

EAST will eventually be the only school in the Algarve to offer GCSE's followed by an International Baccalaureate at age 18. It will operate a radical curriculum tailored to the learning needs of the 21st century. A much-modified version of the National Curriculum of England emphasises EAST's international character and its setting in Portugal; all students study Portuguese

language and culture.

There is strong focus on languages. As an indication of the dynamic, forward-thinking nature of the school, students choose from French, German or Spanish at 8 after sampling these for a term each and similarly can sample Mandarin, Hindi or Arabic at 10, reflecting the growing strategic importance of these in future business and world affairs.

EAST values the arts, sports and health. All students receive instrumental tuition and take dance and drama; this and high-quality, healthy lunches are included in the fees. Good use is made of the local sports hall and swimming pool and opportunities to enjoy tennis and golf thanks to the good links with local clubs.

Terry Payne summarises EAST's philosophy: "Learning relates to the real world, recognises the interconnectedness of knowledge and aims to develop the full potential of every individual. The aim of EAST is to develop education for life!"

Anyone interested can find further information on the website at www.east-pt.com or by phoning the School Office on 00351 281 325 333 or 919 847 653 (Portuguese) or 914 721 566 (English) at any time.



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- A welcoming, inclusive, democratic, not-for-profit school, currently for 4 to 11 year olds, in a beautiful setting where learning is rigorous and fun
- Owned and managed by the EAST Association of its parents, staff and the local community; offering lower than average fees
- Small teaching groups recognising needs, developing talents and the potential of every individual
- Offering a modified version of the English National Curriculum related to the School's setting in Portugal
- Child-centred, experiential 21st century programme, integrating lessons with activities with much learning out of school.
- When secondary education is developed, students will take GCSE; at 18, they will take the globally accepted International Baccalaureate
- Outstanding, enthusiastic, gifted, creative staff with high expectations, selected by teachers, students and parents
- Happy, achieving students who are academically stretched, resourceful, responsible, care for each other and the environment
- Focuses on the arts; health and sports; languages; technology; enriching community links.

EAST: Inspiring leadership; open management; committed staff; an innovative curriculum. self-controlled, students; supportive parents, equality of opportunity. Different...and aiming to make a difference. Call +351 281 325 333 or see www.east-pt.com for more information.

EDUCATION FOR LIFE!

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St Dominic's International School



St Dominic's International School is proud to be authorised by the International Baccalaureate Organization (IBO) to deliver all three IBO programs, the Primary Years Program (PYP), the Middle Years Program (MYP) and the IB Diploma (IBDP).

This means that we are fully committed to IBO principles of intercultural understanding,

broad, holistic curriculum and to constructive approaches to learning. IBO authorization is

our guarantee of challenging programs and rigorous assessment; it also involves a clear approach to academic honesty and meeting deadlines.

Learning through inquiry and learning through service are significant parts of our programs. With the IBO, we wish students to become *active, compassionate and lifelong learners who understand that other people, with their differences, can also be right.*

These principles are in keeping with the ethos of our Founders, the Irish Dominican Sisters in Portugal, whose educational vision is inclusive and based on the belief that all children can learn academically, socially and spiritually through their life in the school. St Dominic's welcomes students of all faiths and cultures through its open entry policy.

The coming year is designated The Year of Student Life to help us focus on a greater role for students in managing many aspects of school life. These are developments in the spirit of St Dominic's Strategic Plan and are of potentially great value to the school. They will challenge the school community to re-think some current understandings of Student Empowerment, Gov-

ernment and Responsibility. Our strategic vision is of a student body willing and able to take a good deal of responsibility for its own welfare, activities, community service and good behaviour. Such thinking entails quite large cultural shifts for some of our community in terms of responsibility and power. It demands less complacency from some of our students and an even greater degree of professionalism from our teachers who already work hard to lead quality teaching and learning.

We plan to develop an expanded role for a vigorous and effective Student Council. This will be a powerful symbol of change and growth towards greater responsibility for students. So too will an expanded role in school life for our volunteer Prefects – students in their first year of the IB Diploma who accept this important leadership task.

This is all part of our concern for Inclusive Behaviours, some other elements of which are:

- Our Peer Mediation scheme. Following their training, our mediators are gradually developing their effect on school relationships, through social support, basic counselling and con-

flict resolution.

- An approach to discipline issues which affirms our conviction that positive behaviour comes from effective classroom practice, and the empowerment of teachers. Such an approach puts skills of discussion and negotiation ahead of extensive sets of (especially negative) rules.

- We have taken first steps towards a Harassment Policy for the school community. Every community must develop and "own" its own set of understandings and procedures. In a school, that means that students, parents, teachers and other staff must all have a part in the policy development and practice.

Service Learning

All students at St Dominic's are expected to undertake service to the community. Service learning requires taking an active part in the communities in which students live, thereby encouraging responsible citizenship. We will renew our focus and commitment in our coming Year of Student Life.

Strategic Planning

During the past three years we have worked to encourage the school community to think and plan strategically to shape the future we want. We have done a lot of work on middle and junior school curriculum and the quality of teaching and learning.

Our strategic objectives in curriculum and pedagogy are:

- To have the highest quality

of learning through IB programs in every classroom

- To have the highest quality in a carefully focussed range of co-curricular activities.

- To encourage and empower students to be actively and responsibly engaged in the whole life of the school.

There is another side of strategic thinking at and for St Dominic's which lies less with the professional leaders of the school and more with the Foundation and the Board of Directors. That is building a new and modern facility. Some exciting architect's concept drawings already exist and there will be many rounds of debate and designing before any actual building begins. And of course there will be matters of significant finance to address.

The IB Learner Profile points the way for all members of the school community, students, parents, teachers and other staff, in terms of the attitudes and values which we wish to develop through all aspects of school life, inside and beyond the classroom. In brief we wish every member to be, Inquirers, Knowledgeable, Thinkers, Communicators, Principled, Open-minded, Risk-takers, Balanced, Caring and Reflective.

The school has a highly informative website; visit www.dominics-int.org.

Roger Marshman
Head of Secondary School



Year 11 student, Mia Kastrup presents her personal project cheque to UNICEF on UN Day.

Why do students love St. Dominic's?

"It's a great place to learn new things."

"The teachers are smart and nice to us."

"We make friends from all over the world."

"It gives us a good start for our future."

"We have good sports teams and many activities."

Saint Dominic's is an International Baccalaureate (IB) world school accredited by the Council of International Schools and The New England Association of School and Colleges, Inc. Curriculum includes IB Primary, IB Middle Years and IB Diploma Programmes. English as a Second Language is emphasized as well as Special Needs. **Success Begins With A Strong Learning Foundation.**

VERITAS



St. DOMINIC'S
International School, Portugal®



BBC1

6.00 Breakfast. (T) 9.15 Animal Park. (T) 10.00 Homes Under the Hammer. (R) (T) BBC News; Weather. (T) 11.00 To Buy or Not to Buy. (R) (T) 11.30 Cash in the Attic. (R) (T) BBC News; Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.40 Neighbours. (T) 2.05 Doctors. (T) 2.35 Murder, She Wrote. (R) (T) 3.20 BBC News; Weather; Regional News. (T) 3.25 CBBC: Pitt & Kantrop. (R) (T) 3.50 Watch My Chops. (R) (T) 4.00 The Basil Brush Show. (R) (T) 4.30 Roman Mysteries. (T) 5.00 Blue Peter. (T) 5.25 Newsround. (T)

5.35 Neighbours. Ned schemes against Paul before their alliance is finally exposed, while Pepper confronts Elle about her devious behaviour. A familiar face turns up on the streets of London. (R) (T)

6.00 BBC News; Weather. (T)
6.30 Regional News Programmes; Weather. (T)
7.00 Celebrity MasterChef. Sue Cook, Jeff Green and Nadia Sawalha compete in London restaurant the Rib Room, hoping to progress to Friday's quarter-final by impressing judges John Torode and Gregg Wallace. (T)

7.30 EastEnders. Hour-long episode. Libby is grounded by Denise to keep her away from Darren, but the pair hatch a plan to overcome their separation. Dot is fretting over the looming smoking ban, while Bradley is worried about Abi's guinea pig Marge. Carly receives bad news in the post and May tells Dawn she has signed the divorce papers. (T)

8.30 HollyBlue. DCI Hutchinson tries to hide the truth that he is Stenga's informant from his colleagues, while the drugs baron demands to know the location of the safe house where Louise is hiding. Meanwhile, a petty thief recently released from prison quickly goes back to his old ways, but tries to avoid another stint inside by revealing to DS French that he has information which could help the CID team. (T)

9.30 Ronni Ancona & Co. Ronni Ancona presents impressions and sketches of celebrities including Tom Cruise and Katie Holmes, Jordan, Jennifer Saunders and Annie MacDowell. With Jan Ravens. (T)

10.00 BBC News at Ten O'Clock. (T)
10.30 Regional News; Weather. (T)
10.35 Imagine. Alan Yentob considers why the concept of surrealism is regarded as one of the most successful revolutions of the 20th century, despite being criticised as overblown and out-moded by many contemporary artists. The presenter examines the history of the movement and its legacies with contributions from film director Michel Gondry and jazz singer George Melly. (T)

11.25 FILM: The Last Seduction (1993). Thriller, starring Linda Fiorentino. (T) Weatherview.

1.15 Sign Zone: See Hear. (R) (T) 1.45 Sign Zone: Mystery Flights. (R) (T) 2.45 Sign Zone: Power to the People. (R) (T) 3.45 Sign Zone: Missing. (R) (T) 4.30 BBC News 24. (T)



BBC2

6.00 CBeebies: Fimbles. (R) (T) 6.20 The Story Makers; (R) (T) 6.35 Balamory. (R) (T) 7.00 Postman Pat. (R) (T) 7.15 Come Outside. (R) (T) 7.30 CBeebies Springwatch. (T) 8.00 CBBC: Springwatch Trackers. (T) 8.30 What's New Scooby-Doo? (R) (T) 8.50 Smart. (R) (T) 9.15 Mona the Vampire. (R) (T) 9.40 Watch My Chops. (R) (T) 10.05 Best of Friends. (R) (T) 10.35 Even Stevens. (R) (T) 11.00 FILM: Whispers: An Elephant's Tale (2000). Heart-warming drama, with the voice of Angela Bassett. (T) 12.10 Dangermouse. (R) (T) 12.30 Working Lunch. (T) 1.00 Garden Invaders. (R) (T) 1.30 Animal Park. (T) 2.15 Living in the Sun. (R) (T) 3.15 Escape to the Country. (T) 4.00 Flog It! Ten of the Best. (T) 4.45 Eggheads. (R) (T) 5.15 Weakest Link. (T) 6.00 The People's Quiz - Wildcard. (T) 6.30 Let Me Entertain You. (T) 7.00 The Apprentice. The teams are challenged to select three ground-breaking products to sell on to London retailers, but the pressure of making the biggest profit sees two candidates clash over business styles. (R) (T) 8.00 Springwatch. Observing wildlife in Devon and the Hebrides. (T) 9.00 Andrew Marr's History of Modern Britain. The changing face of Fifties Britain. (T) 10.00 QI. With John Sessions and Phill Jupitus. (R) (T) 10.30 Newsnight. (T) 11.20 The Old Grey Whistle Test Story: BBC Four on BBC Two. (T) 12.00 Springwatch Nightshift. (T) 2.00 BBC Learning Zone. (T)

C4

6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Everybody Loves Raymond. (R) (T) 7.30 Everybody Loves Raymond. (R) (T) 8.00 Just Shoot Me. (R) (T) 8.25 Just Shoot Me. (R) (T) 8.55 Frasier. (R) (T) 9.20 FILM: The Cowboys (1972). Western, starring John Wayne. (T) 11.40 Small Railway Journeys. (R) (T) 12.00 News at Noon. (T) 12.30 DEC Darfur and Chad Crisis. (R) (T) 12.35 Supporting Acts. (R) (T) 12.45 A Place Down Under. (R) (T) 1.15 A Place Down Under. (R) (T) 1.45 FILM: The Spanish Gardener (1956). Drama, starring Dirk Bogarde. (T) 3.30 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 The New Paul O'Grady Show. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: Where There's a Will, New series. How people prepare for their own death. (T) 8.00 How to Look Good Naked. Stylist Gok Wan celebrates bottoms of all shapes and sizes. He meets a mirror-obsessed mum-of-one from Essex who wants to look good on a catwalk wearing only a bikini. (T) 9.00 Gordon Ramsay's F Word. Janet Street-Porter investigates foie gras. (T) 10.00 E-17 Reunited. The boy band try to recapture their Nineties success. (T) 11.05 Sport's Dirty Secrets. (T) 12.10 Premier League Poker. 1.10 Red Bull Air Race. (R) (T) 2.10 Freesports on 4. 2.35 KOTV. (T) 3.05 FIA GT Championship. 3.35 British F3 International Series. (R) 4.00 KOTV Classics. (T) 5.00 Monster Garage. (R) (T)

FIVE

6.00 Milkshake! The Save-Ums! (R) (T) 6.10 Fifi and the Flowerbuds. (R) (T) 6.25 Franny's Feet. (R) (T) 6.35 Bird Bath. (R) (T) 6.45 Hi-5. (R) (T) 7.20 Roary the Racing Car. (R) (T) 7.30 Rupert Bear. (R) (T) 7.45 Make Way for Noddy. (R) (T) 8.00 Say It with Noddy. (R) (T) 8.05 Fifi and the Flowerbuds. (R) (T) 8.20 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 Miss Spider's Sunny Patch Friends. (R) (T) 8.50 Sandy and Mr Flapper. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 House. (R) (T) 1.30 FILM: Mogambo (1953). Romantic melodrama, starring Clark Gable. (T) 3.35 FILM: Dawn Anna (2005). Premiere. Emotional drama, starring Debra Winger. (T) 5.30 five news; Weather. (T) 6.00 Home and Away. (T) 6.30 Payday. (T) 7.00 five news. (T) 7.15 Cricket on five. England v West Indies. Mark Nicholas is joined by Geoffrey Boycott, Simon Hughes and Ian Bishop to present highlights from the fifth and final day of the Second Test at Headingley. (T) 7.15 five news update. (T) 8.00 MacIntyre: Edge of Existence. New series. Donal MacIntyre visits some of the world's harshest locations; (T) 8.00 five news at 9. 9.00 CSI: Crime Scene Investigation. Greg is taken off a murder investigation. (T) 10.00 CSI: Miami. A woman is found dead after a road accident. (R) (T) five news update. 11.00 Law & Order: Special Victims Unit. (R) (T) 12.00 Murder Trail. (R) (T) 1.00 NHL Ice Hockey. Game one of the Stanley Cup. 4.00 Race and Rally UK. 4.25 World Motocross Championship. 5.10 French Football - Le Championnat.

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 Inspector Morse. (R) 3.00 For the Rest of Your Life. (T) 3.59 London Weather. (T) 4.00 Midsomer Murders. (R) (T)

6.00 London Tonight; Weather. (T)
6.30 ITV Evening News; Weather. (T)
7.00 Emmerdale. Hour-long episode. David tries to convince Eric to show compassion after he threatens to evict Pearl, who stubbornly refuses Edna's offer of a place to live. Kelly gives Scarlett a makeover and teaches her how to attract men, while Val makes downmarket plans for Sharon's hen night. (T)

8.00 House of Horrors. Jonathan Maitland brings more of Britain's cowboy workmen to book, including a dodgy plumber who invents jobs that don't need doing and then charges four times the going rate for his services. The presenter also sends an aerial thief undercover into one of the nation's biggest firms in the trade, where he discovers evidence that those in charge know their employees enjoy charging as much as possible and love "ripping off grannies". Finally, he encounters one of the worst locksmiths in Britain at work. (T)

9.00 Manhunt - Solving Britain's Crimes. Mark Austin and Sarah Heaney profile 10 of the UK's most notorious criminals and appeal for viewers' help in finding them. A mixture of reconstructions, CCTV footage and interviews with victims and psychologists help piece together the facts about the individuals, who are wanted in connection with a wide range of crimes, including murder, rape, gun trafficking and drug smuggling. The programme also offers tips on how viewers can avoid becoming victims of fraud. (T)

10.30ITV News; Weather. (T)
11.00Cops with Cameras. Fly-on-the-wall insight into police work, in which viewers "accompany" officers carrying out duties - thanks to the medium of miniature cameras. The programme features covert operations, raids on suspects, car chases and the daily tasks of bobbies on the beat, beginning by following coppers in Plymouth, London, South Wales and Berkshire as they deal with the continual fight against crime. (T)

12.00 Glitterball; ITV News Headlines. 4.05 Forever. (R) (T) 5.00 ITV Nightscreen.

LOCAL

RTP1
0630 Bom Dia Portugal
1000 Praça da Alegria 1300
News 1410 Los Ricos
Tambien Lloran 1505
Choque Terapy, film 1715
Lingo 1800 Portugal em
Directo 2135 News 2315
Beyond the Sea, film 0115
Bullit, film
RTP2
0730 Zig Zag, cartoons
1400 Sociedade Civil 1530
Portugal Um Retrato
Ambiental 1600 Entre Nós
1630 Euronews 1700
Mundos Flutuantes 1730
Discovery Hour 1830 A
Fê dos Homens 1900 2010
1945 Zig Zag 2045 yes
Dear 2115 Discovery Hour
2200 News 2230 Without
a Trace 2330 Por Outro
Lado
SIC
0645 Sic Kids
0830Floribela 1000 Fátima
1300 News 1400 O Profeta
1445 Film TBA 1530
Contacto 1715 Floribela
1900 Sinhá Moça 2000
News 2115 Floribela 2215
Cobras & lagartos 2215
Jura I 0015 Desperate
Housewives
TVI
0700 Diario Da Manha 1000
Vocé na TV 1300 News
1400 Film TBA 1600 Film
TBA 1800 Morangos com
Açúcar 2000 News 2115
Morangos com Açúcar
2200 Tempo de Viver 2315
Fala-me de Amor 0230
Film TBA

Best of the Rest

BBC3
7.00 Say No to the Knife 8.00
The Real Hustle 8.30 The Scam
Squad 9.00 Filthy Rich and
Homeless 10.00 EastEnders
11.00 Sex - with Mum and Dad
12.00 Family Guy 12.20 Family
Guy 12.45 Two Pints of Lager
and a Packet of Crisps 1.15 Two
Pints of Lager and a Packet of
Crisps 1.45 The Scam Squad
2.15 Sex - with Mum and Dad
3.10 Two Pints of Lager and a
Packet of Crisps 3.40 Two Pints
of Lager and a Packet of Crisps
4.00 Close
BBC4
7.00 World News Today 7.00
Weather 7.30 Children's News:
Time Shift 8.10 Doctor Who
8.55 The Magic Roundabout:
Four Leaf Clover 9.00
Children's TV on Trial 10.00 You
Must Be Number One - Shanghai
Circus School 11.20 Children's
News: Time Shift 12.00
Children's TV on Trial 1.00 You
Must Be Number One - Shanghai
Circus School 2.20 Children's
News: Time Shift 3.00 Children's
TV on Trial 4.00 Close
ITV2
1.00 Emmerdale 1.30 The
Jeremy Kyle Show 2.35 The
Jeremy Kyle Show 3.40 Ricki
Lake 4.25 Sally Jessy Raphael
5.15 Airline USA 5.45 Movies
Now 6.00 American Idol: The
Final 9.00 American Idol: The
Final 9.00 Film: Bridget Jones:
The Edge of Reason 15 (2004)
11.00 Big Day 11.30 Film:
American Pie 2 15 (2001) 1.30
Glitterball: ITV Play 4.00
Teleshopping 6.00 Close
Sky One

1.00 Project Runway 2.00 Bones
3.00 Bones 4.00 Stargate SG-1
5.00 Stargate SG-1 6.00 Malcolm
in the Middle 6.30 Malcolm in the
Middle 7.00 The Simpsons 7.30
The Simpsons 8.00 Brainiac:
Science Abuse 9.00 Road Wars
10.00 Badger or Bust 11.00
Bones 12.00 Law & Order 1.00
Star Trek: Voyager 1.50 Ultimate
Super Villains 2.40 Mile High
3.30 Sex on the Beach 4.00
Guilty! 1.50 Star Trek: Voyager
UKTV Gold
1.00 My Family 1.40 Keeping
Up Appearances 2.20 Open All
Hours 3.00 New Tricks 4.00
New Tricks 5.00 Dallas 6.00
Doctor Who 7.00 Film: Carry
On Girls PG (1973) 8.45 Alistair
McGowan's Big Impression 9.00
Jonathan Creek 10.10 New
Tricks 11.30 Jack Dee's Happy
Hour 12.10 Jack Dee's Happy
Hour 12.50 Porridge 1.30 Room
101 2.05 Room 101 2.35 Room
101 3.05 Room 101 3.35 Alistair
McGowan's Big Impression 3.45
The Bill 4.40 Merseybeat 5.35
Neighbours
TCM
1.00 High Society U (1956) 3.00
The Tender Trap PG (1955) 5.00
Sunday in New York U (1963)
7.10 The Prisoner of Zenda U
(1952) 9.00 The Dirty Dozen 15
(1967) 11.45 Operation
Crossbow PG (1965) 2.05
Teleshopping 2.30 The Shoes
of the Fishman U (1968)
The Disney Channel
Kids' programmes from 7am,
except: 8.00 Film: Life is
Ruff PG (2005) Family
comedy, starring Kyle
Orlando Massey.

MOVIES

Sky Movies Drama

6.25 By Dawn's Early Light
PG (2000) 8.25 Can't Be
Heaven PG (1999) 10.10
Ride to Freedom: The Roma
Parks Story PG (2001)
11.55 By Dawn's Early
Light PG (2000) With
Richard Crenna. 1.55 Can't
Be Heaven PG (1999) With
Diane Ladd. 3.50 Ride to
Freedom: The Roma Parks
Story PG (2001) With
Angela Bassett. 5.45
William Shakespeare's The
Merchant of Venice PG
(2004) With Al Pacino. 8.00
The Jack Bull 15 (1999)
With John Cusack. 10.00
William Shakespeare's The
Merchant of Venice PG
(2004) With Al Pacino.
12.15 Close Up 15 (2004)
With Jude Law. 2.10
Passion of Mind 12 (2000)
With Demi Moore. 4.10 By
Dawn's Early Light PG
(2000)

Sky Movies Comedy

7.05 To Wong Foo, Thanks
for Everything! Julie
Newmar PG (1995) 8.55
Max Rules: Adventures of
a Superspy U (2005) 10.25
The Man 12 (2005) 12.00
Fun with Dick and Jane 12
(2005) With Jim Carrey.
1.45 Max Rules:
Adventures of a Superspy
U (2005) With William B
Davis. 3.30 Action &
Thriller Close Up 4.00 To
Wong Foo, Thanks for

Everything! Julie Newmar
PG (1995) With Patrick
Swayze. 6.00 Kinky Boots
12 (2005) With Chiwetel
Ejiofor. 8.00 Fun with Dick
and Jane 12 (2005) With
Jim Carrey. 9.40 Pirates
of the Caribbean 3 - Making
Of 10.00 Saving Grace 15
(1999) With Brenda
Blethyn. 11.40 Kinky Boots
12 (2005) With Chiwetel
Ejiofor. 1.30 The Man 12
(2005) With Eugene Levy.
3.00 In & Out 12 (1997)
With Kevin Kline. 4.40 Max
Rules: Adventures of a
Superspy U (2005)

Sky Movies Action

6.20 Point Last Seen PG
(1998) 8.10 Hostage 15
(2005) 10.15 Tick-Tock 15
(1999) 12.05 Red Eye 12
(2005) With Rachel
McAdams. 1.50 Revolver
15 (2005) With Jason
Statham. 3.55 Hostage 15
(2005) With Bruce Willis.
6.00 Pirates of the
Caribbean 3 - Making Of
6.20 Red Eye 12 (2005)
With Rachel McAdams.
8.00 Revolver 15 (2005)
With Jason Statham. 10.00
American Ninja 18 (1985)
With Michael Dudikoff.
11.40 The Top 10 Show
12.00 Young and Seductive
18 (2002) With Julian
Wells. 1.40 When the Sky
Falls 18 (1999) With Joan
Allen. 3.40 Point Last Seen
PG (1998) 5.30 Action &
Thriller Close Up

SPORT

Sky Sports 1

6.00 Aerobics Oz Style 6.30 Ocean
7.00 WWE: Afterburn 8.00
Champions League Weekly 8.30
Football League 10.30 Live Test
Cricket. England v West Indies
6.30 European Seniors Tour Golf
6.30 Revista De La Liga 7.30 Live
Rugby Union. New Zealand Maoris
v Ireland A (Kick-off 8.00pm).
10.00 Revista De La Liga 11.00
Ladies European Tour Golf 12.00
Test Cricket 2.00 Revista De La
Liga 3.00 Poker 4.00 Close

Sky Sports 2

6.00 Test Cricket 8.00 Aerobics Oz
Style 8.30 Wild Spirits 9.00 Ocean
10.00 Premier League Darts 1.00
Football League 3.00 Wild Spirits
3.30 Ocean 4.00 Premier League
Darts 7.00 Ladies European Tour
Golf 8.00 Test Cricket 10.00 Poker
11.30 Sports Unlimited 12.30
Rugby Union 2.30 The Dogs 3.00
Test Cricket 5.00 Close

Sky Sports 3

6.00 Live Test Cricket. Bangladesh
v India. 12.00 Cricket Classics
12.30 Super League 2.30 World
Motor Sport 5.00 WWE:
Smackdown
7.00 Ocean 7.30
Test Cricket
10.00 European
Seniors Tour
Golf 11.00
Squash 12.00
Squash 1.00
Women's Pool
3.00 European
Seniors Tour

Golf 4.00 Close

British Eurosport

7.30 Game, Set and Mats 7.45
Eurosport Buzz 8.15 Eurogals
8.45 Game, Set and Mats 9.00
French Open Tennis 10.00 Live
French Open Tennis. The third day
at Roland Garros. 3.00 Live
Cycling. Coverage of the 16th
stage of the Giro d'Italia. 4.30 Live
French Open Tennis. The third day
of matches. 7.30 French Open
Today 7.45 Live Boxing. Robert
Roselia v Gead Ajetovic. 9.45
French Open Tennis 10.45 Cycling
11.15 World Superbikes 11.45
Eurogals 12.15 Game, Set and
Mats 12.30 Close

Sky Sports Xtra

6.30 Rugby Union 9.00 Premiership
Years 11.00 Aerobics Oz Style
11.30 Racing News 12.00 Masters
Football 2.55 U Can Do It 3.00
Premiership Years 5.00 Women's
Pool 6.00 Women's Pool 7.00
Powerboating 7.30 Heritage Grand
Touring Car Challenge 8.00
Women's Pool 9.00 Women's Pool
10.00 Premiership Years 12.00
Masters Football 2.55 U Can Do It
3.00 Ocean 3.30 Heritage Grand
Touring Car Challenge 4.00 Close

(R) - repeat programme;
(T) - programme with teletext subtitles;
(S) - programme broadcast in stereo;
(bw) - black and white.

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PAT Care

See page 59

BBC1

6.00 Breakfast. (T) 9.15 Animal Park. (T) 10.00 Homes Under the Hammer. (R) (T) BBC News: Weather. (T) 11.00 To Buy or Not to Buy. (R) (T) 11.30 Cash in the Attic. (R) (T) BBC News: Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News: Weather. (T) 1.30 Regional News: Weather. (T) 1.40 Neighbours. (T) 2.05 Doctors. (T) 2.35 Murder, She Wrote. (R) (T) 3.20 BBC News: Weather; Regional News. (T) 3.25 CBBC: Pitt & Kantrop. (R) (T) 3.50 The Cramp Twins. (R) (T) 4.00 Prank Patrol. (T) 4.30 Raven. (T) 5.00 Blue Peter. (T) 5.25 Newsround. (T)

5.35 Neighbours. Julian Clary helps Izzy mend her broken relationship with her football-star boyfriend and Karl finally proposes to Susan. Paul and Elle vow to remove Ned from their lives. (R) (T) BBC News: Weather. (T)

6.00 Regional News Programmes; Weather. (T) 7.00 Celebrity MasterChef. Lorne Spicer, Matthew Wright and Jeremy Edwards cook for paying customers at leading London restaurant Odettes, hoping their efforts will impress judges Gregg Wallace and John Torode. (T)

7.30 The Green Green Grass. A broke Jewellyn tries to boost his fortunes by challenging Boycie to a pub quiz with a #5,000 jackpot, while Beth accuses Tyler of prejudice against the Welsh. John Challis stars. (R) (T)

8.00 Traffic Cops. New series providing an insight into the work of Humber-side's traffic police as they deal with car criminals plaguing the area. Jamie Theakston narrates. (T)

9.00 The Apprentice. The six surviving candidates are set the demanding task of selling products live on TV, but must first select the items they think will generate the most cash - with one team taking a risk on some highly priced goods. In the studio they have just one hour to market their merchandise and, with the pressure on to offload their stock, the potential for public humiliation is great. (T)

10.00 BBC News at Ten O'Clock. (T)

10.30 Regional News; Weather. (T)

10.35 The National Lottery Draws. Singer Simon Webbe joins Sarah Cawood to set the balls rolling as the results of the Thunderball, Dream Number and Lotto draws are revealed. (T)

10.45 The 34-Stone Teenager: Six Months On. An update on Bethany Walton, the largest teenager in the UK, who decided to undergo stomach-reducing surgery in an attempt to save her life and restore her body image. Since the 19-year-old's operation last April, new government guidelines for obese youngsters suggest this type of surgery may be the solution to the obesity epidemic. However, Bethany's story could make the experts think again. (T) National Lottery Update.

11.45 FILM: The Governess (1997). Period drama, starring Minnie Driver. (T) Weatherview.

14.00 Sign Zone: Horizon. (R) (T) 2.30 Sign Zone: Neneh and Andi Dish It Up. (R) (T) 3.00 Sign Zone: Sweet Baby James. (R) (T) 3.30 Sign Zone: Missing. (R) (T) 4.15 BBC News 24. (T)



BBC2

6.00 CBeebies: Fimbles. (R) (T) 6.20 The Story Makers; (R) (T) 6.35 Balamory. (R) (T) 7.00 Postman Pat. (R) (T) 7.15 Come Outside. (R) (T) 7.30 CBeebies Springwatch. (T) 8.00 CBBC: Springwatch Trackers. (T) 8.30 What's New Scooby-Doo? (R) (T) 8.50 Smart. (R) (T) 9.15 Mona the Vampire. (R) (T) 9.40 Watch My Chops. (R) (T) 10.05 Best of Friends. (R) (T) 10.35 Even Stevens. (R) (T) 11.00 FILM: International Velvet (1978). Horse-riding drama, starring Nanette Newman. (T) 1.05 Dangerous. (R) (T) Coast. (T) 1.30 Working Lunch. (T) 2.00 The Flying Gardener. (T) 2.15 Living in the Sun. (R) (T) 3.15 Escape to the Country. (T) 4.00 Flog It! Ten of the Best. (T) 4.45 Eggheads. (R) (T) 5.15 Weakest Link. (T) 6.00 The People's Quiz - Wildcard. (T) 6.30 Let Me Entertain You. (T) 7.00 Jonathan Meades: Abroad Again. The writer explores why, despite being Europe's most overcrowded nation, Britain shunned urban living in the 20th century and sought rural alternatives, creating garden cities. (T) 7.50 Coast. The tidal range of South Wales. (T) 8.00 Springwatch. Observing wildlife in Devon and the Hebrides. (T) 9.00 Natural World. Lions that survive in Africa's remote Namib Desert. (T) 9.50 Wild Dive: HMS Scylla. Monty Halls visits the wreck. (R) (T) 10.00 The Apprentice: You're Fired! With Vanessa Feltz, Alison Keenan and Mark Frith. (T) 10.30 Newsnight. (T) 11.20 Wedding Stories. (T) 12.15 Springwatch Nightshift. (T) 2.00 BBC Learning Zone. (T)

Pick of the Day

Big Brother: The Live Launch (C4, 9pm)

Davina McCall returns with the king of all reality series, and here we get to see who will be spending the next few months eating and sleeping under the same roof. The makers of this year's contest really have their work cut out if they want to top 2006's shenanigans in which singer and Tourette's sufferer Pete Bennett walked off with the prize, or even Celebrity Big Brother, which saw Shilpa Shetty and Jade Goody make headline news around the world. The big question is: what can this year's contestants expect? By Wednesday night, all will become clear as the new abode is seen by millions for the first time. Old favourites such as the Diary Room are bound to return and we can expect a large garden for those fiendish challenges. Regardless of who wins, there will be plenty of chances for the fame-hungry contestants to be transformed into minor celebs. As always, participants are voted out on a weekly basis, Davina is on hand to grill the evictees and Dermot O'Leary will analyse all the highlights in the hugely entertaining Big Brother's Little Brother. There's no escaping the show in the coming weeks, so you may as well surrender to that winning mix of gossip and games as the new tenants attempt to win your heart.

C4

6.00 The Treacle People. (R) (T) 6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Everybody Loves Raymond. (R) (T) 7.30 Everybody Loves Raymond. (R) (T) 8.00 Just Shoot Me. (R) (T) 8.25 Just Shoot Me. (R) (T) 8.55 Frasier. (R) (T) 9.20 FILM: The Three Musketeers (1948). Classic adventure, starring Gene Kelly. (T) 11.45 Proud Parents. (R) (T) 12.00 News at Noon. (T) 12.30 Supporting Acts. (R) (T) 12.50 A Place Down Under. (R) (T) 1.25 A Place Down Under. (R) (T) 1.55 Titanic. (T) 3.30 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 The New Paul O'Grady Show. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: Where There's a Will. Parents decide what to do with their deceased son's possessions. (T) 8.00 Property Ladder. Sarah Beeny meets a pair of developers whose plans to renovate a Greenwich property suffer crippling setbacks and helps a couple transform an old cargo ship into a houseboat. (T) 9.00 Big Brother: The Live Launch. New series. Davina McCall kicks off the eighth series of the reality TV show. (T) 10.15 Desperate Housewives. (T) 11.20 Big Brother's Big Mouth. 11.50 Paul McCartney: Video Exclusive. (T) 11.55 Balls of Steel. (R) (T) 12.45 Paul McCartney: Video Exclusive. (R) (T) 12.50 Big Brother Live. 4.40 Greetings from Tucson. (R) (T) 5.05 The Bernie Mac Show. (R) (T) 5.30 Countdown. (R) (T)

FIVE

6.00 Milkshake! The Save-Ums! (R) (T) 6.10 Fifi and the Flowerpots. (R) (T) 6.25 Franny's Feet. (R) (T) 6.35 Bird Bath. (R) (T) 6.45 Hi-5. (R) (T) 7.20 Roary the Racing Car. (R) (T) 7.30 Rupert Bear. (R) (T) 7.45 Make Way for Noddy. (R) (T) 8.00 Say It with Noddy. (R) (T) 8.05 Fifi and the Flowerpots. (T) 8.20 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 Miss Spider's Sunny Patch Friends. (R) (T) 8.50 Sandy and Mr Flapper. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 House. (R) (T) 1.30 Russell Grant's Postcards. 1.40 FILM: Columbo: Any Old Port in a Storm (1973). Detective drama, starring Peter Falk and Donald Pleasence. (T) 3.40 FILM: The Pilot's Wife (2001). Drama, starring Christine Lahti. (T) 5.30 five news; Weather. (T) 6.00 Home and Away. (T) 6.30 Payday. (T) 7.00 five news. (T) 7.15 Game Ranger Diaries. The team track poachers on the reserve; (R) (T) 7.15 five news update. (T) 8.00 Families at War. New series. Reconciling families blighted by arguments; (T) 8.00 five news at 9.00 FILM: Saving Private Ryan (1998). A group of American soldiers scour the battlefields of France in search of a missing infantryman, determined to return him home. World War Two drama, starring Tom Hanks and Matt Damon; (T) 9.00 five news update. 12.20 PartyPoker.com Poker Den. 1.50 Major League Baseball. 4.50 Motorsport Mundial. 5.10 Indy Car Series.

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 Inspector Morse. (R) 3.00 For the Rest of Your Life. (T) 3.59 London Weather. (T) 4.00 Midsomer Murders. (R) (T)

6.00 London Tonight; Weather. (T) 6.30 ITV Evening News; Weather. (T) 7.00 Emmerdale. Sharon's wedding day arrives and Val looks set to cause a commotion after making a discovery about Dan. Grayson upsets Perdy by suggesting ways for them to become parents. (T)

7.30 Coronation Street. Leanne and Carla celebrate signing their contract with drinks at a fancy bar - where Leanne's secret threatens to be revealed when she bumps into an agency client. (T)

8.00 The British Soap Awards 2007. The stars of Coronation Street, Doctors, Emmerdale, EastEnders and Hollyoaks gather for a night of glamour and celebration as Phillip Schofield and Fern Britton host the ninth annual ceremony honouring television's most popular kitchen-sink dramas. There are 17 awards up for grabs, including Best Comedy Performance, Villain of the Year, Spectacular Scene of the Year, Best On-Screen Partnership and the ultimate accolade, Best British Soap. There is also a Lifetime Achievement awarded to an individual who has displayed lifelong dedication to the genre. (T)

10.00 Mumbai Calling. One-off comedy, starring Sanjeev Bhaskar as shy accountant Kenny Gupta, a resident of mundane middle-class English suburbia who is reluctantly packed off to India to transform the fortunes of his boss's newly acquired call centre in Mumbai. Unfortunately for him, it already has a manager in the form of devious Dev (Nitin Ganatra), a man more interested in using the business to fund his own numerous profitable sidelines than making profits for its new Brit owner. Written by Laurence Marks, Maurice Gran and Sanjeev Bhaskar, this culture-clash tale also includes a cameo appearance by Sixties style icon Twiggy. (T)

10.30 ITV News; Weather. (T)

11.00 Neighbours from Hell. More real-life over-the-fence feuds and altercations, featuring the cautionary tale of a Manchester family afflicted with three disruptive neighbours, a woman at loggerheads with an entire village and a couple in dispute with a church. (R) (T)

12.00 Gitterball. (T) ITV News Headlines. 4.05 The Jeremy Kyle Show. (R) (T) 5.00 ITV Nightscreen.

LOCAL

RTP1
0630 Bom Dia Portugal 1000
Praça da Alegria 1300 News
1410 Los Ricos Tambien
Lloran 1505 Portugal No
Coração 1715 Lingo 1800
Portugal em Directo 1940
Football: Liverpool V AC Milan
2130 News 2340 Excalibur,
film

RTP2
0700 Magazine 0720 Mostra
0730 Zig Zag, cartoons 1400
Sociedade Civil 1530
Portugal um Retrato
Ambiental 1600 entre Nós
1630 EuroNews 1700 Peixe
Vampiro 1730 Discovery
Hour 1830 Fé dos Homens
1900 Biosfere 1945 Zig Zag
2045 Yes Dear 2115
Discovery Hour 2200 News
2230 Ossos 2315 Behind the
Scene 2300 Clube de
Imprensa 0300 The Guardian
0145 Peixe Vampiro 0215
Biosfere 0300 Da Terra ao
Mar 0345 Consigo 0415
Sociedade Civil

SIC
0645 Sic Kids 0830 Floribela
1000 Fátima 1300 News 1400
O Profeta 1445 Laços de
Família 1530 Contacto 1715
Floribela 1900 Sinhá Moça
0215 Bang Bang 0315
Ganância

TVI
0700 Diário Da Manhã 1000
Vocé na TV 1300 News 1400
Inspector Max 1500 Anjo
Selvagem 1530 Ugly Betty
1800 Mornagons com Açúcar
2000 News 2115 Mornagons
com Açúcar 2200 Tempo de
Viver 0015 Fight Club, film

Best of the Rest

BBC3
7.00 Little Shopping Horrors!
8.00 Wedding Stories 9.00
Film: Species 18 (1995) 10.40
Two Pints of Lager and a
Packet of Crisps 11.10 Two
Pints of Lager and a Packet of
Crisps 11.40 The Real Hustle
12.10 The Real Hustle 12.40
Football Gaffes Galore 1.10
Two Pints of Lager and a
Packet of Crisps 1.40 Two
Pints of Lager and a Packet of
Crisps 2.10 The Real Hustle
2.40 The Real Hustle 3.10
Filthy Rich and Homeless 4.10
Close

BBC4
7.00 World News Today 7.00
Weather 7.30 The Story of
Jackanory 8.30 Indian School
9.00 Children's TV on Trial
10.00 In Teenagers' Bedrooms
- Teenland 11.00 Are We
Having Fun Yet? 12.00
Children's TV on Trial 1.00 In
Teenagers' Bedrooms -
Teenland 2.00 Are We Having
Fun Yet? 3.00 Children's TV
on Trial 4.00 Close

ITV2
1.30 The Jeremy Kyle Show
2.35 The Jeremy Kyle Show
3.40 Ricki Lake 4.25 Sally
Jessy Raphael 5.10 Airline
USA 5.35 Judge Judy 6.00
The British Soap Awards - The
Stars Arrive 7.00 Smallville
8.00 Builders from Hell 9.00
Film: American Pie 2 15 (2001)
11.00 The British Soap Awards
- The Party 12.00 Coronation
Street 12.30 Katie & Peter:
The Next Chapter 1.30
Generation Xcess 2.30
Glitterball: ITV Play 4.00

Teleshopping 6.00 Close
Sky One
1.00 Project Runway 2.00
Bones 3.00 Bones 4.00
Stargate SG-1 5.00 Stargate
SG-16.00 Malcolm in the Middle
6.30 Malcolm in the Middle
7.00 The Simpsons 7.30 The
Simpsons 8.00 Futurama 8.30
Futurama 9.00 Pandemic
10.00 Lost 11.00 Lost 12.00
Bones 1.00 Law & Order 1.50
Buffy the Vampire Slayer 2.40
Star Trek: Voyager 3.30 Mile
High 4.20 Guilty! 5.10 Star
Trek: Voyager

UKTV Gold
1.00 My Family 1.40 Keeping
Up Appearances 2.20 Open All
Hours 3.00 Dalziel & Pascoe
5.00 Dallas 6.00 Doctor Who
7.00 Film: Carry On Up the
Khyber PG (1968) 9.00 Dalziel
& Pascoe 11.20 Jack Dee's
Happy Hour 12.40 Two Pints
of Lager and a Packet of Crisps
1.20 Room 101 1.55 Room 101
2.30 The Bill 3.20 Casualty
4.15 Neighbours 4.40
Merseybeat 5.35 Neighbours

TCM
1.00 San Antonio PG (1945)
3.00 The Women PG (1939)
5.30 Father of the Bride U
(1950) 7.15 Many Rivers to
Cross U (1955) 9.00 Fearless
15 (1993) 11.15 Zabriskie Point
15 (1970) 1.20 San Quentin PG
(1937) 2.35 Teleshopping 2.55
The Champ PG (1979)
The Disney Channel
Kids' programmes from 7am,
except: 8.00 Film: Cheetah
Girls 2 U (2006) Drama,
starring Raven-Symone.

MOVIES

Sky Movies Drama

6.05 Shergar PG (1999) 7.45
Finding Buck McHenry U
(2000) 9.25 Diggit's
Treasure PG (2001) 11.05 Big
Spender PG (2003) With
Casper Van Dien. 12.45
Finding Buck McHenry U
(2000) With Ossie Davis.
2.30 Big Spender PG (2003)
With Casper Van Dien. 4.15
Diggit's Treasure PG (2001)
With Andrew McCarthy. 6.00
Julius Caesar PG (1970)
With Charlton Heston. 8.00
Ladder 49 12 (2004) With
Joaquin Phoenix. 10.00
Julius Caesar PG (1970)
With Charlton Heston. 12.00
The Aviator 12 (2004) With
Leonardo DiCaprio. 3.00
Boys 15 (1996) With Winona
Ryder. 4.35 Shergar PG
(1999)

Sky Movies Comedy

6.05 A Touch of Larceny U
(1959) 7.50 Pleasantville 12
(1998) 10.00 He Said, She
Said 15 (1991) 12.00 A Touch
of Larceny U (1959) With
James Mason. 1.50 Ernest
Goes to Jail PG (1990) With
Jim Varney. 3.30
Pleasantville 12 (1998) With
Tobey Maguire. 5.50 Mr
Reliable 15 (1996) With Colin
Friels. 8.00 The Full Monty
15 (1997) With Robert
Carlyle. 10.00 Harold &
Kumar Get the Munchies 15
(2005) With John Cho. 11.50
He Said, She Said 15 (1991)
With Kevin Bacon. 1.55 Mr

Reliable 15 (1996) With Colin
Friels. 4.05 Ernest Goes to
Jail PG (1990)

Sky Movies Action

6.00 The Monkey King 9.00
Flight of the Phoenix 12
(2004) 11.10 The Fourth
Angel 15 (2001) With Jeremy
Irons. 1.00 The Monkey King
3.50 Big Trouble in Little
China 12 (1986) With Kurt
Russell. 5.35 Action & Thriller
Close Up 6.05 Flight of the
Phoenix 12 (2004) With
Dennis Quaid. 8.00 The
Fourth Angel 15 (2001) With
Jeremy Irons. 9.40 Big
Trouble in Little China 12
(1986) With Kurt Russell.
11.25 Locusts: The Eighth
Plague 15 (2005) With Dan
Cortese. 1.00 Bad Company
18 (1994) With Ellen Barkin.
3.00 The Monkey King

(R)-repeat programme;

(T)-programme with tele-

text subtitles;

(S)-programme broad-

cast in stereo;

(bw)-black and white.

SPORT

Sky Sports 1

6.00 Revista De La Liga 7.00
WWE: Heat 8.00 European
Seniors Tour Golf 9.00 Test
Cricket 11.00 Rugby Union 1.00
PGA EuroPro Tour Golf 3.00
Ladies European Tour Golf 4.00
Rugby Union 6.00 European Tour
Weekly 6.30 Total Rugby 7.00
Live International Football.
Austria v Scotland (Kick-off
7.30pm). 9.45 PGA EuroPro Tour
Golf 11.45 International Football
1.15 Total Rugby 1.45 Speedway
3.45 Poker 4.00 Close

Sky Sports 2

6.00 Test Cricket 8.00 Sports
Unlimited 9.00 Ocean 9.30
Heritage Grand Touring Car
Challenge 10.00 Powerboating
10.30 Poker 12.00 Ladies
European Tour Golf 1.00 Revista
De La Liga 2.00 Squash 3.00
Squash 4.00 European Seniors
Tour Golf 5.00 Poker 6.30
Transworld Sport 7.30 Live
Speedway. Belle Vue Aces v
Wolverhampton Wolves. 9.30
Irish Greyhound Racing 10.00
Transworld Sport 11.00 Ocean
11.30 Irish Greyhound Racing
12.00 European Tour Weekly
12.30 PGA EuroPro Tour Golf
2.00 Close

Sky Sports 3

6.30 Women's Pool 8.30 Squash
9.30 Squash 10.30 The Dogs
11.00 Aerobics Oz Style 11.30
Racing News 12.00 Women's
Pool 2.00 Ocean 2.30 Heritage
Grand Touring Car Challenge 3.00
The Dogs 3.30 Ocean 4.00 Sports

Unlimited 5.00 WWE: Bottom
Line 6.00 WWE: Afterburn 7.00
Irish Greyhound Racing 7.30
Show Jumping 8.30 Ocean 9.00
Total Rugby 9.30 Watersports
World 10.30 World Ten Pin
Masters 11.30 European Tour
Weekly 12.00 Show Jumping 1.00
Women's Pool 2.00 Watersports
World 3.00 Max Power 4.00 Close

British Eurosport

7.30 Yoz Magazine 8.00 Cycling
8.45 Game, Set and Mats 9.00
French Open Tennis 10.00 Live
French Open Tennis. Day four
from Paris. 3.00 Live Cycling.
Coverage of the 17th stage of
the Giro d'Italia. 4.30 Live French
Open Tennis. Day four at Roland
Garros. 7.30 French Open
Tennis. 7.50 Wednesday
Selection 7.55 Show Jumping
8.55 Riders Club 9.00
Wednesday Selection 9.05
European Tour Golf 9.35 Golf
Club 9.40 Yacht Club 9.45 French
Open Tennis 10.45 Cycling 11.15
Game, Set and Mats 11.30 Show
Jumping 12.30 Game, Set and
Mats 12.45 Close

Sky Sports Xtra

7.00 Test Cricket 9.00
Premiership Years 11.00 Masters
Football 1.55 U Can Do It 2.00
Premiership Years 4.00 The Dogs
4.30 Ocean 5.00 Women's Pool
6.00 Watersports World 7.00
World Ten Pin Masters 8.00
Women's Pool 9.00 Max Power
10.00 Premiership Years 12.00
Masters Football 2.55 U Can Do
It 3.00 Ocean 3.30 Irish
Greyhound Racing 4.00 Close



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BBC1

6.00 Breakfast. (T) 9.15 Animal Park. (T) 10.00 Homes Under the Hammer. (R) (T) BBC News: Weather. (T) 11.00 To Buy or Not to Buy. (R) (T) 11.30 Cash in the Attic. (R) (T) BBC News: Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News: Weather. (T) 1.30 Regional News: Weather. (T) 1.40 Neighbours. (T) 2.05 Doctors. (T) 2.35 Murder, She Wrote. (R) (T) 3.20 BBC News: Weather; Regional News. (T) 3.25 CBBC: 3.25 Pitt & Kantrop; (R) (T) Bernard. (R) (T) 3.50 Diddy Dick & Dom. (R) (T) 3.55 Watch My Chops. (R) (T) 4.10 The Basil Brush Show. (R) (T) 4.35 Dinosaipen. (T) 5.00 Blue Peter. (T) 5.25 Newsround. (T)

5.35 Neighbours. The Timmins family are overjoyed to hear Kerry's transplant has been a success, but their celebrations are cut short by an unexpected tragedy. Glenn suspects she is pregnant and decides to test Boyd's commitment to their relationship, while Rachel and Ringo share a romantic moment. (R) (T) BBC News: Weather. (T)

6.00 Regional News Programmes; Weather. (T) 7.00 Celebrity MasterChef. Presenter Angela Rippon, actor Chris Bisson and Stridly Come Dancing star Darren Bennett prepare meals for customers of The Randall at London's InterContinental restaurant, each hoping to qualify for the quarter-final tomorrow. Chef and restaurateur John Torode and food writer Gregg Wallace judge their performances. (T)

7.30 EastEnders. Carly realises she has made a mistake when her date with Warren turns nasty, but Chelsea and Preeti are desperately trying to find her before it's too late. Bradley thinks he's lost Marge for ever after he discovers she's been thrown out with the rubbish. Dot makes a momentous decision. (T)

8.00 Holby City. Joseph is determined to save his parents' marriage, despite Jac's refusal to end her relationship with Lord Byrne. Donna takes on the role of Cupid by writing a card from Faye to Sam, but her plan soon backfires. Diane makes Ric a promise she can't keep and ends up clashing with Thandie over the best way to treat a patient with suspected pancreatitis. (T)

9.00 Hustle. As the team celebrate reaping the rewards of another lucrative con, they are taken hostage in Eddie's bar by a man who accuses them of dishonouring his family. Forced to accept the extent to which their scams have affected people, Danny and the others attempt to negotiate their way out alive. Marc Warren stars. (T)

10.00 BBC News at Ten O'Clock. (T) 10.30 Regional News; Weather. (T) 10.35 Question Time. (T) 11.35 FILM: The Fourth Protocol (1986). Spy thriller, starring Michael Caine. (T) Holiday Weather. 1.35 Sign Zone: Panorama. (R) (T) 2.05 Sign Zone: Rick Stein in Du Maurier Country. (R) (T) 2.55 Sign Zone: Natural World. (R) (T) 3.45 Sign Zone: Missing. (R) (T) 4.30 BBC News 24. (T)



BBC2

6.00 CBeebies: Fimbles. (R) (T) 6.20 The Story Makers; (R) (T) Fimbly Songtime. (R) (T) 6.35 Balamory. (R) (T) 7.00 Postman Pat. (R) (T) 7.15 Come Outside. (R) (T) 7.30 CBeebies Springwatch. (T) 8.00 CBBC: Springwatch Trackers. (T) 8.30 What's New Scooby-Doo? (R) (T) 8.50 Smart. (R) (T) 9.15 Mona the Vampire. (R) (T) 9.40 Watch My Chops. (R) (T) 10.05 Best of Friends. (R) (T) 10.35 Even Stevens. (R) (T) 11.00 FILM: The Three Caballeros (1945). Disney musical adventure, with the voice of Clarence Nash. (T) 12.10 Dangerousmouse. (R) (T) 12.30 Working Lunch. (T) 1.00 Garden Invaders. (R) (T) 1.30 Animal Park. (T) 2.15 Living in the Sun. (R) (T) 3.15 Escape to the Country. (T) 4.00 Flog It! Ten of the Best. (T) 4.45 Eggheads. (R) (T) 5.15 Weakest Link. (R) (T) 6.00 The People's Quiz - Wildcard. (T) 6.30 Let Me Entertain You. (T) 7.00 This World. Report on the Islamic political organisation Hezbollah. (T) 7.30 The Museum. Facilities manager Derek Martin shows how maintenance is carried out at the British Museum as abseiling workmen repair damage to the glass roof and hunt leaks during heavy rain. (T) 8.00 Springwatch. Observing wildlife in Devon and the Hebrides. (T) 9.00 Mary, Queen of Shops. New series. Mary Portas helps small fashion shops survive. (T) 10.00 The Graham Norton Show. Matt Lucas and Andrew Lloyd Webber guest. (T) 10.30 Newsnight. (T) 11.20 Wedding Stories. (T) 12.15 Springwatch Nightshift. (T) 2.00 BBC Learning Zone. (T)

Pick of the Day

Build a New Life in the Country (five, 8pm) The saying goes "the impossible we can do, miracles take a little longer". Never a truer word was spoken, as we discover in this opening edition of the third series. Architect and property expert George Clarke catches up with David Forster, who began renovating a Victorian water tower three years ago. Before you start thinking we're going to get three-quarters of a programme repeating an earlier edition, topped off with an arty 'reveal' at the end, think again. David was combining his building work with the demands of a full-time job and that hasn't changed. Nor has much else when George first arrives. The presenter is even more horrified to discover the owner still hasn't finished clearing out an old well, an occupation that ate up valuable time when there were much more pressing jobs to be done. "That thing has caused me some serious aggro", jokes David, but adds: "there's shed-loads to do yet." Amazingly, his wife Jenny hopes the structure will be finished by the time she's 50 - just five months away. But, when planning permission is denied on the solar tubes already installed in the roof, it looks as if progress is going to be halted once again. Can George use his expertise to inject a bit of life into this painfully slow build?

C4

6.15 The Treacle People. (R) (T) 6.25 The Hoobs. (R) (T) 6.50 The Hoobs. (R) (T) 7.15 Just Shoot Me. (R) (T) 7.45 Big Brother: The Live Launch. (R) (T) 9.00 Frasier. (R) (T) 9.25 FILM: The Prince and the Pauper (1977). Period drama, starring Oliver Reed. (T) 11.40 Small Railway Journeys. (R) (T) 12.00 News at Noon. (T) 12.30 Supporting Acts. (R) (T) 12.50 A Place Down Under. (R) (T) 1.20 A Place Down Under. (R) (T) 1.50 Titanic. (T) 3.30 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 The New Paul O'Grady Show. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: Where There's a Will. A farmer reflects on his career. (T) 8.00 How Clean Is Your House? In a special episode, Kim Woodburn and Aggie MacKenzie are asked by London's Tower Hamlets council to help them inform residents and businesses how they can deal with rats. (T) 8.30 Embarrassing Illnesses. The doctors treat 33-year-old Toni, who is too ashamed of her asymmetrical breasts to let her husband see them. Plus, a man with an STD and a woman with bladder control problems. (T) 9.00 Queen Camilla. The story of Charles and Camilla's relationship. (T) 10.00 Big Brother. Highlights from inside the house. (T) 11.05 FILM: Wolf Creek (2005). Premiere. Violent horror, starring John Jarratt. (T) 1.00 Big Brother Live. 3.35 Transworld Sport. (R) (T) 4.25 Greetings from Tucson. (R) (T) 4.55 The Bernie Mac Show. (R) (T) 5.15 Countdown. With Clarissa Dickson Wright. (R) (T)

FIVE

6.00 Milkshake!: The Save-Ums! (R) (T) 6.10 Fifi and the Flowerbuds. (R) (T) 6.25 Franny's Feet. (R) (T) 6.35 Bird Bath. (R) (T) 6.45 Hi-5. (R) (T) 7.20 Roary the Racing Car. (R) (T) 7.30 Rupert Bear. (R) (T) 7.45 Make Way for Noddy. (R) (T) 8.00 Say It with Noddy. (R) (T) 8.05 Fifi and the Flowerbuds. (T) 8.20 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 Miss Spider's Sunny Patch Friends. (R) (T) 8.50 Sandy and Mr Flapper. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 House. (R) (T) 1.30 FILM: Before Winter Comes (1969). World War Two drama, starring David Niven. (T) 3.30 FILM: The Battle of the V1 (1958). Wartime adventure, with Michael Rennie. (T) (bw) 5.30 five news; Weather. (T) 6.00 Home and Away. (T) 6.30 Payday. (T) 7.00 five news. (T) 7.15 Getting on the Property Ladder. A Shropshire couple go house-hunting in Ludlow. (R) (T) 7.15 five news update. 8.00 Build a New Life in the Country. New series. Revisiting a project to turn a water tower into a family home; (T) 8.00 five news at 9. 9.00 House. A firefighter's memory is erased by electroshock therapy. (T) 10.00 Shark. The FBI order Stark to speed up an investigation into an arms dealer or lose the suspect to them - but when a mole in the team is exposed, Casey faces danger. James Woods stars. (T) 11.00 CSI: Crime Scene Investigation. (R) (T) 12.00 Quiz Call. 12.45 NHL Ice Hockey. Game two of the Stanley Cup final. 4.00 Dutch Football. 5.15 IndyCar Series.

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 Inspector Morse. (R) 3.00 For the Rest of Your Life. (T) 3.59 London Weather. (T) 4.00 Midsomer Murders. (R) (T)

6.00 London Tonight; Weather. (T) 6.30 ITV Evening News; Weather. (T)

7.00 Emmerdale. Sharon tries to make amends with Dan after events at the wedding but only succeeds in getting through to his voicemail, while Diane persuades Val to smooth things over with her daughter. David flirts with Debbie in the cafe - much to the dismay of Lisa and Eli. (T)

7.30 Homes & Property. Charlie Luxton and Sunita Shroff search out their favourite area to live in London if money is no object, while Alison Cork explains how to create a boudoir on a budget. Plus, how to put together the perfect bathroom and a look at the conversion of a sawmill into a stylish apartment. (T)

8.00 The Bill. Phil's spell in uniform comes to a triumphant end when he borrows a bike to chase a mugger and recovers £15,000 in cash. The case gets more interesting when the victim admits he's being blackmailed. Heaton reassures terrified prosecution witness Martin Turnbull he will be given protection following threats from Ray Moore, only to discover the villainous ex-cop has subtler ways of intimidating people. (T)

9.00 The Last Detective. Businessman Daniel Boden is found stabbed to death at the wheel of his Land Rover, and Dangerous discovers he was caught up in a lucrative insurance scam set up by a secret gentleman's club. There are no forensic clues in the vehicle, so the only lead is a phone number Boden called shortly before he died. Last in series of the police drama, starring Peter Davison. (T)

10.30 ITV News; Weather. (T) 11.00 Dating the Enemy. Glamour model Daniela tempts fate by spending three days with DJ Tony, who's the sort of man she always swore never to date - a northerner. (R) (T)

11.35 Marilyn Manson's Playlist. The controversial rocker chats about his musical taste with presenter Jayne Middlemiss and chooses five tracks that represent the soundtrack of his life. He selects a song from his past, present and future before making a dedication to someone special and revealing his all-time favourite. (T)

12.00 Make Your Play; ITV News Headlines. 4.05 The Jeremy Kyle Show. (R) (T) 5.00 ITV Nightscene.

LOCAL

RTP1
0630 Bom Dia Portugal
0900 Natal dos Hospitais
1300 News 1415 Natal dos Hospitais
2000 News 2245 Um Contra Todos
0030 Married to the Mob, film
0220 Dial M for Murder, film
0625 Boletim das Pescas
RTP2
0700 Magazine
0720 Mostral
0730 Zig Zag cartoons
1400 Sociadade Civil
1530 Portugal, Um Retrato Ambiental
1600 entre Nós
1630 EuroNews
1700 National Geographic
1730 Discovery Hour
1830 Fé dos Homens
1900 Initiative
1945 Zig Zag
2045 Yes Dear
2145 Discovery Hour
2200 News
2230 The Twilight Zone
2330 A Revolta dos Pasteis
0100 Film TBA
0530 Euronews
SIC
0645 Sic Kids
0830 Floribela
1000 Fátima
1300 News
1400 O Profeta
1445 Laços de Família
1530 Contacto
1715 Floribela
2045 News
2000 News
2145 Floribela
2215 Cobras & Lagartos
2315 Jura
TVI
0700 Diário Da Manhã
1000 Vozé na TV
1300 News
1400 Inspector Mac
1500 Anjo Selvagem
1600 Quem Quer Ganha
1800 Morangos com Açúcar
2115 Morangos com Açúcar
2215 TVI Gala
0015 Dr House
0130 Cartaz das Artes
0430 CSI

Best of the Rest

BBC3
7.00 Little Shopping Horrors!
8.00 Filthy Rich and Homeless
9.00 Road Rage Revenge
10.00 EastEnders
10.30 Gavin and Stacey
11.00 Pulling
11.30 Two Pints of Lager and a Packet of Crisps
12.00 Two Pints of Lager and a Packet of Crisps
12.30 Filthy Rich and Homeless
1.30 Road Rage Revenge
2.30 Two Pints of Lager and a Packet of Crisps
3.00 Two Pints of Lager and a Packet of Crisps
3.30 Gavin and Stacey
4.00 Close
BBC4
7.00 World News Today
7.00 Weather
7.30 The Avengers
8.20 From Grange Hill to Albert Square - and Beyond
9.00 Children's TV on Trial
10.00 Mark Lawson Talks to Biddy Baxter
11.00 Are We Having Fun Yet?
12.00 Children's TV on Trial
1.00 Mark Lawson Talks to Biddy Baxter
2.00 Are We Having Fun Yet?
3.00 Children's TV on Trial
4.00 Close
ITV2
1.00 Emmerdale
1.30 The Jeremy Kyle Show
2.35 The Jeremy Kyle Show
3.40 Ricki Lake
4.25 Sally Jessy Raphael
5.15 Airline USA
5.45 Judge Judy
7.00 Smallville
8.00 House of Horrors
9.00 Katie & Peter: The Next Chapter
10.00 Generation Xcess
11.00 Supernatural
12.00 Katie & Peter: The Next Chapter
1.00 Make Your Play: ITV Play
4.00 Teleshopping
6.00 Close
Sky One
1.00 Project Runway
2.00 Bones
3.00 Bones
4.00 Stargate SG-1
5.00 Stargate SG-1
6.00 Malcolm

in the Middle
6.30 Malcolm in the Middle
7.00 The Simpsons
7.30 The Simpsons
8.00 The Simpsons
8.30 The Simpsons
9.00 Bones
10.00 Cold Case
11.00 Bones
12.00 Law & Order
1.00 Star Trek: Voyager
1.50 Buffy the Vampire Slayer
2.40 Ultimate Sci-Fi
3.10 3.30 Mile High
4.20 GUILTY! 5.10 Star Trek: Voyager
UKTV Gold
1.00 My Family
1.40 Keeping Up Appearances
2.20 Open All Hours
3.00 New Tricks
4.00 New Tricks
5.00 Dallas
6.00 Doctor Who
7.00 Film: Carry On Loving PG (1970)
8.45 Alistair McGowan's Big Impression
9.00 TV Now and Then
9.40 TV Now and Then
10.20 Only Fools and Horses
11.25 Jack Dee's Happy Hour
12.05 Jack Dee's Happy Hour
12.45 Two Pints of Lager and a Packet of Crisps
1.25 Room 101
2.00 Room 101
2.30 The Bill
3.20 Casualty
4.15 Merseybeat
5.05 2point4 Children
5.35 Neighbours
TCM
1.30 Challenge to Lassie U (1949)
3.00 Ice Station Zebra U (1968)
5.40 Father's Little Dividend U (1951)
7.20 The Honeymoon Machine PG (1961)
9.00 Poltergeist 15 (1982)
11.05 The Formula 12 (1980)
1.15 Terror on a Train PG (1953)
2.30 Teleshopping
2.50 The Fixer 15 (1968)
The Disney Channel
Kids' programmes from 7am, except: 8.00 Film: Eddie's Million Dollar Cook-Off U (2003)
Comedy, starring Orlando Brown.

MOVIES

Sky Movies Drama
6.15 Unstrung Heroes PG (1995)
7.55 A Time to Decide PG (2000)
9.35 Comfort and Joy PG (2003)
11.15 In Good Company 15 (2004)
With Dennis Quaid.
1.15 Unstrung Heroes PG (1995)
With Andie MacDowell.
2.55 A Time to Decide PG (2000)
With Patty Duke.
4.35 Comfort and Joy PG (2003)
With Nancy McKeon.
6.15 A Wing and a Prayer 15 (1998)
With Claudia Christian.
8.00 Proof 12 (2005)
With Gwyneth Paltrow.
10.00 In Good Company 15 (2004)
With Dennis Quaid.
11.55 Proof 12 (2005)
With Gwyneth Paltrow.
1.45 On a Clear Day 12 (2005)
With Peter Mullan.
3.35 Melvin and Howard 12 (1980)
5.20 A Wing and a Prayer 15 (1998)
Sky Movies Comedy
6.00 A Young Connecticut Yankee in King Arthur's Court PG (1994)
7.35 The Adventure of Sherlock Holmes' Smarter Brother PG (1975)
9.20 Melinda and Melinda 12 (2004)
11.15 Meet the Fockers 12 (2004)
With Ben Stiller.
1.15 American Pie Presents: Band Camp 15 (2005)
With Eugene Levy.
2.55 Crazy People 15 (1990)
With Dudley Moore.
4.35 A Young Connecticut Yankee

in King Arthur's Court PG (1994)
With Philippe Ross.
6.20 The Adventure of Sherlock Holmes' Smarter Brother PG (1975)
With Gene Wilder.
8.00 Alien Autopsy 12 (2006)
With Declan Donnelly.
9.40 Meet the Fockers 12 (2004)
With Ben Stiller.
11.40 American Pie Presents: Band Camp 15 (2005)
With Eugene Levy.
1.20 Melinda and Melinda 12 (2004)
With Radha Mitchell.
3.05 Crazy People 15 (1990)
4.40 A Young Connecticut Yankee in King Arthur's Court PG (1994)
Sky Movies Action
6.00 Frozen Impact PG (2002)
7.40 Bet Your Life 15 (2004)
9.15 Hide and Seek 15 (2004)
11.05 Attack Force Z 15 (1981)
With Mel Gibson.
12.55 Young Guns II: Blaze of Glory 15 (1990)
With Emilio Estevez.
2.50 Frozen Impact PG (2002)
With Stacy Keach.
4.35 Attack Force Z 15 (1981)
With Mel Gibson.
6.15 Hide and Seek 15 (2004)
With Robert De Niro.
8.00 Young Guns II: Blaze of Glory 15 (1990)
With Emilio Estevez.
10.00 Dead Bang 18 (1989)
With Don Johnson.
11.45 Primal Fear 18 (1996)
With Richard Gere.
2.00 Jade 18 (1995)
With David Caruso.
3.40 Frozen Impact PG (2002)
5.40 Action & Thriller Close Up

SPORT

Sky Sports 1
6.00 Transworld Sport
7.00 WWE: Experience
8.00 International Football
9.30 Total Rugby
10.00 Live European Tour Golf
The Celtic Manor Wales Open.
1.00 International Football
2.30 Live Cricket
Derbyshire Phantoms v Yorkshire Phoenix.
10.00 Transworld Sport
11.00 Golf Night
1.30 Transworld Sport
2.30 Close
Sky Sports 2
6.00 Aerobics Oz Style
6.30 Ocean 7.00 Aerobics Oz Style
7.30 Ocean 8.00 Watersports
World 9.00 Ocean 9.30
Speedway 11.30 Poker 1.00
Speedway 3.00 Live European Tour Golf
The Celtic Manor Wales Open.
6.00 IAAF Athletics Weekly
6.30 Powerboating
7.30 Golf Night
10.00 Netball
12.00 Poker
Week 12.30 Race World
1.30 Rugby League
3.30 Boots 'n' All Special
4.00 Extreme Carp 4.30 Close
Sky Sports 3
8.30 Show Jumping
9.30 Irish Greyhound Racing
10.00 Women's Pool
11.00 Aerobics Oz Style
11.30 Racing News
12.00 Watersports
World 1.00 Women's Pool
2.00 Ocean 2.30 Wild Spirits
3.00 Show Jumping
4.00 World Ten Pin Masters
5.00 WWE: Heat
6.00 Race World
7.00 NBA Action
7.30 Live Rugby League
Rams v

Whitehaven (Kick-off 7.35pm).
9.30 Live Boots 'n' All Special.
A review of the week's action from Super League XII.
10.00 WWE: Late Night - Raw
12.00 Extreme Championship Wrestling
1.00 IAAF Athletics Weekly
1.30 Powerboating
2.30 Race World
3.30 Poker Week
4.00 Close
British Eurosport
7.30 Game, Set and Mats
7.45 Cycling
8.15 World Rally Championship
8.45 Game, Set and Mats
9.00 French Open Tennis
10.00 Live French Open Tennis
The fifth day at Roland Garros.
3.00 Live Cycling.
Coverage of the 18th stage of the Giro d'Italia.
4.30 Live French Open Tennis.
Day five at Roland Garros.
7.30 French Open Today
7.45 WATTS
8.00 Live International Football.
Germany Under-21s v Japan Under-21s (Kick-off 8.00pm).
9.45 French Open Tennis
10.45 Cycling
11.15 International Football
12.15 Game, Set and Mats
12.30 Close
Sky Sports Xtra
9.00 Premiership News
11.00 Masters Football
1.55 U Can Do It
2.00 Premiership Years
4.00 Extreme Carp
4.30 Powerboating
5.00 ATP Tennis
5.30 Netball
7.30 Live Greyhound Racing.
The Scurry Gold Cup.
10.00 Premiership Years
12.00 Masters Football
2.55 U Can Do It
3.00 Ocean
3.30 ATP Tennis
4.00 Close



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BBC1

6.00 Breakfast. (T) 9.15 Animal Park. (T) 10.00 Homes Under the Hammer. (R) (T) BBC News; Weather. (T) 11.00 To Buy or Not to Buy. (R) (T) 11.30 Cash in the Attic; (R) (T) BBC News; Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.40 Neighbours. (T) 2.05 Doctors. (T) 2.35 Murder, She Wrote. (R) (T) 3.20 BBC News; Weather. Regional News. (T) 3.25 CBBC: Pitt & Kantrop. (R) (T) 3.50 The Likeaballs. (R) (T) 4.00 Prank Patrol. (R) (T) 4.30 Raven. (T) 5.00 Totally Doctor Who. (T) 5.25 Newsround. (T)

5.35 Neighbours. Dylan's anger over the family tragedy leads him to take Paul hostage. Boyd reassesses his decision to leave Janae, while Ringo puts his relationship with Rachel on hold. (R) (T)

6.00 BBC News; Weather. (T)
6.30 Regional News Programmes; Weather. (T)
6.30 Celebrity MasterChef. The four winning chefs from this week's heats battle it out to see which of them can claim the two remaining semi-final places. The judges watching on are Australian chef and restaurateur and food magazine columnist John Torode and food writer Gregg Wallace. (T)

7.30 Match of the Day Live. England v Brazil (Kick-off 8.00pm). Gary Lineker introduces coverage of the first full international held at the new Wembley Stadium, as Steve McClaren's men face the five-time world champions. (T)

10.00 BBC News at Ten O'Clock. (T)
10.30 Regional News; Weather. (T)

10.35 Friday Night with Jonathan Ross. The host presents a showcase of celebrity chat, musical performances and topical commentary on the week's big events. (T)

11.35 FILM: Rambo III (1988). Action adventure sequel, starring Sylvester Stallone. (T)
1.10 FILM: Orca: Killer Whale (1977). Adventure, starring Richard Harris. (T) 2.45 BBC News 24. (T)



BBC2

6.00 CBeebies: Fimbles. (R) (T) 6.20 The Story Makers; (R) (T) Fimby Songtime. (R) (T) 6.35 Balamory. (R) (T) 7.00 Postman Pat. (R) (T) 7.15 Come Outside. (R) (T) 7.30 CBeebies Springwatch. (T) 8.00 CBBC: Springwatch Trackers. (T) 8.30 What's New Scooby-Doo? (R) (T) 8.50 Smart. (R) (T) 9.15 Mona the Vampire. (R) (T) 9.40 Watch My Chops. (R) (T) 10.05 Best of Friends. (R) (T) 10.35 Even Stevens. (R) (T) 11.00 FILM: The Magic Pudding (2000). Children's animation, with the voice of Geoffrey Rush. (T) 12.10 Dangerous. (R) (T) 12.30 Working Lunch. (T) 1.30 Racing from Epsom. Including the 4.05 Vodafone Oaks (1m 4f). (T) 4.30 Flog It! Ten of the Best. (T) 5.15 Weakest Link. (T) 6.00 The People's Quiz - Wildcard. (T) 6.30 Let Me Entertain You. (T) 7.00 Virtual World, Real Millions. The economy of online gaming. (T) 7.30 Derby Day Preview. Tomorrow's Vodafone Derby at Epsom. (T) 8.00 Springwatch. Bill Oddie, Kate Humble and Simon King look back at the week's highlights and give the latest news on the creatures featured on the programme. (T) 8.30 Gardeners' World. Monty Don plants irises for full sun. (T) 9.00 Sea of Fire. The story of British warship HMS Coventry. (T) 10.00 Balderdash & Piffle. The origin of the phrase Jack the Lad. (T) 10.30 Newsnight. (T) 11.00 Newsnight Review Special with Damien Hirst. (T) 11.35 Later with Jools Holland. (T) 12.40 FILM: Superfly (1972). Action drama, starring Ron O'Neal. (T) 2.10 Star Trek. (R) (T) 3.00 Star Trek. (R) (T) 3.50 Malcolm in the Middle. (R) (T) 4.15 Close.

Pick of the Day

The Friday Night Project (C4, 11.05pm)

This award-winning show is back for what promises to be another fantastic series as the saucy duo, Justin Lee-Collins and Alan Carr, return to make our Friday evenings at home that little bit more enjoyable. It would seem the comedians have created the perfect format for themselves - they invite guests onto the show and then sit back and watch as the visitors do all the work. Luckily for them, it's an arrangement that shows no signs of growing old and it comes back with a bang when the taller half of Little Britain, David Walliams, takes a seat in the presenter's chair. As a gentleman notorious for his after-hours antics with various devilishly beautiful ladies, his no-questions-barred session with the studio audience should prove to be both enlightening and extremely entertaining. As well as taking a look into the funnyman's celebrity world, the usual comedy sketches are included and the panel quiz, Who Knows the Most about the Guest Host? gives the audience a chance to impress him with their knowledge of his life. Alan Carr's topical comedy desk Friday Night News also provides a satirical look back at the past week's events.

C4

6.00 The Treacle People. (R) (T) 6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Just Shoot Me. (R) (T) 7.30 Big Brother's Little Brother. (T) 8.00 Big Brother. (R) (T) 9.00 Frasier. (R) (T) 9.25 FILM: Always (1989). Fantasy romance, starring Richard Dreyfuss. (T) 11.40 Small Railway Journeys. (R) (T) 12.00 News at Noon. (T) 12.30 3 Minute Wonder: Where There's a Will. (T) 12.35 A Place in the Sun. (R) (T) 1.35 FILM: Man of the West (1958). Thought-provoking Western, starring Gary Cooper. (T) 3.30 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 The New Paul O'Grady Show. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.35 Unreported World. A look at the problems facing East Timor, one of the world's youngest democracies. Eight years on from the bloody split from Indonesia, the state is still patrolled by UN forces. (T) 8.00 A Place in the Sun. Expert advice for the Hawkins family as they consider buying a property in Var in Provence. They find their budget of \$375,000 goes a long way in the area. (T) 8.30 Big Brother. More from the house. (T) 9.30 Ugly Betty. The Suarez family try to solve Ignacio's visa problems. (T) 10.30 Big Brother. (T) 11.05 The Friday Night Project. (T) 12.10 Big Brother's Big Mouth. 12.40 4Music: Transmission. 1.40 4Music: The JD Set Presents: The Young Knives. (T) 1.50 4Music: Sessions: The Fratellis. 2.05 Big Brother Live. 3.55 Goalissimo. 4.45 Countdown. (R) (T) 5.30 New Shoots: Films from Disabled Directors. (R) (T)

FIVE

6.00 Milkshake!: The Save-Ums! (R) (T) 6.10 Fifi and the Flowertots. (R) (T) 6.25 Franny's Feet. (R) (T) 6.35 Bird Bath. (R) (T) 6.45 Hi-5. (R) (T) 7.20 Roary the Racing Car. (R) (T) 7.30 Rupert Bear. (R) (T) 7.45 Make Way for Noddy. (R) (T) 8.00 Say It with Noddy. (R) (T) 8.05 Fifi and the Flowertots. (T) 8.20 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 Miss Spider's Sunny Patch Friends. (R) (T) 8.50 Sandy and Mr Flapper. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 House. (R) (T) 1.30 FILM: Rescuers: Stories of Courage - Two Families (1998). Drama, starring Daryl Hannah; (T) five news update. 3.40 FILM: Danielle Steel's Mixed Blessings (1995). Melodrama, starring Bruce Greenwood. (T) 5.30 five news; Weather. (T) 6.00 Home and Away. (T) 6.30 Payday. (T) 7.00 five news. (T) 7.30 Built for the Kill. Predators of the ocean; (R) (T) 7.30 five news update. (T) 8.00 Killer Big Cats. Attacks by leopards and cougars in urban areas; (R) (T) 8.00 five news at 9. 9.00 NCIS. Abby is targeted by someone from her past who commits murder just to draw her into the ensuing investigation, and sets about trying to kill her as she searches for clues. (T) 10.00 Law & Order: Criminal Intent. An actress is shot. (T) 11.00 Prison Break. Michael and Lincoln escape to Panama. (R) (T) 12.00 Quiz Call. 5.35 Wildlife SOS. (R) (T)

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 1.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 Inspector Morse. (R) 3.00 For the Rest of Your Life. (T) 3.59 London Weather. (T) 4.00 Midsomer Murders. (R)

6.00 London Tonight; Weather. (T)
6.30 ITV Evening News; Weather. (T)

7.00 Emmerdale. Rosemary returns to the village and finds an ally in Carrie, but her decision to move back in to Home Farm causes a stir. Viv gives Percy food for thought when she mentions that she considered surrogacy, while Val takes pleasure in winding up Eric by flirting with Billy. (T)

7.30 Coronation Street. Carla arranges for Leanne to meet their financial adviser - but when he turns out to be a familiar face, Leanne realises she's been set up by her business partner, who's clearly found out how she earns her money. Ashley and Claire consider going away for a while, but can't think of anyone to look after the butcher's, until Fize comes up with a bright idea. (T)

8.00 Mind the Gap Year: Tonight. (T)
8.30 Lewis. Kevin Whately returns as the late Inspector Morse's sidekick, teamed up with a new partner. When a middle-aged Oxford graduate is found murdered, Lewis and Hathaway discover a link between the crime and one of the university's most senior dons - whose respectable exterior conceals a very peculiar past. With Anna Massey, Clare Holman and Sian Thomas. (R) (T)

10.30 ITV News; Weather. (T)
11.00 It Shouldn't Happen to a TV Presenter. A candid collection of memorable cringe-worthy moments that red-faced presenters would rather forget - from the unpredictable arena of live TV to the perils of working with the public. Famous faces including Eamonn Holmes, Esther Rantzen, Carol Vorderman, Nicky Campbell and Phillip Schofield are among those whose gaffes have been captured for posterity. (R) (T)

12.05 Make Your Play; ITV News Headlines. 4.10 60 Minute Makeover. (R) (T) 5.00 ITV Nightscreen.

(R) - repeat programme;
(T) - programme with teletext subtitles;
(S) - programme broadcast in stereo;
(bw) - black and white.

LOCAL

RTP1
0630 Bom dia Portugal 1000
Praça da Alegria 1300 News
1410 Los Ricos Tambien
Lloran 1530 Marco Paulo -
40. Anos de Amor Eterno
1715 Lingo 1800 Portugal
em Directo 1915 O Preço
Certo 1955 Direito de
Antena 2000 News 2330
Gost Ship, film 0130 Adeus
Princesa, film

RTP2
0700 EuroNews 0715 Civ
20 900 Sociedade Civil
1530 O Lugar da História
1600 Entre Nós 1630
Euronews 1700 Lendas
Vivas de Além Mar 1730
Discovery Hour 1830 A Fé
dos Homens 1900 Haja
Saúde 1945 Zig Zag 2045
Yes Dear 2115 Discovery
Hour 2200 News 0015 Film
TBA

SIC
0645 Sic Kids 0830 Floribela
1000 Fátima 1300 News
1400 O Profeta 1445 Laços
de Família 1530 Contacto
1715 Floribela 1900 Sinhá
Moça 2000 News 2145
Floribela 2215 Cobras &
Lagartos 2315 Jura 0015
Behind Enemy Lines, film
TVI
0700 Diário Da Manhã 1000
Você na TV 1300 News
14000 Inspector Max 1500
Anjo Selvagem 1600 Quem
Quer Ganhar 1800 Morangos
com Açúcar 2000 News
2115 Euro Milhões 2130
Morangos com Açúcar 2215
Tempo de Viver 2330 Fala-
me de Amot 0130 Film TBA

Best of the Rest

BBC3
7.00 Little Shopping Horrors! 8.00
Dog Borsal 9.00 Doctor Who
9.45 Doctor Who Confidential
10.00 Football Gaffes Galore
11.00 Two Pints of Lager and a
Packet of Crisps 11.30 Two Pints
of Lager and a Packet of Crisps
12.00 Family Guy 12.20 Family
Guy 12.45 Sex - with Mum and
Dad 1.40 Rob Brydon's Annually
Retentive 2.10 Two Pints of Lager
and a Packet of Crisps 2.40 Two
Pints of Lager and a Packet of
Crisps 3.10 Sex - with Mum and
Dad 4.10 Close

BBC4
7.00 World News Today 7.00
Weather 7.30 The Magic
Roundabout Story 8.30 In
Concert: The Eagles 9.00 When
the Stranglers Met Roland Rat
10.00 The Kids' Verdict 11.00 The
Avengers 11.50 When the
Stranglers Met Roland Rat 12.50
Hotel California: From the Byrds
to the Eagles 2.20 The Magic
Roundabout Story 3.20 When
the Stranglers Met Roland Rat
4.20 Close

ITV2
1.00 Emmerdale 1.30 The Jeremy
Kyle Show 2.35 The Jeremy Kyle
Show 3.40 Ricki Lake 4.25 Sally
Jessy Raphael 5.15 Airline USA
5.45 Judge Judy 7.00 Smallville
8.00 Big Day 8.30 Film: Hulk 12
(2003) 10.55 Katie & Peter: The
Next Chapter 11.55 Coronation
Street 12.25 Entourage 12.55
Entourage 1.25 Generation Xcess
2.25 Make Your Play: ITV Play
4.00 Teleshopping 6.00 Close
Sky One
1.00 Project Runway 2.00 Bones
3.00 Bones 4.00 Stargate SG-1

5.00 Stargate SG-1 6.00 Malcolm
in the Middle 6.30 Malcolm in the
Middle 7.00 The Simpsons 7.30
The Simpsons 8.00 The Simpsons
8.30 Crash Test Dummies 9.00
Road Wars 10.00 Russ Kemp:
Teenage Gangs of South London
11.00 Bones 12.00 Law & Order
1.00 Star Trek: Voyager 1.50
Buffy the Vampire Slayer 2.40
Ultimate Super Villains 3.10 Male
High 4.20 Guilty! 5.30 Malo
Korrigan 5.35 Malo Korrigan

UKTV Gold
1.00 My Family 1.40 Keeping Up
Appearances 2.20 Open All Hours
3.00 Daziel & Pascoe 5.00 Dallas
6.00 Charlie's Angels 7.00 Film:
Carry On Columbus PG (1992)
8.50 Alistair McGowan's Big
Impression 9.00 Fawcett Towers
9.40 One Foot in the Grave 10.00
EuroMillions 10.30 Film: DOA
15 (1988) 12.30 Fawcett Towers
1.10 One Foot in the Grave
1.50 Room 101 2.20 Room
101 2.50 Dallas 3.40 Charlie's
Angels 4.30 Starstruck
Classics 4.35 Merseybeat
5.25 Close Up 5.35 Neighbours

TCM
3.00 Show Boat U (1951) 5.00
Alfred the Great PG (1969)
7.15 The Last Voyage PG
(1960) 9.00 Mad Max 18 (1979)
10.45 El Mariachi 15 (1992)
12.15 Cool Breeze 15 (1972)
2.05 Teleshopping 2.20 Shaft
15 (1971) 4.10 No Guts, No
Glory: 75 Years of Stars
The Disney Channel
Kids' programmes from Tam,
except: 8.00 Film: Cheetah
Girls 2: Pop Up U (2006)
Drama, starring Raven-
Symone.

MOVIES

Sky Movies Drama

6.55 The Sign of Four PG (2001)
8.35 The Clinic PG (2004) 10.15
Role of a Lifetime PG (2001)
12.15 The Sign of Four PG
(2001) With Matt Frewer. 2.00
Evita PG (1996) With Madonna.
4.20 The Clinic PG (2004) With
Jonathan Scarfe. 6.00 Role of
a Lifetime PG (2001) With Scott
Bakula. 8.00 Evita PG (1996)
With Madonna. 10.20 An
Innocent Man 18 (1989) With
Tom Selleck. 12.20 Spanglish
12 (2004) With Paz Vega. 2.40
All Men Are Mortal 15 (1995)
With Stephen Rea. 4.20 The
Sign of Four PG (2001)

Sky Movies Comedy

6.20 Max Rules: Adventures
of a Superspy U (2005) 7.45
The Hitchhiker's Guide to the
Galaxy PG (2005) 9.35
Captain Ron PG (1992) 11.20
Max Rules: Adventures of a
Superspy U (2005) With William
B. Davis. 12.45 Black Sheep
12 (1996) With Chris Farley.
2.15 Just Friends 12 (2005)
With Ryan Reynolds. 3.55 Man
of the House 12 (2005) With
Tommy Lee Jones. 5.40 The
Hitchhiker's Guide to the
Galaxy PG (2005) With Martin
Freeman. 7.30 Comedy Close
Up 8.00 Just Friends 12 (2005)
With Ryan Reynolds. 9.40
Pirates of the Caribbean 3 -
Making Of 10.00 Man of the
House 12 (2005) With Tommy
Lee Jones. 11.40 Black Sheep
12 (1996) With Chris Farley.
1.10 Tommy Boy 12 (1995)

With Chris Farley. 2.50 Bull
Durham 15 (1988) With Kevin
Costner. 4.40 Captain Ron PG
(1992)

Sky Movies Action

6.10 Angel Flight Down PG
(1996) 7.50 Captive 15 (1998)
9.30 Pacific Heights 15 (1990)
11.15 Swindle 15 (2002) With
Tom Sizemore. 1.00 Chain
Reaction 12 (1996) With Keanu
Reeves. 2.50 Pacific Heights
15 (1990) With Michael Keaton.
4.35 Swindle 15 (2002) With
Tom Sizemore. 6.15 Rush
Hour 12 (1998) With Jackie
Chan. 8.00 Chain Reaction 12
(1996) With Keanu Reeves.
10.00 Unleashed 18 (2005)
With Jet Li. 11.45 Rush Hour
12 (1998) With Jackie Chan.
1.30 Sea of Love 18 (1989)
With Al Pacino. 3.30 Captive
15 (1998) 5.10 Angel Flight
Down PG (1996)

(R) - repeat programme;

(T) - programme with teletext subtitles;

(S) - programme

broadcast in stereo;

(bw) - black and white.

SPORT

Sky Sports 1

6.00 Powerboating 7.00 WWE:
Raw 9.00 Transworld Sport 10.00
Live European Tour Golf. The
Celtic Manor Wales Open. 1.00
PokerWeek 1.30 Transworld Sport
2.30 FIFA Futbol Mundial 3.00
Live European Tour Golf. The
Celtic Manor Wales Open. 6.00
Transworld Sport 7.00 Rally World
7.30 Live Super League. Leeds
Rhinos v Warrington Wolves
(Kick-off 8.00pm). 10.00 FIFA
Futbol Mundial 10.30 International
Football 12.00 Super League 1.30
World Sport 2.00 Friday Fight
Night 4.00 International Football
5.30 World Sport

Sky Sports 2

6.00 Aerobics Oz Style 6.30
Ocean 7.00 Aerobics Oz Style
7.30 Ocean 8.00 Aerobics Oz
Style 8.30 Race World 9.30 Ocean
10.00 Poker Week 10.30 Rugby
League 12.30 Boots 'n' All Special
1.00 ATP Tennis 1.30 Live
America's Cup Sailing. The
opening day of the Louis Vuitton
Cup final. 4.00 Race World 5.00
Moto Plus 5.30 World Sport 6.00
Ocean 6.30 Moto Plus 7.00 World
Sport 7.30 Golf Night 10.00 Friday
Fight Night 12.00 Moto Plus 2.30
Rally World 3.00 Golf Plus 3.30
Golf Night

Sky Sports 3

10.00 Extreme Carp 10.30 IAAF
Athletics Weekly 11.00 Aerobics
Oz Style 11.30 Racing News
12.00 Powerboating 1.00 Race
World 2.00 Ocean 2.30 NBA
Action 3.00 Netball 5.00 WWE:

Raw 7.00 Live Winning Post.
From Bath and Down Royal. 9.00
World Sport 9.30 Rally World
10.00 WWE: Late Night -
Smackdown 12.00 WWE: Late
Night - Bottom Line 1.00 America's
Cup Sailing 2.00 Premiership
Years 4.00 America's Cup Sailing
5.00 Ocean 5.30 Ocean

British Eurosport

7.30 Game, Set and Mats 7.45
World Rally Championship 8.15
World Touring Car Championship
8.45 Game, Set and Mats 9.00
French Open Tennis 10.00 Live
French Open Tennis. Coverage
of the sixth day's play at Roland
Garros in Paris. 3.00 Live
Cycling. Coverage of the 19th
stage of the Giro d'Italia. 4.30
Live French Open Tennis. Day
six at Roland Garros. 7.30 French
Open Today 7.45 Inside Euro
2008 8.00 Live International
Football. Ghana v Holland (Kick-
off 8.00pm). 9.45 French Open
Tennis 10.45 Cycling 11.15 Inside
Euro 2008 11.30 World Rally
Championship 12.00 MotoGP
12.30 Game, Set and Mats 12.45
Close

Sky Sports Xtra

6.30 IAAF Athletics Weekly 7.00
Netball 9.00 Premiership Years
11.00 Masters Football 1.55 U
Can Do It 2.00 Premiership Years
4.00 Ocean 4.30 Powerboating
5.00 Powerboating 6.00 Aerobics
Oz Style 6.30 FIFA Futbol Mundial
7.00 Masters Football 10.00
Premiership Years 12.00 Masters
Football 2.55 U Can Do It 3.00
Ocean 3.30 Super League 5.00
Powerboating

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WALKS

Let's Walk behind the cliff tops

A fairly easy two hour walk on Saturday May 26th & Monday May 28th through the countryside which is close to many resorts yet has not been spoilt by new developments. Come and discover something new! All are very welcome please just come along there is a small charge of €4 p.p. 10.30am start - meet in the hamlet of Pata on the EN125 between Albufeira and Boliqueime. If approaching from the Albufeira side there are traffic lights on the main road in the centre of Pata with the café Silva on the left (red awning) - meet here. Walk leader: Silvia Smeman 289 478 845 or 963 737 170.

Snail Feast

The V Festival is due to take place this weekend, from May 25th until 27th at the Castro Marim Children's

park. Now is your chance to eat these delicacies, while enjoying the company of locals and live music.



Alentejo Fair - Discover the Alentejo



From May 24th until 27th, the Faro ExpoFaro - next to the Faro Municipal Swimming Pools will witness a fair displaying the

history of Alentejo tradition and tourism with coar oaks, bread, wine, olive oil and honey. Come and find out more about the Alentejo before you

travel there. Open daily from 3pm to 11pm and 6pm to 9pm on May 27th. Call 289 882 592 for more information.

BOOK REVIEW

Young Wives' Tales

By Adele Parks, is published in hardback by Michael Joseph, priced £12. Available May 3.

Rose is a single mother of two who is still coming to terms with the fact that her ex-friend Lucy stole her husband six years ago. Since then Rose has devoted pretty much all of her time looking after their twin boys - and not a lot else.

Following a bit of encouragement from her concerned friends, Rose begins to look to her own future in an attempt to move on with her life, with evening classes,

blind dates and even internet dating.

On the other side of town, after an exciting affair with Rose's husband Peter, Lucy is beginning to realise that married life isn't all it's cracked up to be. Her daughter Auriel is now four and Lucy is constantly worried and insecure about her parenting skills, particularly in comparison to Rose.

Her relationship with Peter is suffering and, far from the excitement of their affair, it has now become a military operation simply to arrange an evening alone together. With her mar-

riage struggling and her constant worrying over losing her looks, Lucy begins to look outside of her marriage for fun and excitement again.

Meanwhile, when his best friend Tom announces his forthcoming wedding, John suddenly feels let down big time. Everyone else seems to be moving on and becoming responsible adults, while he is still living the life of a 23-year-old playboy. When he fails to get his act together to arrange

Tom's stag weekend, John has no choice but to enlist the help of old buddy Craig.

On the surface Craig and John couldn't be more different but it soon becomes apparent they are both looking for the same thing deep down.

Young Wives' Tales tells the stories of three very different

people at different stages in their lives, all wishing for what they don't have rather than looking at what they've got. At first glance their issues seem completely unrelated, but at closer inspection it's clear that they have a remarkable amount in common.

An excellent summer read that guarantees to keep even the most jaded romantic entertained for hours!

Lydia Hayward

DVD REVIEW

Babel

Starring: Cate Blanchett, Brad Pitt, Adriana Barraza, Gael Garcia Bernal, Nathan Gamble, Elle Fanning, Rinko Kikuchi, Koji Yakusho, Boubker Ait El Caid, Said Tarchini.

Reuniting with screenwriter Guillermo Arriaga, Mexican filmmaker Alejandro Gonzalez Inarritu crafts an exquisite multi-lingual thriller, which draws together four seemingly unrelated storylines, finding that suffering and redemption traverse language and geographical boundaries.

In the dry heat of Morocco, Richard (Pitt) and his wife Susan (Blanchett) continue to struggle with the death of their child. As their bus trundles through the mountain roads, the tourists come under fire from an unseen sniper and Susan is badly injured.

Meanwhile, in American suburbia, Mexican housekeeper Amelia (Barraza) takes charge of her employers' children Mike (Gamble) and Debbie (Fanning) for the weekend. Her decision to accompany reckless nephew Santiago (Bernal) to a family wedding across the border ends in disaster. In Tokyo, deaf-mute student Chieko (Kikuchi) begins to explore her sexuality

and to reconnect with her estranged businessman father (Yakusho).

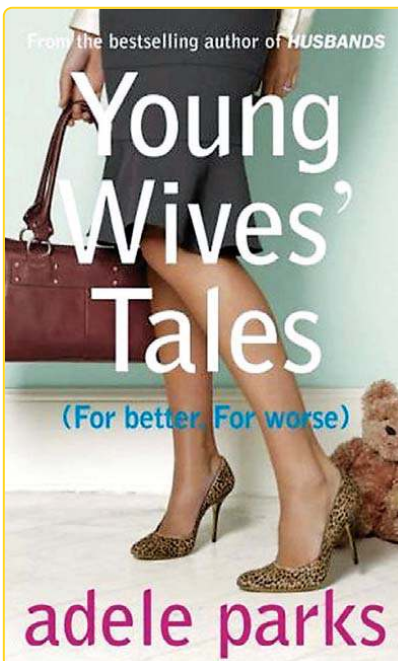
Back in Africa, two brothers (El Caid, Tarchini) fight for ownership of their father's newly acquired rifle. The childish squabble leads to tragedy that sends shockwaves around the globe. Babel melds a distinctive and thrilling visual style with rich, emotional storytelling on a vast, sprawling canvas, shot on three continents in four different languages. It's a bold, audacious work fired by the collective energy of Inarritu and his regular collaborators, including director of photography Rodrigo Prieto, editor Stephen Mirrione and production designer Brigitte Broch.

Screenwriter Arriaga cuts back and forth between the emotionally wrought storylines, cleverly revealing the film's fractured chronology. Performances are exemplary across the board, particularly Kikuchi as a young woman desperate to let out a primal scream of grief she fears will never be heard.

DVD Extras: none stated; two-disc DVD: "Common Ground: Under Construction Notes" 90-minute feature-length making of video diary.

Rating: *****

Damon Smith



QM SUMMER FAIR

Saturday 2nd June
11am to 4pm



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FESTIVAL REVIEW

CREAMFIELDS LISBOA

Creamfields returns in 2009

Over 35 thousand party-goers flocked to the Parque da Bela Vista in Lisbon last weekend to witness the event that promised 15 hours of non-stop music by over 50 acts and much more.

The variety of stages at Creamfields Lisboa lived up to everyone's expectations, offering a wide range of quality live music, with the Silent Club where clubbers listened to two different stations of live house music performed by a variety of DJs throughout the day on wireless headset. Axe Radio Soulwax stage looked like something out of this world, featuring similar

types of bands performing psychedelic electro bands which got everyone jumping. Everyone went to refresh at the Bacardi Kubic with Caipirinhas and listen to a variety of DJs in flashing green surrounding walls until 6am. The Coca-Cola Reggae Stage set the mood for most, with six talented reggae bands making everyone dance to Caribbean beats in the sunshine until the early hours of the morning. Olá Love2Dance La Isla featured a beach-like setting with several false palm trees, bean bags, umbrellas and huge fans with vaporized water coming out to cool

down those who had been dancing for hours and free Olá ice creams. Olá Love2Dance Giant Sphere attracted thousands to the ongoing dance party where incredible lighting effects were projected onto the walls of the sphere, which was visible from all over the arena. Last but not least, the Main Stage attracted thousands to watch the incredible lighting effects reminiscent of the stage U2 used in their Vertigo Tour, but with subtle differences.

For those who got tired of jumping up and down to the constant live music there were other areas to keep them entertained such as; the TMN Dome

Village where freebies were given out to the lucky ones and mobile users could top up their batteries; Sapo AeroDrome featured hot air balloons scheduled to take flight around the arena, unfortunately they couldn't due to strong winds; at the Organics Styling zone long queues formed mostly by girls queuing up to get a new and improved hair style; Coca-Cola Dinner in the Sky featured a 22 seated restaurant 30 metres high for VIPs to dine on and unique artistic visual effects were experienced by thousands at the Coca-Cola Luminária where colours and art were projected onto walls and clothing along with Chill out music.

The Portuguese League Against Aids were also there making sure that every young person was protected by giving out 10,000 condoms and making sure that they understood the dangers of having unprotected sex.

One of the biggest disappointments of the event was the live concert on the main stage by the incredible punk band Placebo, who brought fans into the Portuguese capital from as far as Italy only to be disillusioned when they decided to cut their set half an hour earlier than expected due to 'illness' according to organizers. However, for the short time that they were on stage they did give a good performance as always, with 'Meds' and 'Allergic' being the favourite songs sung and danced to by the audience, although the biggest fans agreed that the concert wasn't their best, stating lead singer Brian was "distant from the audience" and "not as lively as the concert at the Super Bock Super

Rock".

The disappointment was followed by an incredible performance by electro-rock band the Prodigy, which got everyone rocking to their new and old school songs alike such as 'Fire Starter' and 'Smack My Bitch Up'. Although singer Keith Flint seemed to be a little bit 'over excitable' throughout the concert, leaving MC Maxim alone on stage at some times. Despite this, the set was flawless but those who were in front of the main stage left looking darker than when they arrived, due to thousands of people who were jumping up and down to their catchy tunes, and dust being scattered in the air.

Creamfields Lisboa was thoroughly enjoyed by most, but some criticized the lack of food

stands, forcing hundreds of people to queue up for three to four hours for a hamburger. Another criticism was that the Olá Love to Dance areas were too small for the number of people that the event usually attracts. By the end of the event, the renowned DJ David Guetta who closed the Olá Love do Dance La Isla, had hundreds of people dancing the night away at the area, and another four thousand people dancing around the La Isla. From the time that Olá Love2Dance Sphere at the Silent Club opened, it received queues of hundreds, which quickly grew into thousands as the night progressed, leaving many outside in the cold.

However, despite the hiccups Creamfields' organizers have promised an even bigger and better event in 2009.



The main stage, where acts such as You Should Go Ahead, Expensive Soul, Da Weasel, Placebo and The Prodigy performed.



The Coca-Cola reggae stage.

COMING SOON

COMING SOON

BOX OFFICE

COMING SOON

COMING SOON

JUNE

Festival Oeiras Alive - June 8th: Pearl Jam+ Linkin Park+ Blasted Mechanism+ The Used, The Sounds+ U2+ Bob. June 9th: Smashing Pumpkins+ The White Stripes+ Plastica+ The Vicious Five+ Dapunksportif+ Dezperados. June 10th: Beastie Boys+ Da Weasel+ Sam The Kid+ Matisyahu+ Buraka Som Sistema+ Bionik Brown. Event at Oeiras Passeio Marítimo de Algés from 6pm. Tickets: €45 to €90.

Super Bock Super Rock - Parque do Tejo in Lisbon on June 28th. Performers: Metallica+ Joe Satriani+ Mastodon+ Stone Sour+ The Blood Brothers+ More than a Thousand+ Men Eater. Tickets: €40 - day pass. €78 - four day pass with free camping. Doors open at 5pm.

Mediterranean Festival - At Loulé historical centre in the Algarve. June 29th: Tinariwen. Further info TBA. **Vans Club Tour** - Strike Anywhere, Devil in Me, Tara Perdigão, Humble, SK6, Triple, Fita Cola at Vilamoura Casino on June 29th and Almada Incrível Club on June 30th from 6pm.

JULY

Cool Jazz Fest - July 2nd until 22nd at Oeiras Cascais and Mafra. Performances: **Gotan Project** on July 2nd at de Marquês de Pombal garden. Tickets: €30. **Mariza & Friends** on July 8th at Jardim do Cerco in Mafra with Rui Veloso, Carlos do Carmos and Tito Paris.

Tickets: €20 to €40. **Buena Vista Social Club** on July 10th at Jardim do Carco in Mafra. Tickets: €20 to €35. **Nouvelle Vague** on July 15 at Casa da Pesca in Oeiras. Tickets: €25. **Norah Jones** on July 22nd at Jardins do Casino Estoril in Cascais. Tickets: €30 to €60.

Super Bock Super Rock - Parque do Tejo in Lisbon from 5pm. Performers: July 3rd - Bloc Party+ Arcade Fire+ Klaxons+ The Magic Numbers+ The Gift & Bunnyranch. July 4th - The Jesus and Mary Chain+ Maximo Park+ LCD Soundsystem+ Clap Your Hands and Say Yeah+ The Rapture+ Mundo Cão+ Linda Martini & Maximo Park. July 5th - Scissor Sisters+ Interpol+ Underworld+ X-Wife, TV on the Radio, The Gossip, Micro Audio, Waves & Anselmo Ralph. Tickets: €40 - day pass. €78 - four day pass with free camping.

Nokia Live - July 12th The Chemical Brothers + !!! + Tiga + Junior Boys in Lisbon. Further info TBA. **Vilar de Mouros** - July 20th until 22nd in Vilar de Mouros. July 21st: The Gift. July 22nd: Brian Wilson, Marky Ramone, The Queers. Further info TBA.

Delta Tejo - Alto da Ajuda in Lisbon. July 20th: Os Mutantes + Daniela Mercury + André Sardet + Papas na Língua + Bebel Gilberto + Los Abajo. July 21st: Carlinhos Brown + João Gil + Luís Represas + João Pedro Pais + Mafalda Viegas + Lião Downs + Olofud + DJ Marcelinho da Lua. July 22nd: Orishas + Sizzla + Macaco + Marcos

Sacramentos + Bei Gua + Mercado Negro. Tickets: €25 to 40.

Music of the World - July 20th until 22nd in Porto Covo. July 20th: Etran Finatwa + Darko Rundek + Galandum Galundaina. July 21st: Don Byron. July 22nd: Haydamaky. Further info TBA.

Music of the World - July 25th until 28th in Sines. July 25th: Oki Dub Aina Band + Kasai All Stars + Sétima Legião. July 26th - Tartin + Carlos Bica Trio Azul + Sly + Robbie + Bitty McLean. July 27th: Señor Coconut + Richard Taha. July 28th: Gogol Bordello + Salif Keita + K'Naan.

AUGUST
Sudoste Festival - August 2nd until 5th at Herdade da Casa Branca in Zambujeira do Mar everyday from 5pm. Tickets: €70 with parking & camping included. Performances: Aug 2nd - Editors + Damian Marley + I'm From Barcelona + Gilberto Gil + Mayra Andrade + Cassius + Rui Vargas + Camera Obscura + Noisettes + Ojos de Brujo. Aug 3rd - Cypress Hill + Steel Pulse + Bonde do Rolé + Just Jack + Sondre Lerche. Aug 4th: Koop+ The Australian Pink Floyd Show + Nature of Human Art + Air Traffic + Patrick Wolf. Further info TBA. Dates still to be confirmed: Mika+ The Streets. Tickets: €40 to €70.

Intercéltico de Sendim - Two day festival in Sendim. Performances: Aug 3rd - Soias, Tradere, Trasga. Aug 4th - Four Men and a Dog, Kepa Junkera, Dazkariel. Further info TBA.

Festival Paredes de Coura - August 12th until 15th at Praia Fluvial do Tubarão in Paredes de Coura. Tickets: €40 to €70. Performances: Aug 14th - New York Dolls+ Gogol Bordello+ Architecture in Helsinki. Aug 15th - Sonic Youth+ Cansei de Ser Sexy + Sunshine Underground. Tickets: €40 to €70. **Super Bock Surf Fest** - August 14th and 15th in Sagres Praia do Tonel. Aug

JUNE

Beastie Boys instrumental - June 11th at Avila Magna in Lisbon. Tickets: €30 to €50.

Thin Lizzy - June 14th at Lisbon Coliseum. Further info TBA.

Expensive Soul - June 15th at Vola de Rei from 11pm.

Ney Matogrosso - June 16th at Lisbon Coliseum from 10pm. Tickets: €20 to €60.

Il Divo - June 20th at Pavilhão Atlântico in Lisbon from 9pm. Tickets: €25 to €80.

My Chemical Romance - June 24th at Lisbon Coliseum. Tickets: €25.

Rolling Stones - June 25th at Lisbon Estádio Alvalade XXI. Tickets: €69 to €142.

Type O Negative - June 27th at Lisbon Coliseum from 9pm. Tickets: €25.

Ricky Martin - June 30th at Pavilhão Atlântico from 9pm. Tickets: €30 to €42.

JULY

Arctic Monkeys - July 18th at Coliseum in Lisbon from 9pm. Tickets: €27.

COMING SOON

14th - TBA. Aug 15th - Gentleman, Lily Allen+ Dub Incorporation+ Mad Caddies+ Culcha Candela. Further info TBA.

SEPTEMBER

Festa do Avante! - September 7th until 9th at Quinta da Atalaia in Amora.

Caos Emergente Open-Air Fest - September 7th until 9th at Paredes (Recarei) Margens do Rio Sousa.

COMING SOON

MUSIC FESTIVALS

Sep 7th - Mata-Ratos+ Maglignan Tumour, Web, Altas de Giallo, Distrofia. Sep 8th - Dead Infection, Aborted, Decayed, Holocausto Canibal, Disaffected, Psychofagist, The Ransack, Alcolocaust. Sep 9th - Benediction, Leng Tch'e, Sacred Sin, In The Umbra, God, Pitch Black, Goldenpyre.

LIVE CONCERTS

Nelly Furtado - July 27th at Albufeira Municipal Stadium €35 - €40 and July 29th at Cantanhede. **AUGUST**

Keane - August 3rd at Oporto's Parque da Cidade. Further info TBA. **SEPTEMBER**

GNR, The Gift, Boss AC, Blasted Mechanism, DJ Henrique Amaro, Dezperados - September 7th at Pavilhão Atlântico in Lisbon. Further info TBA.

LIVE SHOWS

the young ones, with performances from Noddy, Bob the Builder, and other well known children characters yet to be confirmed. Tickets: €25 to €220 (VIP Pack)

DECEMBER

Noddy Live - Noddy is returning to Portugal for a Christmas special on December 8th and 9th with daily sessions at 11am 3.30pm and 7.30pm on December 8th. Minimum age of 3.

TICKETS: Most tickets are available at FNAC outlets across the country, ATM machines, Abreu agencies, El Corte Inglés, Casa Viola, Ticketline or at the event itself on the night.

Websites: www.pavilhaoatlantico.pt; www.ticketline.pt | Phone numbers: 21 891 84 09 (Pavilhão Atlântico); 707 234 324 (Ticketline); 213 240 580 (Lisbon Coliseum)

ALGARVE

SBC
FORUMALGARVE
TEL: 289 887 212
24 MAY-30 MAY



1 Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
(23.30 Thu-Sun)
Blades of Glory
Will Ferrell, Jon Heder
(12.10 Sat & Sun) 14.25-16.45-19.00-21.15
2 The Messengers
Kristen Stewart, Dylan McDermott
(13.05-15.15 except Sat & Sun) 17.25-19.35-21.45
Teenage Mutant Ninja Turtles
Animation PV
(10.55-13.05-15.15 Sat & Sun)
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
(23.50 Thu-Sun)
3 Spiderman 3
Tobey Maguire, Kirsten Dunst
(12.20 Sat & Sun) 15.20-18.20-21.20
(00.20 Thu-Sun)
4 Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
(11.00 Sat & Sun) 14.30-18.00-21.30
Blades of Glory
Will Ferrell, Jon Heder
(00.55 Thu-Sun)
5 Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
14.00-17.30-21.00
The Messengers
Kristen Stewart, Dylan McDermott
(00.35 Thu-Sun)
6 Zodiac
Jake Gyllenhaal, Robert Downey Jr
14.20-17.50-21.10
Wild Hogs
Tim Allen, John Travolta
(00.30 Thu-Sun)
Meet the Robinsons
Animation PV
(11.10 Sat & Sun)
7 Fracture
Anthony Hopkins, Ryan Gosling
(14.15 Sat & Sun) 16.50-19.25-22.00
(00.40 Thu-Sun)
Bridge to Terabithia
Josh Hutcherson, Anna Sophia Robb
(10.10-12.25-14.35 Sat & Sun)
8 Blades of Glory
Will Ferrell, Jon Heder
16.00-18.45-21.40 (00.25 Thu-Sun)
Mr. Bean's Holiday
Rowan Atkinson, Willem Dafoe
(11.20 Sat & Sun) 13.40
9 Wild Hogs
Tim Allen, John Travolta
14.50 (19.30 except Tue, 29th)
Pathfinder
Karl Urban, Moon Bloodgood
(12.30 Sat & Sun) 17.10-21.50
La Trahison
Vincent Martinez, Cyril Trolley
(19.30 Tue, 29th)
Zodiac
Jake Gyllenhaal, Robert Downey Jr
(00.05 Thu-Sun)

CASTELLO LOPES CINEMAS
PORTIMÃO
TEL: 707 220 220
24 MAY-30 MAY



1 Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
13.30-16.45-21.30
2 Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
13.30-16.45-21.30



3 Spiderman 3
Tobey Maguire, Kirsten Dunst
13.35-16.10-18.55-21.35-00.20
4 Fracture
Anthony Hopkins, Ryan Gosling
13.45-16.20-19.00-21.45-00.15
5 Breach
Chris Cooper, Ryan Phillippe
13.50-16.25-19.05-21.50-00.15
6 Premonition
Sandra Bullock, Julian McMahon
13.55-16.30-19.10-21.40
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
23.50

CASTELLO LOPES CINEMAS
ALGARVESHOPPING
TEL: 707 220 220
24 MAY-30 MAY



1 Pathfinder
Karl Urban, Moon Bloodgood
13.50-16.10-18.30-21.30
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
23.40
2 Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
13.45-17.00-21.40
3 The Messengers
Kristen Stewart, Dylan McDermott
14.00-16.00-18.00-21.25-00.00
4 Fracture
Anthony Hopkins, Ryan Gosling
12.50-15.20-18.10-21.35-23.55
5 Wild Hogs
Tim Allen, John Travolta
13.30-16.20-19.00-21.45-00.25
6 Spiderman 3
Tobey Maguire, Kirsten Dunst
12.40-15.30-18.20-21.20-00.10
7 Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
13.15-16.30-21.10-00.20
8 Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
13.15-16.30-21.10-00.20
9 Zodiac
Jake Gyllenhaal, Robert Downey Jr
13.20-16.40-21.00-00.05

CENTRE

LUSOMUNDO
ALMADA FORUM
TEL: 707 246362
24 MAY-30 MAY

Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Zodiac
Jake Gyllenhaal, Robert Downey Jr
The Messengers
Kristen Stewart, Dylan McDermott
Fracture
Anthony Hopkins, Ryan Gosling
Blades of Glory
Will Ferrell, Jon Heder
Breach
Chris Cooper, Ryan Phillippe
Black Christmas
Katie Cassidy, Michelle Trachtenberg
Pathfinder
Karl Urban, Moon Bloodgood
Spiderman 3
Tobey Maguire, Kirsten Dunst
O Mistério da Estrada de Sintra
Ivo Canelas, António Pedro Cerdeira
Bridge to Terabithia
Josh Hutcherson, Anna Sophia Robb
Wild Hogs
Tim Allen, John Travolta
Teenage Mutant Ninja Turtles
Animation PV
The Reaping
Hilary Swank, Idris Elba

Meet the Robinsons
Animation PV Digital 3 D

MILLENNIUM
ALVALÁXIA
TEL: 21 754 9000
24 MAY-30 MAY



1 Spiderman 3
Tobey Maguire, Kirsten Dunst
2 Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
3 Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
4 Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
5 Trust the Man
David Duchovny, Julianne Moore
6 Blades of Glory
Will Ferrell, Jon Heder
7 Fracture
Anthony Hopkins, Ryan Gosling
8 Zodiac
Jake Gyllenhaal, Robert Downey Jr
9 Teenage Mutant Ninja Turtles
Animation PV
Pathfinder
Karl Urban, Moon Bloodgood
10 Meet the Robinsons
Animation
The Messengers
Kristen Stewart, Dylan McDermott
11 Because I Said So
Diane Keaton, Mandy Moore
12 Snow Cake
Sigourney Weaver, Alan Rickman
300
Gerard Butler, Rodrigo Santoro
13 Breach
Chris Cooper, Ryan Phillippe
14 Perfect Stranger
Halle Berry, Bruce Willis
15 Blades of Glory
Will Ferrell, Jon Heder
16 The Reaping
Hilary Swank, Idris Elba

LUSOMUNDO
AMOREIRAS
TEL: 707 246362
24 MAY-30 MAY

Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Zodiac
Jake Gyllenhaal, Robert Downey Jr
Trust the Man
David Duchovny, Julianne Moore
Fracture
Anthony Hopkins, Ryan Gosling
Spiderman 3
Tobey Maguire, Kirsten Dunst
O Mistério da Estrada de Sintra
Ivo Canelas, António Pedro Cerdeira
Bridge to Terabithia
Josh Hutcherson, Anna Sophia Robb
Teenage Mutant Ninja Turtles
Animation PV

LUSOMUNDO
CASCAISHOPPING
TEL: 707 246362
24 MAY-30 MAY

Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Zodiac
Jake Gyllenhaal, Robert Downey Jr
Fracture
Anthony Hopkins, Ryan Gosling
Spiderman 3
Tobey Maguire, Kirsten Dunst
O Mistério da Estrada de Sintra
Ivo Canelas, António Pedro Cerdeira

Wild Hogs
Tim Allen, John Travolta
Teenage Mutant Ninja Turtles
Animation PV
Meet the Robinsons
Animation PV Digital 3 D

LUSOMUNDO
COLOMBO
TEL: 707 246362
24 MAY-30 MAY

Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Zodiac
Jake Gyllenhaal, Robert Downey Jr
Trust the Man
David Duchovny, Julianne Moore
The Messengers
Kristen Stewart, Dylan McDermott
Fracture
Anthony Hopkins, Ryan Gosling
Blades of Glory
Will Ferrell, Jon Heder
Black Christmas
Katie Cassidy, Michelle Trachtenberg
Pathfinder
Karl Urban, Moon Bloodgood
Spiderman 3
Tobey Maguire, Kirsten Dunst
Bridge to Terabithia
Josh Hutcherson, Anna Sophia Robb
Teenage Mutant Ninja Turtles
Animation PV
Meet the Robinsons
Animation PV

UCICINEMAS
ELCORTE INGLÉS
TEL: 707 23 22 21
24 MAY-30 MAY



1 Bridge to Terabithia
Josh Hutcherson, Anna Sophia Robb
The Messengers
Kristen Stewart, Dylan McDermott
2 Pathfinder
Karl Urban, Moon Bloodgood
Perfect Stranger
Halle Berry, Bruce Willis
3 Breach
Chris Cooper, Ryan Phillippe
4 Because I Said So
Diane Keaton, Mandy Moore
5 Fracture
Anthony Hopkins, Ryan Gosling
6 Zodiac
Jake Gyllenhaal, Robert Downey Jr
7 Blades of Glory
Will Ferrell, Jon Heder
Renaissance
Daniel Craig, Catherine McCormack
8 O Mistério da Estrada de Sintra
Ivo Canelas, António Pedro Cerdeira
9 Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
10 Trust the Man
David Duchovny, Julianne Moore
11 Spiderman 3
Tobey Maguire, Kirsten Dunst
12 Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
13 Blades of Glory
Will Ferrell, Jon Heder
14 La Môme / La Vie en Rose
Marion Cotillard, Sylvie Testud
Wild Hogs
Tim Allen, John Travolta

LUSOMUNDO
FORUM MONTIJO
TEL: 707 246362
24 MAY-30 MAY

Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Zodiac
Jake Gyllenhaal, Robert Downey Jr

Fracture
Anthony Hopkins, Ryan Gosling
Spiderman 3
Tobey Maguire, Kirsten Dunst
Wild Hogs
Tim Allen, John Travolta
Teenage Mutant Ninja Turtles
Animation PV
Meet the Robinsons
Animation PV

LUSOMUNDO
ODIVELAS PARQUE
TEL: 707 246362
24 MAY-30 MAY

Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
The Messengers
Kristen Stewart, Dylan McDermott
Fracture
Anthony Hopkins, Ryan Gosling
Breach
Chris Cooper, Ryan Phillippe
Spiderman 3
Tobey Maguire, Kirsten Dunst
Wild Hogs
Tim Allen, John Travolta
Teenage Mutant Ninja Turtles
Animation PV
Mr. Bean's Holiday
Rowan Atkinson, Willem Dafoe

LUSOMUNDO
OEIRAS PARQUE
TEL: 707 246362
24 MAY-30 MAY

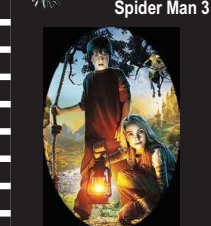
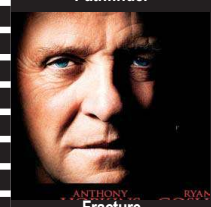
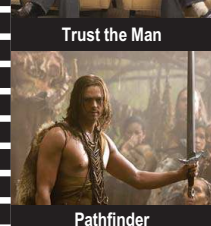
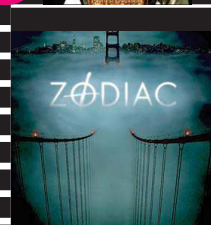
Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Zodiac
Jake Gyllenhaal, Robert Downey Jr
The Messengers
Kristen Stewart, Dylan McDermott
Fracture
Anthony Hopkins, Ryan Gosling
Blades of Glory
Will Ferrell, Jon Heder
Spiderman 3
Tobey Maguire, Kirsten Dunst
Wild Hogs
Tim Allen, John Travolta
Teenage Mutant Ninja Turtles
Animation PV

LUSOMUNDO
OLIVAISHOPPING
TEL: 707 246362
24 MAY-30 MAY

Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Black Christmas
Katie Cassidy, Michelle Trachtenberg
Spiderman 3
Tobey Maguire, Kirsten Dunst
Bridge to Terabithia
Josh Hutcherson, Anna Sophia Robb
Wild Hogs
Tim Allen, John Travolta
Teenage Mutant Ninja Turtles
Animation PV

LUSOMUNDO
VASCO DA GAMA
TEL: 707 246362
24 MAY-30 MAY

Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Zodiac
Jake Gyllenhaal, Robert Downey Jr
Trust the Man
David Duchovny, Julianne Moore
Snow Cake
Sigourney Weaver, Alan Rickman
Fracture
Anthony Hopkins, Ryan Gosling
Breach
Chris Cooper, Ryan Phillippe
Spiderman 3
Tobey Maguire, Kirsten Dunst
O Mistério da Estrada de Sintra
Ivo Canelas, António Pedro Cerdeira
Bridge to Terabithia
Josh Hutcherson, Anna Sophia Robb
Teenage Mutant Ninja Turtles
Animation PV
Meet the Robinsons
Animation PV 3D Digital



CELEB NEWS

Martin Luther King's actress daughter **Yolanda King** has died in Santa Monica, California. The eldest of the late civil rights leader's four children passed away on Tuesday, May 15, although the cause of death is still unknown. Yolanda King, 51, was a prominent activist in her own right, and starred in films such as 2000's *Odessa* and 1996's *Ghosts Of Mississippi*. Paying tribute to the late actress, fellow activist **Reverend Al Sharpton** says, "Yolanda was the torch bearer for her parents and a committed activist in her own right. Yolanda never wavered from a commitment to non-violent social change and justice for all. She was the first daughter of the civil rights movement and never shamed her parents or her co-activists. As an artist and activist she refused roles that would belittle her family name and tradition." «»» Hollywood heartthrob **Johnny Depp** has broken his silence over his seven-year-old daughter's terrifying illness two months ago, declaring the time was a "great scare" for his family. Lily-Rose was rushed to a London hospital after contracting the E.coli bacteria, which caused her kidneys to shut down. Filming on Depp's latest movie *Sweeney Todd* was halted so he could keep a vigil at the youngster's bedside with partner **Vanessa Paradis**. Fortunately, little Lily pulled through and her proud father says she is back to her old self already. He says, "It gave us a great scare. What got us through this wasn't the strength of Vanessa or me but our daughter and her incredible ability to make us feel OK even though she was very unwell. She was super-strong. It was a very bumpy patch but she has come through it beautifully and unscathed and she is now as healthy as she always was. She is wonderful. It was a reminder to us of how to breathe, walk, talk, think and surround ourselves with people we love." «»» Oscar winner **Angelina Jolie** is set to take a year-long break from acting. The *A Mighty Heart* star wants to spend quality time with her family, partner **Brad Pitt**, and children Maddox, Pax, Zahara and Shiloh, away from the pressures of work. She says, "I'm working this summer. I'm in Prague for a few months, then I take two months off, then I work for two months. And then I take a year off." Despite Jolie's claims, she has recently signed to star in the **Clint Eastwood** thriller *The Changeling*, which is slated to be released in 2008, and is attached to the long-awaited adaptation of the Ayn Rand novel *Atlas Shrugged*, which is currently in development. «»» TV host **Oprah Winfrey** is "shocked" and "disappointed" her father is writing a tell-all book about her. The talk show queen was stunned when the New York Daily News recently reported that 74-year-old Vernon was planning to write a book on his daughter, and she refused to believe it at first. She says, "One of my assistants said, 'The Daily News is calling. They say they heard your father is writing a book about you.' I said, 'That's impossible. I can assure them it's not true.' But then my sister said, 'I think you should call your father.' I called him and it turned out he is writing a book. The worst part of it was him saying, 'I meant to tell you I've been working on it.' I was upset. I won't say 'devastated,' but I was stunned. The last person in the world to be doing a book about me is Vernon Winfrey." Oprah admits she hasn't seen her father since their trip to Africa a few months ago, but says, "We talk, we talk, we talk. I would have preferred to have known my father was working on this. It would have been a nice gesture, a courtesy." «»»

NORTH

UCI CINEMAS
ARRÁBIDA SHOPPING
TEL: 707 23 22 21
24 MAY-30 MAY



1 Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
2 Spiderman 3
Tobey Maguire, Kirsten Dunst
3 Blades of Glory
Will Ferrell, Jon Heder
4 Pathfinder
Karl Urban, Moon Bloodgood
5 O Mistério da Estrada de Sintra
Ivo Canelas, António Pedro Cerdeira
6 Bridge to Terabithia
Josh Hutcherson, Anna Sophia Robb
Scenes of a Sexual Nature
Ewan McGregor, Sophie Okonedo
7 Shooter
Mark Wahlberg, Michael Peña
8 The Messengers
Kristen Stewart, Dylan McDermott
9 Wild Hogs
Tim Allen, John Travolta
10 Perfect Stranger
Halle Berry, Bruce Willis
11 Indigènes
Jamel Debbouze, Samy Naceri
12 Fracture
Anthony Hopkins, Ryan Gosling
13 Trust the Man
David Duchovny, Julianne Moore
14 Because I Said So
Diane Keaton, Mandy Moore
15 Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
16 Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
17 The Reaping
Hillary Swank, Idris Elba
Mr. Bean's Holiday
Rowan Atkinson, Willem Dafoe
18 Breach
Chris Cooper, Ryan Phillippe
19 Teenage Mutant Ninja Turtles
Animation
The Number 23
Jim Carrey, Virginia Madsen
Renaissance
Daniel Craig, Catherine McCormack
20 Zodiac
Jake Gyllenhaal, Robert Downey Jr

LUSOMUNDO
DOLCE VITA COIMBRA
TEL: 707 246362
24 MAY-30 MAY

Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Indigènes
Jamel Debbouze, Samy Naceri
The Messengers
Kristen Stewart, Dylan McDermott
Fracture
Anthony Hopkins, Ryan Gosling
Breach
Chris Cooper, Ryan Phillippe
Spiderman 3
Tobey Maguire, Kirsten Dunst
O Mistério da Estrada de Sintra
Ivo Canelas, António Pedro Cerdeira

Bridge to Terabithia
Josh Hutcherson, Anna Sophia Robb
Wild Hogs
Tim Allen, John Travolta
Teenage Mutant Ninja Turtles
Animation
The Reaping
Hillary Swank, Idris Elba

LUSOMUNDO
DOLCE VITA DOURO
TEL: 707 246362
24 MAY-30 MAY

Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Breach
Chris Cooper, Ryan Phillippe
Spiderman 3
Tobey Maguire, Kirsten Dunst
O Mistério da Estrada de Sintra
Ivo Canelas, António Pedro Cerdeira
Bridge to Terabithia
Josh Hutcherson, Anna Sophia Robb
Because I Said So
Diane Keaton, Mandy Moore
Wild Hogs
Tim Allen, John Travolta
Teenage Mutant Ninja Turtles
Animation PV
Perfect Stranger
Halle Berry, Bruce Willis

LUSOMUNDO
DOLCE VITA PORTO
TEL: 707 246362
24 MAY-30 MAY

Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
The Messengers
Kristen Stewart, Dylan McDermott
Blades of Glory
Will Ferrell, Jon Heder
Spiderman 3
Tobey Maguire, Kirsten Dunst
Wild Hogs
Tim Allen, John Travolta
Teenage Mutant Ninja Turtles
Animation PV
Meet the Robinsons
Animation PV 3D Digital

LUSOMUNDO
FERRARA PLAZA
TEL: (NOT AVAILABLE)
24 MAY-30 MAY

Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Fracture
Anthony Hopkins, Ryan Gosling
Breach
Chris Cooper, Ryan Phillippe
Pathfinder
Karl Urban, Moon Bloodgood
Ne Le Dis à Personne / Tell No One
François Cluzet, Marie-Josée Croze
Dot.com
João Tempera, Maria Adanéz
Mr. Bean's Holiday
Rowan Atkinson, Willem Dafoe

LUSOMUNDO
FORUM AVEIRO
TEL: 707 246362
24 MAY-30 MAY

Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Zodiac
Jake Gyllenhaal, Robert Downey Jr
Fracture
Anthony Hopkins, Ryan Gosling
Spiderman 3
Tobey Maguire, Kirsten Dunst
O Mistério da Estrada de Sintra
Ivo Canelas, António Pedro Cerdeira
Bridge to Terabithia
Josh Hutcherson, Anna Sophia Robb
Wild Hogs
Tim Allen, John Travolta
Teenage Mutant Ninja Turtles
Animation PV
Mr. Bean's Holiday
Rowan Atkinson, Willem Dafoe

LUSOMUNDO
FORUM COIMBRA
TEL: 707 246362
24 MAY-30 MAY

Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Zodiac
Jake Gyllenhaal, Robert Downey Jr
Blades of Glory
Will Ferrell, Jon Heder
Black Christmas
Katie Cassidy, Michelle Trachtenberg
Spiderman 3
Tobey Maguire, Kirsten Dunst
Perfect Stranger
Halle Berry, Bruce Willis
Meet the Robinsons
Animation PV

LUSOMUNDO
FORUM VISEU
TEL: 707 246362
24 MAY-30 MAY

Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Blades of Glory
Will Ferrell, Jon Heder
Breach
Chris Cooper, Ryan Phillippe
Spiderman 3
Tobey Maguire, Kirsten Dunst
Bridge to Terabithia
Josh Hutcherson, Anna Sophia Robb
Because I Said So
Diane Keaton, Mandy Moore
Wild Hogs
Tim Allen, John Travolta
Teenage Mutant Ninja Turtles
Animation PV
Perfect Stranger
Halle Berry, Bruce Willis

LUSOMUNDO
FOZ PLAZA
TEL: 707 246362
24 MAY-30 MAY

Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Breach
Chris Cooper, Ryan Phillippe
Spiderman 3
Tobey Maguire, Kirsten Dunst
Wild Hogs
Tim Allen, John Travolta
Perfect Stranger
Halle Berry, Bruce Willis
Meet the Robinsons
Animation PV 3D Digital

LUSOMUNDO
GAIA SHOPPING
TEL: 707 246362
24 MAY-30 MAY

Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Fracture
Anthony Hopkins, Ryan Gosling
Blades of Glory
Will Ferrell, Jon Heder
Black Christmas
Katie Cassidy, Michelle Trachtenberg
Spiderman 3
Tobey Maguire, Kirsten Dunst
O Mistério da Estrada de Sintra
Ivo Canelas, António Pedro Cerdeira
La Môme / La Vie en Rose
Marion Cotillard, Sylvie Testud
Wild Hogs
Tim Allen, John Travolta
Teenage Mutant Ninja Turtles
Animation PV
The Number 23
Jim Carrey, Virginia Madsen
Meet the Robinsons
Animation PV
Mr. Bean's Holiday
Rowan Atkinson, Willem Dafoe

■ OV = Original
■ Version
■ PV =
■ Portuguese
■ Version

LUSOMUNDO
MAIA SHOPPING
TEL: 707 246362
24 MAY-30 MAY

Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Blades of Glory
Will Ferrell, Jon Heder
Black Christmas
Katie Cassidy, Michelle Trachtenberg
Spiderman 3
Tobey Maguire, Kirsten Dunst
O Mistério da Estrada de Sintra
Ivo Canelas, António Pedro Cerdeira
Ne Le Dis à Personne / Tell No One
François Cluzet, Marie-Josée Croze
Bridge to Terabithia
Josh Hutcherson, Anna Sophia Robb
Because I Said So
Diane Keaton, Mandy Moore
Wild Hogs
Tim Allen, John Travolta
Teenage Mutant Ninja Turtles
Animation PV
Shooter
Mark Wahlberg, Michael Peña
Perfect Stranger
Halle Berry, Bruce Willis
Meet the Robinsons
Animation PV
Mr. Bean's Holiday
Rowan Atkinson, Willem Dafoe

LUSOMUNDO
NORTE SHOPPING
TEL: 707 246362
24 MAY-30 MAY

Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
Zodiac
Jake Gyllenhaal, Robert Downey Jr
Trust the Man
David Duchovny, Julianne Moore
Fracture
Anthony Hopkins, Ryan Gosling
Spiderman 3
Tobey Maguire, Kirsten Dunst
O Mistério da Estrada de Sintra
Ivo Canelas, António Pedro Cerdeira
Bridge to Terabithia
Josh Hutcherson, Anna Sophia Robb
Wild Hogs
Tim Allen, John Travolta
Teenage Mutant Ninja Turtles
Animation PV

LUSOMUNDO
PARQUENASCENTE
TEL: 707 246362
24 MAY-30 MAY

Pirates of the Caribbean: At World's End
Johnny Depp, Orlando Bloom
The Messengers
Kristen Stewart, Dylan McDermott
Fracture
Anthony Hopkins, Ryan Gosling
Blades of Glory
Will Ferrell, Jon Heder
Breach
Chris Cooper, Ryan Phillippe
Pathfinder
Karl Urban, Moon Bloodgood
Spiderman 3
Tobey Maguire, Kirsten Dunst
O Mistério da Estrada de Sintra
Ivo Canelas, António Pedro Cerdeira
Wild Hogs
Tim Allen, John Travolta
Teenage Mutant Ninja Turtles
Animation PV
Perfect Stranger
Halle Berry, Bruce Willis
Meet the Robinsons
Animation PV
Mr. Bean's Holiday
Rowan Atkinson, Willem Dafoe
Le Concile de Pierre
Monica Bellucci, Catherine Deneuve



It is a dark time as the Age of Piracy nears to a close. Lord Cutler Beckett (Tom Hollander) of the East India Company has gained control of the terrifying ghost ship, the Flying Dutchman, and its malevolent, vengeful Captain, Davy Jones (Bill Nighy). The Dutchman now roams the seven seas, unstoppable, destroying pirate ships without mercy, under the command of Admiral Norrington (Jack Davenport).

Will Turner (Orlando Bloom), Elizabeth Swann (Keira Knightley) and Captain Barbossa (Geoffrey Rush) embark on a desperate quest to gather the Nine Lords of the Brethren Court, their only hope to defeat Beckett, the Flying Dutchman, and his Armada. But one of the Lords is missing—Captain Jack Sparrow (Johnny Depp), either the best or worst pirate ever, and now trapped in Davy Jones Locker, thanks to his encounter with the monstrous Kraken.

In an increasingly shaky alliance, our heroes, including Tia Dalma (Naomie Harris), Pintel (Lee Arenberg) and Ragetti (MacKenzie Crook) must first travel to dangerous, exotic Singapore and confront Chinese pirate Captain Sao Feng (Chow Yun-Fat) to gain charts, and a ship, that will take them off to world's end, to rescue Jack.

But even if Captain Jack is successfully rescued, the gathering of the legendary Brethren Court may not be enough to hold back the fearsome tide of Beckett, Davy Jones and their powerful Armada... unless the capricious sea goddess Calypso, imprisoned in human form, can be freed and convinced to come to their aid. As betrayal piles upon betrayal, it becomes clear that Jack, Will, Elizabeth, Sao Feng, and Barbossa each have their own agenda, and no one can be trusted. Yet each must choose a side, and make their final alliances for one last battle, in a titanic showdown that could eliminate the freedom-loving pirates from the seven seas — forever.



North



PORTO

DAILY

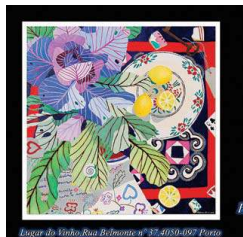
Casa da Música: guided visits from Mon-Sun: 10h30; 11h30; 12h30; 15h00; 16h00; 17h00; 18h00 • Tickets can be bought until 10 minutes before the visit • Price: €2; Free for children under 12 • 220120214 • Av. da Boavista, 604-610 • www.casadamusica.com



DAILY

Serralves Foundation: Visits to the exhibitions • Sat: 17h-20h; Sun: 12h-13h • to the architectonic spaces (museum & casa de serralves) Sun: 15h-16h • to the park Sun: 11h-12h • Visits are free on the purchase of an entrance ticket to the museum • Rua D. João de Castro, 210 • Tel: 226 156 584 • www.serralves.pt

1 JUNE TO 22 JUNE



Painting Exhibition at Lugar do Vinho art gallery by Rebecca Davis • The gallery is in a traditional 17th century building situated in the heart of Porto's historical old town on Rua Belmonte nº 37 • From 10h00 to 18h00 • 254732167 / 254731181/254731180 • <http://www.quintadeventozelo.com/engl/contido/index.html>

27 MAY

Organ Recital by Tiago Ferreira at Casa da Música • Works from Manuel Rodrigues Coelho, J.S.Bach, César Franck & Maurice Duruflé • 12h00 at Sala Suggia • Free entrance • 220120214 • Av. da Boavista, 604-610 • www.casadamusica.com



UNTIL 15 JULY

Exhibition by Maria Nordman - 'Proto-Spective: A Changing Exhibition in Real Time' - 'Specific to the Museum', 'Places in Oporto' and 'Other Cities' & 'Transmutações Melódicas' • The Museu Serralves celebrates Maria Nordman's work development in cities and their neighbourhoods - where people live and work • Serralves Museum on Rua D. João de Castro, 210 • Tel: 226 156 584 • www.serralves.pt

www.the-news.net

South



ARMAÇÃO DE PERA

MONTHLY



Monthly Writing Circle by Jenny Grainer • Hotel Garbe • The Monthly Writing Circle is on the first **Thursday** of the month from 10h30 to 12h30 • All welcome! • For more information ring Jenny on 963518184

FARO

26 MAY



Concert by the internationally acclaimed Portuguese pianist Sequeira Costa who will be performing Concert nº 5 from L.V. Beethoven as a soloist to the Algarve Orchestra conducted by Osvaldo Ferreira • This concert is included in the series of concerts dedicated to Beethoven • 21h30 • Teatro da Figuras • 289888110 • www.teatromunicipaldeparo.pt

PORTIMÃO

26 MAY, 16 JUNE



Ballroom Dance Workshop • 26th May: Tango & Cha-Cha-Cha 16th June: Mambo & Final Show (time and place to be announced) • Participate and learn the steps and times of each dance. Do not miss this opportunity to discover new sounds and rhythms • Municipal Gimnadesportivo Pavilion from 16h00 to 18h00 • Av. Miguel Bombarda • 282470825 • www.cm-portimao.pt

SALIR

2 JUNE



The Associação Cultural de Salir (near Loulé) invites you to attend the 2nd edition of the **Ball Bearing Carts Race** • comunicado.imprensa@garvetur.pt

SANTANA DASERRA

DAILY



Horse Riding and Walking at Equiserra • For more details or to book: 1 hour, 1, 2, 3 days, or 1 week rides, 938147718 • www.equiserra.com

SÃO B. MESSINES

SATURDAYS & WEDNESDAYS



Quinta da Bica Saturday Mornings & Wednesday afternoons • Livery, Lessons, Hacks & Horse Share for all ages and abilities • For more information, please call: 282332746 or 914795301 • quintadabica@hotmail.com

www.the-news.net

SERPA

DAILY

Museu Arqueológico (Archaeologic Museum) • Alcáçova do Castelo • 9h30-13h00 / 15h30-19h00 • 284540100 • www.cm-serpa.pt

TAVIRA

DAILY

Cachopo Museum • Centro Paroquial de Cachopo • 289844191 • www.cm-tavira.pt

Notice

Saturday, 26th May
Open Garden Day at Casa Deva, Colégio, Bensafrim near Lagos from 11h00 to 16h00.
Charity event in aid of I.C.F Church funds. Plant sales, cake stall, bring and buy, raffle etc. Entrance fee 5 euros, children free.
For directions phone 282 687850 or email terry.joinson@gmail.com

Centre



CASCAIS

DAILY

Cascais Cultural Centre • Features shops, a coffee shop and a terrace • Open from 10h00 to 18h00 (Closed on Mondays) • Av. Rei Humberto II de Itália • Tel: 214848900

DAILY



Sea Museum - Rei D. Carlos • R. Júlio Pereira de Mello • 214825400

ESTORIL

UNTIL 12 JUNE

XX Salão Primavera (20th Spring Salon) at Casino Estoril • Four dozen of young artists exhibit their works at the Art Gallery of Casino Estoril • info.estoril@estoril-sol.com 214667700 • 214825400

DAILY

National Coach Museum • Set in a 17th century riding school, with a varied collection of royal coaches, uniforms and portraits of the royal family • Open from 10h00 to 17h30 (Closed Mondays) and public holidays • Praça Afonso de Albuquerque • 213610850

DAILY

Casino Estoril • Praça José Teodoro dos Santos • Tel: 214 667 700 • Fax: 214 667 965 • Email: info.casino@estoril-sol.com • www.casino-estoril.pt

www.the-news.net

TORRESVEDRAS

UNTIL 26 MAY



Painting Exhibition by Luis Athouguia 'Génese de um Mundo' • Born in Cascais in 1953, the Post Surreal Abstraction Painter has been exhibiting his art since 1983, in the most important events, having been distinguished with the Vespereira Prize of Drawing in Portugal • Municipal Gallery 'Dois Paços' on Rua Roque Ferreira Lobo (next to the Town Hall building) • Open: Mon-Sat from 9h30 to 20h00 • Tel: 261334040 • arte@athouguia.com - Mobile: 917892703 • www.athouguia.com

SINTRA

DAILY



Pena Palace • The Palace dates back to 1839 • Visits info: Sintra City Hall on Largo Dr. Vergílio Horta • 219238500 • geral@cm-sintra.pt

LISBOA

FRIDAYS AND SATURDAYS

Italian Nights at A Commenda • An enjoyable combination of gastronomy and live music • Centro de Reuniões at Belém Cultural Centre (1st Floor) • Lunch: 12h30-15h00; Dinner: 19h30-22h30 (except Sundays) • Opens at 19h00 on days of shows at the Grand Auditorium • 213648561

DAILY

Belém Cultural Centre • One of the great cultural centres in Europe in one of Lisbon's outstanding architectural beauty it hosts exhibitions, performing arts, restaurants, gardens, shops and conference centre • 213612400

DAILY

BIL - Lisbon International Bowling Centre • With 30 lanes, BIL is the largest Bowling alley in Portugal and one of the largest in Europe • restaurants, gaming machines and a shop

DAILY

Mercado da Ribeira is the Coolest Place in Town - a very popular market • Tagus crafts, events, gastronomy • Av. 24 de Julho

DAILY



Oceanarium • Spectacularly designed by architect Peter Chermayeff, it is one of Europe's biggest oceanarium • Park of Nations • Open from 10h00 to 18h00 • 218917002

Art'N Jazz !

Sunday May 27th

5 till 8
entrance free

An Afternoon in

Monte Vale d'Eguas

Almancil (behind Apolonia Car-Park)



Art Exhibition and Live Latin Jazz

Special Guest : Guitar Virtuoso Tuniko Goulart and Joao Frade on Jazz accordion Paulao on Drums and Percussions Dinga on Bass

Follow the road behind Apolonia supermarket car-park - Fresh drinks available - Car-park inside the Quinta -

Art and Photography exhibition by David Haines and João Paulo Carrondo



Don't miss this chance to see David Haines' and João Paulo Carrondo's fabulous works of art at their second joint exhibition at the Armazém gallery, Lagos • Running from June 1st to June 10th, the exhibition will feature numerous works by the acclaimed duo, in the spacious, central gallery • David, who is now as well known for his own oil paintings of quintessential Algarvean scenery as he is for his meticulously identical Van Gogh masterpieces will be joined by Luso-Canadian João Paulo Carrondo, an internationally renowned photographer who has settled here in the Algarve • The exhibition will also feature works by the inmates of Faro prison, who after their first successful public showing last month have also generated an interested following • For more information, contact David Haines on: 968 290 627, or João Carrondo on: 966 887 767 • The gallery is located in Lagos, off the square between the Slave Market and the main church.

The opinions expressed here are those of our readers and not necessarily of The Portugal News. The editor reserves the right to edit letters or refuse publication. Send your letters, which must include your name and full postal address (even if you wish to remain anonymous on the page), and be of no more than 300 words to: The Portugal News, Apartado 13, 8401-901 Lagoa. Fax: 282 341 201. E-mail address: letters@the-news.net

Stop this bumbling around!

SIR, Why is it that you do not print letters that are critical of the handling of the case of Madeleine? Put simply, this doesn't portray Portugal and the Portuguese in good light at all. Your Police seem to be bumbling along hiding behind some bizarre law. Is that really the case or are they simply incompetent?

Would you be more professional if the millions spent by British tourists in your country dried up? For goodness sake, start being and acting professional and consider what your ramshackle investigation is doing to your country's reputation!

JAY, By e-mail

Re: Letters from R. Lavery; C. P. Teles

SIR, The letter written by Carmen Patricia Teles was very interesting and voices opinions held by myself and many of my friends. What a pity that it was not translated so that every one could read it.

With reference to the letter written by Ron Lavery, I disagree strongly with him. The parents took a risk, and if one takes a risk there is always a chance that one may lose. The loser is the child as well as her parents. In addition the losers are also the Portuguese, though the blame cannot be attached to them.

Our Portuguese friends are devastated but cannot understand why three young children were left alone. We have all seen children in the restaurants and bars, and they are welcomed by the Portuguese. A mistake was made, and we see the tragic results. In this day and age children no longer play out

in the streets, or in the fields, it is no longer safe to do so. Children cannot be left alone, one never knows who is around or what their intentions are.

I hope that Madeleine and all missing children in UK and in Portugal are found quickly and returned to their parents.

A MOTHER & GRAND-MOTHER, By e-mail

Press coverage of Madeleine's disappearance

SIR, I should like to assure your correspondent from Cascais, Carmen Patricia Teles, that others are baffled by the extensive media coverage of the missing child from Luz. This coverage would be disproportionate in Britain and I cannot help but feel that the photogenic aspects of the child and the fact that she seems to be part of an equally photogenic, churchgoing family (in itself a rarity) in idyllic surroundings, have given the journalists an added angle to keep them in the sunny Algarve rather than facing their usual routines of stabblings and shootings in grim inner city estates.

It would seem that they have every reason to prolong the campaign even if it means, in the British press, damaging innuendoes about one of those "questioned", who, under the law pretending to prevent prejudicing a fair trial, has no chance to rebut the accusations. Maybe I have missed some-

thing but I don't recall reading of any Portuguese being taken for "questioning". Whilst I realise that a resort will attract many non-Portuguese, there must surely be plenty of Portuguese living and/or working in the area who could have knowledge of the apartments and complex. My first comment on hearing of the apparent abduction "I bet they won't be looking for a Portuguese suspect" would appear to have been fulfilled.

The mistreatment of any child is deplorable and I recognise both tragic cases to which your correspondent referred but perhaps the Portuguese media could learn something from the current coverage of Madeleine McCann and ask for more help with home-grown cases of child abuse and abduction. I am sure that the local British press would be happy to work with their Portuguese colleagues in such matters.

I would question some of the developments in the Madeleine campaign as I can see only lawyers, accountants and publicity people benefitting from such courses, but general publicity and involvement could be of help in some instances.

P. LISTER, By e-mail

Madeleine makes us think ...

SIR, As an old Fleet Street hack I've been following the media hue and cry over missing Madeleine with more than usual interest.

What a pity some sections of the British tabloid press chose early on to attack the Portuguese police. It's a sad fact that as a race of people we still tend to believe we are the best in the world at everything. Most of us know it's not true, but the belief is so deeply embedded in our subconscious it still comes out when we feel powerless and unsure of ourselves.

At such times we have a habit of resorting to hectoring and bullying - and thus it was with the British journalists when they thought they weren't getting the

respect and co-operation they expected from the Policia Judiciaria.

Old media hands know the formula... if by about Day 5 of a major investigation you have nothing left to write then attack the police. If they are foreign police so much the better... the story writes itself and they instantly become "bungling Inspector Clouseau cops".

Unfortunately, the media barbs on this occasion were completely undeserved. The PJ, by any standard, is one of the best police forces in the world. If the Madeleine case can be cracked they will do it. If she can be found they will find her. But they have to work within the constraints of their own legal system, which is quite different from ours. Before launching into formulaic attacks on police methods - simply because they are different - visitors to this country should try to understand a little about how it works.

Police procedures - and Portuguese journalism - may never be quite the same as a result of the Madeleine case. There will be legal reforms and the Portuguese - with their inherent culture of respect - may well become more demanding. The investigation has highlighted the need for some reform of the 'secrets of justice' principle just as terrorism in the UK has prompted urgent reviews of our individual freedom rights.

Lawyers, who make a good living from so-called human rights emanating from the mists of time, will doubtless go to their graves fighting any change. But they don't actually matter. The simple truth in a modern society is that legislation should be seen to represent the interests of the well-meaning majority first, the rights of the victim next and only then those of the wrongdoer.

The point about the Portuguese is that, like us, they do a lot of things differently from other nations. Like us they have been around a long time and they know a thing or two.

When they decide to do something new they invariably make a spectacular success of it. But they don't change things for the sake of change and changes don't happen overnight.

They are rightly proud of their way of life, which has endured for so long. It is what makes Portugal so special - and it's something we smart Brits can still learn from.

GEOFF COOPER, Sintra

A translation please

SIR, In the opening paragraph of her letter Carmen Patricia Teles suggests that you might translate it into English. May I hereby request that you do so in your next edition, for the sake of editorial balance. I suspect that many of your readers will not have understood this Portuguese letter, and feel that they ought to be made aware of the reactions it expresses, particularly in the light of your own reply to the letter from Anna Hillier on the same page.

SHEILA WATTS, By e-mail

Below is a slightly abridged translation of the letter:

'SIR, Over the last couple of days, we have been listening and reading about little Madeleine McCann, on TV, newspapers, radio, etc.

I honestly hope that Maddie is found and comes back to her family and that whoever did her harm will pay for it. But at the same time I cannot stop feeling sadness with all the attention given to this case.

Many children have disappeared (in Portugal and the UK) and they never had so much attention as Maddie, now all the time we see celebrities, including a few Portuguese, appealing to find her, and offering rewards, but where were they when the other children disappeared in Portugal? Remember the little baby called Andreia Elizabete, who was kidnapped from hospital, because her parents were so poor some neighbours even accused them of selling their baby to someone.

In Madeleine's case everyone is helping and doing everything they can, something that our country never did. Why didn't all the ex-pat residents in Portugal, especially in the Algarve, help out when Joana disappeared? The only thing she had was a JCB ... [Searching for her body.]

If Madeleine didn't look like a doll and was so young, would she have had so much attention? Does anyone believe that if she was a little African girl or even if she had dark hair and eyes there would have been so much interest and help? I doubt it. The maximum coverage she would have had would have been a couple of days on the front page and maybe on the television news once or twice, no more than that.

If her parents were Portuguese doctors and she was called Madalena and she had been kidnapped in a resort in England, would the English authorities have done so much as the Portuguese are doing at the moment? I am sure they wouldn't.

CARMEN PATRICIA TELES, Cascais

Abducted children

SIR, Much as I am pained at the loss of little Maddie and by the grief her parents suffer, I have to agree totally with the letter in

Portuguese, from Carmen Patricia Teles. I also have thought of the despair, frustration and incomprehension of those parents who have lost children and had little help. There are those here, in our host country, and also those others in the UK.

I hope that when they are able to reflect more, the McCanns will put some of the money they are gaining into practical measures which will help protect all children who are in danger. There are a great number of paedophiles, now getting much support from each other from Internet contacts. I understand paedophilia is virtually, if not entirely, impossible to 'cure'. There are varying degrees of paedophilia.

When is it going to be a matter which is thoroughly studied, understood, explained to the public and dealt with? Sarah Payne's family have made a magnificent contribution in England. Unfortunately the human rights of paedophiles are greater, or appear to be, than those of children.

We know of the disgusting events in Lisbon's Children's homes. Having lived in Canada, I learned much when the vast extent of paedophilia in the Catholic Christian Brothers' Children's homes was exposed. It is a subject which must be openly discussed. If this is done, at least this good will come from the McCann's tragedy, which I pray will end in the child's safe return.

ROSAMUND GALE, By e-mail

Noise pollution

SIR, Last year I contacted you concerning an environmental noise problem in this area, which is in the Câmara de Almada district.

The end of term festivities that take place nightly over 5 consecutive days at the Escola de Egas Moluz in Granja are purgatorial for all the residents within a 2½km. radius of the school. Ironically, this is a school of medicine and pharmaceuticals. Maybe their purpose is to encourage the purchase of sleep inducing drugs!

The 'disco' takes place in a marquee in the grounds of the building. The music is amplified (if you can call the drum banging music) and radiated to the entire neighbourhood. In this area are: Casa de Lar, Repousos e Idosos, as well as the general hospital. Yet there appears to be no consideration of any of these factors. The music turned down a few decibels would be tolerable, but from 22-24.00 and then again from 2.30-4am, nightly we are subjected to this thoughtlessness.

I have visited the school, who told me the Câmara had granted a licence until 4am. We have consulted the GNR officers of the Ambiente in Almada and the Portuguese Environmental Agency, only to be passed on elsewhere. Some people in the area are driven away from their homes for these 5 nights in May, and 5 nights in October, when term commences. While the rest of us are like walking zombies due to lack of sleep.

I suspect the local Câmara have no idea, when granting the licence, of the level or range of the noise emitted on these occasions. Have you any suggestions, via your readers, of how to deal with the problem?

P.A. SAVORY, Monte de Caparica

327

Portuguese for all

Na lição de hoje vamos estudar algumas frases idiomáticas que podem ajudar a uma melhor fluência na Língua Portuguesa. Até à próxima lição, Emília Rosendo.

Today's lesson focuses on Idioms involving verbs.

Exercise 1: Match each idiom, on the left, with its equivalent in Portuguese, on the right.

- | | |
|---------------------------|----------------------|
| 1. to have a feeling | a) exibir-se |
| 2. to keep on | b) sjar/ desarrumar |
| 3. to know by sight | c) ter muito êxito |
| 4. to make a mess | d) decidir-se |
| 5. to put off | e) realizar-se |
| 6. to show off | f) prestar atenção a |
| 7. to take a seat | g) continuar a |
| 8. to take place | h) parecer-se com |
| 9. to look like | i) adiar |
| 10. to make an excuse | j) pressentir |
| 11. to make up one's mind | k) sentar-se |
| 12. to make a hit | l) conhecer de vista |
| 13. to pay attention to | m) dar uma desculpa |

Exercise 2: Complete with the most correct idiom.

1. A cerimónia do casamento vai _____ numa pequena igreja.

2. O filho mais velho do casal _____ o pai.
 3. Os candidatos ao exame entram na sala e _____, por ordem alfabética, nas cadeiras.
 4. Com o seu mais recente filme, um verdadeiro sucesso de bilheteira, esta atriz _____.
 5. Tivemos que _____ o nosso piquenique porque estava a chover torrencialmente.
 6. Apesar do cansaço, eles vão _____ remar com muita energia até à meta.
 7. Aquele rapaz não é meu amigo. Eu só o _____ da zona onde trabalho.
 8. As crianças estiveram a brincar no quarto e _____ os brinquedos todos.
 9. Ele é uma pessoa tão vaidosa que passa o tempo todo a _____.
 10. Ela estava tão cansada que, a meio da reunião, _____ e saiu.
 11. O patrão obrigou-o a _____: ou o turno da tarde ou o da noite.
 12. Não consigo explicar... mas _____ que algo de bom está para acontecer.
 13. Os alunos estão a _____ (o) professor.

Packed food for grown-ups (as promised last week!)

Char-grilled Pepper Baguette

Ingredients

1/2 baguette
45g garlic and herb cream cheese (Boursin or similar)
1/2 char-grilled pepper
1 handful rocket leaves

To prepare:

Cut the baguette almost in half lengthways (leaving one edge still attached) and spread the cream cheese over the bottom half. Arrange the peppers on top. Stuff the leaves in a heap into the far corners and all over the topping. Cover with the top half of the baguette, pressing down gently to keep everything in place.



Pictured below: Pret Food On The Move, by Jane Lunzer Gifford, published by Murdoch Books, priced £14.99/€22.00.

Jalapeno Chicken Hot Wrap

Ingredients

1 tortilla wrap
1/2 cooked chicken breast, sliced
4 slow-roasted tomato quarters
1 tsp chopped pickled green jalapeno chilli
2 slices red pepper
10 fine green beans, cooked in boiling water for 2 minutes
squirt of tomato ketchup
salt and coarse-ground black pepper
2 slices Greve, Emmenthal or Gruyere cheese

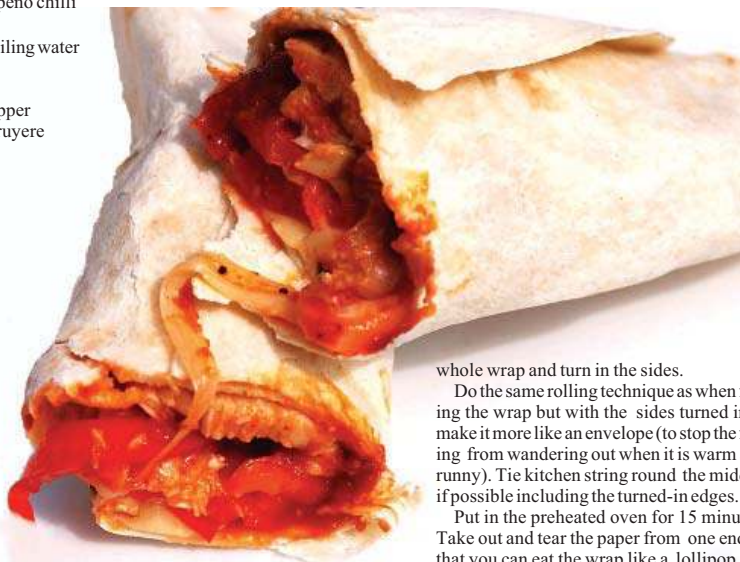
To prepare:

Preheat the oven to 200C (400F/Gas 6). Place the wrap flat on a surface. Arrange the

chicken pieces over one half of the wrap. Top with the tomato pieces, jalapeno, red pepper and beans. Squirt some ketchup across the centre of the wrap and season with salt and pepper. Fin-

ish with the cheese slices and roll the wrap across the filling and tightly into a long cigar.

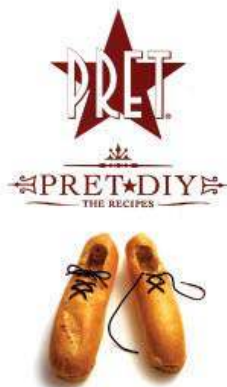
To wrap the tortilla in paper, take one piece of greaseproof paper big enough to cover the



whole wrap and turn in the sides.

Do the same rolling technique as when filling the wrap but with the sides turned in to make it more like an envelope (to stop the filling from wandering out when it is warm and runny). Tie kitchen string round the middle, if possible including the turned-in edges.

Put in the preheated oven for 15 minutes. Take out and tear the paper from one end so that you can eat the wrap like a lollipop.



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or 964 191 625



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Wild Rice & Salmon Salad

Ingredients (serves 2)

250g wild rice, cooked and chilled (or a mixture of wild and long-grain white rice)
200g salmon, cooked, chilled and broken into flakes
masses of finely chopped flat-leaf parsley
2 limes, juice and zest
salt and coarse-ground black pepper
huge handful of finely chopped spring onion
300ml single (whipping) cream

To prepare:

Gently combine all the ingredients, leaving the cream until the very last. The flavour of the lime will be absorbed quickly and you may find you need to add a little more for the taste to come through. Don't stint on the black pepper.



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Goodfood news



Work can be stressful, but if you feel your blood boiling new research from the University Hospital of Cologne suggests you should reach for foods rich in cocoa, which have been found to lower blood pressure. Getting your cocoa hit from drinking chocolate makes more sense than loading up on fats and sugars in candy bars, so try Cocodirect, the 100% Fairtrade drinking chocolate from Cafedirect. With 40% of the purest quality cocoa solids, it's available from selected supermarkets.

or Leg of Lamb served with a Red Wine and Rosemary Sauce, as well as traditional Italian dishes such as pizzas and pastas and a variety of salads. There is a bar and a wide selection of wines on offer. All this at excellent value and staff who are friendly, smart and helpful! The atmosphere is relaxed and on summer days you can enjoy eating outside on their rustic terrace amongst the shrubs and flowers, or at the front of the restaurant on the pavement watching the world go by.

Restaurante A Ponte is a newly-opened restaurant in the traditional Algarvian village of Alte, where residents and visitors alike are invited to enjoy relaxed dining in unspoiled surround-

ings. They offer a very varied menu, including vegetarian dishes, snacks and a children's menu. You can also choose from a selection of freshly caught fish and an evening 'A La Carte' menu. The non-smoking dining room is air conditioned and has a family atmosphere to complement the children's play area. During the long summer months you can dine under the stars on their large terrace. Reservations are advised.

The Carvery couldn't be easier to find - by the taxi rank in Alvor, on the first floor. This prime position gives you the best of both worlds, you can look down on the hustle and bustle,

watching the world go by, without any of the noise. The Chef's Carvery - with 'All You Can Eat' for just €9.50, is fantastic value. They are now open every evening from 6pm, serving such favourites as Fish & Chips, Liver & Onions, Hot Pot, Cottage Pie, and Steaks. A selection of desserts is available, including Sticky Toffee Pudding, as is a Kid's menu. If you are missing home-cooked English food, then this is the restaurant for you.

Fiodepesca Restaurant in Sagres can be found on the road that leads to the Pousada. Your host Paulo Neves says his chef is a specialist in international cuisine and they offer both a regional Portuguese and Mediterranean menu, described as, "special and different". There is also a separate children's choice of dishes. The interior decor was inspired by the School of Navigation at Sagres and is modern, bright and comfortable. The bar offers a chance to have a relaxed drink before your meal. During the summer months you can enjoy eating out on the terrace, which is close to the swimming pool and gardens. As their prices are very reasonable, not surprisingly reservations are recommended.

The **Karahi Indian Restaurant** is tucked away in the small village of Vale Rabelho near Galé, which can be found by following

the signs off the EN 125 at Guia. Your host Carlos Simão will be delighted to make the journey well worth while. Specializing in Tandoori, Karahi and Balti dishes they also offer to adapt a recipe to suit your individual requirements and have a wine list which includes not only a selection of Portugal's finest wines, but also from many other countries around the world. Dishes can even be home delivered. The restaurant is smart, airy and comfortable, with a small bar. Outside there is a terrace on which you can enjoy your meal during the warmer evenings and reservations are recommended.

O Mandarin Not many restaurants in the Algarve can boast being established for 25 years, but this is one of the few that can. Located close to the marina in Lagos (take the 3rd turning off the roundabout, as you enter the city from Portimão, and the first turning left up the hill). Approached via an attractive entrance and driveway through gardens (with a swimming pool) the interior decor is modern Chinese with a restful and relaxing ambience. Hosts, Julie and Denis serve authentic Chinese and Asian dishes from a selective menu, including several vegetarian dishes, offering very good value. Take-Away is available, as is a children's menu on request.

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Dolce Vita Restaurant Pizzeria is located in the centre of Lagos opposite the Cultural Centre, between two streets - with two

different entrances! The decor inside is black and white, which gives a fresh clean look. Your host, António suggests you book a table so as not to miss tasting his Stuffed Salmon with Seafood

Restaurant guide

ALMANCIL

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Rua Calvario, 69,
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Rua Dr António José Almeida (by the taxi

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Rua Soeiro da Costa & Rua Lançarote de Freitas, Lagos
Tel: 282 768 466

O Beiral

International & Vegetarian menu - Italian specialities

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Closed: Mondays
Rua Dr. Guerreiro Tello, Barão de São João, Luz

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O Mandarin

Chinese & Asian dishes

Open: 19.00 - 23.30
Califas, Albardeira, Lagos
Tel: 282 762 401 / 282 760 424

Vila Palmeira

Gourmet restaurant

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Bistro & Bar - 11h to 24h
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Meia Praia, Lagos
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The Guernsey escape

Before me the shimmering sea is a palette of colours, shifting between turquoise and deep bottle green. I have to shield my eyes from the dazzling sun. In the middle of the crescent-shaped bay, a beautiful white yacht hints at a world of extravagance and leisure.

So why do I stand here, hesitating, instead of running towards the yacht and plunging into the cooling water?

The reason is that, despite

appearances, this isn't Ithaca, or Kalkan, or anywhere else in Greece or Turkey - or, for that matter, the Caribbean. I'm in Guernsey in the Channel Islands,

late in the summer, and the sea temperature is around 14C. Gingerly, I step across the smooth shingle. The cold hits with a kick that makes me draw breath, and

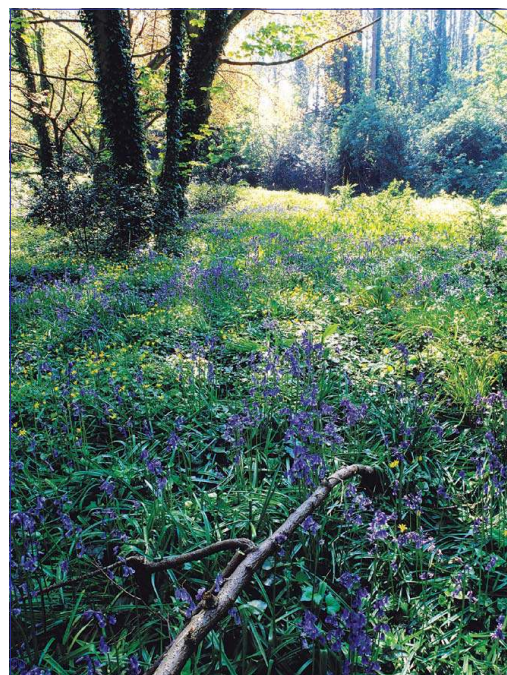
I'm back on shore in a few minutes. My companion, who I swear is the product of a genetic experiment involving humans and seals, appears quite at home and quickly becomes a dot in the distance.

Later we walk up the hill, along the thickly wooded path that leads back to the hotel. Here, the illusion continues, with trees and plants that seem strangely exotic. I'm reminded of JG Ballard's *The Unlimited Dream Company*, in which a dormitory town by the Thames is transformed into a tropical, parallel universe.

The Fermain Valley Hotel stands impressively above the bay, commanding glorious views. Dating back to 1787 and having recently been completely refurbished, the big, cream-coloured building was once the home of senior German officers billeted there during the war.

Today's residents are rather different, lacking uniforms but possibly sharing a similar interest in health and fitness. The hotel is part of an unusual empire based on vitamin supplements and nutrient products.

Healthspan's mail order business has proved so successful that it now not only owns two



hotels, in Guernsey and Alderney, but an airline, Blue Skies, flying from Bournemouth and Biggin Hill in Kent.

With health and wellbeing in mind, guests at the hotel do more than merely admire the grand view from the terrace, or enjoy the first class food on offer. Packages include activity courses such as walking (gentle or demanding), sketching, watercolour painting, or even an introduction to computers.

Indoor events take place in the hotel's light and airy 'discovery centre', which overlooks landscaped gardens. For the more energetic there's also an indoor

swimming pool, and a private cinema ensures entertainment even on rainy days.

One of the best kinds of activity is simply to explore the coastal paths. Fermain Bay, where I had my chilly dip, is not the only enchanted spot on the island. There are many other beautiful bays, as well as majestic cliffs and superb sandy beaches. Miles of tended pathways encircle the island, winding their way through woods and wild flowers tracing the precipitous rims of rocky coves.

St Peter Port is only about an hour's walk away. The colourful and exuberant harbour town is an





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example of modern European cuisine, combining British and French flavours. With no VAT to pay, bargains can be found at almost every corner. As well as all the usual high street stores, there are shops selling a plethora of unusual gifts, jewellery, glass and antiques.

Situated in St Peter Port and overlooking the sea is one of the island's greatest treasures, the house where Victor Hugo stayed for more than 15 years after his exile from France. Hauteville House has been preserved exactly as it was when the French novelist lived and wrote there, and is a testament to Hugo's extraordinary creativity and unusual view of the world.

Every room is a fantastical confection of styles and colours - some dazzling bright, others cloaked in gothic gloom. There are complex candelabras, intricately carved fireplaces and pillars, paintings, tapestries and mirrors. Nymphs and sprites dance in every direction, while grotesque gargoyles and skulls stare down at visitors on guided tours. The house is definitely spooky, per-

haps reflecting Hugo's interest in spiritualism and the paranormal.

A 20-minute ferry ride out of St Peter Port takes you to another jewel, Herm Island. Here, you can really relax away from the noise and commotion of the 21st century. There's no traffic because all motor vehicles are banned, and even bicycles are outlawed, but since the island is so small, measuring a mere one-and-a-half miles by half a mile, it doesn't matter - you can walk to most of the places you want to go.

The north of the island is surrounded by sandy beaches, while the south - where clownish puffins can be seen in the spring - is rugged and rocky. One of the high-lights of Herm, and not far from the landing jetty, is the aptly named Shell Beach.

As you arrive on the golden sand that stretches in an unbroken line for almost three quarters of a mile, small groups of people, young and old, can be seen wandering aimlessly like zombies, staring at their feet.

They're searching for shells, which are carried to Herm on warm ocean currents and litter the



Pictured above: Fermain Valley Hotel, Guernsey, dating back to 1787 and the home of senior German officers billeted there during World War II.; and below: St. Peter's Port, from which a 20-minute ferry ride takes you to another jewel, Herm Island. Opposite page - top: Bluebells in a wood on Guernsey; middle: Hauteville House, Victor Hugo's residence whilst in exile; bottom: St. Peter Port at sunrise from Le Platon, Guernsey.

beach literally in their millions. Most are tiny, but they include varieties such as cowries that you might not expect to find in European waters. Soon you become a zombie too, roaming slowly around in circles while scanning the sand.

Having filled your pockets with shells, it's only a short walk to the elegant colonial-style White House Hotel, where you can have tea or enjoy a drink before taking the boat back to the modern world.

TRAVEL FACTS

John von Radowitz was a guest of Guernsey-based company Healthspan Holidays, which offers seven nights' B&B from £590/€864. Healthspan reservations: 00 44 (0)800 316 0314. Destination information on Guernsey is available from the local tourist board, Visit Guernsey, on 00 44 (0)1481 723 552 or



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Other operators to the island include Guernsey Travel Service (00 44 (0)845 121 4842); Premier Holidays (00 44 (0)1223 516 252); Travelsmith (00 44 (0)1872 554 281); Airways Holidays (00 44 (0)870 754 5354) and Condor Breaks (00 44 (0)845 1230 1430), which operates ferries from Weymouth and Poole.

John von Radowitz



For the cheapest flights available go to The Portugal News Homepage at

www.the-news.net

parenting

Keeping kids sun-safe

With global warming bringing earlier and hotter summers, it's more important than ever for parents to protect their children from the sun.

And while most of us know that it's best to apply sunscreen and keep children covered up or in the shade wherever possible, many

strong enough to burn him in March, but I was so wrong. "That night he was very distressed, the skin on his face went bright red,

and two massive blisters came up on his cheeks. "We had to take him to hospital, but fortunately he's not scarred.

"I felt like such a bad mother. Now I always make sure he's covered up and has sunscreen on whenever there's even a hint of sunshine. You just can't be too careful."

Dr Kat Arney of Cancer Research UK agrees, warning: "Even though it's only spring, the sun is quite powerful and you can get burnt. "Children's skin is very delicate, and it's important to protect it, because sunburn in childhood is linked to skin cancer later in life."

Research shows that sunburn in childhood can double the risk of getting skin cancer later in life. Studies also suggest that the majority of UV damage suffered by our skin occurs before the age of 20.

So young skin needs protecting: it is recommended that babies are always kept out of the sun, and other children should be pro-



Babies and children have much more sensitive skin than adults. One episode of severe burning in a child's early years doubles the risk of developing the most deadly form of skin cancer.

may not be aware that there can occasionally be reflected light in the shade, that a baby's skin might not tolerate sunscreen, or that a wet, white t-shirt lets through nearly as much sun as no shirt at all.

Parents need to remember that it only takes one sun safety mistake to lead to sunburn. Such a mistake was made by Lisa Walker, who left her eight-month-old son Christian asleep in his pram in the sunshine for about half an hour last March.

She says: "I decided that there was no way the sun could be



Rather safe than sunburnt

The following is recommended to help reduce the risk of damage to the skin from sun exposure

It is best to keep babies under six months out of the sun completely;

Use minimum SPF30 sun blocks and apply them at least 30 minutes before going into the sun;

Sun block helps, but your child should still not be exposed to the sun for long periods;

Stay out of direct sunlight between 10am and 3pm;

Cloud does not protect from sun radiation so bright grey days are dangerous, too;

Go to the beach or park early or late in the day;

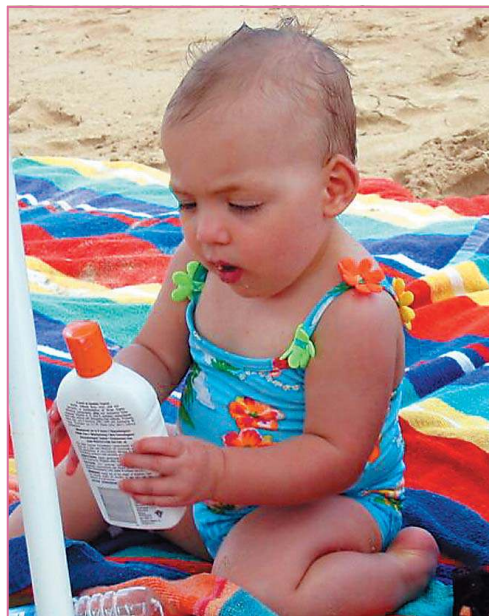
Water and sand increase sun ray reflection so be very aware in these settings;

Buy a sun screen that's water-resistant and renew it after being in water;

Don't forget feet, hands, ears, neck etc.;

Find a good sun hat your child will not keep removing, and try to get a 'legionnaire's' design with a piece of fabric that drops down the back to protect the neck;

Choose thick-weave fabrics, UV-protective parasols, beach tents and summer clothes to protect your child.



Fresh air and exercise are great for children of all ages, but if you have so far managed to ignore the dire warnings about skin safety and the sun, now is the time to wake up and face facts: exposing unprotected skin to the sun's rays - in bright daylight in ANY kind of weather - is dangerous.

tested using clothing and sunscreen. Sunscreen shouldn't be used as an alternative to clothing and shade, rather it offers additional protection.

A sunscreen with SPF30 or more and at least four UVA stars is a good choice for children, as well as light, loose-fitting cotton clothing, hats are important - although baseball caps aren't ideal, as they don't protect the neck and ears, which are common sites of skin cancer in later life.

Many parents still don't realise just how important it is to protect children's skin from the sun. Because people think of skin cancer as a disease that affects adults, they may not make the link between exposing the skin to sun damage as a child and developing skin cancer in later life.

Lisa Salmon

Ask the expert

My 13-year-old daughter goes on internet chat rooms all the time. How can I make sure she's safe without reading her emails and texts?

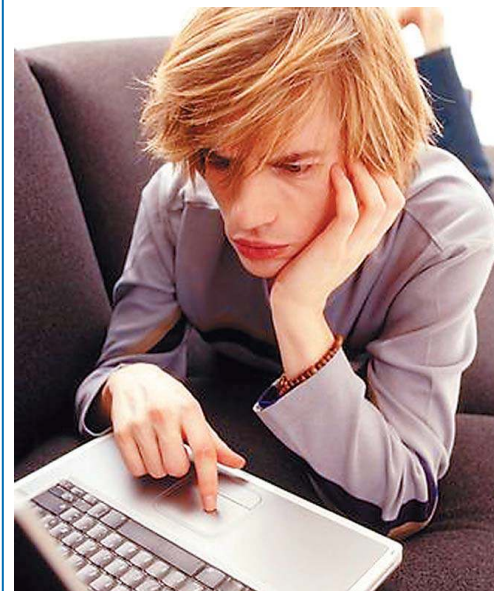
Kam Matharu, head of Children and Technology at the children's charity NCH, says: "Technology has had a massive impact on our day-to-day lives, but with all new technologies there can be problems.

We hear problems of child sex abuse images increasing in number, paedophiles grooming children on the internet, mobile phone bullying and children being exposed to adult content. Child protection is all our responsibility, but parents play a crucial part in protecting children from these dangers. Too often it's children, not their par-

ents, who are in the driving seat when it comes to the use of technology.

NCH has developed a set of Net Smart rules for both parents and young people to follow to ensure that youngsters remain safe online. These can be found at www.nch.org.uk/internetsafety

Parents should discuss these rules with their children to ensure that they know how to stay safe. This would be a constructive step towards ensuring their child is safe without breaching their privacy or trust, and it helps maintain a healthy relationship between parent and child."



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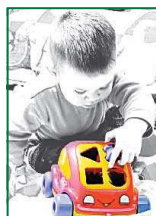
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Fleas and Ticks

Due to last winter being mild and wet, there are a lot of fleas and ticks around this season. But what are they and how can we get rid of.

Flea is the common name for any of the small wingless insects of the order *Siphonaptera*. Fleas are external parasites, living by feeding off the blood of mammals and birds. Some well-known flea species include:

- Cat Flea (*Ctenocephalides felis*),
- Dog Flea (*Ctenocephalides canis*),
- Human Flea (*Pulex irritans*),

Fleas are small (1.5 to 3.3 mm) long, agile, usually dark coloured insects with tube-like mouthparts adapted to feeding on the blood of their hosts. Their bodies are flattened side to side permitting easy movement through the hairs. Their legs are long, the hind pair well adapted for jumping (vertically up to 18 cm. In most cases fleas are just a nuisance to their hosts, but some people and some animals suffer allergic reactions to flea saliva resulting in rashes. Flea bites generally result in the formation of a swollen itching spot with a single puncture point at the centre.

However, fleas can act as a transmitter of disease. One example being the bubonic plague.

Fleas pass through a complete life cycle consisting of four stages, egg, larva, pupa and adult. Completion of the life cycle from egg to adult varies from two weeks to eight months depending on the temperature, humidity, food, and species. Normally after a blood meal, the female flea lays about 15 to 20 eggs per day – up to 600 in its lifetime – usually on the host. Eggs loosely laid in the hair coat drop out almost anywhere, especially where the host rests, sleeps or nests (rugs, carpets, upholstered furniture, cat or dog boxes, kennels, sand boxes, etc.). Eggs hatch between two days to two weeks into larvae. Larvae are blind, avoid light, pass through three larval stages and take a week to several months to develop. Pupa mature to adulthood within a silken cocoon woven by the larva. In about five to fourteen days, adult fleas emerge. They can remain in their cocoons up to 12 months in the absence of a host or unfavourable climatic conditions. Vibrations and/or elevated temperature stimulate adults to emerge. This ability of flea pupae to wait until a host arrives can result in a sudden increase of adult fleas when they emerge simultaneously from many accumulated flea pupae.

Each stage of a tick's life cycle requires a blood meal in order to reach the next stage. They lay their eggs in secluded, grassland areas, laying anywhere between 100 – 6000 eggs, which take 2 weeks to hatch. Once hatched, the larvae move up the grass in search of their first blood meal, after which they drop to the ground and moult into the nymph stage. They can remain dormant for a year before finding their next host. Once fed, the engorged nymph drops to the ground and moults, becoming an adult. Another year may pass before the next host is found. Once the adult female finds a new host, she can increase her size by over 100 times. During her 8 to 12 days feeding, she will mate and then drop off to lay her eggs beginning the cycle again.

Protection for your pet can be given in a variety of ways – see your veterinarian or pet supply store for more detailed information. The most commonly used combination is a Scalibor collar for dogs along with Frontline spot-on. The Scalibor collar gives protection from ticks for 5-6 months, it doesn't stop the tick attaching but will kill the tick within the first 24 hours (reducing the risk of disease transmission), Scalibor also protects your dog against fleas and sandflies (which are responsible for spreading Leishmaniasis). Frontline is a monthly spot-on application for dogs and cats, and is also recommended for the control of fleas. Other combinations of protection are: Advocate combined with the Scalibor collar: Advantix for 3 months and then Frontline Combo for 3 months combined with Stronghold. The choices of combinations give you the option to choose which works best for your pet.

There are natural products available that offer protection from fleas, ticks, mites and mosquitoes. One is a product called Dynomite. This is available as a shampoo or an insect repellent. Dynomite shampoo contains Citronella Oil, Lavender, Citrus Extract and Tea Tree Oil and for the best results it is recommended that you shampoo weekly during the peak months. The repellent contains Citronella, Lavender, Tea Tree Oil, Lemongrass, Penny Royal and Cedarwood. This is good value for money because it can be diluted 10ml to 1 litre, and for heavy infestations will need to be applied twice a week but an application can last up to 4 weeks. Pennyroyal Dog and Cat Shampoo is a high quality shampoo from Dorwest Herbs. Pennyroyal is a plant that has a volatile oil in its leaves this gives off a strong minty aroma, and has been used to ward off mites and fleas since Roman times. Also available are Garlic tablets and Garlic & Fenugreek tablets from Dorwest Herbs. These products not only have the benefit of keeping away fleas, ticks and mosquitoes – parasites don't like the strong smell/taste – but garlic is a symptomatic treatment for coughs and bronchial conditions, and has many beneficial effects for the general health of your pet. The Garlic & Fenugreek also offer relief from rheumatism, arthritis, skin conditions and minor infections. Garlic Juice (Dorwest Herbs) is another good product to have to hand. You can spray it on a comb and comb it through your pet's coat for flea protection. These natural protection remedies can be used alongside the other chemical remedies.

Make regular daily checking of your pet part of your routine. If you find a tick, what do you do? Care has to be taken in removing ticks as there is a high risk that the mouth of the tick will be left in

Leishmaniose

Leishmaniosis is a zoonose, which means it is an illness which affects both Humans and animals.

It is a serious parasitary disease, caused by a microscopic protozoa, which is widely spread around the world, specially in the areas whose climate is both warm and damp, as its vector (agent) of transmission is an insect similar to the mosquito, the phlebotomines.

Is there Leishmaniosis in the Algarve?

Yes. We often observe in Hospital Animal do Sul dogs with this disease. These cases are normally observed when the owners of the dogs decide to bring their animals to the Hospital after having noticed that their friends were not healthy, namely because they show signs of loss of weight, lack of appetite or even cutaneous problems. In our territorial area of influence the major areas of impact of this disease are the area of the Serra Algarvia, mainly Estói, Moncarapacho, Loulé, São Brás de Alportel, Silves, etc.

How is the illness transmitted?

The illness is transmitted by the phlebotomines, from dog to dog and from dogs to Humans, when the insect feeds after having ingested blood from an infected animal.

In Europe, the dog is the main

domestic reservoir of the disease and the source of infection to the phlebotomines.

Is there a treatment if my dog is infected by this disease?

There is a treatment for leishmaniosis but not a cure, meaning that once your dog is infected, he is infected for life, as it would occur if he was diabetic or if he suffered from epilepsy.

The treatment, initially consisting on the administration of injections, will give back your animal his joy of living and normal behaviour, provided that you follow his daily medication (one or more pills each day depending on the weight of the animal), and you take him to the veterinary with the frequency that he will advise you, so that the illness can be duly monitored (analysis).

In Hospital Animal do Sul, we have several dogs whose disease is totally monitored and controlled, that you would not say they were sick animals.

May I do anything to prevent my dog from catching this disease?

Yes you can. However, up to the present moment, there is no authorized effective vaccine for this disease. For this reason, we would advise you to keep your dog out of environments in which the insects can bite him, protecting him at home during



the night and using repellents over his fur, which you can find in your veterinarian (Spot on, spray and/or collar repellents). In the reception of Hospital Animal do Sul you can buy most of these products from prestigious brands that have our absolute trust.

Which are the most common clinical signs of leishmaniosis?

Leishmaniosis is a serious parasitic disease which evolves slowly but constantly, driving your friend to death.

Being a disease of slow progression and if one is not perfectly aware of his/her friend's behaviour, you will only be able to detect its symptoms in an advanced stage of the disease.

The most usual and easily noticeable symptoms of leishmaniosis are slow both constant thinning; scaling of the skin and seborrhoea on the animal's back, onychogryposis (exaggerated growth of your pet's nails); loss of fur and ulceration around the eyes, elbows and heels and tip of the ears; oedema (swelling) of the paws; face muscle atrophy and

epistaxis (bleeding from the nose).

To sum up, if your pet shows one or more of these symptoms please do not hesitate to visit us soon.

Can I be infected with leishmaniosis if I am bitten by infected phlebotomines?

Yes. However, the risk is very low for a person in a normal clinical situation. Nevertheless, the WHO estimates that 400,000 new cases of human leishmaniosis appear every year. On the other hand, this organization also stresses the growing number of immunodepressed patients in the South of Europe.

Protect Public Health, yourself and your family and neighbours by taking your dog to a veterinarian doctor if you detect any of these symptoms.

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WATER TRIALS ON SUNDAY

Just to advise everyone that there are Water Trials at Vila Real this coming Sunday 27th May. Beauty Contest is in the Square at 10.00am and the Water Trials will be off the ramp by the Marina at approx 12.00 Noon. Izzy will be aiming to become a Water Dog Champion so very good luck to her. Cleo and Merlin will be there but again not converting as there swimmer is still not fit enough for a double swim! If you need to recap on the aim of the game! Please check out our web page where the details are all available. www.paws4pets.net

Protect your pet with knowledge
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They did it!

On Sunday, Cleo and Merlin qualified to go to Crufts in 2008. Watch this space as we follow their journey to the greatest dog show in the world.

Vet List

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Urgências - 964 192 251
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James Cagney
Consultório Girassol
Estrada Palmeiras
8600-252 Odiaxere
Tel: 282 799 268



your pet, with the associated risk of infection. Pulling with tweezers is not recommended as blood can be pushed from the tick back into the pet as well as the risk of the mouth being left. There are many methods that people suggest for tick removal. But one method that many swear by now is using an O'Tom Tick Remover. This little device retails at about €5, and for that you get a large and small twister. These Twisters slide between the pet's skin and the tick (safely encompassing the mouth). You then twist the Twister around and the tick is removed. Do not then squeeze the tick but dispose of it.

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Fighting for breath

Smog during winter 2004-2005 in Quebec City

land are six times more likely to be taken to hospital, while those in the East - especially in the Essex area - are least likely to be emergency admissions.

Asthma UK assistant director of Policy and Public Affairs, Mikis Euripides, says: "Although asthma is serious and widespread, there are around 1,400 deaths a year, most people shouldn't need to be admitted to hospital."

"Unfortunately, it's a post-code lottery when it comes to standards of asthma care. Many sufferers are given inadequate advice on how to control their symptoms, and aren't having regular reviews to ensure they're up to date with their treatment."

Researchers found that even after hospitalisation, one in four sufferers receive no information about follow-up treatment. Fur-

ther, more than one in ten are unaware what to do if another attack occurs.

Euripides says: "We believe better care could cut deaths by 90%, and slash three quarters of the annual 80,000 hospital admissions."

"Many who experience an emergency hospital admission for asthma, or care for those that do, have their lives blighted by fear of another severe attack. This should not be happening."

ASTHMA FACTS

Worldwide, the World Health Organisation estimates there are between 100 to 150 million asthmatics. The number is growing by 50% every decade and the condition causes 180,000 deaths a year.

One in 12 people in the UK have asthma, and one in 10 kids suffer from it - that's three kids

Most of us welcome hot, sunny days, but many of the five million asthma sufferers in the UK may come to dread them. With the weather triggering symptoms of breathlessness and wheezing, we check out asthma, a condition on the increase.

While most of us welcome the prospect of hot summer days, they're dreaded by millions of asthma sufferers.

A large proportion of the UK's 5.2 million asthmatics, of which one million are children, find their symptoms - coughing, wheezing

and difficulty in breathing - are triggered either by warmer weather, hay fever or seasonally higher levels of pollution in the air.

Karen Newell, an advice line nurse for the charity Asthma UK, says: "Asthma symptoms can worsen in summer due to higher levels of pollen and pollution."

"Around 79% of sufferers say their symptoms are triggered by pollen and 66% that traffic pol-

lution triggers their condition."

While many sufferers successfully manage their symptoms with medication - most commonly inhalers - the charity claims at least 60,000 people a year are forced to seek emergency treatment in hospital because they've been poorly advised about handling their condition on a day-to-day basis.

Its research shows those with asthma in the North West of Eng-



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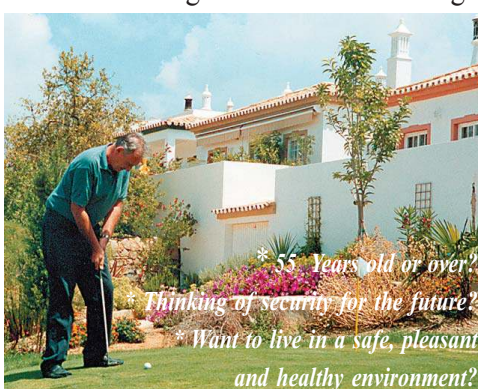


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Help yourself by drinking plenty of water and avoid getting dehydrated.

lungs narrow and breathing becomes difficult.

Attacks are caused by the airways over-reacting to certain environmental factors. They then become inflamed and clogged.

WHAT CAN I DO NOW?

:: Talk to your doctor or asthma nurse about the medicines that you are taking, how to identify and avoid triggers, and how to cope with a long-term condition.

Ensure your preventer inhaler is in date and use it regularly as prescribed. This will reduce your risk of having an asthma attack if you come into contact with a trigger.

:: Have a personal, written, asthma action plan. Those without a plan are four times as likely to need an emergency admission as those with a plan.

For advice on this, visit your GP or asthma nurse specialist. Or contact the Asthma UK Adviceline: 00 44 (0)8457 010 203, or go to their website at: www.asthma.org.uk

Pharmacists also offer people advice on how to use their medicines effectively, how to monitor symptoms and recognise when asthma is worsening.

:: Eat a healthy diet with lots of fresh fruit and vegetables.

:: Drink plenty of water and

avoid getting dehydrated.

Review your symptoms and medicine with a doctor or asthma nurse at least once a year (more frequently if you have severe asthma symptoms or in the case of your children, every six to 12 months).

SUMMER TRIGGERS

:: If pollen or pollution are your triggers, keep a regular check on air quality and pollen levels published in newspapers or on the television so you can plan travel and outings. If it's a high pollen count, try to stay indoors.

Keep doors and windows closed when the pollen count is at its highest. Vacuum and dust regularly with a damp cloth to remove lingering pollen or spores.

Stop people smoking in your home. Smoking or inhaling other people's smoke irritates the airways, which can make hay fever

symptoms worse.

Smear vaseline inside your nose. This helps stop pollen and spores settling on the lining of your nose.

Regularly splash your eyes with cold water. This will soothe and cool your eyes and will also help to flush out any pollen.

Other triggers include life-style factors: diet, exercise, smoking, and stress. Common household triggers are animals, dust mites, moulds and fungi.

SIGNS YOUR ASTHMA IS NOT WELL-CONTROLLED

Waking at night with coughing, wheezing, shortness of breath or a tightness in the chest.

Having to take time off work because of your asthma.

Finding it difficult to breathe, and breathing short shallow breaths.

Needing more and more reliever treatment, or having to take

your reliever more frequently than every four hours.

Feeling that you cannot keep

up with your usual level of activity or exercise.

Gabrielle Fagan



Asthma is a chronic, inflammatory lung disease characterised by recurrent breathing problems. It is a controllable but not curable disease.

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The wonder of windmills

As you drive around Portugal and the southern area in particular you will see the occasional ruined, circular windmill situated prominently on a hilltop or other elevated position.

Windmills were obviously built on high points to obtain maximum wind power and until about fifty years ago were an important part of local economy before the advent of electricity and more sophisticated machinery.

The first known reference to windmills was in 9th century Arabic records when a Persian miller from 644AD was mentioned. In those far off days the millstones were positioned above the sails.

It is believed that the Arabs introduced the first windmills into France in 1180 with Syria obtaining them in 1190 closely followed by England one year later. With these three countries setting an example the rest of Europe quickly followed suit.

In the 13th century Genghis Khan sent Persian millers to China to instruct the local people

there to build and operate them. This skill has survived, especially in the added use of mills for irrigation.

Most of the Portuguese mills are 'have beens' having become redundant and falling into disrepair, or they have been sold and then incorporated within holiday homes, especially in the tourist regions.

There are however, a small number that are still used commercially and others that are in

good working order, in many cases having been renovated for ethnological reasons.

Traditionally, millers used to advertise that they were ready for more grain to grind by raising one sail. The last time that we saw this was about ten years ago in the

sail arms made from eucalyptus after the importation of these trees from Australia in 1840.

The main millstone is up to one hundred and thirty centimetres in diameter and weighs around nine hundred kilograms. Many of the Algarve and Alentejo stones

came from Paderne in the eastern Algarve with the later ones of French origin, but in the centre of Portugal, Porto de Mós on the northern border of the Parque Natural das Serras de Aire e Candeeiros as its name suggests, is well known for producing millstones with some featured in the centre of a roundabout in town.

Most stones last from one hundred and fifty to two hundred years, but of course this fact is difficult to verify as the information has only been

passed down from great-grandfather to grand-father to father, with much of the local knowledge disappearing into narrative! A circumstance found not only here, but throughout all cultures.

Inner round 'pockets' on the stones were filled with lead to balance them and therefore made them revolve perfectly and perhaps this is where the idea developed for balancing car tyres?

The triangular sails that are like

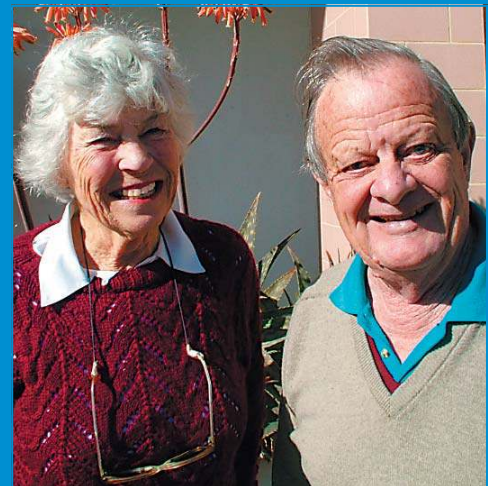
boat sails always face into the wind and are furled round the narrow spars, the latter strengthened by wires that join them together. Small earthenware cups on these wires 'sing' and therefore any wind directional change alters the tone, thus indicating the necessity to move the sails back into the wind again.

The sail direction is changed by different methods. Either manually from outside, when the roof is revolved by long ropes that are secured by tying them to large stones that encircle the mill. The second method uses a winding gear within the roof that is much more convenient for the miller when the weather is bad.

According to the wind power, between sixty and one hundred and fifty kilograms of maize or wheat can be ground hourly, but not barley as that grain is too fine.

Few, if any windmills are working in the Alentejo nowadays, but there the millers have a bed within the mill so that they can snatch a short sleep when the weather is favourable for grinding cereals, therefore working day and night.

An easily reached location follows a very rough track that is not suitable for cars although it makes a spectacular walk. This one, high above Santana da Serra takes you to the Pomba windmill that sadly is no longer in use, but from this point you can look over to other remote ones that may still be



The Portugal News presents a fortnightly page entitled 'Luso File' with words and photography by Madge and John Measures.

The Measures have lived in Portugal since November 1968. During most of that time they have studied the natural history, handicrafts, traditions and many other aspects of the country in which they have made their home. For many years Madge and John have written about Portugal and for over twelve years lectured on all its facets. On a regular basis they will be sharing with our readers some of the fascinating and to many unknown, place and traditions they have researched.



Windmill in São Miguel de Pinheiro



Millstones in Porto de Mós

working, but this location is usually wonderful for observing butterflies at this time of the year and therefore well worth the walk.

Recently, we visited a restored windmill on the outskirts of Santiago de Cacem. This we believe can be visited for a small fee although we were not there during opening times, but we found it extremely interesting. There is a leaflet available in Portuguese describing the workings of this and other windmills and also a map of their locations within the Santiago de Cacem district.

To the north of Mafra, windmills abound, many renovated and now used as tiny holiday homes or for advertisement!

A windmill in the Mértola concelho – council – just over the Algarve border in southern Alentejo, is easily accessible even for hire cars as it is situated within the village with very easy parking. It is comparatively easy to locate this windmill. Leave the IP1 motorway at the Almodôvar and Gomes Aires turn. Then pass by Gomes Aires and go through Almodôvar and follow the Mértola road until you reach a right turn to São Miguel do Pinheiro. The village is approximately thirty-four kilometres from the motorway.

The Associação de Defesa do Património de Mértola with help from the LEADER (Liaison entre actions de développement de l'économie rurale) 'In Loco'

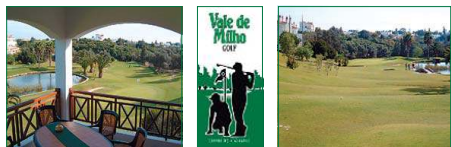
project based in Faro, restored this windmill in the small freguesia – parish – of São Miguel do Pinheiro some fifteen years ago. The original walls are approximately one metre thick, with the main millstone one hundred and thirty centimetres in diameter and weighing nine hundred kilograms. This stone is of French origin and has already been there for more than eighty years and is capable of grinding between sixty and eighty kilograms of maize or wheat hourly.

The last miller helped with the renovation of the mill and was always pleased to show people around 'his' mill while imparting fascinating information, but sadly this proud man died two years ago. However, it is still open for public viewing during weekdays. The Junta da Freguesia – Parish Council office – is open during work hours and they have the key. The windmill is situated in the middle of the village with the Junta da Freguesia in a low cottage just before reaching it.

At the same time as the windmill was restored, a restaurant – O São Miguel – was also improved. This is open every day with Mariana and António still running it. On arriving in São Miguel you can walk just beyond the windmill to order your lunch, that will take approximately one hour to prepare, or book your specified meal in advance by phoning 286 485 175.

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Bad habit hounds

Women are driven to distraction by men who criticise their motoring skills, according to a new survey, and that's not their only bad habit. We reveal men's most annoying habits and how to deal with them without blowing your top.

The saying goes that you 'can't live with men, can't live without them'. But according to recent research women definitely can't drive with them! Male passengers irritate over two thirds of female drivers, according to insurance company Diamond's recent survey.

Women are driven around the bend by partners who criticise their motoring skills, give them useless directions when they already know where they're going, and flick the stereo to find their favourite (usually awful) music.

But you don't have to be confined in a car for men's annoying habits to drive a woman crazy. Leaving the toilet seat up, knuckle cracking, nose picking, or burping the alphabet... men's irritating traits can often be a major bugbear in a woman's life.

While a guy's bad habits alone aren't likely to land him in the divorce courts, persistent offenders of yukky behaviour can often be the cause of real tension in a relationship.

"If you tolerate their bad habits too much it can quickly turn to seething resentment," explains life coach Carole Ann Rice.

"Don't get in the habit of tolerating them too much, and don't infantilise men with an 'aaahhh...'

bless' attitude. They aren't children but they do need boundaries just as you do."

Major men niggles

Forget him 'overlooking' your birthday or 'forgetting' those landmark anniversaries - squeezing the toothpaste tube from the middle or remote control hogging have become classic examples of 'him habits' that frequently provoke major slanging matches.

Where's that clean-living, polite gentleman who wooed you when you first met, you ask? Rice believes men can pull off a fantastic cover-up act: "Men do hide their habits to begin with," she says. "One man I once knew said, 'All men are great lovers... at the beginning.' But even then there will be clues at the start of the relationship of how they live and respect their environment."

If you've just started seeing someone and he thinks nothing of breaking wind during brunch with your parents, chances are things could get a whole lot worse. Ensure you tackle the terrible habit's situation early on before he marks out his bad habit territory.

Rice says: "The wrong way to react is to stuff back your anger and think 'it doesn't matter' or 'I shouldn't be so petty', as it could be the thing that breaks up your relationship one day.

"It is serious. You'll wind up more resentful until it becomes the person you don't like and not just their habits. Also don't wrongly assume they are doing it just to get at you. In all likelihood they are completely un-

ware of how irksome their habits are."

Chop and change

Barbra Streisand is quoted as saying: "Why does a woman work 10 years to change a man's bad habits and then complain that he's not the man she married?"

Can women really turn their partner's niggling irritations into angelic behaviour - and should you?

"Absolutely not", says Jeff Maysh, senior staff writer at Loaded magazine.

"Women get annoyed by the smallest things, like men leaving the toilet seat up. Is that their biggest problem, replacing a seat? It's hardly manual labour is it? We are who we are, and the real beauty is finding a woman who can put up with the Loaded lifestyle, ie us rolling in drunk at 3am."

Maysh recommends turning the tables: "Don't nag. Instead, try giving us a taste of our own medicine. If my girlfriend came home, burped loudly, and cracked open a tinny while fiddling with her nether regions like a guy, I may instantly fall in love with her."

But change is important if he's making your blood boil with his bottom burps. Rice has this advice: "Try saying, 'When you leave towels trailing all over the floor it makes me feel angry and fed up and I get tired clearing up after you. I know you don't mean it but do you think you could...?' Try to avoid angry blame. Wherever possible think



Women are driven around the bend by partners who criticise their motoring skills, give them useless directions when they already know where they're going, and flick the stereo to find their favourite (usually awful) music. (Photo: Press Association)

of solutions that involve mutual benefit and a touch of humour.

"Ask him what he thinks your top 10 bad habits are and tell him what his are and both decide to clean up your act in a joint effort."

Man overboard?

Unless you have the patience of a saint, it's natural to let off steam every once in a while to let your beau know he's in the bad books. But if his habits are escalating, you may need to take action. "A healthy man has a learning curve," explains Dr Bethany

Marshall, author of Deal Breakers. "If you tell him that you need him to stop doing something that is obnoxious, he will shift his behaviour because he loves you and does not want to lose you. He is willing to learn from his mistakes and modify his actions."

"Petty pride, laziness or stubbornness will not keep him from taking the steps that he needs to take to have a full relationship with you."

But if you use his harmless addiction to channel hopping or tackle twiddling as a recurring excuse for an argument, it could be a sign that something's amiss in your relationship.

"Regardless of the problem, it's a man's ability and willingness to seek solutions, such as changing his behaviour, that determines whether you should work on it or walk away," Marshall advises.

"It is only after a full assessment of the negative impact upon your life that you can determine whether the problem is a minor quarrel or an ongoing crisis."

For more information on life coach Carole Ann Rice, visit www.realcoachingco.com

Deal Breakers by Dr Bethany Marshall is published by Simon & Schuster.

Lisa Haynes

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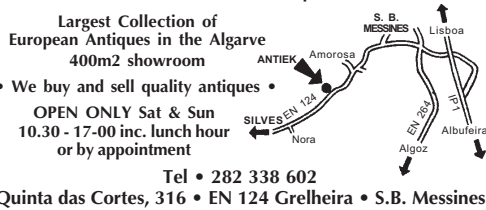
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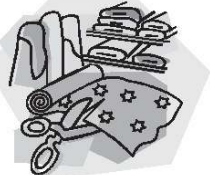
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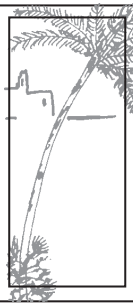
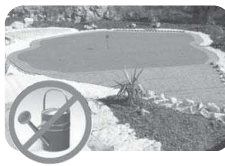
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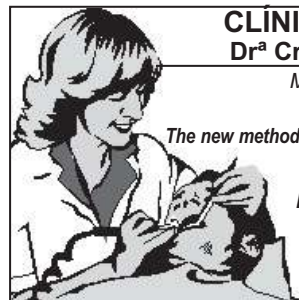


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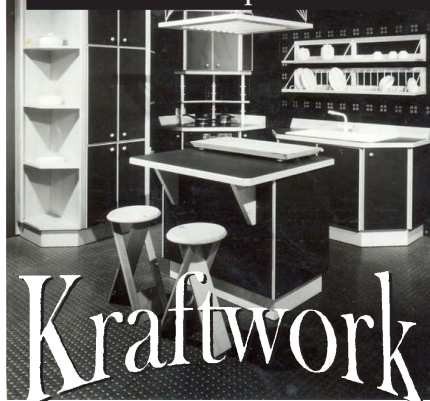
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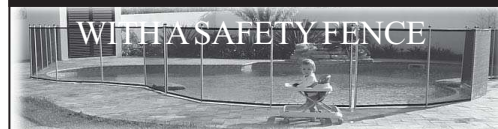
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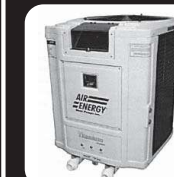
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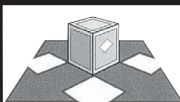
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ble Study: Thursday 8 PM Traditional Ba-
ptist Service in English followed by Sunday
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The Algarve

CHURCH OF ENGLAND SERVICES St.
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nion: 9.30 every Sunday; Info Rosie Baden-
Powell 289 328302; **St. Luke's**, Monte da
Palhagreira, Gôrjões. (Nr. Sta. Barbara)
Holy Communion 11:30 a.m. every Sun-
day. Info Maxine Srivastava 917 267 948;
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nion: 12:00 every Sunday. Plus Children's
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788104.

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CATHOLIC MASS every Sunday partly
in English - 11am at St. Lourenço Church
- Almancil - 6.30pm at Four Seasons
Country Club - Quinta do Lago -
Almancil. Further information, please con-
tact the International Catholic Commu-
nity of Almancil (Griselda Neto on
966168120 or Vitor on
vgn@domopor.com).

INTERNATIONAL CHRISTIAN FELLOWSHIP
in Portimão invites you to attend its
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Sunday School for children. Av. 25 de
Abril 17, R/C-D1 Portimão. Bible study
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ping Centre near the church. Tel 282
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Station and 'Pingo Doce'. All welcome.

"[Divisions in the Church] I
appeal to you, brothers, in the
name of our Lord Jesus Christ,
that all of you agree with one an-
other so that there may be no di-
visions among you and that you
may be perfectly united in mind
and thought." - 1 Corinthians
1:10



The Same Old Story

Recently I read about a pas-
toral candidate at a particular
church in the United States.
Hoping the church would vote
to invite him to come pastor
their church, he prepared and
preached an impressive ser-
mon. Hearing him preach, the
congregation felt that he under-
stood and spoke to the deepest
needs of their hearts. What he
shared was exactly what their
church life needed. Best of all,
he was nothing like the pastor
they had recently pressured to
leave their little fellowship. The
young man received a unani-
mous vote and was invited to
become their new pastor. The
people looked forward to hear-
ing more from this talented
preacher.

Moving his family to their
town it was soon time for his
first Sunday sermon. Everyone
was a bit surprised when the
young preacher gave the same
sermon he had given when vis-
iting several months earlier.
They were even more surprised
and confused when he preached
it again the next week. After the
third week of hearing exactly
the same message, annoyance
replaced confusion. The church
leadership met with their new
pastor demanding to know
what was going on.

Undaunted by their ques-
tions and concerns, the young
pastor answered the leadership
confidently. Imagine their
shock when he calmly re-
sponded: "I know what I am
doing. Trust me. When you
start living out this sermon, I
will go on to my next one."

As I read the Old Testament I
am amazed at how often God's
chosen people turned away
from Him, continually disobey-
ing and following after false
gods. I've read about God's
punishment and yet I have seen
His readiness to forgive over
and over again. Their sinful life-
styles disgust me until God gen-
tly taps me on the shoulder and
says, "Look in the mirror,
Joyce. Aren't you just like
them?"

Jesus' sermons when he
walked this earth had a
reoccurring theme. It should not
surprise us that He wanted to be
sure people understood what
was required of them as His fol-
lowers. The lifestyle and
worldview Jesus taught was
completely contrary to their
way of thinking. It stood in
stark contrast to even the teach-
ing of the day's religious lead-
ers. He spoke repeatedly about
forgiveness, servanthood and
unconditional mercy, love and
grace.


In our Christian journey God
cannot continue to share new
and deeper truths with us until
we obey what we have already
heard from Him. No sermon or
devotional reading is complete
until it is put into practice.

"Do not merely listen to the
word, and so deceive your-
selves. Do what it says."

James 1:22

More information about how
to have a relationship with God
can be found at www.rbc.org/personal_relationship
with god.page or email
joycevoelker@hotmail.com

Announcements



Bob Goldmann
2-03-1931 - 20-05-2007

FEELIN GOOD Friday 8th June - 8 pm. The big swing sound of keyboard/vocalist Carl Landon at Restaurante Casa da Vinha, Vale Fuzeiros. €17 including dinner and wine. Reservations 282 332 277 or 289 489 300.

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ALGARVIDAART gallery now open in Carvoeiro. Fine art, prints, cards and a large selection of celebrity photography. Rua do Barranco (outgoing road) Tel.: 282 356 577.

LIONS CLUBE de Loulé would like good used clothes, linen, bric-a-brac, books and shoes for their charity sales. We can collect. Tel.: 289 845 581 or 289 416 659.

CASAIS a well-known local social club of over 300 members who raise money to help many needs in the area. It is open to single/couples, & has a monthly newsletter of events & dinners at local venues for reasonable prices. Also outings are arranged to some interesting places in Portugal or Spain. Find out more by calling Franz on Tel.: 282 312 819.

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Charity sales

LAGOS ANIMAL Protection Society has a charity sale at Burgau Sports Club every 2nd Sat. of the month. All proceeds go towards helping Algarve animals. For further details please phone Tel.: 282 687 334 or mobile 966 047 994 after 6pm.

THE ANIMAL charity shop behind the pharmacy in Montechoro needs volunteers to help in the shop & also other volunteers to transport animals to the vet or the abandoned animals home 'Quintinha dos Animais' at Goldra, which receives part of the shops profits. Any help would be greatly appreciated. Please call Lesley on mobile 962 414 584 or call into the animal charity shop in Montechoro.

WANTED: THE donkey sanctuary needs your unwanted furniture, clothes, books and bric-a-brac for our charity shops in Lagoa and Monte Carvoeiro, all proceeds to aid donkeys in distress. If you don't want it, let us sell it. We will collect larger items. Call Nan Richardson, mobile 962 633 811, for details of our work for animal welfare. Please help.

ABA CHARITY shop, Av. do Tennis, No 41D, Albufeira, (the road at the traffic lights, on the dual carriage-way, just before the dolphin roundabout). Open Tues. to Sat. 10.30am till 2pm. Donations of bric-a-brac, clothes and books to be sold in the shop to raise funds for spaying and neutering of pets, to help stem the tide of unwanted animals, would be appreciated.

HELP THE orphans. Visit the bazaar in aid of the children in need. Find us in Estoi, opposite palace gates, Wed. to Sat. 10am - 5pm. Mobile 966 573 272, Tel.: 289 991 319 or 289 721 938.

CARBOOT Sale held every 3rd Sun. of the month at 'Rest. Quinta dos Areões', adjacent to the veterinary clinic, in Espiche. Stallholders pay €3. All proceeds to help abandoned animals. Call Michele on 919 457 263 or e-mail me on Happyhounds@mail.telepac.pt for more info.

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ALCOHOLICS ANONYMOUS English speaking meetings 7pm Sun., The Crypt, Igreja de Santo António, Av. de Marginal, Estoril; and 7pm Tues., St Paul's Church, Av. dos Bombeiros Voluntários, Estoril. (Please confirm Tues. meeting - mobile 965 059 949).

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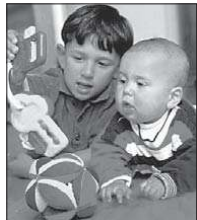


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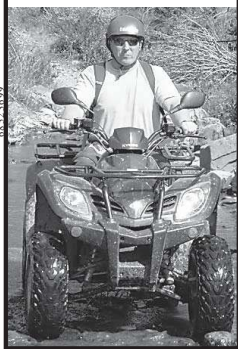
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FC Porto crowned league champions



FC Porto have successfully defended their Portuguese league title by beating relegated Desportivo das Aves in Oporto on the final day of the season.

FC Porto's 22nd league title means they have moved clear of Sporting's total of 18 trophies, though Benfica remain well ahead with 31 championships.

Only two other teams have won the Portuguese league, Belenenses (Lisbon) and Boavista (Oporto).

Coming into the final day of the season, even third-placed Benfica still had a chance to win the title.

But FC Porto's 4-1 win en-

sured the title stayed in Oporto.

Sporting, who beat Belenenses 4-0 in a dress rehearsal of this Sunday's Portuguese Cup Final, booked their automatic qualification in the next season's lucrative Champions League by ending second.

Benfica, despite a 2-0 win at home against Académica, will have to qualify for the Champions League in a two-legged play-off in August after finishing

third.

Sporting Braga will return to the UEFA Cup next season (they were knocked out by Tottenham this season) and will be joined in the competition by Belenenses and Paços de Ferreira.

At the other end of the table, Beira-Mar and Desportivo Aves will be playing their football in the Second Division next season, with their places being taken by Leixões and Vitoria de Guimarães.

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FC Porto's fans celebrate the victory of the Portuguese first division soccer competition after beating Desportivo das Aves 4-1 at the Dragão Stadium in Oporto on Sunday. (Photo: Lusa / Pedro Ferrari)

FA Cup not enough as Mourinho is still angry over dog

Beating arch-rivals and English Premiership champions Manchester United in the first ever FA Cup final at the new Wembley could not wipe away José Mourinho's anger over his family missing the triumph as his wife was in Lisbon dealing with his Yorkshire terrier's quarantine status.

José Mourinho celebrated his team's FA Cup win much in the same manner he did when FC Porto won the Champions League—by storming off the field to check on his family.

Mourinho said he called his wife Tami in Lisbon and his children in London.

Later, he told reporters who asked of the family pet: "The dog is fine. The streets of London are safe. No one has to worry anymore."

Mourinho added that he is being forced to contemplate moving house after the British media repeatedly showed his house during the debacle.

Health officials in London had alleged the animal was taken out of Britain and returned without going into quarantine.

Monthly Healing EUCHARIST



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